

Email 1

Subject Line: Increasing Your Speed Isn't All That Hard

Many athletes often reach a plateau and have a hard time breaking through it.

However, it's doable

Just a few quick steps, and you'll be well on your way

But it's not something that is for the weak, you have to WANT it

If you want to smash the plateau you've been struggling against, you've got to check out
[program name + link]

Email 2

Subject Line: Always a Step Behind the Competition?

I've always had a love-hate relationship with running

I ran Track back in my Junior year of highschool, and I did pretty well for myself and my team, making it to the meet for regional finals.

I'll spare you the unfortunate details, but let me tell you, I was defeated.

Not only in the results of the competition, but mentally

But I decided not to dwell on the past, and picked myself up and committed to becoming a faster athlete

I loved my coach and knew that he did an amazing job, but I wanted to take it another step

When I stumbled across Universal Speed Rating, I knew that their expertise would most definitely do the job

I followed their programs religiously, and after a while my coach started to notice, and the results followed

Next spring, not only were my mechanics sharp as a tack, my speed off the line was even better

The results from that season led me to be a collegiate athlete, and I cannot thank USR more.

If you want a glimpse of the success I had, Click here [link to program]

Email 3

Subject Line: Are You Tired of Being 'Left in the Dust?'

Everyone with a competitive edge would agree, Being a slow athlete sucks.

It can be frustrating to have a slow start or to struggle with top-end speed

Not everyone is gifted with speed, but it is attainable for every athlete

All it takes, is hard work

Imagine a time, not far from now, where you are the fastest athlete YOU can be

Success is just a moment away

If you want the quickest way to become the quickest off the line CLICK HERE [link to program]