

***ALLEN ISD***  
***COMMUNITY***  
***RESOURCE***  
***LIST***

**2025-2026**



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# Emergency Numbers

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

ALLEN POLICE DEPARTMENT	Emergency # 911 Non-Emergency (214) 509- 4200 text-a-tip program <a href="http://www.cityoffallen.org/index.aspx?NID=1467">http://www.cityoffallen.org/index.aspx?NID=1467</a>
CHILD ABUSE HOTLINE	1 (800) 252- 5400 On-line reporting - <a href="https://www.txabusehotline.org">https://www.txabusehotline.org</a>
COLLIN COUNTY CARES	Directory of services in Collin County - <a href="http://www.collincares.org">http://www.collincares.org</a>
HOPE'S DOOR (Domestic Violence Shelter)	(972) 276- 0057
HUMAN TRAFFICKING HOTLINE	1 (888) 373- 7888 or text "Help" or "Info" to 233733
LIFEPATH 24-Hour Mental Health Crisis Line & Crisis Team	1 (877) 422- 5939
NATIONAL TEEN DATING ABUSE HOTLINE	1 (866) 331- 9474 <a href="http://www.loveisrespect.org">www.loveisrespect.org</a> or text "loveis" to 22522
NORTH TEXAS POISON CONTROL	1 (800) 222- 1222
RUNAWAY HOTLINE	24-Hour Hotline 1 (800) RUNAWAY or 1 (800) 786- 2929
SUICIDE AND CRISIS CENTER OF NORTH TEXAS	24-Hour Hotline (214) 828- 1000
SUICIDE & CRISIS TEXT LINE	Text "HELLO" to 741741
TEXAS YOUTH HOTLINE	Phone Counseling 24-Hour Hotline 1 (800) 989- 6884 or text (512) 872- 5777
THE TURNING POINT (formerly the Rape Crisis Center of Collin County)	24- Hour Hotline 1 (800) 886- 7273
Collin Springs	(469)-885-8901

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# Food & Basic Needs

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

ALLEN COMMUNITY OUTREACH	801 E. Main St. Allen TX 75002  (972) 727- 9131  <a href="https://www.acocares.org">https://www.acocares.org</a>	Tues 9- 11 am & 5- 7 pm Thur & Sat 9- 11 am  <b>How to access services:</b> Drive through during business hours  *For emergency food- complete the online application and then call #972-727-9131 <a href="https://www.tfaforms.com/4939883">https://www.tfaforms.com/4939883</a>  <b>Requirements:</b> -Proof of Collin County Residency -Valid government issued ID
ALLEN MINISTERIAL ALLIANCE	1515 N. Greenville Ave. Allen TX 75002 (located behind St. Jude Catholic Church)  (972) 727- 1177  <a href="https://allenfoodpantry.org">https://allenfoodpantry.org</a>	Mon & Thur 6- 8 pm Tue, Fri & Sat 9 am- 12:00 pm Closed Wed and Sun  <b>How to access services:</b> 1. Complete an application at: <a href="https://allenfoodpantry.org/docs/AFPAApplicationEnglish.pdf">https://allenfoodpantry.org/docs/AFPAApplicationEnglish.pdf</a> 2. Walk in during business hours  <b>Requirements:</b> -Completed application (see link above) -Proof of Collin County Residency
FIRST BAPTIST CHURCH OF ALLEN (Emergency Food Pantry)	201 E. McDermott Dr. Allen TX 75002  (972) 727- 8241  <a href="https://www.fbcallen.org/foodpantry/">https://www.fbcallen.org/foodpantry/</a>	Sun 4- 5:30 pm Tues 10- 11:30 am Wed 6- 7:30 pm  <b>How to access Services:</b> Drive through during business hours  <b>Requirements:</b> -Proof of Collin County Residency  **Food boxes are available to families, once every two weeks
A CHRISTIAN FOOD PANTRY	1116 Dobie Dr. Plano TX 75074  (972) 578- 5730  Email: <a href="mailto:walt@acfoodpantry.org">walt@acfoodpantry.org</a>	Mon, Tue, Wed & Sat 7:30 am- 1 pm  <b>How to access services:</b> Drive thru during business hours  <b>Requirements:</b> -None (will be provided an application at first visit)  **Food boxes are available to families once every 7 days

