

SUPPORT GROUPS

Contact our Helpline at 800.272.3900 or helplinegmc@alz.org with questions or to register.

Support Groups and their facilitators are not to be contacted for commercial purposes, solicitation or visits from anyone who is not currently caring for someone with dementia. All times listed are in Eastern Standard Time (EST).

Build a support system with people who understand. Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family & friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges, possible solutions and learn about community resources.
- Talk through issues and ways of coping.
- Share feelings, needs, ideas and concerns.

Location	Date/Time	Delivery method	Contacts
ZOOM / DIAL-IN OPTIONS (IN-PERSON, BY COUNTY BELOW)			
<i>Caregiver Support Group</i> Livonia/Farmington Hills/Southfield Area	Every Monday <i>(except for the 2nd Monday of each month)</i> 6 - 7:30 p.m.	Zoom	Treena Horton 248.996.1058
<i>College Student Support Group</i> For students who are supporting family members with Alzheimer's disease or related dementia	Every Tuesday <i>(from Oct. 1st - Nov. 5th)</i> 7 - 8 p.m. (EST) Every Saturday <i>(from Oct. 5th - Nov. 9th)</i> 10 - 11 a.m. (EST)	Zoom	To register, email CHHS_DementiaSupport@wmich.edu
<i>Early Stage - For Caregivers</i>	First and Third Tuesday 1 - 2:30 p.m.	Zoom	For pre-assessment contact Caitlin helplinegmc@alz.org
<i>Younger Onset - for caregivers caring for someone with dementia under the age of 65</i>	First Thursday 5:30 - 7 p.m.	Zoom	Treena Horton 248.996.1058

<p><i>IDD/Down Syndrome with Alzheimer's Caregiver Support</i></p>	<p>Second Monday 6 - 7 p.m.</p>	<p>Zoom and Dial-In</p>	<p>Register here</p>
<p><i>Statewide Lewy Body Dementia (LBD) Caregiver Support Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 2 - 3 p.m.</p>	<p>Zoom</p>	<p>Register here</p>
<p><i>Persons Living with Lewy Body Dementia (LBD) Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 3 - 4 p.m.</p>	<p>Zoom</p>	<p>Register here</p>
<p><i>Lewy Body Dementia (LBD) Caregiver Support Group</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>	<p>Second Tuesday 6 - 7 p.m.</p>	<p>Zoom</p>	<p>Register here</p>
<p><i>Grief After Dementia Caregiver Support Group</i></p> <p><i>In Partnership with Hospice of Michigan</i></p>	<p>Second Tuesday 6:30 - 7:30 p.m.</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Frontotemporal Dementia (FTD) Caregiver Support Group</i></p> <p><i>Hosted by The Association for Frontotemporal Dementia</i></p>	<p>Second Thursday 7:30 - 8:30 p.m. & 4th Saturday 11 a.m. - noon</p>	<p>Zoom</p>	<p>Marian Grems, Karen Henning & Amy Tracy Wells 517.214.2626</p>
<p><i>Individuals with Early Stage Dementia or Mild Cognitive Impairment (MCI)</i></p> <p><i>Hosted by Michigan Alzheimer's Disease Center Wellness Initiative</i></p>	<p>Third Tuesday 3 - 4 p.m.</p>	<p>Zoom</p>	<p><i>At this time, there is a waitlist to join</i> Click here to add your name to the waitlist</p>

<i>Frontotemporal Dementia Caregiver Support Group</i>	Third Thursday 2 - 3 p.m.	Zoom and Dial-In	Call 800.272.3900 to register
<i>Caregiver Support Group Open to the Jewish Community</i> <i>Hosted by Temple Israel No membership required to attend</i>	Fourth Tuesday 10 - 11 a.m. (EST)	Zoom	Register here
<i>Down Syndrome + Alzheimer's/Dementia Caregiver Support Group</i>	Fourth Tuesday 6 - 7 p.m.	Zoom and Dial-In	Missy Rouseat 614.643.2135
<i>Caregiver Support Group</i>	Fourth Wednesday 3:30 - 4:30 p.m. (CNT)	Zoom and Dial-In	Helpline helplinegmc@alz.org
<i>Caregiver Support Group</i> <i>Hosted by The Brown Program (partnership with Geshar Human Services and Jewish Senior Life)</i>	Fourth Thursday 1:30 - 2:30 p.m.	Zoom	Helpline helplinegmc@alz.org
Caregiver Support Group: Assisted Living/Long Term Care	Fourth Thursday 4 - 5:30 p.m.	Zoom	Click here for more info
<i>Caregiver Support Group</i>	Fourth Thursday 7 - 8 p.m. <i>No meetings on Nov 14th & Dec 12th</i>	Zoom and Dial-In	Claire Fisher 616.459.7467

