

IFS Consultants WITH AVAILABILITY

(Lead Trainer, Assistant Trainer, Other)

This is an informal list of consultants who wish to share their availability with people seeking consultation.

Please see the [IFS Directory](#) to find ALL approved clinical consultants (video to help [here](#)), and direct any questions about certification to Shuka Alae at certification@ifs-institute.com.

Instructions for consultants on this list can be found [here](#).

Notes:

Individual or Group Consultation hours with anyone listed below will count towards IFSI Certification **if** they have kept their 'Approved Clinical Consultant' status up to date (which you can verify by checking the IFSI Directory as above). **This document is intended to allow 'at a glance' information about consultants who have current availability and with additional information about their consultation offerings.**

This document was originally created in collaboration with IFSI but is administered independently (ie. they are not responsible for any errors contained within) by Risa Adams risa.adams@protonmail.com. Each consultant adds and maintains their own entry. Questions about this list can be emailed to Risa, and ANY questions about certification or approved consultants can be directed to Shuka at certification@ifs-institute.com.

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/year)
LEAD TRAINERS					
Marina Hassanali	Individual therapy and consultation on diverse topics including but not limited	Please inquire about availability for therapy and individual or group	LMFT, originally from the Middle East, multi-cultural life	marinahassanali@gmail.com	10/22

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
	to trauma, grief, spiritual and existential issues, multi-cultural lens, etc.	consultation	experience, speak Spanish, Farsi, and French fluently		
Gretchen King	Adult individual therapy, AAMFT approved supervisor, IFS individual and group consultation, support in trainings/ PA role	Generally have ongoing Friday consult groups and occasionally have openings. If you have a group from your L1 already put together of 4 or more, will look at forming new groups. Open for individual consultation appointments.	White, cis-gendered, hetero, she/her pronouns Chicago based Completed my L1 in 2000, AT since 2009, new co-lead.	gretchen@gretchenkingtherapy.com	10/22
Kirsten Lundeberg	Individual therapy and consultation (individual and groups) for IFS therapists and practitioners	I provide individual and group consultation – please contact me for availability (limited availability at t.	White, cisgender (she/her); Licensed Marriage and Family Therapist and Licensed Professional Counselor. Very interested in issues related to equity and inclusion	www.kirstenlundeberg.com kirsten@kirstenlundeberg.com	8/22
Sarah Stewart	Expertise in trauma, addictions, couples, and systems.	Often full but love to consult when I have time. I love group consultation if you gather the group! Not available for video review.	EMDR Consultant (US) MA Psychologist License European/United States cross-cultural reference	sarahbstewart@yahoo.com	10/22
Elizabeth Taeubert	Adults, complex trauma	I am available for IFS consultation; I am not available to offer video review	Whit, cis, Solo lead trainer	Etaeubert@gmail.com	10/22
ASSISTANT TRAINERS					
Ellie Cunanan-Petty	Adults and couples; anxiety, depression, trauma	Limited individual availability	Asian-American, cisgender (she/her) –AAMFT Approved supervisor –LMFT in Virginia, also licensed in DC and NJ	www.elliemft.com Ellie@elliemft.com	8/22
Irina Diyankova	Adults and Adolescents; individuals and couples; complex & developmental trauma; legacy and cultural trauma	offering consultation groups for post-level 1 clinicians; open to working with self-organized groups; available for individual consultation in present in both English and Russian. Contact for	White, cis, hetero (she/her/hers); originally from Russia Licensed Psychologist in TN Registered yoga teacher Love doing IFS consultation and	dririnadiyankova@gmail.com https://www.dr-irina.com/ifsprofessionalevents	08/22

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
		availability	supervision. Fluent in Russian		
Carol Graybeal	Trauma, anxiety, grief, depression	Available for consultations	LCSW	cagraybeal67@gmail.com	8/22
Crystal Jones	<ul style="list-style-type: none"> Race based Trauma BIPOC Women's Emotional Health Anxiety/Depression Spirituality IFS consultation 	Individual & Group IFS consultation Fall Consultations Groups	<ul style="list-style-type: none"> She/her VA Licensed Clinical supervisor of social work Master Reiki Practitioner IFS certified IFS Assistant Trainer 	www.lifesourcecounselingcenter.com support@lifesourcecounselingcenter.com	3/23
Tish Miller	Individual, Couples, IFS Consultation Trauma, Attachment, Addiction, Spirituality	Individual and Group Consultation Hours count toward Certification. New Consult Group starting Jan 23	White, cisgender (she/her) LCSW- Md & DC	tishmiller27@gmail.com	11/3
Leslie Petruk	Individual, Couples and Parenting therapy. IFS Consultation - Group & Individual. Approved IFS Certification Video Reviewer. Consultation for IFS therapists and practitioners. Pre & perinatal therapy - birth imprint and healing.	Individual and Group consultation (New groups starting Spring/Summer 2023) towards certification. General consult groups and groups focusing on working w/Children & Parents. Consult group focused on working with therapist parts. IFS Workshops for deepening skills, working with children and parents, sandtray, play therapy and IFS, and Self-Compassion/Self Care. Call or e-mail for availability and more information.	White, cisgender (she/her), LCMHC-S and Board Certified Coach. Approved LCMHC Supervisor in NC. Lead IFS Trainer and Approved IFS Consultant	704-665-0065 xt. 21 leslie@thestonecenternc.com	3/23
OTHER APPROVED CONSULTANTS					
Karby Allington-Goldfain	Somatic IFS, Complex trauma, pre-verbal trauma, working with children and families, Integrating EMDR with IFS	Currently have a waitlist for consultation, some availability for group consult in IFS/EMDR integration	White, cis, hetero, EMDR approved consultant	therapy@karby.hush.com 720-250-7941	2/23

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Brenda Aufderhar RN, LICSW	<u>Teach</u> Body Focused IFS <u>Consultation</u> and therapy for IFS therapists and practitioners <u>Somatic & spiritual</u> integration.	Ind, dyads & groups for -Somatic focus -IFS Certification focus -Case Consultations (Contact for availability)	White, cis, female, raised outside USA, Certified Hakomi & CranioSacral Therapist, over 20 years of IFS practice, live in Washington State, USA and support world wide	BrendaRNMSW@gmail.com InwardListening.com	11/22
Dawn Balcazar	Complex, firefighter energy, therapist parts. Supporting therapists in their professional development	Open for individual consultation and individual IFS therapy fall 2022	White cisgender female-Clinical psychologist • MA licensed	drdawnbalcazar@yahoo.com 508-740-5175	8/22
Jennifer Baldwin	CPTSD, spirituality, somatic ifs and other somatic processes, psychedelic assisted therapy, UBs and other non-part energies in the system	Open for individual and group consultation. Go to www.concrescenceinstitute.com for group signups and advanced workshops Email groundingflight@gmail.com for individual consultation	Additional training in EMDR, SE, ketamine assisted therapy, MDMA assisted therapy, applied shamanism PhD in trauma and spirituality Lead trainer in ketamine enhanced IFS (KIFS)	groundingflight@gmail.com 678-631-7630	3/23
Stephanie Barbee	General IFS psychotherapy practice with individual adults. Also offering informed support for people waking to climate crisis	As of Nov 4: 2 openings for individual IFS consultation and/or support for learning the model	white european american, cis gender female, LICSW in WA state, proficient in Spanish, connected to wilderness, practicing IFS since 2002	sgbarbee@centurytel.net 206 275 2250	11/22
Yoav Bartov	Individual, couples & IFS Supervision. ASD, Depression, Couples & Supervision.	Both	IFS L1-3 + family & couples therapy, MSW. Available on Zoom, or in Israel face to face.	yoavbartov@gmail.com	5/22
Barbara Bennett					
Michael Belus	Individual, couples, family. IFS informed consultation.	Email for availability		mbelus@me.com 602-617-8448	3/23