COMMUNITY GARDEN KITCHEN	501 Howard St. McKinney TX 75069  <a href="https://communitygardenkitchen.org">https://communitygardenkitchen.org</a>	Restaurant Style Dining Mon- Thur 6- 8 PM  <b>How to access services:</b> Walk in during business hours  <b>Requirements:</b> -None
SALVATION ARMY- McKinney Location	600 Wilson Creek Pkwy McKinney TX 75069  (972) 542- 6694  <a href="https://salvationarmyntx.org">https://salvationarmyntx.org</a>	Fresh Food: Mon & Wed 9:15- 10:15 am & 1- 3:30 pm Food Pantry: Tue, Thur & Fri 9 am- 12 pm & 1- 3:30 pm  <b>How to access services:</b> Walk in during business hours  <b>Requirements:</b> -Proof of income -Utility bill or lease agreement -Valid government issued picture ID
SALVATION ARMY- Plano Location	3528 E. 14th St. Plano TX 75074  (972) 423- 8254  <a href="https://salvationarmyntx.org">https://salvationarmyntx.org</a>	Mon, Wed & Fri 10 am- 2 pm  <b>How to access services:</b> Walk in during business hours  <b>Requirements:</b> -Proof of income -Utility bill or lease agreement -Valid government issued picture ID
COMMUNITY FOOD PANTRY	307 Smith St. McKinney TX 75069  (972) 547- 4404  <a href="http://www.community-foodpantry.org">http://www.community-foodpantry.org</a>	Mon- Fri 12- 4 pm  <b>How to access services:</b> Walk in during business hours  <b>Requirements:</b> -Social Security Number -Picture ID
COMMUNITY GARDEN KITCHEN	501 Howard St. McKinney TX 75069  <a href="https://communitygardenkitchen.org/">https://communitygardenkitchen.org/</a>	Mon- Thur 6- 8 pm  <b>How to access services:</b> Walk in during business hours for a full service, sit down, dinner- free of charge)  <b>Requirements:</b> -None
BEDSTART	P.O. Box 866322 Plano TX 75086  <a href="https://bedstart.org/">https://bedstart.org/</a>	<b>Service Available:</b> -Free beds, dressers, tables, living room furniture and other home essentials  <b>How to access services:</b> Complete online request form at <a href="https://bedstart.org/get-help">https://bedstart.org/get-help</a>



LAUNDRY LOVE	MVP Wash n' Dry 6958 Main St. Frisco TX 75034 (972-) 352- 1378  <a href="https://laundrylove.org/">https://laundrylove.org/</a>	1st Friday of each month from 6- 8 pm  <b>Service Available:</b> -Free laundry service for clothes and bedding  <b>How to access services:</b> Show up in person with your dirty laundry the 1st Friday of each month
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\*\*Proof of residency may include: Driver's License, Utility Bill, Lease Agreement, Student ID, IRS Property Tax Statement, Social Security Letter, Voter Registration Card, SNAP/Medicaid Benefits Form etc.

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# Emergency Shelters

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

SALVATION ARMY	<p>1508 E. McKinney Denton TX 76202 (940) 566- 3800</p> <p>5302 Harry Hines Blvd. Dallas TX 75247 (214) 424- 7050</p> <p><a href="https://salvationarmytx.org/">https://salvationarmytx.org/</a></p>	<p>Who we serve: Adults (no children)</p> <p><b>Services Available:</b> -Dinner served daily at 5:30 pm -Worship programs -Life skills classes</p> <p><b>Requirements:</b> -Valid government issued ID -Breathalyzer test</p> <p>Intake: Mon-Sun at 4 pm</p>
AUSTIN STREET SHELTER	<p>2929 Hickory St. Dallas TX 75226</p> <p>(214) 428- 4242</p> <p><a href="https://www.austinstreet.org">https://www.austinstreet.org</a></p>	<p>Who we serve: Women (age 18 +) &amp; Men (age 45 +)</p> <p><b>Services Available:</b> -Breakfast and dinner served daily. -Clothing, bedding, and hygiene supplies -Computer Lab -Mental &amp; Medical Health Care -Substance use recovery -Benefits navigation -Spiritual support -Diversion services to prevent homelessness -Transportation assistance</p> <p><b>Requirements:</b> -Valid government issued ID -Negative COVID-19 test (provided at intake)</p> <p>Intake: Mon- Fri 1- 4 pm</p>
ARLINGTON LIFE SHELTER	<p>325 W. Division St. Arlington TX 76011</p> <p>(817) 548- 9885</p> <p><a href="https://arlingtonlifeshelter.org">https://arlingtonlifeshelter.org</a></p>	<p>Who we serve: Adults and their children</p> <p><b>Services Available:</b> -Provides shelter for up to 72 hours (and up to 12 weeks if participating in employment program) -Breakfast, dinner and a sack lunch served daily</p> <p><b>Requirements:</b> -Two forms of ID (at least one picture ID) -Background check (may not have any convictions in the past 5 years and no crimes against children ever) -Breathalyzer and urine drug test (random drug tests may be requested throughout stay)</p> <p>Intake: Mon- Sun 2- 4 pm</p>