ALPENA COUNTY

<p><i>You Are Not Alone Caregiver Support Group</i></p> <p>Alpena Senior Center 501 River Street</p>	<p>First and Third Thursday 4 - 5 p.m.</p>	<p>In-Person</p>	<p>Kristen Weber 231.714.6736</p>
--	--	------------------	---------------------------------------

BAY COUNTY

<p><i>Caregiver Support Group</i></p> <p>Golden Horizons Adult Day Care Center 1001 Marsac Street, Bay City</p>	<p>Second Tuesday 6 - 8 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	--------------------------------------	------------------	---

<p><i>Caregiver Support Group</i></p> <p>Grace Church, 4267 2 Mile Rd, Bay City</p>	<p>First Wednesday 4 - 5:30 p.m</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	---	------------------	---

BERRIEN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Bridgman Public Library, 4460 Lake Street</p>	<p>Last Tuesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	---------------------------------------	------------------	---

<p><i>Caregiver Support Group</i></p> <p>Campus for Creative Aging 2920 Lakeview Avenue, St. Joseph</p>	<p>Second Tuesday 2 - 3:30PM</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	--------------------------------------	------------------	---

CALHOUN COUNTY

<p><i>Caregiver Support Group</i></p> <p>Heritage Commons 15885 W Michigan Ave, Marshall <i>Hosted by Oaklawn Medical Group</i></p>	<p>First Wednesday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	---------------------------------------	------------------	---

CHARLEVOIX COUNTY

<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i></p> <p>Boyne District Library, 201 E Main Street, Boyne City</p>	<p>Second Tuesday 1 - 3 p.m.</p>	<p>In-Person</p>	<p>Mary Whitlock 231.350.8283 or</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne LBD Initiative</i></p>
---	--------------------------------------	------------------	---

CHIPPEWA COUNTY

<p><i>Caregiver Support Group</i></p> <p>CLM - Community Action, Calery Center 524 Ashmun St., Sault Ste. Marie</p>	<p>Second Thursday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Jack Vanderlugt 906.373.3107</p>
---	---	------------------	---

CLINTON COUNTY

<p><i>Caregiver Support Group</i></p> <p>Pilgrim United Methodist Church, 2965 West Parks Rd., St. Johns</p>	<p>1st Monday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	----------------------------------	------------------	---

DICKINSON COUNTY

<p><i>Caregiver Support Group</i></p> <p>DICSA, 1238 Carpenter Ave. Iron Mountain</p>	<p>Third Thursday 2 - 3 p.m. (CNT)</p>	<p>In-Person</p>	<p>Jack Vanderlugt 906.373.3107</p>
---	--	------------------	---

EATON COUNTY

<p><i>Mens Only Caregiver Discussion Group</i></p> <p>Delta Enrichment Center, 4538 Elizabeth Rd., Lansing</p>	<p>Third Wednesday 10 a.m. - noon</p>	<p>In-Person/ Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
--	---	----------------------------	---

EMMET COUNTY

<p><i>Caregiver Support Group</i></p> <p>Friendship Center of Petoskey 1322 Anderson Rd.</p>	<p>Second Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Kristen Weber 231.714.6736</p>
--	---	------------------	---------------------------------------