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Karen Klein Berman	Individual adults with expertise in all that is trauma as well as attachment/relationship ruptures, grief and loss. Telehealth only	Email for consultation/supervision availability	LCSW, FS Certified, senior PA , located in New York	kkberman@gmail.com	1/23
Naomi Berry	Trauma Informed therapist, Expertise in attachment and relationship issues.	Email for availability	LPC EMDRIA Certified EMDR therapist Level 3 IFS IFS Certified therapist EFT trained	naomi@naomiberrycounseling.com	8/22
Wende Birtch	Trauma, family/ cultural legacy burdens, depress/anxiety, grief, therapists/ practitioners seeking therapy or consultation, spirituality, unattached burdens, yoga, energy transformation	Available for both- individuals, dyads and groups!	Certified L3 therapist White, cisgender (she/her), offers IFS intros and workshops, spirituality, Meditation, yoga. Focused on cultural competency and awareness	wb4kids@gmail.com www.holisticcounselwny.com 716-440-5711	8/22
Barbara Burkart	individual therapy for adults. Areas of interest include depression, anxiety, legacy and cultural burdens, identity issues, grief and loss. Telehealth only.	Twice yearly, I offer small IFS consultation groups for L1 grads, and have limited availability for 1:1 IFS supervision.	L2 trained. Frequent PA for L1 & L2 trainings. LMHC. White cisgender female. Practicing therapist for 20+ years. Based in Massachusetts	barbara.w.burkart@gmail.com 413-687-0316	2/24
Sally Burke	I work On line only, with Developmental and Complex Trauma. Collaboratively and within safe container.	I offer small groups of 4 and 1:1 IFS Clinical Supervision. Space limited	UK based, Integrative BSc, L1,2,3, IFIO level 2 training, Also Certified as Sensorimotor Psychotherapist. PA experience. She/Her. White Keen to bring curiosity to all parts that emerge.	www.atonepsychotherapy.co.uk atonepsychotherapy@googlemail.com	
Susan Cahill	Developing witness consciousness through the interlacing of IFS, the Discipline of Authentic Movement and other dance movement therapy modalities. I'm curious about ways to bring IFS that incorporate the embodiment of Self and parts.	I offer individual consultation and group consultation offering called Embodied IFS with Robyn Lending Halsten. I also offer Authentic Movement groups where many people are IFS trained and want to incorporate movement and witnessing practices in their work.	I am white, cis gendered, heterosexual, female.	info@susancahilltherapy.com 847-920-1556	7/22
Sand	Trauma, gender, sexuality, LGBTQ+,	Individual consultation	Based in San Diego, CA; only	Sandchang.com	3/23

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Chang, PhD (they/them)	BIPOC, eating disorders, addictions (especially 12 step recovery), attachment/relationships, DEI and organizational applications. I am a somatic trauma therapist and integrate IFS with Somatic Experiencing (SE). I am Certified in EMDR (and am a former EMDR consultant) but this is not a primary approach.	Group consultation (run in 6 month cycles): -IFS Consultation Group for Trans, Nonbinary, and Queer Clinicians -Eating Disorders and Body Liberation Focused IFS Consultation Group	working with people through telehealth. I'm Chinese American, trans, nonbinary, and queer. Certified Level 3 IFS Therapist Certified Body Trust Provider Certified EMDR Therapist Somatic Experiencing Therapist (Advanced)	sand@sandchang.com	
Rebecca Ching (she/her)	<ul style="list-style-type: none"> Anxiety/Stress Trauma Spectrum Perfection and Shame struggles Life Adjustments Grief/Loss/Betrayal Entrepreneur + Business Owner Leadership Dev+Challenges 	Limited Individual Availability Developing a group practice interest list for: 1) Therapists 2) Leaders + Entrepreneurs Email me for more schedule details	–Certified Daring Way™ Facilitator + Consultant Host of The Unburdened Leader Podcast –Certified EMDR Therapist –Certified Eating Disorder Specialist + iaepd™ Approved Supervisor –ICF PCC + Certified Hudson Leadership Coach	rebecca@rebeccaching.com www.potentialtherapy.com www.rebeccaching.com	3/23
Marcella Cox	Somatic IFS, Eating Disorders, Body Image Issues, Trauma, Therapist Development, Online Therapy	Limited individual availability Developing group consultation interest lists for: 1) Somatic IFS consultation & 2) IFS & eating disorders consultation	White, cis, (she/her) LMFT in SF Bay Area Level 3, Certified, Somatic IFS Assistant –Certified Eating Disorder Specialist + Supervisor (iaedp) –Certified Body Trust Provider (Be Nourished) –Certified Mindful Self-Compassion Teacher (Center for MSC) –Certified Daring Way™ Facilitator (Brene Brown)	marcella@kindfulbody.com www.kindfulbody.com www.ifstherapyonline.com	06/23
Sean Cuthbert	Complex PTSD, PTSD, Dissociative Disorders, Addictions (drug and alcohol, gambling, sex/porn), men's issues in all forms.	Individual and group consultation for IFS Therapists and Practitioners. Particularly interested in consulting around my clinical interests, working with trauma, and/or addiction.	White, cis, (he/him) Clinical Psychologist in Melbourne, Australia. Psychology Board of Australia (PBA) approved Supervisor. Level 1, 2, & 3 IFS trained Level 1&2 EMDR trained	seancuthassoc@gmail.com connect@seancuthbert.com.au	1/23