<p>FAMILY GATEWAY</p>	<p>711 S. St. Paul St. Dallas TX 75201</p> <p>Main (214) 823- 4500 Intake (888) 411- 6802 (Option 3)</p> <p><a href="https://familygateway.org">https://familygateway.org</a></p>	<p><b>Who we serve:</b> Adults <u>with</u> children (must have a child 18 years or younger in your care/custody)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency and transitional housing</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Housing and Employment Stabilization Program</li> <li>-Education Stabilization Program for kids</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>- Valid government issued ID</li> <li>- Proof of guardianship for each minor child</li> </ul> <p><b>**Families will <u>not</u> be denied if they are unable to provide ID or guardianship paperwork.</b></p> <p><b>Intake:</b> Call 'Intake Line' or complete online application at <a href="https://familygateway.org/get-assistance/prescreen/">https://familygateway.org/get-assistance/prescreen/</a></p>
<p>DALLAS LIFE FOUNDATION</p>	<p>1100 Cadiz St. Dallas TX 75215</p> <p>(214) 421- 1380</p> <p><a href="https://dallaslife.org">https://dallaslife.org</a></p>	<p><b>Who we serve:</b> Adults <u>with</u> children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Private rooms for married couples and families</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Clothing and other basic necessities</li> <li>-Diapers, wipes, clothing, formula, bottles, strollers, car seats and toys for babies</li> <li>-School uniforms, backpacks and school supplies, tutoring and summer programs</li> <li>-On site medical and dental clinics</li> <li>-First time residents receive 3 FREE nights and then pay-to-stay \$15 per night or enrollment in the Homeless No More Program (for individuals with no income)</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Valid government issued ID</li> <li>-Social Security Card</li> <li>-Marriage License (for married couples)</li> <li>-Background check (may not have charges for violent crimes, crimes against children or sex crimes; may not have a protective order on record; may not be currently on parole)</li> <li>-Random drug testing</li> <li>-For each child- Birth Certificate, Social Security Card and Immunization Records</li> </ul> <p><b>Intake:</b> Mon- Fri 10 am- 2 pm</p>