GENESEE COUNTY

<p><i>Caregiver Support Group</i> Flushing Area Senior Center 106 Elm St.</p>	<p>First Thursday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> Davison Area Senior Center 10135 Lapeer Rd.</p>	<p>Second Thursday 10 a.m. - noon</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> Clio Senior Center, 2136 W Vienna Rd.</p>	<p>Third Monday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> Mannor Law Group 8226 S. Saginaw St. Suite A, Grand Blanc</p>	<p>Third Tuesday 5:30 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Douglas Lobdell 810.212.9589</p>
<p><i>Caregiver Support Group</i> Grand Blanc Senior Center 12632 Pagels Dr.</p>	<p>Third Wednesday 10 a.m. - noon</p>	<p>In-Person</p>	<p>Douglas Lobdell 810.212.9589</p>
<p><i>Caregiver Support Group</i> Flint Public Library Ennis Room 1026 E. Kearsley, Flint</p>	<p>Call Douglas for more info 810.212.9589</p>	<p>In-Person</p>	<p>Douglas Lobdell 810.212.9589</p>
<p><i>Caregiver Support Group</i> Swartz Creek Senior Center 8095 Civic Dr #2</p>	<p>3rd Wednesday 9:30 - 10:30 a.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

GLADWIN COUNTY

<p><i>Caregiver Support Group</i></p> <p>MyMichigan Medical Center, 515 Quarter St., Gladwin</p>	<p>Third Wednesday 4 - 5 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
GRAND TRAVERSE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Alzheimer's Association Office (in Northern MI) 921 W. 11th St., Suite 1W Traverse City</p>	<p>Second Friday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>The Disability Network Northern Michigan, 415 E. Eighth St, Traverse City <i>Free parking in back of building</i></p>	<p>Fourth Friday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
GRATIOT COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Mid-Michigan Health, 300 E. Warwick Dr., Alma</p>	<p>Third Wednesday 4:30 - 5:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
HILLSDALE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Perennial Park/Hillsdale Senior Center 320 W. Bacon St.</p>	<p>Fourth Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
INGHAM COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Faith Lutheran Church 4515 Dobie Rd., Okemos</p>	<p>First Thursday 7 - 8:30 p.m.</p>	<p>In-Person (Zoom Available)</p>	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>Burcham Hills Retirement Community 2nd Floor Private Dining Room, 2700 Burcham Dr., E. Lansing</p>	<p>Second Thursday 4 - 5 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>First United Methodist of Mason 201 E. Ash St., Mason</p>	<p>Third Monday 5:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
IONIA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Ionia County Commission on Aging Senior Center 115 Hudson St, Ionia</p>	<p>Third Thursday 11:30 - 12:30 p.m.</p>	<p>In-Person & Dial-In</p>	<p>Helpline helplinegmc@alz.org</p>
ISABELLA COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Isabella County Commission on Aging 2200 S. Lincoln Rd, Mt. Pleasant</p>	<p>First Monday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
KALAMAZOO COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Portage Zhang Senior Center 203 E. Centre Ave., Portage</p>	<p>Second Tuesday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Memory Care Learning Center, 300 Golden Dr., Kalamazoo</p>	<p>Fourth Tuesday 9:30 - 10:30 a.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

KENT COUNTY

<p><i>Caregiver Support Group</i> Grand Rapids Area</p>	<p>First Wednesday 6:30 - 8 p.m.</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> Trinity Health, 245 Cherry st. SE, Grand Rapids</p>	<p>Second Wednesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> SarahCare, 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>First Thursday 12:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Grupo de apoyo para cuidadores En español</i> Exalta Health, 2060 Division Ave. S., Grand Rapids</p>	<p>cada tercer martes del mes 5:30 - 6:30 p.m.</p>	<p>en persona</p>	<p>Ana Ramos 616.459.7423</p>
<p><i>Younger Onset - For Caregivers</i> Grand Rapids Area</p>	<p>Second Tuesday 7 - 8:30 p.m.</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> St. Paul's United Methodist Church, 3334 Breton Rd. SE, Grand Rapids</p>	<p>Second Thursday 11 a.m. - noon</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i> SarahCare 2211 E Beltline Ave. NE, Grand Rapids</p>	<p>Third Thursday 12:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