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
			Level 1 Sensorimotor Psychotherapy Level 1&2 (Core Self) Comprehensive Resource Model (CRM), Deep Brain Reorienting (DBR)		
Betsy Deeter	LGBTQ, race,culture, activism, adults	Please email me for availability for IFS Consultation for IFS trained/informed therapists. Individual or group.	she/her, LCSW in TN, Level 3 Certified IFS. I'm a member of a multi-racial family, adoptive mom, member of LGBTQ community who loves the outdoors and travel.	betsy@betsydeeter.com www.betsydeeter.com	4/22
Shaun Dempsey	Trauma, Complex Trauma, and PTSD Individual and group consultation for IFS certification. I run IFS supervision and consultation groups in Australia and facilitate an APS special interest group for psychologists interested in IFS.	Please email to inquire about availability. If available I can provide consultation for certification and supervision for Australian IFS therapists and practitioners.	I am a Clinical Psychologist living in Australia; PhD and Masters Level 3 IFS trained and certified Level 2 EMDR trained	clinicalpsych@tcps.net.au	10/22
Emma Diamond	CPTSD and trauma field for 17 years working with victims services, mainly with childhood abuse and neglect- all kinds. Dyadic developmental work parent/ child. Working with Indigenous populations and LGBTIQ+ Trainer in training and running tailored IFS supervision groups.	Limited individual availability Running group supervision	She/ Her I am a Child and Family Therapist with Masters in Family Therapy living in Australia. Level 3 trained	Emma.diamondtherapy@gmail.com	11/22
Nancy Ebbert	Level 3-trained certified IFS therapist and consultant. Work with adults and have a particular interest in working with psychotherapists to help them understand their own systems and apply IFS concepts with their clients.	Limited availability for consultation with individual psychotherapists working toward certification.	She/her/hers. I am a licensed counselor in Maryland, USA with ten years of experience using IFS in clinical practice.	nancy@nancyebbert.com www.nancyebbert.com	11/23
Lois Ehrmann	Specializations: IFS & other trauma txs people of all ages & families Preverbal and implicit trauma	Currently I am offering individual IFS consultation toward certification. I am open to running a six week group consultation for IFS certification if six individuals contact me about that. I also hope to run an active learner	Level 3 trained; CTTS (certified Trauma Treatment Specialist); certified EMDR Clinician & Consultant; Approved Clinical Supervisor/Trained Consultant; Board Certified in Telemental Health; Licensed LPC in both Pennsylvania and New Jersey	loisehrmann@gmail.com <i>E-Counseling and Consultation Services</i> www.etherapywithlois.com	11/22

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	Clinical consultation and focus on the person of the therapist	group for Somatic IFS graduates of Susan McConnell's Somatic IFS trainings. This would be for 7 weeks with 6 individuals	White cis she, her, hers In a multiracial family My Parts and my Self love accompanying other professionals and practitioners on their IFS journeys.	<i>Business cell for texting inquiries: 814-404-0286</i>	
Elina Falck	I specialize in trauma and complex PTSD, with special focus on shame and polarized parts. Within this context, I have particular interest and experience in legacy burdens and unattached burdens.	I have limited availability for individual and group consultation, but I love doing IFS consultation so please inquire. I live in British Columbia, Canada. I'm happy to provide IFS consultation to folks from all over the world.	CTTS (Certified Trauma Treatment Specialist) I am a part aboriginal, immigrant, cis-gender, heterosexual, happily married grandma. To me, good consultation focuses both on the therapist's parts and skill building.	www.oceansidetherapy.ca elina@oceansidetherapy.ca 250-515 2123 (please text rather than phone)	07/23
Daphne Fatter	-Working with ancestral guides and integrating ancestral healing with IFS. -Race socialization & whiteness -Integrating Somatic Abolitionism. -PTSD,HSPs -Perinatal/infertility/reproductive trauma. -Spirituality & working with spirit guides & spiritual resources.	Individual and group consultations (bring your own group only). If consultation is for certification, you will be required for us to review a video for feedback to determine your readiness to submit a video for certification This video can be with an IFS colleague.	White American, Cis, (she/her), –Licensed Psychologist in multiple US states including Texas. –Certified in IFS, Level III –Certified Ancestral Medicine Practitioner, –EMDR Certified. –I am an on-going practitioner and receive on-going mentorship using Somatic Abolitionism for my own work as a cis white American woman.	www.daphnefatterphd.com daphnefatterphd@gmail.com	03/23
Annie Felice	Eating disorders and body image concerns, women's health including fertility issues and perinatal health, relationship issues, life transitions, grief and loss, identity and self-esteem	Available for individual consultation	White, cis, hetero, (she/her) Licensed Clinical Professional Counselor in state of Illinois I love working with other IFS therapists on their own personal therapy journeys and also providing IFS consultation to increase awareness of therapist parts that come up with clients and to provide support for "stuck places" when doing IFS with their clients.	felice.annmarie@gmail.com https://www.anniefelicetherapy.com	3/23

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Jess Finney	I especially enjoy working with creatives and other therapists or practitioners who are learning the model. Clinically, I see a range of clients working on impact of traumas across the lifespan.	Limited availability for individual work, individual consultation, group consultation (including practice groups) - I appreciate it if you bring your own group (of 3-6 folks).	US based, white, cisgender (she/her), able-bodied, heterosexual woman who grew up in the Southern US and has been a Midwestern transplant for years. Licensed Marriage & Family Therapist in MN	jessica@creativetransformations.me Ph: (612) 217-1301	6/22
Anna Gartshore	My background in physical theatre informs my approach. I enjoy helping clinicians access embodied Self-Energy and have training in Somatic IFS. My therapy background includes work with complex developmental trauma, First Nations Populations, Intergenerational Colonial Trauma, Cultural Competency, Eating disorders and support for health professionals facing burn-out and vicarious trauma.	Availability to consult (individual/group)	L3 Certified IFS Therapist, cis-gendered woman licensed under the Ontario College of Social Workers.	gartshore.rsw@gmail.com Ph: 705-542-9646	9/22
Lisa Giles	Individuals of all kinds	Limited availability for individual consultation	White, cis, (she/her) Licensed Marriage & Family Therapist	www.lisagileslmft.com Lisagiles32@gmail.com	8/22
Martina Glasscock Williams (formerly Glasscock-Barnes)	Specializing in Introverts & HSPs, spirituality, applied polyvagal theory & somatic embodiment. Therapy, coaching & IFS consultation. Love working with clinicians & practitioners!	Available for individual and group consultation, Please email for availability.	Certified IFS. Level 3 trained. Approved IFS-I consultant. LCHMC & BCC coach.	martina@thebraveintrovert.com	12/23
Tara Goetz	Online. Working with Therapists, Complex Trauma, Loss, Depression, Anxiety.	Email for availability; individual and group consultation	-IFS Certified, level 2 trained, IFSI Approved Consultant -Licensed in Georgia, private practice, online only	tara@taragoetz.com	11/2/ 2022
Margaret Goger-Cranston	I enjoy working with therapists around their challenges and blocks to Self energy. I am a sex therapist and can help access sex positivity in system.	Email for availability. Individual and group consultation.	-IFS Certified, Level 2 trained. Approved Consultant AASECT Certified Sex Therapist	margaret@goger-cranston.com	

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			License LSCSW in Kansas		
Mary Green	Online IFS Therapy work, Coaching, and Consultation Services. Emphasis on supporting clinicians and practitioners through IFS consultation.	Available for individual and group consultation Limited availability at this time, but feel free to contact me!	White,cisgender,she/her LPC (Pennsylvania) IFS Level 3, Certified Board Certified Coach Board Certified TeleMental Health Provider 30+ years of clinical experience	marychrisgreen06@gmail.com	8/22
Marlene Grijalva	Consultation for individuals and groups.Special interest in spirituality and Effortless Mindfulness	Available for individual and groups	Licensed Marriage Family Therapist. Level 3 trained, IFS Certified	marlenegrijalvamft@gmail.com	8/22
Cathie Gum	IFS-Informed consultation for licensed psychotherapists who have completed IFS L1	Email for availability	White,cis,hetero,she/her IFS L3 Certified IFS Therapist, CA & OR licensed psychologist in private practice, Certified EMDR Therapist, Sensorimotor Psychotherapy L2	cgum.psyd@gmail.com www.drcathiegum.net	3/23
Maya Hanelin	LGBTQ+ and Multicultural communities, relationships, trauma, chronic illness. IFS and IFIO. I love supporting people in learning and embodying these models.	Individual and small consultation groups. International IFIO consultation groups. Contact for availability	white,jewish,queer, cisgender woman (she/her). Senior staff for IFIO trainings. Online consultation. LICSW located in Boston, MA www.mayahanelin.com	mayahanelin@gmail.com	3/23
Marina Hazan	Trauma, Attachment, Relationships, Self-exploration Work mostly with therapists	Individual and small group consultation, email for availability	Multi-cultural life experience. Fluent in English, Hebrew, Russian	marina.hazan@gmail.com	8/22
Bruce Hersey	IFS and IFS-Informed EMDR consultation. Working with protectors.	Individual and group.	White cis/hetero he/him	brucehersey@gmail.com www.brucehersey.com 814.944.3852	3/23

