ALLEN ISD COMMUNITY RESOURCE LIST

2025-2026



Table of Contents

Emergency Numbers	2
Food & Basic Needs	3
Emergency Shelters	7
Transitional Housing & Housing Resources	10
Domestic Violence Shelters & Resources	16
Emergency Financial Assistance	20
Mental Health Crisis	23
Mental Health Treatment Center (Inpatient & Outpatient)	24
Counseling Resources	30
Drug & Alcohol Resources	36
<u>Grief & Bereavement</u>	40
Child Care & Summer Programs	43
<u>Legal Assistance</u>	44
Education Resources	46
<u>Healthcare Resources</u>	50
Government Assistance & Community Programs	57

Emergency Numbers

ALLEN POLICE DEPARTMENT	Emergency # 911 Non-Emergency (214) 509- 4200 text-a-tip program http://www.cityofallen.org/index.aspx?NID=1467
CHILD ABUSE HOTLINE	1 (800) 252- 5400 On-line reporting - <u>https://www.txabusehotline.org</u>
COLLIN COUNTY CARES	Directory of services in Collin County - http://www.collincares.org
HOPE'S DOOR (Domestic Violence Shelter)	(972) 276- 0057
HUMAN TRAFFICKING HOTLINE	1 (888) 373- 7888 or text "Help" or "Info" to 233733
LIFEPATH 24-Hour Mental Health Crisis Line & Crisis Team	1 (877) 422- 5939
NATIONAL TEEN DATING ABUSE HOTLINE	1 (866) 331- 9474 <u>www.loveisrespect.org</u> or text "loveis" to 22522
NORTH TEXAS POISON CONTROL	1 (800) 222- 1222
RUNAWAY HOTLINE	24-Hour Hotline 1 (800) RUNAWAY or 1 (800) 786- 2929
SUICIDE AND CRISIS CENTER OF NORTH TEXAS	24-Hour Hotline (214) 828- 1000
SUICIDE & CRISIS TEXT LINE	Text "HELLO" to 741741
TEXAS YOUTH HOTLINE	Phone Counseling 24-Hour Hotline 1 (800) 989- 6884 or text (512) 872- 5777
THE TURNING POINT (formerly the Rape Crisis Center of Collin County)	24- Hour Hotline 1 (800) 886- 7273
Collin Springs	(469)-885-8901

Food & Basic Needs

ALLEN COMMUNITY OUTREACH	801 E. Main St. Allen TX 75002 (972) 727- 9131 https://www.acocares.org	Tues 9- 11 am & 5- 7 pm Thur & Sat 9- 11 am How to access services: Drive through during business hours *For emergency food- complete the online application and then call #972-727-9131 https://www.tfaforms.com/4939883 Requirements: -Proof of Collin County Residency -Valid government issued ID
ALLEN MINISTERIAL ALLIANCE	1515 N. Greenville Ave. Allen TX 75002 (located behind St. Jude Catholic Church) (972) 727- 1177 https://allenfoodpantry.org	Mon & Thur 6- 8 pm Tue, Fri & Sat 9 am- 12:00 pm Closed Wed and Sun How to access services: 1. Complete an application at: https://allenfoodpantry.org/docs/AFPApplicationEnglish.pdf 2. Walk in during business hours Requirements: -Completed application (see link above) -Proof of Collin County Residency
FIRST BAPTIST CHURCH OF ALLEN (Emergency Food Pantry)	201 E. McDermott Dr. Allen TX 75002 (972) 727- 8241 https://www.fbcallen.org/foo dpantry/	Sun 4- 5:30 pm Tues 10- 11:30 am Wed 6- 7:30 pm How to access Services: Drive through during business hours Requirements: -Proof of Collin County Residency **Food boxes are available to families, once every two weeks
A CHRISTIAN FOOD PANTRY	1116 Dobie Dr. Plano TX 75074 (972) 578- 5730 Email: walt@acfoodpantry.org	Mon, Tue, Wed & Sat 7:30 am- 1 pm How to access services: Drive thru during business hours Requirements: -None (will be provided an application at first visit) **Food boxes are available to families once every 7 days

COMMUNITY GARDEN KITCHEN McKinney TX 75069 https://communityaardenkit chen.org P00 18th St. Flano, TX 75074 972-422-112 Farmersville Outreach Alliance Inc. God's Food Pantry Greenville Avenue Church of Christ (closet/food pantry) High Pointe Church of Christ (closet/food pantry) McKinney TX 75069 Medis an Wheels McKinney TX 75069 https://community/ardenkit chen.org P00 18th St. Flano, TX 75074 972-422-112 206 N. Main St. Farmersville, TX 75442 214-551-9467 3420 14th St. #101 Plano, TX 75074 972-633-9777 1013 S. Greenville Ave. Richardson, TX 75081 972-644-2335 High Pointe Church of Christ (closet/food pantry) Medis an Wheels Medis an Wheels Melissa Community Outreach Melissa Community Outreach Melissa Community Outreach			
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661 8th St. Minnie's Food Plano TX 75074 Pantry			
972-596-0253	r dritt y	972-596-0253	
2875 Merrell Rd. North Dallas Dallas, TX 75229 Shared Ministries			
214-358-8700	Shareo Ministries	214-358-8700	
Network of Community 1500 International Pkwy. #300 Richardson, TX 75081	Community		
Ministries 972-234-8880		972-234-8880	
Seven Loaves Food Plano, TX 75093			
Pantry 469-385-1813	Fullity	469-385-1813	

SALVATION ARMY- McKinney Location	600 Wilson Creek Pkwy McKinney TX 75069 (972) 542- 6694 https://salvationarmyntx.org	Fresh Food: Mon & Wed 9:15- 10:15 am & 1- 3:30 pm Food Pantry: Tue, Thur & Fri 9 am- 12 pm & 1- 3:30 pm How to access services: Walk in during business hours Requirements: -Proof of income -Utility bill or lease agreement -Valid government issued picture ID
Medicaid/Food Stamps/Tanf	901 N. McDonald St. #800 McKinney, TX 75069 972-562-5832	
SALVATION ARMY- Plano Location	3528 E. 14th St. Plano TX 75074 (972) 423- 8254 https://salvationarmyntx.org	Mon, Wed & Fri 10 am- 2 pm How to access services: Walk in during business hours Requirements: -Proof of income -Utility bill or lease agreement -Valid government issued picture ID
COMMUNITY FOOD PANTRY	307 Smith St. McKinney TX 75069 (972) 547- 4404 http://www.community-foodp antry.org	Mon- Fri 12- 4 pm How to access services: Walk in during business hours Requirements: -Social Security Number -Picture ID
COMMUNITY GARDEN KITCHEN	501 Howard St. McKinney TX 75069 https://communitygardenkit chen.org/	Mon- Thur 6- 8 pm How to access services: Walk in during business hours for a full service, sit down, dinner- free of charge) Requirements: -None
BEDSTART	P.O. Box 866322 Plano TX 75086 https://bedstart.org/	Service Available: -Free beds, dressers, tables, living room furniture and other home essentials How to access services: Complete online request form at https://bedstart.org/get-help
LAUNDRY LOVE	MVP Wash n' Dry 6958 Main St.	1st Friday of each month from 6-8 pm

Frisco TX 75034 (972-) 352- 1378	Service Available: -Free laundry service for clothes and bedding
https://laundrylove.org/	How to access services: Show up in person with your dirty laundry the 1st Friday of each month

^{**}Proof of residency may include: Driver's License, Utility Bill, Lease Agreement, Student ID, IRS Property Tax Statement, Social Security Letter, Voter Registration Card, SNAP/Medicaid Benefits Form etc.

Emergency Shelters

		Who we serve: Adults (no children)
SALVATION ARMY	1508 E. McKinney Denton TX 76202 (940) 566- 3800 5302 Harry Hines Blvd. Dallas TX 75247 (214) 424- 7050 https://salvationarmyntx.org/	Services Available: -Dinner served daily at 5:30 pm -Worship programs -Life skills classes Requirements: -Valid government issued ID -Breathalyzer test Intake: Mon-Sun at 4 pm
AUSTIN STREET SHELTER	2929 Hickory St. Dallas TX 75226 (214) 428- 4242	Who we serve: Women (age 18 +) & Men (age 45 +) Services Available: -Breakfast and dinner served dailyClothing, bedding, and hygiene supplies -Computer Lab -Mental & Medical Health Care -Substance use recovery -Benefits navigation -Spiritual support
	https://www.austinstreet.org	-Diversion services to prevent homelessness -Transportation assistance Requirements: -Valid government issued ID -Negative COVID-19 test (provided at intake) Intake: Mon- Fri 1- 4 pm
ARLINGTON LIFE SHELTER	325 W. Division St. Arlington TX 76011 (817) 548- 9885 https://arlingtonlifeshelter.org	Who we serve: Adults and their children Services Available: -Provides shelter for up to 72 hours (and up to 12 weeks if participating in employment program) -Breakfast, dinner and a sack lunch served daily Requirements: -Two forms of ID (at least one picture ID) -Background check (may not have any convictions in the past 5 years and no crimes against children ever) -Breathalyzer and urine drug test (random drug tests may be requested throughout stay) Intake: Mon- Sun 2- 4 pm

FAMILY GATEWAY	711 S. St. Paul St. Dallas TX 75201 Main (214) 823- 4500 Intake (888) 411- 6802 (Option 3) https://familygateway.org	Who we serve: Adults with children (must have a child 18 years or younger in your care/custody) Services Available: -Emergency and transitional housing -Breakfast, lunch and dinner served daily -Housing and Employment Stabilization Program -Education Stabilization Program for kids Requirements: - Valid government issued ID - Proof of guardianship for each minor child **Families will not be denied if they are unable to provide ID or guardianship paperwork. Intake: Call 'Intake Line' or complete online application at https://familygateway.org/get-assistance/prescreen/
DALLAS LIFE FOUNDATION	1100 Cadiz St. Dallas TX 75215 (214) 421- 1380 https://dallaslife.org	Who we serve: Adults with children Services Available: -Private rooms for married couples and families -Breakfast, lunch and dinner served daily -Clothing and other basic necessities -Diapers, wipes, clothing, formula, bottles, strollers, car seats and toys for babies -School uniforms, backpacks and school supplies, tutoring and summer programs -On site medical and dental clinics -First time residents receive 3 FREE nights and then pay-to-stay \$15 per night or enrollment in the Homeless No More Program (for individuals with no income) Requirements: -Valid government issued ID -Social Security Card -Marriage License (for married couples) -Background check (may not have charges for violent crimes, crimes against children or sex crimes; may not have a protective order on record; may not be currently on parole) -Random drug testing -For each child- Birth Certificate, Social Security Card and Immunization Records Intake: Mon- Fri 10 am- 2 pm