<i>Caregiver Support Group</i> Grand Rapids Area	Third Saturday 11 a.m. - noon	Zoom	St. Luke AME Zion Church 616.452.7227
<i>Caregiver Support Group</i> <i>Aging with Down Syndrome</i> Down Syndrome Association of West Michigan, 160 68 th St. SW, Grand Rapids	Fourth Monday 6:30 - 7:30 p.m.	In-Person	Helpline helplinegmc@alz.org
<i>Caregiver Support Group</i> Russ' Restaurant, 6444 Division Ave. S, Grand Rapids	Fourth Tuesday 9:30 - 11:00 a.m.	In-Person	Helpline helplinegmc@alz.org
LAPEER COUNTY			
<i>Caregiver Support Group</i> Marguerite DeAngeli Library 921 W. Nepessing St., Lapeer	Second Wednesday 6 - 7:30 p.m.	In-Person	Helpline helplinegmc@alz.org
LEELANAU COUNTY			
<i>Caregiver Support Group</i> Leland Township Library 203 Cedar St E.	Second Tuesday Noon - 1 p.m.	In-Person	Kristen Weber 231.714.6736
<i>Caregiver Support Group</i> Leelanau County	Fourth Wednesday 2 - 3 p.m.	Zoom	Kristen Weber 231.714.6736
LENAWEE COUNTY			
<i>Caregiver Support Group</i> First United Methodist Church, 1245 W. Maple Ave., Adrian	Second Monday 2 - 3:30 p.m. <i>Free respite while you attend the meeting</i>	In-Person	Helpline helplinegmc@alz.org

<p><i>Caregiver Support Group</i></p> <p>Cambrian Senior Living 333 N. Occidental Hwy, Tecumseh</p>	<p>Fourth Thursday 3 - 4 p.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
LIVINGSTON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Independence Village of Brighton Valley 7700 Nemco Way, Brighton</p>	<p>First Monday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Livingston Educational Service Agency (LESA), 1425 W. Grand River Rd., Howell</p>	<p>First Tuesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Village Manor Retirement 9501 E Highland Rd, Howell</p>	<p>Last Wednesday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MACOMB COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Shepherd's Gate Church 12400 23 Mile Rd. Shelby Twp.</p>	<p>Every Tuesday 1 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Shelby Twp. Activities Center 14975 21 Mile Rd.</p>	<p>Second Monday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Early Stage Support Group For Caregivers and People Living with Dementia</i></p> <p>SarahCare of Lakeside 13425 19 Mile Rd., Ste. 500 Sterling Heights</p>	<p>Second Wednesday 5:30 - 6:30 p.m.</p>	<p>In-Person</p>	<p>For pre-assessment contact Caitlin helplinegmc@alz.org</p>

<p><i>Caregiver Support Group</i></p> <p>SarahCare of Lakeside 13425 19 Mile Rd., Ste. 500 Sterling Heights</p>	<p>Second Thursday 3:30 - 5 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Rose Senior Living 44003 Partridge Creek Blvd Clinton Township</p>	<p>Third Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>The Orchards Michigan 22600 W Main St, Armada</p>	<p>Third Thursday 5:30 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Village of East Harbor 33875 Kiely Dr., Chesterfield</p>	<p>Fourth Wednesday 3:30 - 5 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>

MASON COUNTY

<p><i>Caregiver Support Group</i></p> <p>Scottville Area Senior Center 140 S Main St.</p>	<p>Second Thursday 11 a.m. - 12:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Ludington Senior Center 308 S. Rowe St.</p>	<p>Second Thursday 1 - 2:30 p.m.</p>	<p>In-Person and Zoom</p>	<p>Helpline helplinegmc@alz.org</p>

MECOSTA COUNTY

<p><i>Caregiver Support Group</i></p> <p>Corewell Health Care Center <i>Community Room</i> 14755 215th Ave, Big Rapids</p>	<p>Third Wednesday 5 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	--	------------------	---