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Jey Hiott, PhD	Individual and Couples Therapy, IFS and interface with Enneagram and Body-Mind Centering®, IFIO ADHD	Individual and small group consultation.	She, her, cis/het PhD, NC licensed psychologist, private practice in Asheville NC Sliding scale	jeyhiott@gmail.com 828-768-5459	10/22
Carol Hollandsworth	Trauma (pre-birth-present) Addiction issues Christian faith integration Legacy Burdens and Collective Trauma IFS with experiential therapy and psychodrama General psychotherapeutic concerns	Limited Individual Consultation Group Supervision	Licensed clinical mental health counselor and supervisor in NC and SC Licensed Marriage and Family Therapist and AAMFT Approved supervisor in NC and SC	carol@bareitercc.com www.bareitercc.com	8/22
Flo Holt	- Complex Trauma - Dissociation - PTSD - Adoption - Developmental Trauma	Individual and Group consultation	White/Cis/hetero, Northern Colorado IFS Certified, LPC Colorado, CMHC Utah, LPC Texas, EMDR Certified and Consultant	floholtipc@livethejourney.com	10/22
Ray Howard	Developmental Trauma Legacy Burdens Unattached Burdens Individual and Couple Therapy	Individual and Group	White/Cis/Hetero	rayhoward723@ne.rr.com www.rayhow.org	
Sarah Jarvis	-Complex & developmental Trauma -Spirituality & Existential issues -Working with therapist parts -Religious/Cult trauma -Mindfulness & Self-Compassion -Nervous system & IFS	Individual and small group consultations - inquire for availability	Registered Clinical Counsellor (MA, RCC) in Vancouver, Canada	Sarah@CompassionWithin.com www.compassionwithin.com	9/22
Samuel Johnson	Trauma IFS/EMDR combined and Straight IFS Neurofeedback Christian Spirituality and IFS Supervision Consultation issues IFIO/EFT couples therapy (attachment Focused)	Individual and group Dyads / Triads Contact me for group availability and individuals Groups cap at 5 for intimate connections and time to connect Fill out the form for me to connect with you	-IFS and EMDR Certified Consultant; Approved Clinical Supervisor (ACS) -EFT/IFIO Attachment oriented Couples work -PA'ed with Poland, Portugal, Spain, United Kingdom, and United States Levels 1 and ALL level 2s	www.samgaryjohnson.com sam4cltd@hotmail.com 814-319-7217 Licensed As a Counselor in Pennsylvania U.S.A.	3/23

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		https://samgaryjohnson.com/consulting			
Eleanor Jones	-life transition -trauma -differentiation from family of origin	Individual IFS consultation	She/her LCMHC In addition to IFS, training and experience include EMDR, Polyvagal informed therapy, and somatic work	eleanorjones@me.com	8/22
Tulasi Jordan	Deepening embodiment and somatic awareness with IFS Integrating IFS and mindfulness, spirituality, and meditation IFS and relational psychoanalytic work, Trauma, Attachment issues Eating issues/disorders, Anxiety/depression	Currently full for therapy clients; Starting in January 2023- one opening bi-weekly for individual consultation or for supervised practice with a dyad/triad	LCSW in NY and NJ, cisgender (she/her), PA for multiple IFS 1 and L2. Somatic Experiencing Practitioner with advanced training and 3 years as TA. Certified in EMDR. Psychoanalytic training through WTCI. Training in Coherence Therapy and Focusing 25+ years experience 20+years teaching yoga and meditation	tulasi@insightpsychotherapy.net	8/22
Sue Kazolias	Adults - Individuals Trauma and attachment issues. Clinical Consultation for practitioners who have completed Level One or for post graduates for licensure hours.	Please email for availability.	White, cis hetero (she/her). LICSW in MA. -Rewarding experience in supervising and excited to start consultation with newer IFS Level One grads! PA'd over 8 times. Prior military.	suekazolias.licsw@gmail.com (781) 534-9697	10/22
Deborah Klinger	Eating disorders (Certified Eating Disorders Specialist and Approved Supervisor), trauma and dissociation, ACoA and other developmental and attachment issues, understanding parts from a polyvagal theory and structural dissociation perspective, IFS and spirituality	Availability for individual 1-2 x/mo. Will be forming a consult group in early 2023; interest list is open.	Cis, white, het (she/her) Trained in Sensorimotor Psychotherapy (through Level 2, and have assisted at two SP L1's and one SP L2), SE, EMDR, and DBT. A Phoenix Rising Yoga Therapy Practitioner and AAMFT Approved Supervisor. Also do improv comedy when there's not a global pandemic going on	www.deborahklinger.com deborah.klinger@gmail.com	10/22
Kelly Kreutz	Individual Consultation and Therapy ~ Special interests - Transpersonal (Legacy work, unattached burdens, working with the deceased who show up in memories, etc)	Currently accepting Individual Consultees - \$120 per session because that is what I paid for it.	Licensed in FL and WA state White, cis-female IFS is my primary modality with a broad foundation of modalities that provide intuitive guidance for IFS. I	kc.kreutz@gmail.com 727-336-3100	8/22