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		Who we serve: Adults (no children)
THE BRIDGE	1818 Corsicana St. Dallas TX 75201 Main (214) 670- 1100 Intake (214) 670- 1507 https://www.bridgehrc.org	Services Available: -Day and night shelter -Breakfast, lunch and dinner served daily -Barber services -Computer access -Government ID obtainment -Employment assistance -Free on-campus healthcare clinics -On site kennel available for residents with dogs Requirements: -Must complete intake through the day shelter to enter the night shelter -Negative COVID-19 test (taken less than 72 hours ago)
		Intake: Mon- Sun 6 am- 5 pm
**CENTER FOR HOPE	4815 Cass St. Dallas TX 75235 (214) 638- 2988 https://ugmdallas.org/shelter- and-housing-for-women-and- children	Who we serve: Women and their children Services Available: -Emergency housing for up to 90 days -Breakfast, lunch and dinner served daily -Clothing and other basic necessities -Llibrary, learning center and life skills classes -Medical Clinic -Childcare for young children Requirements: -Valid government issued ID -For each child- Birth Certificate Intake: Call to schedule an intake appointment. Appointments are available Mon- Sun from 8 am- 5 pm
PROMISE HOUSE	224 W. Page Ave. Dallas TX 75208 (214) 941- 8578 https://promisehouse.org	Who we serve: Youth ages 6- 18 and pregnant or parenting youth ages 14- 20 Services Available: -Emergency (up to 90 days) and long term housing (up to 2 years) -Breakfast, lunch and dinner served daily -Clothing and hygiene products -Medical and dental services -Mental health services -Education assistance -Career planning services -Life skills training
		Requirements: -Youth under the age of 18 must have parental/guardian consent to enter program Intake: Call (214) 941-8578 ext 500

Transitional Housing & Housing Resources

Hope Restored Missions	1947 K Ave. #B100 Plano TX 75074 (214) 501-2181 www.hoperestoredadmission s.org Admin@hoperestoredmissio ns.org	Who we serve: Families or individuals in need Services Available: - Groceries - Food Packs - Hygiene Packs - Clothing - Basic needs - Government issued ID's - Housing - Job Readiness and Placement - Mental Health Benefits - Benefits Application - Government-Issued phones and tablets
SHILOH PLACE	P.O Box 2731 McKinney TX 75070 (469) 534- 9407 https://www.shilohplacemckinney.com	Who we serve: Women (ages 20+) with children under the age of 10 Services Available: -Private apartment for each family -Childcare and academic support for children -Tuition for job training or career development -Mental health services Requirements: -High school diploma or GED -Valid driver's license -Own a car and provide proof of insurance -Be willing to participate in a comprehensive program How to access services: Call or email program@shilohplacemckinney.com

		Who we serve: Women and their children
AGAPE- TRANSITIONAL LIVING PROGRAM	P.O Box 861664 Plano TX 75086 (469) 814- 0453 https://www.hope4agape.or g	Services Available: -Transitional housing -Childcare (beyond traditional hours) -Mental health support -Academic support and summer programs for school aged children -Assistance with obtaining reliable transportation Requirements: -Currently employed -Criminal background check -Free of addiction for a minimum of 1 year -Drug test -Willing to participate in a comprehensive program How to access services: Complete online application at https://www.hope4agape.org/our-services/#who-agape-service
		Who we serve: Adults and their children
FAMILY PROMISE OF COLLIN COUNTY	(972) 442- 6966 https://www.familypromiseof collincounty.org	Services Available: -Rotational shelter -Nightly housing from 6 pm- 7 am at a local congregation -Access to Day-Center from 7:30 am- 6 pm -Breakfast, lunch and dinner Requirements: -3 Interviews -Criminal background check -Valid ID -Willing to participate in a comprehensive program How to access services: Call or email supportservices@familypromiseofcollincounty.org **May take up to 3- 5 days to complete intake process
Habitat for Humanity	2060 Couch Dr. McKinney, TX 75069 972-542-5300	

Housing Authorities	McKinney: 972-542-5641 Plano: 972-423-4928 Frisco: 972-377-3031 Farmersville: 800-258-1618	
North Dallas Shared Ministries (Rent/Utility assistance)	2875 Merrell Rd. Dallas, TX 75229 214-358-8700	
The Tenant- Based Rental Assistance Program	406 N. Tennessee St. McKinney, TX 75070 972-547-7572	

SAMARITAN INN	1514 N. McDonald St. McKinney, TX 75071 (972) 542-5302 https://saminn.org	Who we serve: Adults and their children Services Available: -Transitional Housing -Breakfast, lunch and dinner served daily -Personal hygiene products, free laundry, haircuts, over the counter medicines, and vouchers for needed items and services -Day care and transportation vouchers are also available under certain circumstances -Playroom, computer lab, classrooms, a chapel, a playground -Potential to transition to the North Texas Gateway Apartments transitional living program Requirements: - Valid government issued picture ID - Drug Test - Criminal background check (must have no convictions for violent crimes) -Willing to participate in Personal Independence Program How to access services: Call to schedule an intake interview Intake days are Tues & Thur from 9 am- 1:30 pm and Sun from 9 am- 1 pm
CITY HOUSE	830 Central Parkway East Suite 350 Plano TX 75074: (972) 424- 4626 After Hours (972) 972- 0278 https://www.cityhouse.org	Who we serve: Adults (ages 18- 21) Services Available: -Transitional housing for up to 18 months -Mental health services -Job training & life skills training -Mentorship / life Coaching -Educational support -Transportation assistance Requirements: -Willing to get a job and work 20+ hours -Willing to complete HS or obtain GED -Curfew: Mon-Thur 11pm and Fri-Sat 1am How to access services: Complete online application at https://forms.office.com/Pages/ResponsePage.aspx?id=CktNU0XOX0ybCsPfmFXxa344NOUxkSdDsY3hHWvrMnZUOFlBTzlJOVlCMTJYM1U5SUxDU084NFhBTC4u

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		Who we serve: Women (ages 18- 25)
	Plano TX (972) 358- 4732 https://jimrileyoutreach.org	Services Available: -Transitional housing for up to 18 months -Private Room -Life skills training -Mentorship -Education assistance
BLAKE'S HOUSE		Requirements: -Drug screen -Criminal background check -Able to manage mental health issues with medication and outpatient treatment -Commitment to a 40 hour 'productive work week'
		How to access services: Complete online application at https://jimrileyoutreach.org/application/ **Average intake process takes about 2 weeks
		Who we serve: Women (ages 18- 24) Services Available: -Life skills classes
OUR FRIEND'S PLACE	6500 Greenville Ave. Suite 620 Dallas TX 75206 (214) 520- 6268 https://ourfriendsplace.org	-Financial literacy, vocational and educational classes -Private room Requirements:
		-Single women between ages of 18- 24 (not yet pregnancy or parenting) -Willing/able to maintain employment
		How to access services: Schedule a phone interview by contacting the Residential Program Director at (214) 520-6268 or email Nicole.Price@ourfriendsplace.org
		Who we serve: Adults <u>with</u> children under the age of 18 (in their care and custody)
INTERFAITH HOUSING- HOME & HOPE	1651 Matilda St. Dallas TX 75206 (214) 827- 7220 https://interfaithdallas.org	Services Available: -Temporary housing for up to 12 months -Private, furnished apartments -Rent free (30% saving program implemented once employed) -Employment assistance -Wellness programs -On-site childcare and afterschool/ summer program -Rent and utility assistance for individuals participating in financial and career coaching
		Requirements: -Valid government issued ID -Social Security Cards (for all adults and children) -Birth Certificates (for all adults and children) -Proof of income (pay stub, unemployment form, child support form, SSI etc.) -Criminal background check (no convictions for

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		violent or sexually related crimes) -Have a GED or higher -Legally able to work in the US -Drug screen
		How to access services: Complete online application at https://a5588.socialsolutionsportal.com/apricot-intake/f5bf95cd-3b31-4c55-aa18-bdcc90b40322
		Who we serve: Adults and their children
CITY SQUARE HOUSING	1610 S. Malcolm X Blvd. Dallas TX 75226 (214) 823- 8710	Services Available: -Immediate and permanent housing programs -Walk- in case management services (including assistance with shelter/housing, obtaining identification papers, obtaining financial assistance, clothing, food etc.)
	https://www.citysquare.org	How to access services: Contact the Homeless Outreach Team Program Manager at (469) 904-7022 or walk in for case management services Mon- Fri 9am- 12pm & Tues- Fri 1- 4pm
		Who we serve: Chronically homeless families and the disabled
HOUSING CRISIS CENTER	4210 Junius St. Dallas TX 75246 (214) 828- 4244 https://hccdallas.org	Services Available: -Rapid re-housing program (time-limited program for newly homeless families) -Permanent supportive housing programs for chronically homeless individuals who are disabled and have a co-occuring diagnosis (mental health and substance abuse) -Permanent supportive housing program for chronically homeless disabled veterans -Emergency rent and financial assistance How to access services: Call to start application
		Who we serve: Low income families, the elderly and the disabled
PLANO HOUSING AUTHORITY	1740 G Ave. Plano TX 75074 (972) 423- 4928 https://www.planoha.org	Services Available: -Section 8 Housing Choice Vouchers (which provides rental subsidies and allows families to rent homes from private property owners) -Public housing options (owns and manages 24 public housing units in Plano) How to access services: Complete online application at https://www.planoha.org/waiting-lists/