THE BRIDGE	<p>1818 Corsicana St. Dallas TX 75201</p> <p>Main (214) 670- 1100 Intake (214) 670- 1507</p> <p><a href="https://www.bridgehrc.org">https://www.bridgehrc.org</a></p>	<p><b>Who we serve:</b> Adults (no children)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Day and night shelter</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Barber services</li> <li>-Computer access</li> <li>-Government ID obtainment</li> <li>-Employment assistance</li> <li>-Free on-campus healthcare clinics</li> <li>-On site kennel available for resident's with dogs</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Must complete intake through the day shelter to enter the night shelter</li> <li>-Negative COVID-19 test (taken less than 72 hours ago)</li> </ul> <p><b>Intake:</b> Mon- Sun 6 am- 5 pm</p>
**CENTER FOR HOPE	<p>4815 Cass St. Dallas TX 75235</p> <p>(214) 638- 2988</p> <p><a href="https://ugmdallas.org/shelter-and-housing-for-women-and-children">https://ugmdallas.org/shelter-and-housing-for-women-and-children</a></p>	<p><b>Who we serve:</b> Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency housing for up to 90 days</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Clothing and other basic necessities</li> <li>-Library, learning center and life skills classes</li> <li>-Medical Clinic</li> <li>-Childcare for young children</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Valid government issued ID</li> <li>-For each child- Birth Certificate</li> </ul> <p><b>Intake:</b> Call to schedule an intake appointment.</p> <p>Appointments are available Mon- Sun from 8 am- 5 pm</p>
PROMISE HOUSE	<p>224 W. Page Ave. Dallas TX 75208</p> <p>(214) 941- 8578</p> <p><a href="https://promisehouse.org">https://promisehouse.org</a></p>	<p><b>Who we serve:</b> Youth ages 6- 18 and pregnant or parenting youth ages 14- 20</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency (up to 90 days) and long term housing (up to 2 years)</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Clothing and hygiene products</li> <li>-Medical and dental services</li> <li>-Mental health services</li> <li>-Education assistance</li> <li>-Career planning services</li> <li>-Life skills training</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Youth under the age of 18 must have parental/guardian consent to enter program</li> </ul> <p><b>Intake:</b> Call (214) 941-8578 ext 500</p>

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# Transitional Housing & Housing Resources

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Hope Restored Missions	<p>1947 K Ave. #B100 Plano TX 75074</p> <p>(214) 501-2181</p> <p><a href="http://www.hoperestoredadmission.org">www.hoperestoredadmission.org</a></p> <p><a href="mailto:Admin@hoperestoredmissions.org">Admin@hoperestoredmissions.org</a></p>	<p>Who we serve: Families or individuals in need</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>- Groceries</li> <li>- Food Packs</li> <li>- Hygiene Packs</li> <li>- Clothing</li> <li>- Basic needs</li> <li>- Government issued ID's</li> <li>- Housing</li> <li>- Job Readiness and Placement</li> <li>- Mental Health Benefits</li> <li>- Benefits Application</li> <li>- Government-Issued phones and tablets</li> </ul>
SHILOH PLACE	<p>P.O Box 2731 McKinney TX 75070</p> <p>(469) 534- 9407</p> <p><a href="https://www.shilohplacemckinney.com">https://www.shilohplacemckinney.com</a></p>	<p>Who we serve: Women (ages 20+) <u>with</u> children under the age of 10</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Private apartment for each family</li> <li>-Childcare and academic support for children</li> <li>-Tuition for job training or career development</li> <li>-Mental health services</li> </ul> <p>Requirements:</p> <ul style="list-style-type: none"> <li>-High school diploma or GED</li> <li>-Valid driver's license</li> <li>-Own a car and provide proof of insurance</li> <li>-Be willing to participate in a comprehensive program</li> </ul> <p>How to access services: Call or email <a href="mailto:program@shilohplacemckinney.com">program@shilohplacemckinney.com</a></p>

<p>AGAPE- TRANSITIONAL LIVING PROGRAM</p>	<p>P.O Box 861664 Plano TX 75086</p> <p>(469) 814- 0453</p> <p><a href="https://www.hope4agape.org">https://www.hope4agape.org</a></p>	<p><b>Who we serve:</b> Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Transitional housing</li> <li>-Childcare (beyond traditional hours)</li> <li>-Mental health support</li> <li>-Academic support and summer programs for school aged children</li> <li>-Assistance with obtaining reliable transportation</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Currently employed</li> <li>-Criminal background check</li> <li>-Free of addiction for a minimum of 1 year</li> <li>-Drug test</li> <li>-Willing to participate in a comprehensive program</li> </ul> <p><b>How to access services:</b> Complete online application at <a href="https://www.hope4agape.org/our-services/#who-agape-service">https://www.hope4agape.org/our-services/#who-agape-service</a></p>
<p>FAMILY PROMISE OF COLLIN COUNTY</p>	<p>(972) 442- 6966</p> <p><a href="https://www.familypromiseofcollincounty.org">https://www.familypromiseofcollincounty.org</a></p>	<p><b>Who we serve:</b> Adults and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Rotational shelter</li> <li>-Nightly housing from 6 pm- 7 am at a local congregation</li> <li>-Access to Day-Center from 7:30 am- 6 pm</li> <li>-Breakfast, lunch and dinner</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-3 Interviews</li> <li>-Criminal background check</li> <li>-Valid ID</li> <li>-Willing to participate in a comprehensive program</li> </ul> <p><b>How to access services:</b> Call or email <a href="mailto:supportservices@familypromiseofcollincounty.org">supportservices@familypromiseofcollincounty.org</a> **May take up to 3- 5 days to complete intake process</p>

