

# WINTER (below 40F @ night) (Girls List)

## CAMPING CHECKLIST (2Nights/3 Days)

Scouts should pack their own gear. It is advisable to have an adult check it against the list... but the scouts should select and put the gear into the bag.

### CLOTHING

- ☐ Class A's
- ☐ Class B's or other short sleeve shirts (2)
- ☐ Long Sleeve Shirts (3)
- ☐ Pants (2)
- ☐ Long John's (2) [we sleep in these]
- ☐ Sweatpants (great for layering) (1-2)
- ☐ Sweatshirt (2 ensure one will fit over the other)
- ☐ Synthetic underwear (3)
- ☐ Bra's (1-2)
- ☐ Wool or Wool/blend Socks (3 to come in contact with your skin... 2 more that can be re-worn & used to layer)
- ☐ Winter Hat (2)
- ☐ Gloves (2)
- ☐ Balaclava (1)
- ☐ Water resistant coat
- ☐ Raingear (poncho/coat and consider rain pants)
- ☐ Closed toe shoe (1 spare)

### GEAR

- ☐ [Large Duffle Bag / Backpack](#)
- ☐ [Day bag](#)/ small backpack (must be large enough to hold 10 Essentials and activity gear ~20L Capacity)
- ☐ [Flashlight\\* & Whistle](#)
- ☐ Extra Batteries
- ☐ [Pocket Knife](#)
- ☐ [Orienteering Compass](#) (& Map)
- ☐ [Personal first aid kit](#)
- ☐ ≥ 32 Oz Water Bottle
- ☐ [Flint & Steel](#) or Matches
- ☐ [Sleeping Bag](#)/ sheets rated for the local evening temperatures
- ☐ [Camp Chair](#)

- ☐ [Tent/Hammock](#) 1-3 people in size
- ☐ Towel (Shower)
- ☐ Insect Spray
- ☐ Scout handbook
- ☐ If earned: Totin/Firem'n Chit Cards
- ☐ Pen/ Pencil
- ☐ [A Snack](#) (preferably with Protein in it)
- ☐ [Dense Foam Ground Pad](#) regardless of sleeping on a cot/ air mattress

### PERSONAL HYGIENE

- ☐ Tooth brush/paste
- ☐ Deodorant (please)
- ☐ Glasses, contacts case/solution
- ☐ Soap, Shampoo, Conditioner
- ☐ Feminine Products
- ☐ [Sun Screen](#)

### OPTIONAL

- ☐ Hot hands
- ☐ Glowsticks (1 or 2/night)
- ☐ Cot / air mattress (optional)
- ☐ Pillow sack **or** small pillow **or** stuffed animal that can be used as a pillow. ~ 1/3 the size of a standard pillow or use your filled stuff sacks
- ☐ Sleeping bag liner

### DON'T BRING

- Mess kits
- Technology is ok for car rides but must stay in cars including phones
- Any kind of in tent heaters
- LED Lanterns/Flashlights

1. **We recommend putting all clothing in Stuff sacks that are weather resistant inside a large duffle or backpack. Most Campers use 2 sets of stuff sacks.**
2. **All items should be in some kind of rugged Bag/ Stuff sack. Please no loose sleeping bags, pillows or trash bag luggage. You can get a larger stuff sack for these. We don't want to confuse belongings with garbage and things end up in the dirt!**
3. **Label all items. All gear & clothing looks the same.**