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	<ul style="list-style-type: none"> - Somatic and energy work - Spirituality - Trauma related parts including sexual trauma - Grief work - Sexologist 		<p>strive for true adherence to the IFS model.</p> <p>RYT-200</p> <p>TIYT - Trauma Informed Yoga Therapy</p> <p>Year 1 Tantra Initiate - no occult</p>		
Louise (Lu) Lasson	Trauma, C-PTSD, ACoA. I have studied Somatic Experiencing and Sensorimotor Psychotherapy and I have an awareness of the neurobiology of trauma, which I think is crucial.	Room for individual and group. Participants can come with a formed group of 4-5 or request to be waitlisted to a group. Groups of 2-3 for practice are welcome!	I am very interested in building my consultant practice. I find a lot of joy in helping people make sense of the model.	www.louiselasson.com Lu@louiselasson.com (212) 457-1906	7/22
Joanna Lawson	My work is a mix of therapy and consult...always for the sake of growing you as an IFS therapist and human being.	New consult group starting in February.	Have been an IFS therapist since 1995. I love it!	www.joannalawson.com joanna@joannalawson.com	11/15
Robyn Lending Halsten	Somatically informed IFS, blending of dance/movement therapy, Sensorimotor Psychotherapy and Authentic Movement *Trauma *Grief/loss *Attachment *Developmental differences *Neurodevelopmental differences	Currently providing group IFS Embodied Consultation and Individual Consultation Email/call for availability	White, cisgender (she/her) LPC Wisconsin LPCC Minnesota	robyn1362@gmail.com 608-215-9156	8/22
Barb Lucas	IFS + expressive arts	Individual and group consultation online, Trainings in IFS & expressive arts, IFS Retreat experiences in Montana: https://app.paperbell.com/checkout/packages/31112	White, CIS female, hetero, LCPC, EMDR, sandtray, labyrinth	counselorBarb08@gmail.com www.barblucas.com	4/23
Susan Mason	Individual IFS psychotherapy and couple's work based on IFIO.	Available for individual consultation and supervision online or in person north of Chicago	LCSW. Learned the model in the late 1990's. Many PA staffing for Level 1s and 2s. Senior staff for IFIO. More info at www.susanmasontherapy.com White, cisgender (she/her), hetero.	smason36@gmail.com	11/22
Corie	IFS Consultation for individuals, and	Individuals online	White cis, hetero, woman, she, hers	corie@mosiacself.co	10/22

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
McKibben	folks pursuing certification Experienced in complex trauma, legacy burdens, and Unattached burdens in adults.	If I have PAed with your group- I will consider a group.	LICSW, MN BOSW approved supervisor, EMDR, ART Certified, L3 trained, PA for L1's. I love to support folks in this model. Licensed in MN	m www.mosaicselfcounseling.com	
Carl Mojta	Individual and couples therapy, specializing in sexual health concerns. Consultation for IFS therapists/practitioners and for those working toward IFS certification and/or AASECT CST Certification; also speciality working with veterans (am am a veteran).	Limited availability; telehealth	Cis gender male (he him) AASECT Certified Sex Therapist & Supervisor; AAMFT approved supervisor candidate LMFT (Licensed in DC, VA, MD, NC, FL)	www.carlmojtatherapist.com cmojta@carlmojtatherapist.com 202-280-2710	10/22
Melissa Mose	Specialties: OCD, Anxiety, BFRBs, Addiction, Eating Disorders IFS consultation (individually or in groups) for IFS therapists and practitioners. Practice serves Children, Adolescents, and Adults. Interests also include Integrating IFS and mindfulness, spirituality, and meditation	Individual and groups; Consultation groups focused on IFS for OCD monthly and bi monthly availability	White cis-gendered, hetero, woman, she, hers LMFT in CA Certified, L3 trained, PA for L1's and L2's	melissa@melissamosemft.com 818-458-9768	04/24
Alison Muyskens	Consultation/Supervision with IFS therapists/practitioners with a focus on integrating model with Spirituality and mindfulness practices. - Specialize in Clergy -grief/death/dying. -anxiety-depression -complex trauma.	Available for individual/dyad/triad groups for IFS therapists (level1 or 2) who want to deepen their understanding of the IFS model for personal growth, spiritual development, and/or certification. Zoom/phone.	LICSW, MDiv. Certified Grief Counselor: www.grief.com International PA since 2010. White cisgender (She/Her/Hers), queer clinician who works with wide range of LGBTQ+ and straight clients. Private Practice.	alisonmuyskens@gmail.com 617-876-0176	3/23
Naomi Nygaard	Individual/group supervision with IFS therapists and practitioners working somatically with women with eating disorders and addictions both individually and in groups.	Available for individual/group supervision via Zoom or phone.	Somatic integration of IFS with 12 Step model: fab-freedom.com White cisgender (she/her/hers) who mostly works with women.	naominygaard@gmail.com UK (+44) 7816 466 451	8/22
Lynn O'Hara	Individual/Group IFS therapy with compulsive overeaters, chronic dieters and disordered eaters; trauma, anxiety.	Available for individual consultation or therapy via Zoom. Interest list started for group consultation.	LPC and Registered Dietitian Certified Level 3	lynnoharalpc@gmail.com 732-899-9312	2/23

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Alexis Ornellas	Complex trauma, transgenerational trauma/legacy burdens; perinatal mental health, BIPOC/mixed race identity issues; chronic illness; meditation and spirituality; IFS consultation	-Full for therapy clients - Limited availability for consultation - group IFS consultation group coming soon (interest lists starting)	-mixed race, cis gender, she/her LPC in Colorado -Sensorimotor trained -LPC supervision -in person and online	alexis@manacounseling.com 720-634-7990	5/22
Andreia Pacheco (she series)	All life span. IFS and IFIO.	- Limited availability for clients (individuals, couples) and individual consultation. - New 5h group consultation for March-July 2023 (https://onlinetherapy.emafaro.pt/) - Happy to be approached by pre-existing groups for consultation (IFS IFIO).	- Clinical psychologist, Psychotherapist, PhD - Cisgender female - GMT time (Portugal) - Certified therapist, L3 trained, PA for L1s and L2s	onlinetherapy@emafaro.pt	01/23
John Palmer	Trauma, relationships, addictions, attachment, neuroscience, long-term psychotherapy	Full for therapy clients, limited availability for individual consultation. Austin, TX. Central time zone.	LCSW, IFIO Lead trainer. Couple therapy, AEDP Level II, Family Systems, Psychodynamics	jpalmerlcsw@gmail.com	5/22
Elizabeth Parsons	Consultation for individual, group, and triads practice Group psychotherapy Climate grief, exploring gender identity, interpersonal anxiety, finding meaning, mindful self-compassion	Available for individual and group consultation as well as triads - visit website for more info: https://www.eparsonsmd.ca/consultation Note: only for providers working in Canada	White, cis, straight, she/her MD, level 2 sensorimotor psychotherapy Level 3 IFS, IFIO, Somatic IFS, PA for L1 and L2	elizabeth@eparsonsmd.ca	12/22
Hilary Pick (she/her)	One thing that sets me apart is that I like to work with angry parts, particularly men's angry parts. I have found a way to be present with anger in a loving way. I try to incorporate creativity into my work and enjoy teaching others how to the same. I enjoy working with people who are going through significant life changes. I have a background in addiction and love using IFS with polarized parts.	Available for individual and group consultation. I would love it if the group came formed.	-White, cisgender female, hetero - Living in Milwaukee, WI -Licensed Professional Counselor & Substance Abuse Counselor -Level 2 trained, PA	hilary@hilarypick.com hilarypick.com	3/15 /22