Domestic Violence Shelters & Resources

GENESIS WOMEN'S SHELTER	4411 Lemmon Ave Suite 201 Dallas TX 75219 (214) 389- 7700 24-Hour Help Hotline (214) 946-HELP (4357) https://www.genesisshelter.org	Who we serve: Women and their children Services Available: -Emergency housing for up to 6 weeks -Breakfast, lunch and dinner served daily -Clothing and hygiene products -Safety planning -Legal support -Mental health services -On site school for children (Simmons School) -Potential to transition to Annie's House (12 month independent living program) How to access services: Call 24 hour hotline
HOPE'S DOOR- NEW BEGINNINGS	Plano Outreach Center 860 F Ave. Suite 100 Plano TX 75074 (972) 422- 2911 Garland Outreach Center 218 N. 10th St. Garland TX 75040 (972) 422- 2911 24-Hour Help Hotline (972) 276- 0057 https://hdnbc.org	Who we serve: Adults and their children (male victims and their children are provided shelter at a separate location) Services Available: -Emergency housing for up to 90 days and transitional housing -Breakfast, lunch and dinner served daily -Clothing and hygiene products -Safety planning -Legal support -Mental health services -Playroom, playground and academic support How to access services: Call 24 hour hotline
TEXAS MUSLIM WOMEN'S ASSOCIATION- Domestic Violence and Family Violence Program	P.O Box 863388 Plano TX 75086 (469) 467- 6841 24-Hour Help Hotline (972) 880- 4192 https://tmwf.org	Who we serve: Women and their children Services Available: -Emergency and transitional housing -Legal services -Immigration assistance -Interpretation and translation -Mental health services -ESL and job training How to access services: Call 24 hour hotline

MOSAIC FAMILY SERVICES	12225 Greenville Avenue Suite 800 Dallas TX 75243 (214) 821- 5393 24-Hour Help Hotline (214) 823- 4434 24-Hour TraffickingHotline (214) 823- 1911 https://mosaicservices.org	Who we serve: Adults and children who are survivors of domestic violence, human trafficking, refugees, unaccompanied minors Services Available: -Emergency and transitional housing -Legal services -Immigration assistance -Interpretation and translation -Medical and mental health services -ESL and job training How to access services: Call 24 hour hotline or complete online form at https://mosaicservices.org/get-help/
Adult Protective Services	1-800-252-5400	
Garland	218 N. 10th St. Garland, TX 75040 972-422-2911	
River of Life Homes Inc.	214-886-3563	
AGAPE-	P.O Box 861664	Who we serve: Women and their children

TRANSITIONAL LIVING PROGRAM	Plano TX 75086 (469) 814- 0453 https://www.hope4agape.org	Services Available: -Transitional housing -Childcare and educational support -Job training and life skills -Transportation assistance Requirements: -Currently employed -Criminal background check -Free of addiction for a minimum of 1 year -Drug test How to access services: Complete online form at https://www.hope4agape.org/our-services/#who-agape-service
EMILY'S PLACE	P.O Box 860911 Plano TX 75074 (972) 424- 7775 https://emilysplacetx.org	Who we serve: Women and their children Services Available: -Transitional housing for up to 24 months -Life skills, financial literacy classes and educational support -Employment assistance, -Mental health services and medical referrals -Legal services Requirements: -Drug Test -Criminal background check -Free of addiction for a minimum of 1 year -3 references How to access services: Complete resident application online at https://emilysplace.formstack.com/forms/resident_application
CHETNA- DFW	1 (888) 924- 3862 Domestic Violence Helpline 1 (888) 9CHETNA (24- 3862) https://chetna-dfw.org	Who we serve: Women (focus on south asian populations but will provide services to all populations) Services Available: - Case management program - Legal assistance -Mental health services -Interpretation and translation services -Limited financial assistance How to access services: Call Mon-Fri 9 am-5 pm or e-mail chetna@chetna-dfw.org

CRIME VICTIMS COMPENSATION	1 (800) 983- 9933 https://www.texasattorneygen eral.gov/crime-victims	Who we serve: Crime victims and their immediate family members who have financial costs related to the crime Services Available: -Financial compensation to assist victims with counseling, medical care, funeral costs and loss of income and other crime related costs. Eligibility: -A victim who was injured or died because of the crime -Someone who came to the aid of a crime victim and was injured or died -First responders who were injured or died while responding to a crime How to access services: Complete online application at https://www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program/apply-crime-victims-compensation
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^{**}Domestic violence shelter locations/addresses are kept confidential

Emergency Financial Assistance

TEXAS RENT RELIEF	(833) 9TX-RENT or (833) 989- 7368) Email: info@texasrentrelief.com https://texasrentrelief.com	***As of Jan 13, 2022 TRR has committed ALL of its current funds and IS NOT taking new applications at this time. Services Available: -Assistance for up to 18 months of past due rent and utilities -Assistance with upcoming/ expected rent and utility costs (up to 3 months at a time) Requirements: -Household income at or below 80% of area median income AND (one or more individuals in a household meet the following): -Qualifies for unemployment or has experienced a reduction in household income or incurred significant costs due to COVID-19 -Demonstrates a risk of experiencing homelessness or housing instability without rental assistance How to access services: Complete online application at https://texasrentrelief.com/updates/
CITY OF ALLEN- EMERGENCY RENTAL ASSISTANCE PROGRAM	https://www.cityofallen.org/22 14/Emergency-Rental-Assista nce-Program	Services Available: -Up to 12+ months of rental assistance Requirements: (one or more individuals in a household meet the following): -Qualifies for unemployment or has experienced a reduction in household income or incurred significant costs due to COVID-19 -Demonstrates a risk of experiencing homelessness or housing instability -Household income at or below 80% of the area median income -Residence of the City of Allen How to access services: Complete online application at https://ndc.smapply.io/prog/city_of_allen_assistance_programs/

ALL COMMUNITY OUTREACH	801 E Main St. Allen TX 75002 (972) 727- 9131 https://www.acocares.org	Services Available: -Rent and mortgage assistance -Utility assistance for customers of TXU Energy, CoServ and Atmos Requirements: -Valid government issued picture ID -Proof of Collin County Residency (or letter from shelter, family or friend with whom you live, if homeless) -Proof of household income How to access services: 1.Complete online application at https://www.tfaforms.com/4660631 2. Submit the required documents (listed above) to intake@acocares.org with the applications name in the subject line.
ASSISTANCE CENTER OF COLLIN COUNTY	900 East 18th St. Plano TX 75074 Main (972) 422–1125 Assistance Helpline (972) 422– 1850 https://assistancecenter.org	Services Available: -Assistance with rent or utilities Requirements:: -Proof of Collin County Residency -Identification for all household members -Proof of household income -Documentation of current crisis -Must be willing to form a workable plan about how expenses will be met going forward How to access services: -Contact the Assistance Helpline between Mon-Fri 9 am- 3 pm
ST. JUDE- PEOPLE HELPING PEOPLE	1515 N. Greenville Ave. Allen TX 75002 (469) 931- 6526 https://stjudeparish.com/em ergency-assistance	Services Available: -One time assistance with mortgage, utility and other bills Requirements: -Proof of Residency of Allen, Lucas, Fairview or McKinney -Picture ID -Copy of overdue or upcoming bill **Funds will be paid directly to entity owed How to access services: 1. Complete online applications at https://stjudeparish.com/documents/2020/1/EA RApplication-1.pdf 2. Email completed application to assist@stjudeparish.com
North Texas Job Corps	1701 N. Church St. McKinney, TX 75069 972-542-2623	
Texas Workforce Commission	McKinney 291 Eldorado Pkwy. McKinney, TX 75069 972-542-3381 Plano: 1101 Resource Dr. Plano,	

TX 75074	
469-229-0099	

Mental Health Crisis

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

EMERGENCY	9-1-1
SUICIDE & CRISIS CENTER OF NORTH TEXAS	(214) 828-1000 (local) 1-800-SUICIDE (national)
PARKLAND HOSPITAL	(214) 590-8761
ALLEN PRESBYTERIAN HOSPITAL- ER	(972) 747-8761
MEDICAL CENTER OF MCKINNEY- ER	(972) 540-4700
LIFEPATH SYSTEMS CRISIS HOTLINE -will conduct at home services	(877) 422-5939

Mental Health Treatment Centers (Inpatient & Outpatient)

SAMHSA - Substance Abuse and Mental Health Services Administration	1-800-662-HELP(4357) https://findtreatment.gov/	Who we Serve: Children, adolescents, adults, families, and couples Services Available: - Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations. How to access services: Go to the website listed or call the number
***COLLIN SPRINGS BEHAVIORAL HEALTH HOSPITAL	4650 W University Drive McKinney, Tx 75071 469-855-8901 ***accepts Medicaid	Who we serve: Adults and adolescents (ages 12- 17) Services Available: -Inpatient -PHP/ IOP How to access services: Walk in OR call for an appointment Mon-Fri 8 am- 8 pm
CHILDREN'S HEALTH- Dallas	1935 Medical District Dr. Dallas TX 75235 Inpatient/PHP (214) 456- 8899 IOP (214) 456- 3600 https://www.childrens.com/specialties-services/specialty-centers-and-programs/psychiatry-and-psychology	Who we serve: Children and adolescents (ages 5- 17) Services Available: -Inpatient -PHP/ IOP -Outpatient services *Speciality Programs: Eating disorder treatment; SPARC (Suicide Prevention Program; Depression Clinic How to access services: Call for an appointment
UNIVERSITY BEHAVIORAL HEALTH	2026 W. University Dr. Denton TX 76201 (940) 320- 8100 https://ubhdenton.com	Who we serve: Adults and adolescents (ages 13- 17) Services Available: -Inpatient -PHP/ IOP How to access services: Call for an appointment