MIDLAND COUNTY

<p><i>Caregiver Support Group</i></p> <p>Grace A Dow Memorial Library, 1710 W St Andrews Rd., Midland</p>	<p>First & Third Thursday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MONROE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Monroe County Library Frenchtown-Dixie Branch 2881 Nadeau, Monroe</p>	<p><i>No meetings in Oct, Nov or Dec</i></p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Aspen Grove, 7515 Secor Rd., Lambertville</p>	<p>Third Wednesday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Trinity Lutheran Church 323 Scott St., Monroe</p>	<p><i>No meetings in Oct or Nov</i> Fourth Thursday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MONTCALM COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Montcalm County Commission on Aging 613 N. State St., Stanton</p>	<p>First Thursday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Clay Street Center 913 S Clay St, Greenville</p>	<p>Fourth Thursday 11 a.m. - noon</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
MUSKEGON COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Muskegon Area</p>	<p>First Thursday 1 - 2:30 p.m.</p>	<p>Zoom</p>	<p>Helpline helplinegmc@alz.org</p>

<p><i>Caregiver Support Groups</i></p> <p>Village at the Oaks 1740 Village Dr., Muskegon</p>	<p>Second Tuesday 10 - 11 a.m. (EST)</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
OAKLAND COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Mahany/Meininger Senior Community Center, 3500 Marais Ave., Royal Oak</p>	<p>First Monday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Costick Activities Center 28600 W. 11 Mile Rd. Farmington Hills</p>	<p>Second Monday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Kirk in the Hills, 1340 W. Long Lake Rd., Bloomfield Twp.</p>	<p>Second Tuesday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Orion Township Public Library 825 Joslyn Rd., Lake Orion</p>	<p>Second Tuesday 10:30 - 11:30 a.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Waterford Senior Center 3621 Pontiac Lake Rd.</p>	<p>Second Tuesday noon - 1 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Early Stage - For Caregivers</i></p> <p>In Birmingham, MI</p>	<p>Second and Fourth Tuesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>For pre-assessment, contact Caitlin Goyer helplinegmc@alz.org</p>

<p><i>Early Stage - For Persons Living with Dementia</i></p>	<p>Second and Fourth Tuesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>For pre-assessment, contact Caitlin Goyer helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Brown Program (partnership with Geshar Human Services and Jewish Senior Life) 29699 Southfield Rd, Southfield <i>Enter through the main entrance that faces Southfield Rd</i></p>	<p>Second Tuesday 1:30 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Bowen Senior Center 52 Bagley St., Pontiac</p>	<p>Second Wednesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Waterford Senior Ctr. 3621 Pontiac Lake Rd.</p>	<p>Third Monday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Independence Twp Senior Citizens, 6000 Clarkston Rd., Clarkston</p>	<p>Third Wednesday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>

OCEANA COUNTY

<p><i>Caregiver Support Group</i></p> <p>Shelby Area District Library 189 Maple Street, Shelby</p>	<p>First Wednesday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	---	------------------	---

OGEMAW COUNTY

<p><i>Caregiver Support Group</i></p> <p>MyMichigan Medical Center 2463 S. M-30, West Branch</p>	<p>Second Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	---	------------------	---

OTTAWA COUNTY

<p><i>Caregiver Support Group</i></p> <p>Coopersville United Methodist Church 105 68th Ave N</p>	<p>Second Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	--	------------------	---

<p><i>Mens' Discussion group</i></p> <p>Gemmen's Ace Hardware, 3488 Kelly St., Hudsonville</p>	<p>Third Tuesday 10:30 - 11:30 a.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	---	------------------	---

<p><i>Caregiver Support Group</i></p> <p>Salvation Army of Holland Art Room, 104 Clover St.</p>	<p>Second Tuesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	--------------------------------------	------------------	---

<p><i>Caregiver Support Group</i></p> <p>Second Reformed Church Library, 1000 Waverly Ave., Grand Haven</p>	<p>Third Tuesday 6:30 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	---	------------------	---

<p><i>Caregiver Support Group</i></p> <p>United Methodist Church of the Dunes, 717 Sheldon Rd, Grand Haven</p>	<p>Third Monday 1 - 2:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
--	---------------------------------------	------------------	---