SAMARITAN INN	<p>1514 N. McDonald St. McKinney, TX 75071</p> <p>(972) 542-5302</p> <p><a href="https://sominn.org">https://sominn.org</a></p>	<p><b>Who we serve:</b> Adults and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Transitional Housing</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Personal hygiene products, free laundry, haircuts, over the counter medicines, and vouchers for needed items and services</li> <li>-Day care and transportation vouchers are also available under certain circumstances</li> <li>-Playroom, computer lab, classrooms, a chapel, a playground</li> <li>-Potential to transition to the North Texas Gateway Apartments transitional living program</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>- Valid government issued picture ID</li> <li>- Drug Test</li> <li>- Criminal background check (must have no convictions for violent crimes)</li> <li>-Willing to participate in Personal Independence Program</li> </ul> <p><b>How to access services:</b> Call to schedule an intake interview</p> <p>Intake days are Tues &amp; Thur from 9 am- 1:30 pm and Sun from 9 am- 1 pm</p>
CITY HOUSE	<p>830 Central Parkway East Suite 350 Plano TX 75074:</p> <p>(972) 424- 4626 After Hours (972) 972- 0278</p> <p><a href="https://www.cityhouse.org">https://www.cityhouse.org</a></p>	<p><b>Who we serve:</b> Adults (ages 18- 21)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Transitional housing for up to 18 months</li> <li>-Mental health services</li> <li>-Job training &amp; life skills training</li> <li>-Mentorship / life Coaching</li> <li>-Educational support</li> <li>-Transportation assistance</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Willing to get a job and work 20+ hours</li> <li>-Willing to complete HS or obtain GED</li> <li>-Curfew: Mon-Thur 11pm and Fri-Sat 1am</li> </ul> <p><b>How to access services:</b> Complete online application at  <a href="https://forms.office.com/Pages/ResponsePage.aspx?id=CktNU0XOX0ybCsPfmFXxa344NOUxkSdDsY3hHWvrMnZUOF1BTzIJOVLCMTJYM1U5SUxDU084NFhBTC4u">https://forms.office.com/Pages/ResponsePage.aspx?id=CktNU0XOX0ybCsPfmFXxa344NOUxkSdDsY3hHWvrMnZUOF1BTzIJOVLCMTJYM1U5SUxDU084NFhBTC4u</a></p>

BLAKE'S HOUSE	<p>Plano TX (972) 358- 4732 <a href="https://jimrileyoutreach.org">https://jimrileyoutreach.org</a></p>	<p><b>Who we serve:</b> Women (ages 18- 25)</p> <p><b>Services Available:</b>            -Transitional housing for up to 18 months            -Private Room            -Life skills training            -Mentorship            -Education assistance</p> <p><b>Requirements:</b>            -Drug screen            -Criminal background check            -Able to manage mental health issues with medication and outpatient treatment            -Commitment to a 40 hour 'productive work week'</p> <p><b>How to access services:</b> Complete online application at  <a href="https://jimrileyoutreach.org/application/">https://jimrileyoutreach.org/application/</a>            **Average intake process takes about 2 weeks</p>
OUR FRIEND'S PLACE	<p>6500 Greenville Ave. Suite 620 Dallas TX 75206 (214) 520- 6268 <a href="https://ourfriendsplace.org">https://ourfriendsplace.org</a></p>	<p><b>Who we serve:</b> Women (ages 18- 24)</p> <p><b>Services Available:</b>            -Life skills classes            -Financial literacy, vocational and educational classes            -Private room</p> <p><b>Requirements:</b>            -Single women between ages of 18- 24 (not yet pregnancy or parenting)            -Willing/able to maintain employment</p> <p><b>How to access services:</b> Schedule a phone interview by contacting the Residential Program Director at (214) 520-6268 or email  <a href="mailto:Nicole.Price@ourfriendsplace.org">Nicole.Price@ourfriendsplace.org</a></p>
INTERFAITH HOUSING- HOME & HOPE	<p>1651 Matilda St. Dallas TX 75206 (214) 827- 7220 <a href="https://interfaithdallas.org">https://interfaithdallas.org</a></p>	<p><b>Who we serve:</b> Adults <u>with</u> children under the age of 18 (in their care and custody)</p> <p><b>Services Available:</b>            -Temporary housing for up to 12 months            -Private, furnished apartments            -Rent free (30% saving program implemented once employed)            -Employment assistance            -Wellness programs            -On-site childcare and afterschool/ summer program            -Rent and utility assistance for individuals participating in financial and career coaching</p> <p><b>Requirements:</b>            -Valid government issued ID            -Social Security Cards (for all adults and children)            -Birth Certificates (for all adults and children)            -Proof of income (pay stub, unemployment form, child support form, SSI etc.)            -Criminal background check (no convictions for</p>