Texas Health Resources ***SEAY CENTER	6110 W. Parker Rd. Plano TX 75093 (682) 236- 6023 https://www.texashealth.org/en/Locations/texas-health-plano/THBHP ***accepts Medicaid	Who we Serve: Adults and adolescents (ages 12- 17) Services Available: -Inpatient -PHP/ IOP How to access services: Walk in OR Call for an appointment Mon-Fri 8 am- 8 pm
TEXAS HEALTH RESOURCES	Suite #2310 Allen TX 75013 https://www.texashealth.org/Locatio ns/Texas-Health-Allen/THBHCA 5858 Main St. Suite #101 Frisco TX 75034 https://www.texashealth.org/Locatio ns/texas-health-frisco/THBHCFR Referral Line (682) 626-8719	Who we Serve: Adults and adolescents (ages 12- 17) Services Available: -PHP/ IOP (varies by location) How to access services: Call referral line for an appointment
TEXAS HEALTH RESOURCES	3661 North Plano Rd. Suite #2100 Richardson TX 75082 https://www.texashealth.org/Locations/texas-health-cityline/THBHCR CR Referral Line (682) 626-8719	Who we Serve: Adults and adolescents (ages 12- 17) Services Available: - IOP **Specialized Adolescent LGBTQ & Chemical Dependency IOP How to access services: Call referral line for an appointment
***CARRUS CHILDREN'S BEHAVIORAL HOSPITAL	1724 U.S. Hwy 82 West Sherman TX 75092 (903) 870- 1200 https://www.carrushealth.com ***accepts Medicaid	Who we Serve: Children and adolescents (ages 5- 17) Services Available: -Inpatient How to access services: Walk in OR call the referral line for an appointment
***CARRUS CARES	3600 Eldorado Parkway, Building C, Suite 1, Mckinney, TX 75072 469-486-0130 2440 Timber Ridge Frisco TX 75034 (469) 200- 5353 https://www.carruscarebehavioral.com/	Who we Serve: Children and adolescents (ages 8-12 & 13-17) Services Available: -IOP/ PHP How to access services: Call for an appointment

	***accepts Medicaid	
***MEDICAL CITY MENTAL HEALTH & WELLNESS CENTER-Frisco - formally HAVEN BEHAVIORAL HOSPITAL	5680 Frisco Square Blvd. Frisco TX 75034 (469) 535- 8000 https://www.medicalcityhealthcare.com/locations/medical-city-mental-and-health-and-wellness-center-frisco	Who we Serve: Adults and adolescents (ages 12- 17) Services Available: -Inpatient -IOP How to access services: Walk in OR call the referral line for an appointment
MEDICAL CITY GREEN OAKS HOSPITAL	Inpatient 7808 Clodus Fields Dr. Dallas TX 75251 (972) 991- 9504 Referral Line (972) 770- 0818 IOP 4001 W. 15th Street Suite #465 Plano TX 75093 (972) 985- 1599 https://medicalcityhealthcare.com/s pecialties/child-and-teen-mental-health/?location=medical-city-green-oaks-hospital	Who we Serve: Adults and adolescents (ages 12- 17) Services Available: -Inpatient -IOP -Telehealth (psychiatry and counseling services) How to access services: Call for an appointment
***CHANGES- CARROLLTON SPRINGS	5920 K Ave Plano TX 75074 (972) 212- 5487 6870 Lebanon Rd. Suite #300 Frisco TX 75034 (469) 850- 2040 1820 N. Lake Forest Dr. McKinney TX 75071 (469) 634- 1270 2225 Parker Rd. Carrollton TX 75010 (972) 382- 5855 1970 W. University Dr. Suite #201 Prosper TX 75078 (682) 549- 7961 https://carrolltonsprings.com/	Who we serve: Children and adolescents (ages 11- 18) Services Available: -Inpatient (Carrollton location only) -PHP/IOP How to access services: Call desired location for an appointment

	***accepts Medicaid	
ACCESS	4280 Main St Suite 300 Frisco TX 75034 (972) 905- 6574 https://www.accesscounselinggroup.	Who we serve: Adolescents (ages 11- 17) Services Available: -IOP (dual diagnosis- mental health and substance abuse) How to access services: Call for an appointment
THE EXCEL CENTER	401 N. Valley Parkway Suites #100 & 200 Lewisville TX 75067 (972) 906- 5522 https://excelcenterlewisville.com	Who we serve: Children and adolescents (ages 5- 18) Services Available: -PHP/ IOP How to access services: Call for an appointment
EXULT HEALTHCARE	801 Medical Center Dr. McKinney TX 75069 (469) 714- 0006 https://exulthealthcare.com	Who we serve: Adolescents (ages 13- 17) Services Available: -IOP How to access services: Call for an appointment
CONNECTIONS WELLNESS	7290 Virginia Parkway Suite 3100 McKinney TX 75071 (469) 617- 6166 130 South Preston Road Prosper TX 75078 (972) 600-1214 255 Lebanon Road Suite #124 Frisco TX 75036 (469) 430-1930 940-222-2399 https://connectionswellnessgroup.com/	Who we serve: Adolescents (ages 12- 18) *18 year olds must still be in high school or a recent graduate Services Available: -PHP/ IOP - Free assessments, medication management, Dietitian How to access services: Call desired location for an appointment
ELEVATE	7589 Preston Road Suite #900 Frisco TX 75034 4425 Plano Parkway Suite #302 Carrollton TX 75010	Who we serve: Children & Adolescents (ages 5 -17) Services Available: -PHP/ IOP How to access services: Call for an appointment or complete online

	5160 Village Creek Drive Suite #100 Plano TX 75093 (214) 396) 0717 Referral Line: 1 (800) 379- 8150 https://www.elevatehealthcare.us/	appointment request form at https://974f6f74-a9a1-43a7-aa3b-a34eac85f362.filesusr.com/ugd/fb6b64_7781ceb0a4fa4c1dacfcbc65f8f0d32d.pdf
BASEPOINT ACADEMY 4733 Medical Center Drive McKinney TX 75069 (469) 515- 8961 https://basepointacademy.com/locations/mckinney/		Who we serve: Adolescents (ages 11 -17 and up to age 18 if still in high school) Services Available: -PHP/ IOP How to access services: Call for an appointment
REFLECTIONS LIFESTYLE CENTER	6221 Chapel Hill Blvd Suite #300 Plano TX 75093 4901 Windhaven Pkwy Suite #200 The Colony TX 75056 8333 Douglas Ave. Suite #350 Dallas TX 75225 469-777-4688 https://reflectionslifestyle.com/adolescent-mental-health-services/	Who we serve: Adolescents (ages 10-18) Adults (18-65) Services Available: PHP and IOP How to access services: Call to make an appointment
EATING RECOVERY CENTER	4708 Alliance Blvd Suite 300 Plano TX 75093 (972) 476- 0800 5120 Legacy Drive Plano TX 75024 (469) 613- 1722 Referral Line 1 (888) 809- 7493 https://www.eatingrecoverycenter.com/	Who we serve: Children, Adolescents & Adults Services Available: -Eating Disorder Treatment -Residential -Inpatient -PHP How to access services: Call for an appointment
CHILDREN'S HEALTH The Center for Pediatric Eating Disorders	7601 Preston Road Plano TX 75024 Suite P4300 (469) 303- 4095 New Patient Line (214) 456- 8899 https://www.childrens.com/specialtie s-services/specialty-centers-and-pr ograms/psychiatry-and-psychology /conditions-and-programs/eating-d isorders	Who we serve: Children & Adolescents Services Available: -Eating Disorder Treatment -Inpatient -PHP/IOP How to access services: Call 'New Patient Line' for an appointment or request an appointment online

CENTER FOR DISCOVERY	5124 Corinthian Bay Drive Plano TX 75093 1 (866) 453- 2101 https://centerfordiscovery.com/loca tions/plano/	Who we serve: Children & Adolescents (ages 9- 18) Services Available: -Eating Disorder Treatment -Inpatient -PHP/IOP How to access services: Call for an appointment
DALLAS BEHAVIORAL HOSPITAL	800 Kirnwood Dr. DeSoto TX 75115 (972) 982- 0897 https://www.dallasbehavioral.com	Who we serve: Adults and adolescents (ages 13- 17) Services Available: -Inpatient -PHP/IOP -Virtual Outpatient (adults only) How to access services: Call for an appointment or walk in 24 hours a day
NEWPORT ACADEMY	9201 N Central Expy Suite #150 Dallas TX 75231 1 (833) 442- 1931 https://www.newportacademy.com	Who we serve: Adolescents (ages 12- 17) Services Available: -PHP/IOP How to access services: Call for an appointment

^{**}PHP= Partial Hospitalization Program/ Day Treatment
**IOP= Intensive Outpatient Program (a lower level of care then PHP which usually meets 2-4 days/ week)

Counseling Resources

		Who we Serve: Children, adolescents and adults
Psychology Today	https://www.psychologytoday. com/us	Services Available: This website allows you to find a licensed therapy near you. - Multiple filtering options: location, types of therapy, therapist gender, specialities, insurance, age of client, ethnicity, language, faith, and price - Read a bio of the therapist, see credentials, qualifications and contact information How to access services: 24/7 website access, each therapist has their own hours of availability
***LIFEPATH SYSTEMS- Behavioral Health Open Access Clinics	7308 Alma Dr. Plano TX 75025 (972) 422- 5939 1515 Heritage Dr. McKinney TX 75069 (972) 422- 5939 https://www.lifepathsystems.org/ ***Medicaid accepted	Who we Serve: Children, adolescents and adults Services Available: -Sliding scale & no cost services (insurance also accepted) -Psychiatric evaluations & medication management -Individual and family counseling -Telehealth -Services can be provided in-home or in community settings (or at CFGC offices) -Drug prevention & intervention program -Youth empowerment services for ages 3- 18 (YES Waiver) How to access services: Walk in to an open access clinic Mon- Thur 8 am- 3 pm & Fri 8 am- 12 pm
LIFEPATH SYSTEMS- Intellectual & Developmental Disability Services	7300 Alma Dr. Plano TX 75025 (972) 727- 9133 https://www.lifepathsystems.org/get-help/intellectual-developmental-disabilities/	Who we Serve: Children, adolescents and adults Services Available: -Sliding scale & no cost services -Individual and family counseling -Case management -Skills training -Supported employment -Behavioral supports -Residential and Home and Community-Based Services (HCS) Program How to access services: Call to speak with an Eligibility Specialist

