

## **Spinach Tilapia with Mediterranean Orzo Pasta Salad**

Servings: 2

From Coupon Kitchen

### **Ingredients**

2 – 4 oz tilapia fillets

1/4 tsp salt

1/4 tsp black pepper

1 tsp olive oil

1/2 tsp dried oregano

1/2 cup chopped fresh spinach

1/4 cup panko breadcrumbs

1 Tbsp Parmesan cheese

1/2 lb Harris Teeter Mediterranean orzo pasta salad

### **Preparation**

- 1) Preheat oven to 400 degrees. Place fish on foil-lined shallow baking pan; season with salt and pepper.
- 2) In a medium bowl, combine olive oil and remaining ingredients. Divide mixture evenly among fish fillets, pressing lightly so mixture adheres to top of fish.
- 3) Bake 15 minutes or until fish flakes easily with a fork. Divide orzo salad among four plates and top with fish; serve.