		<p>violent or sexually related crimes)          -Have a GED or higher          -Legally able to work in the US          -Drug screen</p> <p><b>How to access services:</b> Complete online application at  <a href="https://a5588.socialsolutionsportal.com/apricot-intake/f5bf95cd-3b31-4c55-aa18-bdccc90b40322">https://a5588.socialsolutionsportal.com/apricot-intake/f5bf95cd-3b31-4c55-aa18-bdccc90b40322</a></p>
CITY SQUARE HOUSING	<p>1610 S. Malcolm X Blvd.          Dallas TX 75226          (214) 823- 8710  <a href="https://www.citysquare.org">https://www.citysquare.org</a></p>	<p><b>Who we serve:</b> Adults and their children</p> <p><b>Services Available:</b>          -Immediate and permanent housing programs          -Walk- in case management services (including assistance with shelter/housing, obtaining identification papers, obtaining financial assistance, clothing, food etc.)</p> <p><b>How to access services:</b> Contact the Homeless Outreach Team Program Manager at (469) 904-7022 or walk in for case management services Mon- Fri 9am- 12pm &amp; Tues- Fri 1- 4pm</p>
HOUSING CRISIS CENTER	<p>4210 Junius St.          Dallas TX 75246          (214) 828- 4244  <a href="https://hccdallas.org">https://hccdallas.org</a></p>	<p><b>Who we serve:</b> Chronically homeless families and the disabled</p> <p><b>Services Available:</b>          -Rapid re-housing program (time-limited program for newly homeless families)          -Permanent supportive housing programs for chronically homeless individuals who are disabled and have a co-occurring diagnosis (mental health and substance abuse)          -Permanent supportive housing program for chronically homeless disabled veterans          -Emergency rent and financial assistance</p> <p><b>How to access services:</b> Call to start application</p>
PLANO HOUSING AUTHORITY	<p>1740 G Ave.          Plano TX 75074          (972) 423- 4928  <a href="https://www.planoha.org">https://www.planoha.org</a></p>	<p><b>Who we serve:</b> Low income families, the elderly and the disabled</p> <p><b>Services Available:</b>          -Section 8 Housing Choice Vouchers ( which provides rental subsidies and allows families to rent homes from private property owners)          -Public housing options (owns and manages 24 public housing units in Plano)</p> <p><b>How to access services:</b> Complete online application at  <a href="https://www.planoha.org/waiting-lists/">https://www.planoha.org/waiting-lists/</a></p>

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# Domestic Violence Shelters & Resources