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Jenna Riemersma	Model Integration Legacy burdens Unattached Burdens & Guides Addiction Trauma Sexuality Infidelity Betrayal Trauma Spirituality	Offer virtual consultation groups as well as individual consultation. Groups meet for 2 hours every-other week for 3-4 month sessions. Emphasize skillful integration of IFS with other models (EMDR, psychodrama, polyvagal, CSAT, etc.)	White, cis, straight, she/her Certified, IFS L 3 Author of <i>Altogether You</i> (Integration of IFS and Spirituality) and editor of <i>Altogether Us</i> (Integration of IFS with 20+ topics) Developer of IFS "shorthand" (movetoward.com)	info@jennariemersma.com https://jennariemersma.com/consultation/	3/23
Patricia Rich	Understanding sexuality through the lens of IFS including sexual identities, relationships, functioning, trauma, pleasure, consent, and empowerment. Helping therapists to feel Self-Led addressing sexuality with clients.	Offers individual and group consultation in support of clinical work, personal growth, certification, and professional dev't. Offers specialized IFS and Sexuality trainings.	AASECT Certified Sex Therapist and Supervisor. Cisgender white middle aged female, loves being on the IFS journey and helping therapists to BeFriend and Lead their Internal Sexual Systems (BLISS)	Email: patty@patriciarich.com https://www.patriciarich.com/	11/22
Julie Rimkus	Enjoy working with therapists who have recently completed their level 1 training to support their learning. Trauma-informed, somatic approach.	Limited availability, offer both 1:1 and small group consultation	White cisgender female, lesbian. Located in AZ. Open to both remote and in-person consultation. Also certified in Sensorimotor Psychotherapy.	julie.rimkus@gmail.com	7/22
Catherine Robbins	Couples; Complex Trauma; working with couples presenting with partners with a hx of trauma; IFS consultation; relationships; stepparenting; divorce; sexual trauma; Self of the Therapist	Availability for IFS consultation; limited availability for therapy clients	white, cis-gendered; heterosexual; AAMFT Approved Supervisor; licensed in TN; EMDR trained; IFIO trained; IFS therapist since 2005; experienced PA; IFS certified since 2010	catherine@heartsmindstherapy.com	11/22
Dana Rosenstein	Consultation for individuals and groups. Specialize in complex trauma/attachment. Will also create theme groups (i.e. Befriending Your Therapist/Healer Part; Complex Trauma) incorporating didactic, case presentation & experiential exercises.	Limited availability for individual and small group consultation and retreat style New groups to begin in Fall 2023	White, cis-gendered she/her, lesbian in Maryland EMDR certified, Certified Psychodramatist	danaerosenstien@gmail.com	3/23

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Sabrina Santa Clara	Integrative Psycho-spirituality, Nonordinary States of Consciousness, Psychedelic Integration, Creative & Expressive Arts, Buddhist Psychology, Spirituality, Somatic Psychotherapy, Embodied Meditation, Psychotherapeutic Touch, Mentoring IFS Professionals,	Individual Consult sessions available 2 Consult groups beginning in May <ul style="list-style-type: none"> • 1 for novice IFS • 1 focused on integration (psychedelics, somatics, spirituality, creative arts, touch, etc.) 	Dance/Movement Therapist, Embodied Meditation Teacher Massage Therapist, Certified Psychedelic Integration Therapist Mostly white, culturally mixed, Bilingual (Spanish) gender fluid, (she/her), Elder (58) Licensed in CO But operate primarily as a Spiritual Midwife, Trauma-Informed Transpersonal Coach.	Abina@sabrinasantaclara.com https://www.sabrinasantaclara.com https://www.facebook.com/SabrinaSSantaClara/	3/23
Laura Schmidt, LMFT (she/hers)	-IFS Certified since 2010 -AAMFT Approved Supervisor -Family Systems therapist for 26 yrs. -Workshops and Retreats -Disordered Eating, Sexual trauma, couples, Infidelity, Brain injuries, HSPs, athletes, chronic illness /injury, Self of the Therapist, FOO, body-oriented & Wilderness therapy, Mindful Self Compassion -IFIO Basic & Advanced Training. -Somatic IFS with Susan McConnell - Faculty Ass't to Dick Schwartz on Cape Cod - L1 & 2 PA multiple times	**Separate Groups based on IFS Experience + Mentoring for Consult Group Leaders -Focus on Therapist/Healer Parts, IFS & Clinical Application, Q&As, Case Consultation, Didactic Teaching & Brief Demos. -Limited Individual Consultation -Visiting Group Consultant to an existing group -Marketing/business consultation for therapist entrepreneurs & launching/leading consult groups	Sign up for Interest List to be first informed of openings & early registration Partial scholarships available to: members of under-represented groups, those with financial hardship or exchange rate blues German speaker. white, cis, hetero, married, childfree, RA & TBI warrior, former pro road cyclist Lutheran/Catholic childhood, now exvangelical	laura@pausewithlaura.com https://lauraschmidt1mft.com/ifs-consult-group/ http://www.pausewithlaura.com/ Licensed in WA. Pacific Time (Seattle)	09/23
Virginia Seewaldt (she /her)	General supervision; complex developmental trauma; whiteness / white people using IFS to unburden racist parts white fragility / shame	1 spot for individual consult - open to starting a new monthly group. Fridays 9:30-11 (ET)	Also trained in EMDR, Flash, Somatic Experiencing	516-652-8930 dr.virginia.seewaldt@gmail.com	

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Sue Seiler	Adults: Family systems dysfunction - including adult children of narcissistic parents, relationship issues, estrangement, reunification/reintegration, divorce including high conflict post-divorce, trauma, couples (IFIO Post Advanced trained and PA IFIO), individual and group consultation	Monthly consultation group - currently full, will have availability in the group that begins in August, 2023 - call to get put on the wait list. Individual consultation availability. PA-ed: Level 1, Level 2 Trauma and Neuroscience with Dick Schwartz and Frank Anderson - 4 x's LPC	She/her/hers Also do EMDR consultation through an IFS lens.	303-726-8261 sueseiler.lpc@gmail.com Website: newrootscounseling.com	2/5/23
Carol Shilliday	IFS group therapy. IFS consultation, both on an individual and group basis. Divorce and relationship issues, trauma, depression, anxiety, ADHD	Individual and group consultation towards certification, deepening in the IFS model and case consultation. I also provide consultation around starting IFS therapy groups. Supervision groups held online once a month on Fridays and Wednesdays - openings for January 2023.	Clinical Psychologist located in Connecticut USA	drcarolshilliday@gmail.com	12/22
Tammy Sollenberger	I love helping those who are new to the model. Also, faith based.	Individual monthly availability. Group coming soon (fall 2021?)	Tammysollenberger.com Theoneinsidepodcast.libsyn.com- IFS Podcast, Producer and Host	tammysollenberger.com	
Annie Spang	Consultation with post L1 IFS clinicians	Individual and small group consultation	RN, MSN, CS Boston MA Cis-gender, white Level 3; PA	anniespang@icloud.com	8/22