CHILD & FAMILY GUIDANCE CENTER	4031 W. Plano Pkwy. Suite 211 Plano TX 75093 (214) 351- 3490 https://www.childrenandfamilies.org	Who we Serve: Children, adolescents and adults Services Available: -No cost services -Psychiatric evaluations & medication management -Individual and family counseling -Telehealth -In-home/ In-school services available -Drug prevention & intervention program -Youth empowerment services for ages 3- 18 (YES Waiver) How to access services: Call for an appointment
CITY HOUSE	830 Central Parkway E. Suite 350 Plano TX 75074 (972) 424- 4626 https://www.cityhouse.org/programs/counseling-services/	Who we Serve: At- risk adolescents (ages 12- 17) Services Available: -No cost services -8 individual/family counseling sessions -Summer 2022 'Minds Matter Group (7th - 9th graders) How to access services: Call for an appointment
STARRY COUNSELING	2150 S Central Expressway Suite 160 McKinney TX 75070 (469) 617- 7476 https://www.starry.org	Who we Serve: Children & adolescents (under the age of 18) Services Available: -No cost services -Individual, family and group counseling -In person, phone and online sessions available -Parenting classes How to access services: Call for an appointment
STRENGTHENING FAMILIES OF NORTH TEXAS	P.O. Box 261903 Plano TX 75026 (972) 867- 9470 http://www.sfntx.org/home.ht ml	Who we Serve: Children (ages 0- 6) and their caregivers Services Available: -No cost services -Mental health evaluations -Individual, family and group counseling -In- home services available -Outreach Connection Program (provides case mang, parent education, respite child care, child developmental assessments and basic needs assistance) -Spanish services available How to access services: Call for an appointment

COLLIN COUNTY CHILDREN'S ADVOCACY CENTER	2205 Los Rios Blvd. Plano TX 75074 (972) 633- 6600 https://www.caccollincounty.o	Who we Serve: Children and adolescent victims of abuse/neglect and their non-offending family members Services Available: -No cost services -Trauma focused individual therapy How to access services: Call for an appointment
FAMILY HEALTH CENTER ON VIRGINIA	1620 W. Virginia St. McKinney TX 75069 (214) 618- 5600 https://fhcntx.org/services/co unseling	Who we Serve: Children, adolescents and adults Services Available: -Insurance and sliding scale services -Individual counseling (brief 20- 30 minute sessions) How to access services: Call for an appointment
TRAUMA SUPPORT SERVICES OF NORTH TEXAS	210 S Cedar Ridge Dr. Suite C-100 Duncanville TX 75116 (972) 709- 4904 https://www.traumasupportse rvices.org	Who we Serve: Children, adolescents and adults who have experienced or witnessed a trauma (such as homicide, abuse, robbery, sexual assault etc.) Services Available: -No cost and sliding scale services -Individual and family therapy -Play therapy (for children) -Psychoeducation and trauma groups How to access services: Call for an appointment
THE TURNING POINT	3325 Silverstone Dr. Plano TX 75023 (972) 985- 0951 24-Hour Crisis Line 1 (800) 886- 7273 https://www.theturningpoint.o	Who we Serve: Survivors of sexual assault and their family and friends (ages 13+) Services Available: -No cost services -Individual counseling -Support groups -Hospital accompaniment How to access services: Call for an appointment
HAROLD MURPHY COUNSELING CENTER	510 Heard St. McKinney TX 75069 (469) 302- 6318 https://www.tamuc.edu/harold-murphy/#tamuc-section-14 6248	Who we Serve: Children (ages 3+), adolescents and adults Services Available: -Sliding scale services -Individual counseling -Family counseling -Teen coping skills group -Parent education classes -Psycho-educational assessments (for children ages 6-16) -Child-Parent Relationship Training (CPRT) How to access services: Call for an appointment

CHILDREN'S HEALTH School- Based TeleBehavioral Health	1 (844) 856- 6926. https://www.childrens.com/specialties-services/virtual-care/school-based-programs/school-telebehavioral-health	Who we Serve: Students K-12 (at participating campuses) Services Available: -Virtual individual counseling -Completed in a private location on campus during school hours -Up to 4 free sessions (insurance will be billed for all additional sessions) -All records are kept confidential through Children's Health and are not provided to AISD without a release from student's guardian Participating Campuses: -All Allen ISD Campuses How to access services: Contact your campus counselor
NORTH TEXAS BEHAVIORAL HEALTH YOUTH ADVOCATE PROGRAM (YAP)	8700 N Stemmons Fwy. Suite460 Dallas TX 75247 (214) 821- 9554 https://www.yapinc.org	Who we Serve: At-risk children and adolescents (ages 4-17) and their families **Specialize in autism spectrum disorders, trauma and individuals involved in the justice or child welfare system Services Available: -No cost services -Psychiatric evaluations and medication management -Outpatient treatment programs -In home services -YES Waiver (Youth Empowerment Services)-intensive community based services for children with severe emotional disturbance How to access services: Call for an appointment
NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)	2812 Swiss Ave. Dallas TX 75204 (214) 908- 6264 Crisis Line: 1 (800) 950- 6264 https://www.naminorthtexas.o	Who we Serve: Children, adolescents and adults Services Available: -Crisis support -Support groups for adults living with a mental illness -Family education programs and support groups How to access services: Find a full list of support groups and programs online
SMU CENTER FOR FAMILY COUNSELING	6116 Central Expy. Suite 410 Dallas TX 75206 (214) 768- 6789 https://www.smu.edu/familyco unseling	Who we Serve: Children, adolescents, adults, families and couples 18+ seen virtually Services Available: -Low cost services -Individual counseling -Family counseling -Couples counseling How to access services: Call for an appointment

		Mon 7 - 9 PM
COTTONINGOD	1015 Sam Rayburn Tollway Allen TX 75013	Who we Serve: Adolescents (grades 7 - 12) Services Available:
COTTONWOOD CREEK CHURCH- THE LANDING SUPPORT GROUP	https://cottonwoodcreek.org/ ministries/care-ministries/car e-groups/the-landing/	-Support group for adolescents (struggling with a wide range of challenges including addiction, self harm, unhealthy relationships, mental health issues etc.)
		How to access services: Email Ron Schrock for more information ron.schrock@cottonwoodcreek.org
		Mon-Fri 10AM-6PM
The Here For	972-525-8181	Who we Serve: Children, adolescents, adults, families, and couples
Texas Mental Health Navigation Line	https://www.herefortexas.com	Services Available: - Free helpline offering guidance, information, resources, and support for mental health and substance issues.
		How to access services: Go to the website listed or call the number
Austin Street Center	1717 Jefferies St. Dallas, TX 75226	
	214-428-4242	
Collin County Counseling	5900 S. Lake Forest Dr. McKinney, TX 75070	
	469-301-6590	
Network of Community Ministries	1500 International Pkwy. #300 Richardson, TX 75081 972-234-8880	

Texas Health Behavioral Center	1105 N. Central Expy. #2310 Allen, TX 75013 682-236-6023	
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^{**}Does your company provide EAP (Employee Assistance Program) benefits? These are free counseling sessions that some employers offer their employees. Contact your company's Human Resources Department for more information.

Drug & Alcohol Resources

		Various Days/Times
	First United Methodist Church of Allen- Ministry Center 601 S Greenville Ave. Allen TX 75002	Who we serve: Adults
ALCOHOLICS ANONYMOUS (AA)- Allen		Services Available: - Support group based on 12-step program for individuals battling alcohol addiction
	https://www.aadallas.org	How to access services: Show up in person.
		Get a list of all local AA meetings at https://www.aadallas.org/wordpress/meetings/
		Tue 7:00 pm (virtual & in person) Thurs 7:00 pm (virtual & in person)
	First United Methodist	Who we serve: Adults
AL- ANON- Allen Serenity AFG	Church of Allen- Ministry Center 601 S Greenville Ave. Allen TX 75002	Services Available: -Anonymous support for family and friends of addicts
	https://www.dallasal-anon.o	How to access services: Email allen.serenity.afg@gmail.com to schedule a newcomer meeting
		Get a list of all local Al- Anon meetings at https://www.dallasal-anon.org/meeting_list.php
ALATEEN- Plano	Legacy Expect a Miracle 909 W Spring Creek Pkwy. Suite 150 Plano TX 75023 https://www.dallasal-anon.o rg	Sun 7:00 pm Who we serve: Adolescents (ages 12- 19) Services Available: -Anonymous support for adolescents affected by someone else's alcohol use How to access services: Show up in person Get a list of all local Alateen meetings at https://www.dallasal-anon.org/meeting_list.php?type=L

		Sun 7:00 pm
ALATEEN (PRE TEEN)- Plano	Legacy Expect a Miracle 909 W Spring Creek Pkwy. Suite 150 Plano TX 75023 https://www.dallasal-anon.o	Who we serve: Pre-teens (ages 9- 12) Services Available: -Anonymous support for pre-teens affected by someone else's alcohol use How to access services: Show up in person Get a list of all local Alateen (preteen) meetings at https://www.dallasal-anon.org/meeting_list.php?type=R
Grace to Change	1216 North Central Expressway, Suite 104 McKinney TX 75070 972-542-2900	
Children's Health- Teen Recovery Program	1341 W Mockingbird Ln Dallas TX, 75247 Childrens.com/teenrecovery Email: teenrecovery@childrens.co m 214-456-7200	Who we serve: Children from ages 13-17 Services Available: Adolescent Substance abuse, pediatric anxiety disorders, depression in children How to access services: Childrens.com/teenrecovery Email: teenrecovery@childrens.com 214-456-7200
NARCOTICS ANONYMOUS (NA)- Keep it Simple	First United Methodist Church of Allen 601 S Greenville Ave. Allen TX 75002 https://lsrna.org/	Mon- Sun 7:30 pm Who we serve: Adults Services Available: -Anonymous support and 12- step program for individuals battling drug addiction How to access services: Show up in person Get a list of all local NA meetings at https://lsrna.org/meetings
FAMILIES ANONYMOUS	https://www.familiesanonym ous.org/	*All meetings are virtual at this time Who we serve: Children, adolescents and adults Services Available: -Anonymous support for families and friends of addicts How to access services: Sign up for a virtual meetings at https://www.familiesanonymous.org/meetings/virtual-meetings/