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

<p>GENESIS WOMEN'S SHELTER</p>	<p>4411 Lemmon Ave Suite 201 Dallas TX 75219</p> <p>(214) 389- 7700</p> <p>24-Hour Help Hotline (214) 946-HELP (4357)</p> <p><a href="https://www.genesisshelter.org">https://www.genesisshelter.org</a></p>	<p>Who we serve: Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency housing for up to 6 weeks</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Clothing and hygiene products</li> <li>-Safety planning</li> <li>-Legal support</li> <li>-Mental health services</li> <li>-On site school for children (Simmons School)</li> <li>-Potential to transition to Annie's House (12 month independent living program)</li> </ul> <p>How to access services: Call 24 hour hotline</p>
<p>HOPE'S DOOR- NEW BEGINNINGS</p>	<p><b>Plano Outreach Center</b> 860 F Ave. Suite 100 Plano TX 75074 (972) 422- 2911</p> <p><b>Garland Outreach Center</b> 218 N. 10th St. Garland TX 75040 (972) 422- 2911</p> <p>24-Hour Help Hotline (972) 276- 0057</p> <p><a href="https://hdnbc.org">https://hdnbc.org</a></p>	<p>Who we serve: Adults and their children (male victims and their children are provided shelter at a separate location)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency housing for up to 90 days and transitional housing</li> <li>-Breakfast, lunch and dinner served daily</li> <li>-Clothing and hygiene products</li> <li>-Safety planning</li> <li>-Legal support</li> <li>-Mental health services</li> <li>-Playroom, playground and academic support</li> </ul> <p>How to access services: Call 24 hour hotline</p>
<p>TEXAS MUSLIM WOMEN'S ASSOCIATION- Domestic Violence and Family Violence Program</p>	<p>P.O Box 863388 Plano TX 75086</p> <p>(469) 467- 6841</p> <p>24-Hour Help Hotline (972) 880- 4192</p> <p><a href="https://tmwf.org">https://tmwf.org</a></p>	<p>Who we serve: Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency and transitional housing</li> <li>-Legal services</li> <li>-Immigration assistance</li> <li>-Interpretation and translation</li> <li>-Mental health services</li> <li>-ESL and job training</li> </ul> <p>How to access services: Call 24 hour hotline</p>

<p>MOSAIC FAMILY SERVICES</p>	<p>12225 Greenville Avenue Suite 800 Dallas TX 75243</p> <p>(214) 821- 5393</p> <p>24-Hour Help Hotline (214) 823- 4434</p> <p>24-Hour Trafficking Hotline (214) 823- 1911</p> <p><a href="https://mosaicservices.org">https://mosaicservices.org</a></p>	<p><b>Who we serve:</b> Adults and children who are survivors of domestic violence, human trafficking, refugees, unaccompanied minors</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Emergency and transitional housing</li> <li>-Legal services</li> <li>-Immigration assistance</li> <li>-Interpretation and translation</li> <li>-Medical and mental health services</li> <li>-ESL and job training</li> </ul> <p><b>How to access services:</b> Call 24 hour hotline or complete online form at <a href="https://mosaicservices.org/get-help/">https://mosaicservices.org/get-help/</a></p>
<p>AGAPE- TRANSITIONAL LIVING PROGRAM</p>	<p>P.O Box 861664 Plano TX 75086</p> <p>(469) 814- 0453</p> <p><a href="https://www.hope4agape.org">https://www.hope4agape.org</a></p>	<p><b>Who we serve:</b> Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Transitional housing</li> <li>-Childcare and educational support</li> <li>-Job training and life skills</li> <li>-Transportation assistance</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Currently employed</li> <li>-Criminal background check</li> <li>-Free of addiction for a minimum of 1 year</li> <li>-Drug test</li> </ul> <p><b>How to access services:</b> Complete online form at <a href="https://www.hope4agape.org/our-services/#who-agape-service">https://www.hope4agape.org/our-services/#who-agape-service</a></p>
<p>EMILY'S PLACE</p>	<p>P.O Box 860911 Plano TX 75074</p> <p>(972) 424- 7775</p> <p><a href="https://emilysplacetx.org">https://emilysplacetx.org</a></p>	<p><b>Who we serve:</b> Women and their children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Transitional housing for up to 24 months</li> <li>-Life skills, financial literacy classes and educational support</li> <li>-Employment assistance,</li> <li>-Mental health services and medical referrals</li> <li>-Legal services</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Drug Test</li> <li>-Criminal background check</li> <li>-Free of addiction for a minimum of 1 year</li> <li>-3 references</li> </ul> <p><b>How to access services:</b> Complete resident application online at <a href="https://emilysplace.formstock.com/forms/resident-application">https://emilysplace.formstock.com/forms/resident-application</a></p>

