

Wild Kids Big Island Trip Gear List

Name: _____

Please Note:

- This document is for packing purposes for all participants. As such, some items may not apply to your child.
- **Be sure to label every single item (initials on tags or interior of clothing) with a sharpie! Also label outside of gallon ziplock bags or packing cubes.**
- You will be assigned a Wild Kids duffel bag, which you will check with your duffel buddies.

PACK IN DUFFEL

MISCELLANEOUS ITEMS

- ☐ Small Camp Pillow (*optional*)
- ☐ Belt (*optional*)
- ☐ Pocket Knife and/or Multi-Tool (*place in small ziplock*)

BOTTOMS: GALLON ZIPLOCK or PACKING CUBE (1)

- ☐ 1 Pair Quick-dry Hiking Pants (*no cotton*)
- ☐ 1 Pair yoga pants (*optional*)
- ☐ 2 Pairs Shorts (*board shorts or athletic shorts are great!*)

TOPS: GALLON ZIPLOCK or PACKING CUBE (1-2)

- ☐ 1 Lightweight Long Sleeve Shirt (*cotton is fine, button down are great or a paddling/sun shirt*)
- ☐ 1 Base Layer Long Sleeve Shirt (*non-cotton, wool blend, or polypro, can have zip collar*)
- ☐ 2-3 T-Shirts or Tank-Tops

The purpose of one long-sleeve shirt is for sun and bug protection. The other is for extra warmth if needed

SLEEPING CLOTHES: GALLON ZIPLOCK or PACKING CUBE (1)

- ☐ 1 Long Underwear Bottom (*polypropylene or wool*)
- ☐ 1 Long Underwear Top (*polypropylene or wool*)
- ☐ 1 Pair Boxers or Sleeping Shorts (*optional*)
- ☐ 1 Pair Warm Socks
- ☐ 1 Tank Top or T-Shirt for Sleeping (*optional*)

If you sleep shirtless, you don't need anything other than long underwear.

SOCKS, UNDERWEAR, TOWEL: GALLON ZIPLOCK or PACKING CUBE (2-3)

- ☐ 5-7 Pairs Socks (*crew-cut or calf height, non-cotton*)
- ☐ 7 Pairs Underwear/Boxers (*optional*)
- ☐ 1-2 Sports Bras
- ☐ Swimming Suit
- ☐ Camp Towel (*small, quick-dry towel; these are around 3' X 2'--do not bring a regular-sized towel*)

The reason for crew cut or higher cut socks is to avoid blisters and protect from bugs. Place your towel and suit in their own gallon bag.

TOILETRIES: QUART ZIPLOCK or PACKING CUBE (1)

- ☐ Sunscreen (*travel size*)
- ☐ Chapstick (*very important due to dry climate*)
- ☐ Bug Repellent (*optional if you have a preferred brand; we provide all-natural, Deet-free repellent*)
- ☐ Comb/Brush (*optional*)
- ☐ Toothbrush and Toothpaste (*travel size*)
- ☐ Facewash (*optional*)
- ☐ Deodorant (*unscented or natural scent*)
- ☐ Feminine Hygiene Products (*if needed*)

PACK IN DAYPACK

Daypack must have waist belt, water bottle pockets, be 35-45 liters (consider your child's size and whether or not their gear will fit within the daypack). A hydration pouch is *optional*.

- ☐ 1 Fleece Top (*thicker is better*)
- ☐ High Quality Rain Jacket
- ☐ Nylon Poncho (*no flimsy, plastic ponchos*)
- ☐ Winter Beanie
- ☐ Slippers for Around Camp
- ☐ Headlamp with Extra Batteries
- ☐ 2 Bandanas
- ☐ Spork (*metal is best*)
- ☐ Whistle (*most daypacks come with one built in*)
- ☐ 2 Water Bottles (*durable, 35-40 oz each; Camelback can replace 1 bottle; hydro-flasks are fine*)
- ☐ Camp Mug (*optional if bringing insulated bottle*)
- ☐ Journal with Pens/Pencils (*journal will be provided by WK*)

Optional Items

- ☐ Camera, Binoculars, Field Guide, Compass, Book to Read.

DO NOT PACK KNIVES IN DAYPACK!

SLEEPING BAG, COMPRESSION SACK & SLEEPING PAD

- ☐ Sleeping Bag should be 33°F or below
- ☐ Compression Sack should be waterproof (not the same as a stuff sack)
- ☐ Sleeping Pad: Thermarest inflatable, Closed-cell foam or similar (*no blue foam or yoga mats*)

CARRY-ON PLANE

- ☐ Daypack
- ☐ Sleeping Bag in Compression Sack (*strapped to daypack*)
- ☐ Sleeping Pad (*strapped to daypack*)
- ☐ Snacks for Travel to Big Island
- ☐ Spending Money (*we recommend a minimum of \$30 and a maximum of \$100*)

WEAR ON PLANE

- ☐ Hiking Boots (*or running shoes with good tread*)
- ☐ Wristwatch (*required*)
- ☐ Sunglasses (*optional*)
- ☐ Baseball Cap or Sunhat
- ☐ Hiking pants or shorts (from "bottoms" bag)*
- ☐ T-Shirt (from "tops" bag)

*Key Point: Your plane clothes are not extra.