CELEBRATE RECOVERY- Allen	Cottonwood Creek Church 1015 Sam Rayburn Tollway Allen TX US 75013 Contact Ron Schrock ron.schrock@cottonwoodcr eek.org (972) 359- 7777 x3010 https://www.celebraterecove ry.com/	Mon 7:00 pm Who we serve: Adults Services Available: -Christian based support group and 12-step program for addicts -Childcare available during meeting for ages Infant- 12 How to access services: Show up in person
TEST MY TEEN	940 W FM 544 Suite 755 Wylie TX 75098 (214) 797- 8378 (call or text) https://www.testmyteen.com	Services Available: -Low cost, at-home drug and alcohol tests -Available Tests: multi-panel, ETG alcohol test, tobacco detector and Fentanyl screen -Free, online substance use information and resources for parents How to access services: Order online
IMAGINE PROGRAM	1947 K Ave. Suite 125 Plano TX 75074 (214) 385- 4264 https://www.imagineprograms.net	Who we serve: Adolescents (ages 13-17) and adults Services Available: -Substance abuse IOP -Individual and group counseling -Medication Management and Opiate detox -All services are virtual How to access services: Call for an appointment
NEXUS RECOVERY	8733 La Prada Dr. Dallas TX 75228 (214) 321- 0156 After Hours (972) 595- 4428 https://nexusrecovery.org/	Who we serve: Adolescents (ages 13-17) and adult women; pregnant and parenting women with children Services Available: -Medical detoxification -Residential services for substance abuse and co-occurring psychiatric disorders -Parenting education -Up to three children are able to stay with their mother during her treatment -Outpatient services (recovery support groups, counseling and medication assisted treatments) How to access services: Call for an appointment

RECOVERY RESOURCE COUNCIL	(817) 332- 6329 Referral Helpline (214) 522- 8600 Toll Free (800) 246- HOPE (4673) http://dallascouncil.org/	Services Available: -Information and referrals helpline to connect individual with treatment options, education classes and support groups -Opportunities to earn community service hours (court ordered) -HIV Outreach and prevention -Underage drinking and tobacco prevention initiatives How to access services: Go online or call the helpline for referrals
SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION SAMHSA NATIONAL HELPLINE	1 (800) 662- HELP (4357) Toll Free 1 (800) 487- 4889 https://www.samhsa.gov/fin d-help/national-helpline	Services Available: -24-Hour information and referrals helpline to connect individual with mental health & substance use treatment options, education classes and support groups -English and spanish available How to access services: Call helpline for referrals

Grief and Bereavement Resources

JOURNEY OF HOPE	3160 East Spring Creek Pkwy Plano TX 75074 903-751-5255 https://www.wccplano.org/joh	Who we serve: Children, adolescents and adults Services Available: -Grief support groups for individuals who have experienced the death of a loved one -Anticipatory grief support groups for individuals who have a loved one with an advanced serious illness -English and spanish groups available -In-person and virtual groups How to access services: Call for information about dates/times of groups
GRIEF SHARE	https://www.griefshare.org/	Who we serve: Adults who have experienced the death of a loved one Services Available: -Grief support groups How to access services: Get a list of all local grief shares at https://www.griefshare.org/findagroup
HEALING MATTERS- Pregnancy & Infant Loss Support Group	Medical City Plano 3901 W 15th St. Plano TX 75075 (972) 519-1588 https://medicalcityhealthcare. com/specialties/womens-care /?location=medical-city-plano	Every 4th Mon of each month 7:30 pm in the Administrative Conference Room 2 Who we serve: Adult women who have experienced the loss of a pregnancy or infant child Services Available: -Grief support groups How to access services: Call to join the group
SUICIDE & CRISIS CENTER OF NORTH TEXAS- Survivors of Suicide	(214) 824-7020 https://www.sccenter.org/programs-and-services/survivors-of-suicide/	Who we serve: Adults who have experienced the death of a loved one by suicide (within the last 2 years) Services Available: -8 week grief support groups How to access services: Call or email SOS@sccenter.org or complete online form at http://www.sccenter.org/about-us/contact/

American Foundation for Suicide Prevention	Call or text 988 Text TALK to 741741	
Faith and Grief	https://www.faithandgrief.org/	Who we serve: Adults who have experienced the death of a loved ones Services Available: -Virtual grief support groups -Virtual grief workshops -Weekend retreats (in-person) How to access services: Get a list of all grief support groups/workshops at https://www.faithandgrief.org/gatherings/
CAMP SOL	Children's Health-Child Life 1935 Medical District Dr. Dallas TX 75235 (214) 456- 8119 https://campsol.org/	Who we serve: Families (with children under the age of 18 remaining in the home) who have experienced the death of a child Services Available: -Weekend family retreats that provide a variety of programing including grief support, family bonding and traditional camp activities How to access services: Call or complete online form at https://campsol.org/forms/
The Grief & Loss Center of North Texas	4316 Abrams Rd. Dallas TX 75214 214-452-3105 https://mygriefandloss.org/	Who we serve: Families and children. Kindergartners-senior adults Services Available: - Free grief support Monthly virtual adult grief support groups - Monthly in person SAM's program designed to help kindergartners through high school seniors cope How to access: call number
The Warm Place	809 Lipscomb Street Fort Worth TX 76104 817-870-2272 https://www.thewarmplace.org/	Who we serve: Families, children 3-18, young adults 19-25 Services Available: - Free Grief support group - Group nights - Camp Remember me How to access: Call number
LightHouse for New Hope	2717 Motley Dr. Mesquite TX 75150 972-226-3110 https://www.lighthousefornewhope.org/	Who we serve: Children and adults Services Available: - Support groups - Spanish groups - Individual counseling How to access: Call number or enroll online
GriefWorks	5440 Harvest Hill Rd #140 Dallas TX 75230 2214 Hemphill St.	Who we serve: Children ages 5-18 and their adult family members Services Available:

	Ft. Worth TX 76110	- Support groups (twice a month on Tuesday)
	800-375-2229	- Individual counseling
	https://www.christian-works.or g/grief/griefworks/	
		Who we serve: Young widows and their school aged children
Broken Halos Haven	https://brokenhaloshaven.org/	Services Available: - Grief retreat - SHIFT - Honey Dudes - Man Camp

Child Care & Summer Programs

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

TEXAS WORKFORCE COMMISSION- Child Care Services of North Texas (CCMS)	P.O. Box 5888 Arlington TX 76005-5888 (817) 695-9184 https://dfwjobs.com	Who we serve: Low income families of children (ages 0- 13) Eligibility: -Parent(s) are employed, or attend an education or vocation training program at least 25 hours per week for a single-parent home and 50 hours per week for a two-parent home -Meet guidelines for low income How to access services: 1. Complete online application at https://ecm.nctcog.org/Forms/waitlist **If you qualify for services, you may initially be placed on a waitlist.
BOYS AND GIRLS CLUB- Summer Program	1111 H Ave. Plano Texas 75074 (972) 424-6301 701 S Church St. McKinney Texas 75069 (214) 544-8924 8750 McKinney St. Frisco Texas 75034 (214) 387-8405 https://www.bgccc.org/programs-services/summer-programs	Who we serve: Children (ages 5- 18) Services Available: -Summer Program Mon- Fri from 7:30 am- 6 pm pm (program runs May 31, 2022 - July 29, 2022) How to access services: Complete online application at https://www.bgccc.org/programs-services/member-application/
BIG BROTHER/ BIG SISTERS OF COLLIN COUNTY	450 E John Carpenter Freeway Suite #300 Irving TX 75062 1 (888) 888-BIGS (2447) https://bbbstx.org	Who we serve: Children and adolescents Services Available: -One-on-one mentoring How to access services: Complete the online application at https://bbbstx.org/sign-up-a-child/

Legal Assistance

CHILD SUPPORT OFFICE- Division of the Attorney General's Office	2020 G Ave. Suite 1004 Plano TX 75074 (469) 241-6500 https://www.texasattorneyge neral.gov/child-support	Mon- Fri 8 am- 5 pm Services Available: -Apply for or pay child support -Enforces child support or medical support orders -Assists with establishing paternity -Withholds wages for non-payment of child support -Reports delinquent parent to Credit Bureau
CATHOLIC CHARITIES- IMMIGRATION LEGAL SERVICES	1421 W Mockingbird Ln. Dallas TX 75247 (214) 634-7182 https://www.ccdallas.org/services/immigration-legal-services	Mon- Fri 8 am- 5 pm Services Available: -Free and low cost immigration legal services How to access services: Schedule a consultation online at https://catholic-charities-dallas.square.site/
LEGAL AID OF NORTHWEST TEXAS	901 N McDonald St. Suite 702 McKinney TX 75069 Allen Clinic First United Methodist Church 601 S Greenville Ave. Allen TX 75002 1 (800) 906-3045 (toll free) (972) 542-9405 (local) Legal Aid Line 1 (888) 529-5277	Mon-Fri 8 am -5 pm Allen Clinic: 2nd Thursday of each month at 6 pm Services Available: -Free legal assistance for civil cases (cannot assist with criminal, business, or immigration cases. Exceptions may be made for immigration matters relating to domestic violence, human trafficking, or other U-Visa or VAWA issues.) Eligibility: -Household income at 125% or below of the Federal Poverty Guidelines -Resident of Collin County -US Citizen How to access services: Apply by phone at 1 (888) 529-5277 or complete online application at https://lanwtoi.legalserver.org/modules/matter/extern_intake.php?pid=132&h=f0baaf&
TEXAS LAW HELP	https://texaslawhelp.org/	Services Available: -Free and low cost legal information and forms -Legal assistance locator

SMU LEGAL AID	3315 Daniel Ave. Dallas TX 75205 https://www.smu.edu/Law/Cli	Services Available: -11 clinics providing free legal advice and representation (child advocacy, civil/consumer matters, criminal cases, immigration detention, federal taxes, crimes against women, patents, small business/trademark and family law)
	<u>nics</u>	How to access services: Complete online application for each clinic at https://www.smu.edu/Law/Clinics/Resources-for-the-Public