SAGINAW COUNTY

<p><i>Caregiver Support Group</i></p> <p>Wickson District Library-Frankenmuth 359 S. Franklin St. #1598</p>	<p>Second Wednesday 10:30 a.m. - noon</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
---	---	------------------	---

<p><i>Caregiver Support Group</i></p> <p>Edgewood Assisted Living 4850 Gratiot Road, Saginaw</p>	<p>Second Wednesday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
<p><i>Caregiver Support Group</i></p> <p>Adira Nursing and Rehab 3200 State St., Saginaw</p>	<p>Last Wednesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
SANILAC COUNTY			
<p>McKenzie Health System 120 Delaware St., Sandusky</p>	<p>1st Friday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
SHIAWASSEE COUNTY			
<p>Owosso Senior Center 300 N Washington St, Owosso</p>	<p>1st Monday 3 - 4 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
ST CLAIR COUNTY			
<p>St. Clair County Council on Aging, Inc., 600 Grand River Ave., Port Huron</p>	<p>4th Tuesday 1 - 2 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
ST. JOSEPH COUNTY			
<p><i>Caregiver Support Group</i></p> <p>St. Joseph County Commission on Aging, 1200 W. Broadway St., Three Rivers</p>	<p>First Tuesday 6 - 7:30 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
VAN BUREN COUNTY			

<p><i>Caregiver Support Group</i></p> <p>Peace Evangelical Lutheran Church 06321 Blue Star Memorial Hwy, South Haven</p>	<p>Third Wednesday 6 - 7 p.m.</p>	<p>In-Person</p>	<p>Helpline helplinegmc@alz.org</p>
WASHTENAW COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Gilbert Residence 203 S. Huron St., Ypsilanti</p>	<p>First Wednesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i> (JUAA) Ann Arbor Area</p>	<p>First Wednesday 3 - 5 p.m.</p>	<p>Zoom</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>King of Kings Lutheran Church 2685 Packard St., Ann Arbor</p>	<p>Second Monday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Brecon Village Dottie Crim Adult Day Program, 200 Brecon Dr., Saline</p>	<p>Second Wednesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Towsley Health Building IHA Senior Health 5361 McAuley Dr., Ypsilanti</p>	<p>Third Wednesday 3 - 4:30 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Chelsea Retirement Community Crippen Building 725 W. Middle St.</p>	<p>Third Thursday 2 - 3:30 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>

<p><i>Lewy Body Dementia (LBD) Support Group for Caregivers and People Living with LBD</i></p> <p>Michigan Alzheimer's Disease Center 2101 Commonwealth Blvd, Suite D, Ann Arbor</p>	<p>Fourth Thursday 2 - 3 p.m.</p>	<p>In-Person</p>	<p>To register, call Renee 734.764.5137</p> <p><i>Hosted by Michigan Alzheimer's Disease Center's Rinne Lewy Body Dementia Initiative</i></p>
WAYNE COUNTY			
<p><i>Caregiver Support Group</i></p> <p>Ward Church 40000 Six Mile Rd, Northville</p>	<p>First Tuesday 6:30 - 8 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Livonia Senior Center 15218 Farmington Rd.</p>	<p>First Thursday 10 - 11 a.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>St. Paul Lutheran Church 2550 Edsel St., Trenton</p>	<p>First Thursday 7 - 8 p.m.</p>	<p>In-Person</p>	<p>Kayla Jakel 248.996.1056</p>
<p><i>Caregiver Support Group</i></p> <p>Detroit Area</p>	<p>Third Thursday noon - 1 p.m.</p>	<p>Phone/ Dial-In</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p>Helm at the Boll Life Center, 158 Ridge Rd., Grosse Pointe Farms</p>	<p>Third Thursday 5 - 6:30 p.m.</p>	<p>In-Person</p>	<p>Treena Horton 248.996.1058</p>
<p><i>Caregiver Support Group</i></p> <p><i>Arabic- and English-Speaking</i></p>	<p>To be determined</p>	<p>Call or text</p>	<p>Donna Jawad 313.605.8933</p>

To register, visit alz.org/gmc/supportgroups or email helplinegmc@alz.org or call 800.272.3900