

Rob Schwartz & Liesel Fricke - The Spiritual Ascension Program 2023

Module 1: Understanding the Tremendous Change Occurring So You Can Begin Transforming Your Consciousness (March 9)



Rob and Liesel **will provide an Ascension primer, explaining its major aspects** and why it is so important, timely, and powerful to choose to evolve consciously.

Rob will lead a powerful inward journey — inspired by Liesel's channeling of the Beings of Light — to help you open to the tremendous grace available from the higher realms.

Rob will also share a powerful exercise helping you understand the direct relationship between your greatest life challenges and the expansion of your soul into your incarnate form.

In this session, you'll:

- Gain an understanding of **the pivotal evolutionary inflection point that humanity currently faces, called Ascension**, and what it entails
- Discover more about the **Grace flooding the planet** right now, and how, through surrender, you can allow this Grace to assist you
- Understand that **you don't have to make this spiritual evolutionary leap alone** because you are not the limited personal self, you are the loving, light-filled awareness connected to all that is
- **Shift from seeing life challenges** as things happening *to* you and into the perspective of them happening *for* you by discovering why your soul would choose to face these challenges

Module 2: Understanding & Working With the Purification Process of Ascension to Stop Struggling & Start Embracing Life (March 16)



Rob and Liesel will shed light on the purification process occurring for humanity on a collective basis, as well as how this manifests on an individual basis.

They'll guide you **in recognizing when the purification process is coming up in your life** and how embracing it helps you shift from suffering into peace.

Rob will lead you through an exercise to reveal how you are being called to assist in the Ascension.

Using the channeled words of the Beings of Light, Rob will guide you to a deep inner space where you can **open into and accept the profound Grace within and all around you.**

In this session, you'll:

- Realize how to recognize and work with the Purification Process when it appears in your life, **allowing you to find peace within**
- Learn about first- and second-layer awareness, and how relocating your seat of awareness can help you in every aspect of your life
- Open to Source to receive the essence vibration of the divine virtues you're working on
- **Reframe the narrative of your life** from how your *personality* would tell it, to how your *soul* would tell it
- Invoke grace and healing through a powerful Beings of Light meditation

Module 3: Clear Karma, Release Old Patterns & Embrace Total Forgiveness & Compassion to Make Quantum Leaps in Your Spiritual Evolution (March 23)



Expand your understanding of frames of reference and relative truth vs. absolute truth through channelings shared from the Beings of Light, as well as Rob and Liesel's own insights on these topics.

Rob will lead you on a deep inward journey, an immersion into your true soul nature that can allow you to **release karma and old negative energies, completely embracing the forgiveness and compassion** that are fundamental to your true nature.

In this session, you'll:

- Discover there can be multiple simultaneous truths and **grow in compassion for yourself and others**
- Learn about humanity's great migration from **mind forward** to **heart forward** processing of information, and how to recognize the consequences in the world
- Acquire effective techniques to **clear any energetic impressions you've collected** during your day
- Allow Source to declutter your consciousness
- **Experience a powerful Beings of Light meditation** to clear karma and invoke the energies and angels of forgiveness and compassion

Module 4: Live in Gratitude & Acceptance: The 180° Shift That Reveals Surrender As Your Superpower! (March 30)



Rob and Liesel will help you begin your shift into living in acceptance, developing **gratitude for things in your life that you've been fighting and resisting**.

You'll experience a powerful and deep **Beings of Light meditation** to ground the vibratory frequencies of gratitude and acceptance within you.

In this session, you'll:

- Discern how to **encounter life from an energetically receptive and open posture**, instead of a closed and rigid one, so you work *with* the momentum of life instead of *in opposition* to it
- Begin to make the simple yet profound shift to believing **there is a gift and blessing in every situation**
- Experience the energetic notes and vibration of gratitude and acceptance during a **beautiful inward journey created by the Beings of Light**
- Embrace the incredible power of surrender to help you shift from your small self into your true self

Module 5: Making Life Your Ally: Connecting With the Tremendous Love & Light All Around and Within You (April 6)



Deepen your insights powerfully through more channeled messages from the Beings of Light.