Education Resources

COLLIN COLLEGE	Plano Campus 2800 E Spring Creek Pkwy. Plano TX 75074 (972) 881- 5790 Frisco Campus 9700 Wade Blvd. Frisco TX 75035 (972) 377- 1790 McKinney Campus 2200 W. University Dr. McKinney TX 75071 (972) 548- 6790 Wylie Campus 391 Country Club Rd. Wylie TX 75098 (972) 378- 8790 Technical Campus 2550 Bending Branch Way Allen TX 75013 (972) 553- 1290 Public Safety Training Center 3600 Redbud Blvd. McKinney TX 75071 https://www.collin.edu	Services Available: -Undergraduate (associate/bachelors) and certification programs -Financial aid -Workforce readiness programs -Career assessment/ planning/placement -Job search assistance -Resource library/ computerized career information -Veteran services How to access services: Apply online at https://www.collin.edu/gettingstarted/admissions/index.html
EVOLUTION ACADEMY CHARTER SCHOOL	1101 S. Sherman St. Richardson TX 75081 (972) 907- 3755 http://www.evolutionacadem y.org	Who we serve: Youth (ages 14- 21) at risk of dropping out Services Available: -No cost for tuition -TEA approved high school diploma -Transportation -Serves breakfast and lunch daily -Morning and afternoon sessions available How to access services: Complete online application at http://www.evolutionacademy.org/docs/parent_portal_application_form.pdf

RICHLAND COLLEGIATE HIGH SCHOOL	12800 Abrams Rd. Dallas TX 75243 (972) 761-6888 https://www.dallascollege.ed u/high-school-students/rchs /pages/default.aspx	Who we serve: High school students in 11th and 12th grade Services Available: -No cost for tuition and books -2 year program (11th and 12th grade) which allows students to take dual credit courses and potentially graduate with both their high school diploma and associate's degrees and ready to transfer to a 4 year university How to access services: Download application or complete online at https://www.dallascollege.edu/high-school-students/rchs/pages/apply.aspx
ALLEN COMMUNITY OUTREACH- GED Classes	801 E Main St. Allen TX 75002 (972) 727-9131 https://www.acocares.org	Who we serve: Adults (ages 18+. If 17 or youngermust have approval from TEA) Services Available: -GED prep classes How to access services: Start application process online at https://www.acocares.org/need-help/g-e-d-classes
TEXAS HOMESCHOOL COALITION	1701 N. Church St. Lubbock TX 79413 (806) 744-4441 https://thsc.org	Services Available: -T.E.A. rules provided to those choosing to homeschool their children **Note: Texas does NOT award a diploma to 'home schoolers.' A GED is awarded to those passing the GED exam.
NORTH TEXAS JOB CORPS CENTER	1701 N Church St. McKinney TX 75069 (972) 542-2623 https://northtexas.jobcorps. gov	Services Available: -No cost -Residential training program which includes vocational and academic instruction -Self- paced high school program to receive GED or high school diploma How to access services: Complete online form at https://www.jobcorps.gov/recruiting/enrollment -interest

TEXAS CHALLEngE ACADEMY	600 Hwy 3013 W. Eagle Lake TX 77434 1 (877) 822-0050 https://tmd.texas.gov/texas-c hallenge-academy	Who we serve: Adolescents (ages 16- 18) who dropped out of high school or are at risk of dropping out Services Available: -No cost for tuition -5 ½ months residential program -12 months post residential -Quasi Military Structure -No military obligation -Earn/Recover Credits -HS diploma or GED (eligible students) How to access services: Get information about the application process at https://tmd.texas.gov/texas-challenge-academ y#apply
TEXAS CONNECTIONS ACADEMY @ HOUSTON	10550 Richmond Ave. Suite 140 Houston TX 77042 1 (800) 382-6010 https://www.connectionsaca demy.com/texas-virtual-scho	Who we serve: Students grades 3rd-12th Services Available: -No cost for tuition -Texas online school How to access services: Enroll online at https://www.connectionsacademy.com/texas-virtual-school/enrollment
TEXAS VIRTUAL ACADEMY @ HALLSVILLE	1825 Lakeway Dr. Suite 400 Lewisville TX 75057 1 (844) 401-0680 https://tvah.k12.com	Who we serve: Students grades 3rd- 12th Services Available: -No cost for tuition -Online public school How to access services: Enroll online at https://tvah.k12.com/how-enroll.html
WINFREE ACADEMY- COURAGE PROGRAM	1661 Gateway Blvd. Richardson TX 75080 (972) 234-9855 2985 S State Highway 360 Suite 160 Grand Prairie TX 75052 (214) 204-2030 6311 Blvd 26 North Richland Hills TX 76118 (817) 590-2240 https://www.winfreeacademy. com/apps/pages/index.jsp? uREC_ID=422922&type=d&pR EC_ID=922966	Who we serve: High school students (grades 9th- 12th) coming out of a substance abuse or mental health treatment center Services Available: -No cost for tuition -Part of Winfree Academy Charter School -Safe and sober campus -On-campus AA and NA meetings and substance abuse education -Individual, group and family counseling -Random drug testing -Sessions: Mon- Thur 7:50 am- 1 pm & Fri 7:50 am- 12 pm How to access services: Complete online registration form at https://www.winfreeacademy.com/apps/pages/RegisterToday

SERENITY HIGH SCHOOL	2100 W White St. McKinney TX 75069 (469) 302-7830 http://serenity.mckinneyisd.n et	Who we serve: High school students (grades 9th- 12th) coming out of a drug treatment center and committed to staying clean and sober Services Available: -No cost tuition -Part of McKinney ISD -Safe and sober campus -On-campus AA and NA meetings -Individual counseling -Low student-teacher ratio How to access services: Call to schedule an admission interview
TEXAS PRIVATE SCHOOL ACCREDITATION COMMISSION	http://tepsac.org	Services Available: -Information on accredited non-public schools in Texas How to access services: Find a list of non-public schools online at http://www.tepsac.org/app/index.html#/search/schools

Healthcare Resources

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HEALTH SERVICES OF NORTH TEXAS- Adult Clinic	5501 Independence Pkwy Plano TX 75074 (972) 381- 1501 https://healthservicesntx.org/ hsnt-plano	Who we serve: Adults Services Available: -Full range of medical services including preventive medical care, sick visits, immunizations, prenatal care behavioral health services and prescription assistance -Accepts Medicaid, CHIP and Medicare -Sliding scale/low cost services available How to access services: Call desired location to schedule an appointment
HEALTH SERVICES OF NORTH TEXAS- Children's Clinic	303 S Hwy 78 Suite 106 Wylie TX 75098 (972) 801- 9689 https://healthservicesntx.org/ wylie-childrens-medical-clinic	Who we serve: Infants, children and adolescents Services Available: -Preventive medical care and immunizations -Sick visits -Prenatal care -Behavioral health services -Prescription assistance -Accepts Medicaid, CHIP and Medicare -Sliding scale/low cost services available How to access services: Call desired location for an appointment
COLLIN COUNTY PRIMACARE PROGRAM	825 N McDonald St. Suite 110 McKinney TX 75069 (972) 548- 4702 https://www.collincountytx.go v/healthcare_services/pages/ primacare.aspx	Who we serve: Children, adolescents and adults Services Available: -Primary care and urgent care services with a \$20 co-pay for low income families Requirements: -Resident of Collin County -Family earn less than 100% of the federal poverty guidelines -Valid government issued ID How to access services: Walk in to any location (no appointment needed) or check in on-line before you arrive. Get a full list of local PrimaCare clinics and check-in online at https://nextcare.com/brand/prima-care/

HEALTH CARE SERVICES OF COLLIN COUNTY	825 N McDonald St Suite 130 McKinney, TX 75069 972-548-5500 https://www.collincountytx.go v/healthcare_services/Pages/ default.aspx	Who we serve: Children, adolescents and adults Services Available: -Free and low cost services for low income families -Immunizations -Tuberculosis Clinic -Sexually Transmitted Disease Clinic -Indigent Care Requirements: -Resident of Collin County -Proof of income -Valid government issued ID How to access services: Call for an appointment
Carevide	1708 W Audie Murphy Pkwy. #400 Farmersville, TX 75442 972-782-6131	
Citybridge Urgent Care	910 W. Parker Rd. #102 Plano, TX 75075 972-972-8930	
JULIA'S CENTER FOR HEALTHCARE	1947 Ave K Suite A 400 Plano TX 75074 (972) 535- 5099 https://www.juliascenter.com/	Who we serve: Children and adolescents Services Available: -Major lab services -Women's health clinic (occurs monthly) -Eye clinic (occurs monthly) -Chronic medical treatment -Diabetes services Requirements: -Proof of Collin County residency, -Photo ID How to access services: Call for an appointment
PRIMARY CARE CLINIC OF NORTH TEXAS	3900 American Dr. Suite 201 Plano TX 75075 560 W Main St. Suite 201 Lewisville TX 75057 (972) 596- 6005 https://www.primarycareclinic.org/	Who we serve: Adolescents and adults (ages 13- 65) who are uninsured Services Available: -General medical services -Routine blood tests -Women's health pap smears -EKG -Arthritis and Lupus Clinic How to access services: Call for an appointment

REAL OPTIONS FOR WOMEN	1776 W McDermott Dr. Suite 100 Allen TX 75013 (972) 424- 5144 https://realoptionstx.com/	Who we serve: Adolescents and adult women Services Available: -Free and low cost services -Pregnancy tests, sonograms, options assessment -STI screening How to access services: Call for an appointment
PLANNED PARENTHOOD	600 North Central Expy Plano TX 75074 (972) 424- 6311 https://www.plannedparentho od.org/	Who we serve: Adolescents and adults Services Available: -Free and low cost services -Sexual and reproductive health care How to access services: Call for an appointment or schedule online at https://www.plannedparenthood.org/health-center/texas/plano/75074/plano-health-center-4193-91620
EYE EXAMS/EYE GLASSES	Prevent Blindness Texas	Who we serve: Free eye exams and glasses for students with no insurance, CHIP or Medicaid Services Available: -Free eyeglasses How to access services: Contact school nurse for a referral • If the student has CHIP or Medicaid they will get a free eye exam and pair of glasses yearly with America's Best
America's Best	469-675-7641	Who we serve: Free eye exams and glasses yearly to those who have Medicare, Medicaid, and CHIP How to access: Call the number and tell them you are being referred by the Lions Club to get free/reduced rates
Cedar Springs Eye Clinic	2525 Lucas Dr. #3 Dallas, TX 75219 214-528-7354	
Eyecare America	1-877-887-6327	
Texas State Dars- Division for blind services	6500 Greenville Ave. #250 Dallas, TX 75206 214-378-2600	