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Jill Stanzler-Katz	~I love using my passion for IFS to help those new (and not so new) to IFS really "get", deepen and grow with the model. (Getting unstuck feels great!) ~Working with Therapist's Self & therapist/healer parts, Individual, Couples(IFIO), (incl. integrating IFIO into individual work), Anx/Dep, Adult ADHD, divorce, grief, health,aging, trauma, shame,loneliness, broad range of clinical interests and experience.	Please feel free to email me if you are interested in individual or group consultation. would like to join, or have a group or partial group formed. For IFS, IFIO or both. If you have a group of 3-5 people for a practice/consultation group,all the better. -Individual (60 min) and Group Consultation (1.5-2 hrs TBD) including already formed IFS & IFIO Practice Groups. Boston, MA, EASTERN US Time Zone	~White, cisgender (she/her) ~LICSW ~Practicing for 35+ years. ~Certified, Level 3 IFS ~IFIO Advanced ~PA/Staff for many IFS Level 1 and 2 trainings, and IFIO trainings; Member of IFIO Staff ~EMDR trained ~Mindful Self Compassion ~Consult/Coaching to business partners	jillstanzlerkatzlicsw@gmail.com	03/23
Norma Stevens	IFS Psychedelic Assisted Therapy; trauma, grief, anxiety, depression, IFS and Spirituality including various spiritual traditions, guides, spiritual recovery Family/Legacy Burdens	Individual and groups	White, cis female, she/her Baltimore-DC area Therapist on clinical trials for psilocybin and MDMA assisted psychotherapy; IFS and ketamine assisted therapy	norma.stevenslcpc@gmail.com	10/30
David Stern, Psy.D.	I love teaching the model and have trained almost 100 new IFS informed therapists. My central passion is IFS and spirituality. I have been teaching an annual day-long workshop titled "Self Day". My consultation groups blend coaching, IFS grounded group process, role plays of various kinds. All my consultation groups are spiritual imbued. Depending upon the needs of the group, spirituality will enjoy a more or less explicit place in our work.	Individuals and groups.	<ul style="list-style-type: none"> - White cisgender male (he, him) - PsyD, licensed psychologist - Certified Level 3 IFS consultant. - Practicing since 1992 - Trainer, teacher, therapist, coach. 	djstern@thinking-heart.com www.thinking-heart.com	12/31
Rebecca Sturges, LMFT, LPCC	How to introduce/integrate IFS into your practice; Working with therapist parts and developing self-j in compassion; Anxiety,	Individual consultation	White, cis female, she/her Sacramento, CA	rebeccasturgesmft@gmail.com	11/22

Name	Clinical Interests	Availability to Consult (individual/group)	Add'l Info (pronouns, location, anything else)	Contact info	Update (mo/ year)
Liz Thompson	<i>Extensive background in Community Addiction Services, working with adolescents, adults and the community. -Devoted to helping individuals across the globe to develop compassionate, balanced relationships with themselves, others and nature. -I love working with all sorts of groups and developing Self Leadership.</i>	IFS Supervision and Groupwork. IFIO Consultation for individuals and groups. Currently developing workshops combining IFS with play, creativity, bushcraft and Polyvagal Theory.	IFS & IFIO Programme Assistant in the UK & Internationally. Founder member of IFSUK EMDR, Hakomi Clinical Application of Polyvagal Theory Very interested in issues related to equity and inclusion and learning about my impact on others as a white cis gendered heterosexual woman, mother and grandmother	mailto:internalfamilysystems@gmail.com New IFIO and IFS Groups planned for next year. Individual Consultation	10/22
Barb Torgerson	Consultation/Supervision with IFS therapists/practitioners with a focus on working with therapist parts and Self Leadership. Teaching direct access-implicit and explicit. IFIO (Intimacy From the Inside Out)	Individuals and groups for IFS consultation toward certification or ongoing deepening in IFS. Supervision for LCSW clinical licensure in CO and LSCSW licensure in KS	She/Her Located in Denver, CO Also clinically licensed in KS EMDR Certified IFIO- Advanced trained	torgersontherapy@gmail.com www.torgersontherapy.com	11/22
Serena Torrey	LICSW I love the PA role, teaching and providing supportive guidance. Extremely dedicated to the concept of building Self Leadership, and enhancing Self to Part relationships. "SELF LEADERSHIP IS PORTABLE!"	Available for individual or small group consultation. Offering 5-month IFS Practice groups for clients and therapists	She/her/they/any pronouns Located rural western Massachusetts	mailto:srtrenewal@gmail.com	4/23
Graden Tonna	Theory nuances, case conceptualization, direct access and unblending, Christian integration	Individual consult	He/him, white cisgendered San Diego, CA	graden@gradentonna.com www.gradentonna.com 619-630-8393	10/22
Jeni Tyson	Teaching and deepening model, Complex PTSD, attachment disorders, Dissociative Disorders, Immigration and war trauma, Legacy Burdens, Chronic Illness, adoption, shame, Implicit direct access	Please contact for availability for individual consultations. Openings for small groups of a completed Level 1 cohort	EMDR Consultant. Clinical Supervisor for Social Workers for NJ looking for LCSW supervision	jenkityson@gmail.com 973-738-3823	10/22

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Ellie Vargas, LCSW	Developmental / Relational trauma and its impact on adult relationships including attachment style and protective managers/firefighters	Individual (Groups coming soon)	She/Her, Based in SF Bay Area; Available for therapy within California and consultation anywhere	www.EllieVargasTherapy.com 510-859-3781	03/23
Pedro Viegas	Adults IFS Diverse topics including but not limited to: Trauma, Shame, Relationships, Addictions, Attachment, Grief, Creative & Expressive Arts	Please inquire about availability for individual or group consultation	- Clinical psychologist (since 2003) Certified Psychotherapist Cisgender male - GMT time (Portugal) - Certified therapist, L3 trained Speak: Portuguese and English	psi.pedro.viegas@gmail.com +351 919 663 405	01/ 2023
Olya Walker	Adults/teens (trauma), self-of-the therapist, couples (IFIO)	Individual & group	She/her, DC Metro area, LMFT L3 & Lead PA; AAMFT-approved Supervisor; Multi-cultural life experiences; Bilingual: English & Russian	OlyaMFT@gmail.com +1-703-473-5441	3/23
Julie Warren	I enjoy teaching and deepening the model experientially with other IFS therapists, spirituality, unblending, working with nonverbal or preverbal parts, speaking for parts, Legacy Burdens, Implicit and Explicit Direct Access, Unattached Burdens, Rupture & Repair, Polarizations, Working with therapist parts, complex trauma and attachment wounding	Individual & Group availability - appreciate when groups are already formed (5-6 participants) Retreat style- coming soon New Groups forming in Fall 2023	She/her, white, cisgender Baltimore, Maryland, LCSW-C, Level 3 trained PA'd for level 1's and 2's (quickest and best way to initially contact me is via email)	jwarrenlcswc@verizon.net 410-804-1738	3/23
Jason Weber, LPCC-S, LICDC-CS	Practice triads, naturalizing the IFS model into client-therapist attunement, mastery of IFS skills around unblending, bringing clients to Insight method, learning and integrating direct access options	IFS therapists and/or practitioners, in practice groups or individual IFS work. Often a mix of experiential practice/parts work and consultation occurs.	White, cisgender, bisexual, he/him. Licensed with supervisor endorsements in clinical counseling and addiction counseling	jason@jasonwebertherapy.com www.jasonwebertherapy.com	3/23

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Nic Wildes (they/them)	Gender & sexuality LGBTQ+ trauma	Limited availability for Individual consultation Email regarding queer/trans affinity small group consultation	White, queer, trans LMHC Based in Western MA Telehealth only	nicwildes@gmail.com www.nicwildes.com	10/22
Katie Wine-Appleton	Trauma, legacy burdens, unattached burdens, working with Groups of Parts, grief, externalizing parts through drawing, integration with EMDR. I love working with therapist parts and helping to build confidence and competence in the model	-Available for individual and group consultation. -Have openings in my monthly drop-in consultation group. -Monthly Monday IFS Group signup https://www.signupgenius.com/go/70A0B48AAAF2EA4F94-ifsconsultation2	Licensed in Ohio (LPCC-S) and Arizona (LPC), Approved EMDRIA consultant. Trained in Janina Fisher's TIST model -I reside in Columbus, Ohio (Eastern Time). Available via Zoom. -White, cisgendered, Appalachian roots, neurodivergent,. In field since '03	katiwinecounseling@gmail.com https://multiplicityofthemind.com	12/23

