

Russia Activity Center

Rules and Regulations

Russia Local School seeks to provide the greatest possible access and quality experiences in the Activity Center to the community. For this reason, the following regulations and expectations shall be enforced:

Activity Center Access

1. Must be a Russia School District Resident, Russia School Employee, and Open Enrolled Families.
2. Pay an annual \$20 family membership which is due January 1st each year.
 - Memberships purchased in the fall of 2024 will be good through December 31, 2025
 - District resident members may purchase a membership for up to five years
 - Make checks payable to **"Russia Local School"**
 - No refunds are given to anyone who moves, or cancels their membership
 - Additional key fobs are available at the same rate as the family membership with a maximum of two additional key fobs
 - School employees will receive a free membership throughout their employment
 - All key fobs will be deactivated on January 1st until annual fees are paid
3. Access to the Golf Simulator is available for an additional \$200 per year, and individuals must attend an orientation session before the key fob is activated.
4. Students in grades K-10 are prohibited from using the facility unless they are under the direct supervision of their coach or a responsible adult.
5. Key fobs can be shared among family members living in the same household.
6. Individuals can bring guests into the facility but also accept responsibility for their guests at all times.
7. Russia Local School has the right to deactivate the key fobs of members who violate the regulations and expectations of the Activity Center.
8. There will be a \$20 fee to replace lost key fobs.

Proper Use of Facility:

1. Depending on the nature of the workout, members should have a suitable workout partner or spotter. Proper training on the use of the equipment is the responsibility of the member.
2. When finished with a workout, return all equipment to its original location: remove weights from bars and re-rack them.
3. Please wipe down the equipment after using it.
4. Return sports equipment to its designated location.
5. Do not drop bars or lean plates against the equipment, racks, or benches.
6. Use machines and weight racks for their intended purpose. Never alter the use of the equipment.
7. Report missing, broken, and misuse of equipment to the district office.
8. Individuals will be financially responsible for damages that result due to the improper use of the facility or equipment.
9. School-appropriate workout attire must be worn at all times, including appropriate shoes and a shirt.
10. Horseplay, unsafe activity, and offensive language are not permitted. Report offenders to the

district office.

11. Earbuds or headphones must be used in the Wellness/Weight Room by those who choose to listen to music while working out.
12. Food is not permitted in the Wellness Center or Multipurpose Gymnasium. Water is permitted in these areas. Alcohol, tobacco, or any banned substances are not permitted in the building at any time.
13. Do not prop open any external doors to the facility.
14. The building is closed from 10:30 PM to 5 AM every day.

Multipurpose Gymnasium Reservations

1. Russia School, Youth Sports, and St. Remy Church can schedule one season in advance.
 - Official school sports will take priority, **but the district will be very conscientious to limit the usage of the multipurpose gymnasium. During baseball and softball season, when the multipurpose gymnasium is used regularly, the district will make the other gymnasiums available for community use.**
 - Community activities will receive equal consideration with scheduling as youth sports.
 - Youth Sports will be able to reserve one spot per week in the multipurpose gymnasium, Monday - Saturday, for the entire athletic season. All K-6 programs must be completed by 8:00 PM. Youth Sports may reserve the Multipurpose Gymnasium for a second practice a week in advance if available. Priority for youth sports will be given by age, with 6th grade sports getting their first choice of practice time, followed by 5th, etc...
 - Travel teams that are not 100% Russia students will not be allowed to reserve the Multipurpose Gymnasium for practices in an effort to keep availability for the community. Travel teams will be able to reserve the other gyms for practice, and they will be able to reserve the Multipurpose Gymnasium for tournaments.
2. Community members may reserve the court for pickleball or other small group activities a week in advance. The multipurpose gymnasium is not available to be reserved for birthday parties or other purely social events.
3. If the multipurpose gymnasium is not scheduled 24 hours in advance, it is considered open and available to anyone. No reservations will be made less than 24 hours in advance.
4. Except for special events, there will be no reservations on Sundays to allow family access to the facility. CYO and other youth sports will have access to the other school gymnasiums on Sundays.
5. Reservations can be on the Russia Local School website at www.russiaschool.org.

COMMUNITY WELLNESS/WEIGHT ROOM RESERVATIONS

- The wellness center/weight room will only be reserved for school sports when there is a significant number of athletes participating and it would be prohibitive to have community members working out at the same time. For example, when the entire basketball team is using the weight room.

GOLF SIMULATOR RESERVATIONS

- Only members who have paid the additional \$200 per year fee and have completed the orientation will be allowed to reserve the Golf Simulator on a first come basis.
- Members who have paid the additional fee and attended the orientation may bring guests to use the golf simulator but maintain full responsibility of proper use of the equipment by their guests.

- Reservations can only be made one month in advance using the online calendar that is available on the district web page.

BATTING CAGE RESERVATIONS

- Members may reserve the batting cage for a maximum of one hour.
- Travel teams with a Russia coach may reserve the batting cage for a maximum of one hour per week.
- Reservations can only be made one month in advance using the online calendar that is available on the district web page.

Rules/regulations are subject to change based on need/new circumstances.