FAMILY HEALTH CENTER ON VIRGINIA	Medical/ Dental Center 1620 W. Virginia Street McKinney TX 75069 Women's Health Center 4510 Medical Center Dr. Suite 201 McKinney TX 75069 (214) 618- 5600 https://fhcntx.org/	Who we serve: Children, adolescents and adults Services Available: -Medicaid/Medicare and low cost/sliding scale services -Wellness exams and immunizations -Sick visits -School and sports physicals -Treatment of chronic health conditions -Women's health services -Dental services How to access services: Call for an appointment
Carevide Pediatric Dental (6 months-21 years old)	3005 Joe Ramsey Blvd A. Greenville TX 75401 903-455-4458	
Collin College (Dental cleanings only)	2200 W. University Dr. #A116 Mckinney TX 75071 972-548-6537	
Family Health Center on Virginia (20 and under, 65 and older, pregnant women)	1620 W. Virginia St. Mckinney TX 75069 214-618-5600	
North Dallas Shared Ministries	2875 Merrek Rd. Dallas TX 75229 214-358-8729	
Prism Health North Texas Dental Care	East Dallas 3910 Gaston Ave. #175 Dallas, TX 75246 214-257-1082 North Dallas 8224 Park Lane. #25 Dallas, TX 75231 214-987-1131 Farmers Branch 13551 Dennis Lane Farmers Branch, TX 75234 972-241-2259 Vickery Meadow 8224 Park Ln. # 125 Dallas, TX 75231 214-987-1131	
Texas A&M College Dentistry	3302 Gaston Ave. Dallas, TX 75246 214-828-8100	

Texas Women's University	604 Administration Dr. Denton, TX 76204	
	940-898-2888	
	103 E. Lamar St. McKinney, TX 75069	
Commonocod	469-712-4246	
Commongood Medical Mckinney	Farmersville (Friday Only) 206 N. Main St. Farmersville, TX 75442	
	469-712-4246	
Community Health Clinic	4510 Medical Center Dr. # 204 McKinney, TX 75069	
Ctiriic	972-547-0606	
Family Health Center on Viginia (20 and	1620 W. Virginia St. McKinney, TX 75069	
under, 65 and older, Pregnant women	214-618-5600	
Grace Women's Health	811 E. Plano Pkwy. #108 Plano, TX 75074	
Center	972-423-2275	
Hope Women's Center (women only)	2777 Virginia Pkwy. McKinney, TX 75071	
(Worner Only)	972-562-4673	
	1920 W. Eldorado Pkwy. #100 McKinney, TX 75069	
	469-952-3737	
Baylor Scott & White Urgent Care +	PLANO 3304 Alma Dr Plano, TX 75023	(Ask for a Collin County low cost
Mckinney	972-424-6581	appointment)
	WEST PLANO 5076 W Plano Pkwy Plano, TX 75093	
	972-733-0095	
North Dallas Shared	2875 Merrell Rd. Dallas, TX 75229	
Ministries	214-358-8700	
Watermark Urgent Care	9780 LBJ FWY. #124 DALLAS, TX 75243	
Care	469-317-0028	
Wylie Children's Medical Clinic	303 S. STATE HWY 78 #106 WYLIE, TX 75098	

	972-429-5410	
CARE VAN	1 (866) 806- SHOTS (7468) https://carevan.org/	Who we serve: Children and adolescents (ages 4-18) who are uninsured Services Available: -No cost immunizations Requirements: -Must bring most complete immunization record How to access services: No appointments necessary. Find a list of upcoming events at https://carevan.org/dallas-ft-worth-events/
American Cancer Society Hope Lodge	210 N. Hall St. Dallas TX 75226 469-451-4900	
Cancer Support Community of North Texas	8196 Walnut Hill Lane, LL10 Dallas, TX 75231 214-345-8230	
GDAS Cancer Clinic (Breast & Colon Cancer Only)	833 E. Arapaho Rd. #205 Richardson TX 75081 972-635-3680	
Leukemia and Lymphoma Society (Blood Cancer Patients Only)	972-996-5900	
Moncrief Cancer Institute	400 W. Magnolia Ave. Fort Worth TX 76104 817-288-9800	
Texas Health Presbyterian Hospital-Plano	6200 W. Parker Rd. Plano TX 75093 1-866-455-2810	
BTSW Harold Simmons Cancer Center	2201 Inwood Rd. Dallas TX 75390 214-645-8300	
Denton	4304 Mesa Dr. Denton, TX 76207 940-373-5536	
Parkland Health and Hospital System	5200 Harry Hines Blvd. Dallas, TX 75235 214-590-8000	
Any Lab Test Now-	1705 W University Dr. #112	

Mckinney	McKinney, TX 75069	
	214-842-8881	
Hope Resource Center of Mckinney	2740 Virginia Pkwy. #200 McKinney, TX 75071	
(Females only) ´	972-562-4673	
Frisco Family Services	9111 Dogwood St. #100 Frisco, TX 75034	
	972-335-9495	
Coast2coastRX Prescription	1-800-931-8872	
Community Assistance Program	1-888-311-6224	
Good RX	1-888-799-2553	

Government Assistance & Community Programs

Hope Restored Missions	1947 K Ave. #B100 Plano TX 75074 (214) 501-2181 www.hoperestoredadmissions. org Admin@hoperestoredmission s.org	Who we serve: Families or individuals in need Services Available: - Groceries - Food Packs - Hygiene Packs - Clothing - Basic needs - Government issued ID's - Housing - Job Readiness and Placement - Mental Health Benefits - Benefits Application
SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)	901 N Mcdonald St. Suite 800 McKinney TX 75069 (972) 562- 5832 Toll Free 1 (877) 541- 7905 (after you select a language, press 2) https://hhs.texas.gov/services /food/snap-food-benefits	- Government-Issued phones and tablets Who we serve: Low income individuals and families Services Available: -Monthly assistance for food. Payments are placed on a Lone Star Card that can be used to purchase qualifying food products at local grocery stores How to access services: Complete online application at https://www.yourtexasbenefits.com/Learn/Home
TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)	901 N Mcdonald St. Suite 800 McKinney TX 75069 (972) 562- 5832 Toll Free 1 (877) 541- 7905 (after you select a language, press 2) https://hhs.texas.gov/services/financial/cash/tanf-cash-hel Q	Who we serve: Low income caregivers with children (under the age of 18 in their care and custody) Services Available: -One time or on-going cash payments to help pay for food, clothing, housing and other essentials How to access services: Complete online application at https://www.yourtexasbenefits.com/Learn/Home

WOMEN INFANT AND CHILDREN (WIC)	825 N McDonald Suite 120 McKinney TX 75069 (972) 424- 1460 ext. 5554 900 E Park Suite 165 Plano TX 75074 (972) 633- 3350 https://texaswic.org/	Who we serve: Low income pregnant women, breastfeeding women, infants and caregivers with children (under the age of 5 in their care and custody) Services Available: -Supplemental food and formula -Nutrition education -Breastfeeding support How to access services: Call for an appointment AND complete online application at https://texaswic.az1.qualtrics.com/jfe/form/SV-6G3nsSAEyVNzixn?Q_Language=EN
MEDICAID & CHIP	901 N Mcdonald St. Suite 800 McKinney TX 75069 (972) 562- 5832 https://hhs.texas.gov/services /health/medicaid-chip	Who we serve: Low income children who are uninsured (ages 0- 17 and up to age 20 for children with disabilities) Services Available: -Free and low cost health insurance How to access services: Complete online application at https://www.yourtexasbenefits.com/Learn/Home
EARLY CHILDHOOD INTERVENTION (ECI)- Lifepath Systems	1515 Heritage Dr. McKinney TX 75069 (972) 562- 0331 https://www.lifepathsystems.org/early-childhood-intervention-welcome	Who we serve: Families with children (ages newborn- 3) with developmental delays or disabilities Services Available: -Evaluations and assessments -Case management -Physical, occupational, speech and language therapy -Nutritional services -Supportive services for social/emotional development -Assistive technology -Parent education, counseling and support groups How to access services: Complete online referral form at https://pcasecure.com/wplifepatheci/

Texas Workforce Solutions of North Texas WORKFORCE SOLUTIONS OF NORTH TEXAS	1101 Resource Dr. Plano TX 75074 (469) 229- 0099 https://ntxworksolutions.org/	Who we serve: Adults seeking employment Services Available: -Workforce development services including workforce training and education programs, literacy services, disability services, career development, job search assistance and employment placementUnemployment benefits -Childcare assistance (for individuals participating in job training programs) -Find a full list of available programs and services at How to access services: Call or visit website for information on how to access specific
		Who we serve: Children, adolescents and adults
US SOCIAL SECURITY ADMINISTRATION	3250 Craig Dr. McKinney TX 75070 1 (866) 931- 2731 https://www.ssa.gov/	Services Available: -Social security cards and replacements -Insurance for retirees, survivors and the disabled -Prescription drug benefits -Supplemental security income -Special veterans benefits How to access services: Access services online at https://www.ssa.gov/onlineservices/
COLLIN COUNTY VETERANS SERVICES	900 E. Park Blvd. Suite 150 Plano TX 75074 (972) 881- 3060 https://www.collincountytx.gov/veterans/Pages/default.asp	Who we serve: US Veterans and their dependants Services Available: -Assistance with obtaining for VA and state benefits How to access services: Call for an appointment
AMERICAN RED CROSS-North Texas Region	1450 Redbud Blvd Mckinney, TX 75069 (214) 678- 4800 https://www.redcross.org/	Who we serve: Children, adolescents and adults Services Available: -Open shelter locator -Disaster relief and post-emergency recovery - Financial assistance and support services

	for military personnel and their families
	How to access services: Call or visit website for information on how to access services at https://www.redcross.org/get-help.html