



Grade 8 Big Canoe Self Reflection

Communication Core Competency



Name: _____

How successful was your communication during the Big Canoe process?

Give yourself some credit. You've planned and organized your journey and have been on an amazing adventure on Newcastle Island. Use the prompts provided to help you reflect on your learning experience.

Sketch It and Write About It

Choose **three** of the following **PROMPTS** to help you describe or draw how you used communication to ...

- plan with your group what to eat, where to sleep, who would bring what, etc.
- come to an agreement when there was different opinions in the group.
- solve a problem.
- divide up tasks such as; packing up, carrying, setting up or taking down camp, cleaning group messes.
- work together to get places, paddling, hiking, etc.
- contribute your perspective and experiences to your group's demonstration of learning

1.

2.

3.

As a group member, my best communication skill is

I'd like to get even better at _____

One piece of advice about group communication I would give to the grade 8's planning their trip next year is



What does communication look like?

1. Connect and engage with others to share and develop ideas:

Listening	Contributing (sharing your 'on-topic' ideas)	Consider diverse perspectives
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I can

... ask and respond to simple, direct questions.

Example, "Who has a tent?" – **"I have a tent."**

... actively listen; support and encourage the person speaking.

Respectfully directing your attention to them and focusing on listening.

... recognize that there are different points-of-view and can you disagree respectfully.

Example, "I can understand if you don't like s'mores, they are pretty sweet. I do like sweet things that's why I can't get enough of them".

2. Collaborate (work together) to plan, carry out and review actions, activities, and things built:

Work together to accomplish goals	Problem solving together	
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I can

... work with others to achieve a common goal; do you do your share of the task.

Something like; in your meal planning did you contribute meal ideas, listen to others ideas, comment on ideas, think of the food required for the meals agreed on and volunteer to bring in your share of the food?

... take on roles and responsibilities in a group; actively participate.

Something like; if you have neat handwriting did you volunteer to record the chosen meals on the sheet provided?

... summarize key ideas and identify the ways we agree (commonalities).

Example; "Ok, you want mac 'n' cheese and you want spaghetti and I'm happy with both, so it sounds like everyone likes pasta. You don't eat cheese and you are allergic to tomatoes but what about pesto?"



What does communication look like when creating your Digital Presentation?

(Your Demonstration of Learning)

3. Acquire, interpret, and present information (includes inquiries)

Inquiring into topics that interest you and are related to your school studies	Presenting for audiences
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I can

- ... understand and share information about a topic that is important to you.
- ... present information clearly and in an organized way.
- ... present information and ideas to an audience I may not know.

4. Explain/recount and reflect on experiences and accomplishments

Telling about your experiences	Reflect and share what you have learned	Presenting, self-assessment & feedback
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I can

- ... give, receive, and act on feedback.

Something like; if you have volunteered to create the soundtrack are you open to hearing other people's ideas? If you choose scary movie music when a group member is opening their bag and that group member is not happy being represented that way are you willing to change it?

- ... recount simple experiences and activities and tell something you learned.
- ... represent your learning, and tell how it connects to your experiences and efforts.