Inactive Entries:

Liz Martins	IFS consultation and supervision. Interest in supporting development of IFS supervisors and consultants.	No availability currently	UK based. Workshops including 'integrating IFS into consultation /supervision'. White, cisgender, hetero (she/her)	lizmartins2@gmail.com	1/23
Analía Castaños-Davis	Spanish Speaking, Latinx, Adults, Trauma, Anxiety, Depression, Psychedelic experience integration.	Individual, groups already formed.	She/her, Licensed in WA state, located in Mexico for now.	mail@AnaliaCastanos.com	11/22
Jenny Fiebig	Individual and Couples Therapy Consultation Wilderness Therapy Outdoor Trauma	Consultation Groups Individual Consult	LCPC/LPC, Assistant Trainer, White, cisgender, female living in rural Colorado.	Jennyfiebig.com jenny@jennyfiebig.com	8/22
Risa Adams	Adore supporting learning of the basic model. Clinical work focuses on perinatal and complex trauma, including psychopharm.	Case consult groups for Ontario therapists. Further details on website .	White, cis, hetero, she/her. MD, CCFP (family physician with focused psychotherapy practice) in Ontario, Canada.	risa.adams@protonmail.com website: risaadamsmd.com	10/22
Sally Bubbers	Counselling: individual adults, developmental trauma and abuse. Spirituality. Non verbal parts.	No availability at the moment	UK based Consultation: certified IFS therapist...A space for therapists to be curious about their parts. Also Certified Sensorimotor Psychotherapist	sally.ifstherapist@gmail.com	1/23

Jan Campanelli	Individuals and Groups; I love supporting others in their IFS work through consultation and there are many creative ways to do this. Courageous application of IFS to all walks of life	Email for availability; Individual or groups for case consultation	First IFS training in 1998. I am white, cis-gender, hetero (she/her), LPC, PhD Experience: Individuals & groups, Military Veterans with psychosis or serious mental illness (combat and non-combat experience); Clinical faculty in psychiatric nursing; Research on menstrual cycle/parts activation; 12 steps; art as partsdialogue; homeopathy for parts.	jancampanelli@gmail.com	5/22
Joanne Cohen-Katz	Depression; Anxiety; Eating issues; infertility, womens' issues, developmental and complex trauma, perfectionism; integrating mindfulness meditation	Openings and interest in providing individual consultation for IFS therapists. Everything from learning the model to refining the work. Looking to form consultation groups in future.	White, Jewish, cis-gender, clinical psychologist	jcohenkatz@gmail.com 610-597-4968	1/4/21
Martha Fischer	Adult individuals, couples (IFIO), families	No availability currently for individual/group consultation	White, cis, (she/her) Licensed Marriage & Family Therapist	www.marthafischertherapy.com marthafischertherapy@gmail.com	8/22
Adrienne Glasser	Somatic IFS, movement, constellations, Access, spirituality, buddhist psychology, shamanic work/guides. –Creating/maintaining private practice or group practice –Exp w/ED, addiction, ACOA, trauma –Therapist parts & embodiment of self.	3 group options: Individual consultation is only available to those in group 1. Membership for somatic IFS practice 2. Experiential consultation groups (for certification) 3. Somatic IFS self-care groups for therapists	white (she/her), LCSW, dance movement therapist (DMT), Meditation teacher and spirituality & embodiment coaching From NYC now in LA Experience as a supervisor at group practice for 12 years	www.adrienneglasser.com	
Victoria Grantham	Enjoy working with Therapists. Trauma Family of Origin Deepening work with therapists	Email for availability: Individual work, Individual consultation	LCSW - private practice Licensed in NC Can incorporate EMDR or Sensorimotor	VGranthamMSW@atawbacounseling.com	8/22

	Consultations On-line or in-person	Accepting Interest Lists group consultation & practice group	Psychotherapy		
Belinda Haverdill	Creating sacred space for therapists, physicians, spiritual leaders/healers, and life coaches to connect compassionately to their parts and to embody more Self energy to support themselves and those they serve. To know your parts is to speak your truth with love.	Individual, IFS Informed Groups, Individual IFS Consultations and accepting interest for an IFS Group Consultation. Please email for availability In person and Zoom.	Licensed Clinical Mental Health Counselor-Supervisor in private practice in NC.-Advanced Teacher for The Right Use of Power. -More than 15 years of IFS clinical practice. More than 25 years of clinical experience.-Level 3 Certified IFS therapist. -PA for Level 1 and Level 2 IFS trainings. -IFS Consultation groups for IFS trained therapists-IFS informed Women's Spirituality Circles -White, American, cisgender (she/her).	bh@belindahaverdill.com	2/22
Sarah Houy	-Trauma Across the Lifespan -Mood Disorders -Integration of Multiple Modalities -Emphasis on Experiential and Externalization (mapping, etc) in consultation	Individual and Group Consultation.	White, cis, (she/her) Licensed Professional Counselor in CO. Certified EMDR Clinician, Registered Yoga Teacher, Board Certified in Neurofeedback	sarah@sarahhouy.com www.Sarahhouy.com	5/22
Roseanne Keefe	Clinical supervision (individually or in groups)for IFS therapists and practitioners. Practice serves Adolescents, Adults and Couples. Approach:IFS and Integration of EMDR, Polyvagal Theory and IFS; Specialties: Trauma Recovery, Attachment issues, ADHD, Executive Functioning, Anxiety, Depression, Shame, using IFS to clients and clinicians desiring increased personal or professional harmony to their system	Please email for availability	white, cos, hetero (She, her, hers) LICSW Experienced PA and clinical consultant Level 2 trained in IFS and EMDR Licensed In Massachusetts and Connecticut	Roseanne Keefe, LICSW Certified IFS Therapist (She,Her,Hers) 30 Domino Drive Concord, MA 01742 (978)869-6980 rckeefe1@verizon.net	8/26/ 22

Lauren Spaulding	I can support you in deepening your IFS skills, as well as how to integrate expressive therapies with IFS (sand tray, journaling, art, etc). I also provide consultation focused on exploring your own parts. I have experience with utilizing IFS with complex trauma, LGBT+ needs, and BIPOC needs.	Available for Individual and group	Latina, LGBT, female, married, mother of 2 (5 yr and 6 mo), Austin, Texas, pronouns: she/her –Also trained in IFIO, EMDR, and Transtheoretical Sandtray Therapy. –Sliding scale available for BIPOC and LGBTQ+ practitioners –I also offer private practice resources for therapists.	lauren@laurensaulding.co 512-522-0313 privatepracticeblueprint.co	6/24
Kate Winikates	IFS Consultation for those who have completed IFS L1	Individual and Group Consultation		winikates.psyd@gmail.com	10/22