Rob will guide you through a **sacred soul immersion**, helping you connect profoundly with your truest essence — and with the guides, angels, masters, and collective consciousnesses that love you dearly.

In this session, you'll:

- **Identify how positive change can be occurring in your life** but going unnoticed
- Let go of resistance to life (which always leads to suffering) and **open more fully**, allowing life to flow and guide you to your path of joy
- **Learn that love is always present** within all manifest forms in the physical world and is the very foundation of all these forms
- **Experience the love of the guides, angels, masters, and love-light beings** that continually support you and your spiritual evolution

Module 6: Discover the Profound Power of Fields of Coherence to Unlock Your Transformational Possibilities (April 13)



Get acquainted with the types of fields of coherence — and why they are so powerful, yet often unrecognized.

Liesel will share what the Beings of Light have to say about fields of coherence, and Rob will describe examples of fields you may encounter daily and how to work with them.

And, you'll take a deep, immersive inward journey to experience a divine field of coherence.

In this session, you'll:

- Develop an understanding of various fields: positively coherent, negatively coherent, non-coherent, and divinely coherent
- Explore the **“tuning fork effect” inherent in vibration and frequency**
- Discover that **you can form the seed crystal** for a field of positive or divine coherence within a field of negative coherence or non-coherence
- Realize that through embodying and anchoring a field of positive or divine coherence, **you serve as a *doula* for the birth of an awakened humanity**
- Connect with the divinely coherent field that a vast multitude of beings in love-light form are sending to Earth, and **help ground this field within collective humanity as a powerful force of love and light**

Module 7: Integrating Ascension to Embody Your Essential Essence as Love, Peace & Joy to Become a Beacon of Light in the World (April 20)



Opening to the “highest use case” of you **maximizes the ripple effect for both you and the world.**

Rob, Liesel, and the Beings of Light will share inspiration and insight about how to implement all that you have learned to continue your expansion upward in vibration and consciousness.

Be guided by Rob **on an inward soul immersion to experience the state of unity consciousness** of future humanity — and receive guidance on your role in the birthing of this consciousness.

In this session, you'll:

- **Realize that when you allow Source to flow through you with superfluidity**, you allow yourself to be positioned perfectly within the divine choreography Source already knows
- **Discover that you have a sacred role as a lightkeeper** to shine as a beacon to guide others home to the Truth within All
- Open more fully to the “highest use case” of you and your unique gifts to the world

The Spiritual Ascension Program Bonus Offering

In addition to Rob and Liesel's transformative 7-week virtual course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

Discounted Membership to RISE TO THE PATH

Live Monthly Membership & Mentorship Program Hosted by Rob Schwartz & Liesel Fricke



Enjoy six months of the popular RISE TO THE PATH (RTTP) program at the discounted price of just \$135 — 50% off the regular price of \$270! The primary intention of RTTP is to help you activate and live your highest vibrational pre-birth plans — plans in which the learning is done through love, peace, and joy, not pain or suffering. We invite you to join our supportive community of loving, like-hearted people.

Divine Virtues Exercise & Teaching

90-Minute Course Video, Transcript, Handouts & Charts From Rob Schwartz's Course



These are the complete teachings of the Divine Virtues as taught in Rob Schwartz's course, *Awakening to the Spiritual Purpose of the Life you Planned Before Birth*. A primary reason you planned your biggest challenges before you were born is to cultivate and express certain qualities, called Divine Virtues, that are important to your soul. The Divine Virtues exercise will give you insight into the virtues you're working on in this life. That awareness will imbue future challenges with greater meaning and purpose, and you'll be able to cultivate those virtues in a much more conscious and less painful manner.