CHETNA- DFW	<p>1 (888) 924- 3862</p> <p>Domestic Violence Helpline 1 (888) 9CHETNA (24- 3862)</p> <p><a href="https://chetna-dfw.org">https://chetna-dfw.org</a></p>	<p><b>Who we serve:</b> Women (focus on south asian populations but will provide services to all populations)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>- Case management program</li> <li>- Legal assistance</li> <li>-Mental health services</li> <li>-Interpretation and translation services</li> <li>-Limited financial assistance</li> </ul> <p><b>How to access services:</b> Call Mon- Fri 9 am-5 pm or e-mail <a href="mailto:chetna@chetna-dfw.org">chetna@chetna-dfw.org</a></p>
CRIME VICTIMS COMPENSATION	<p>1 (800) 983- 9933</p> <p><a href="https://www.texasattorneygeneral.gov/crime-victims">https://www.texasattorneygeneral.gov/crime-victims</a></p>	<p><b>Who we serve:</b> Crime victims and their immediate family members who have financial costs related to the crime</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Financial compensation to assist victims with counseling, medical care, funeral costs and loss of income and other crime related costs.</li> </ul> <p><b>Eligibility:</b></p> <ul style="list-style-type: none"> <li>-A victim who was injured or died because of the crime</li> <li>-Someone who came to the aid of a crime victim and was injured or died</li> <li>-First responders who were injured or died while responding to a crime</li> </ul> <p><b>How to access services:</b> Complete online application at <a href="https://www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program/apply-crime-victims-compensation">https://www.texasattorneygeneral.gov/crime-victims/crime-victims-compensation-program/apply-crime-victims-compensation</a></p>

\*\*Domestic violence shelter locations/addresses are kept confidential

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# Emergency Financial Assistance

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

TEXAS RENT RELIEF	(833) 9TX-RENT or (833) 989-7368  Email: <a href="mailto:info@texasrentrelief.com">info@texasrentrelief.com</a>  <a href="https://texasrentrelief.com">https://texasrentrelief.com</a>	<p>***As of Jan 13, 2022 TRR has committed ALL of its current funds and IS NOT taking new applications at this time.</p> <p><b>Services Available:</b>            -Assistance for up to 18 months of past due rent and utilities            -Assistance with upcoming/ expected rent and utility costs (up to 3 months at a time)</p> <p><b>Requirements:</b>            -Household income at or below 80% of area median income</p> <p>AND (one or more individuals in a household meet the following):            -Qualifies for unemployment or has experienced a reduction in household income or incurred significant costs due to COVID-19            -Demonstrates a risk of experiencing homelessness or housing instability without rental assistance</p> <p><b>How to access services:</b> Complete online application at  <a href="https://texasrentrelief.com/updates/">https://texasrentrelief.com/updates/</a></p>
CITY OF ALLEN- EMERGENCY RENTAL ASSISTANCE PROGRAM	<a href="https://www.cityofallen.org/2214/Emergency-Rental-Assistance-Program">https://www.cityofallen.org/2214/Emergency-Rental-Assistance-Program</a>	<p><b>Services Available:</b>            -Up to 12+ months of rental assistance</p> <p><b>Requirements:</b> (one or more individuals in a household meet the following):            -Qualifies for unemployment or has experienced a reduction in household income or incurred significant costs due to COVID-19            -Demonstrates a risk of experiencing homelessness or housing instability            -Household income at or below 80% of the area median income            -Residence of the City of Allen</p> <p><b>How to access services:</b> Complete online application at  <a href="https://ndc.smapply.io/prog/city_of_allen_assistance_programs/">https://ndc.smapply.io/prog/city_of_allen_assistance_programs/</a></p>

ALL COMMUNITY OUTREACH	<p>801 E Main St. Allen TX 75002</p> <p>(972) 727- 9131</p> <p><a href="https://www.acocares.org">https://www.acocares.org</a></p>	<p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Rent and mortgage assistance</li> <li>-Utility assistance for customers of TXU Energy, CoServ and Atmos</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Valid government issued picture ID</li> <li>-Proof of Collin County Residency (or letter from shelter, family or friend with whom you live, if homeless)</li> <li>-Proof of household income</li> </ul> <p><b>How to access services:</b></p> <ol style="list-style-type: none"> <li>1.Complete online application at <a href="https://www.tfaforms.com/4660631">https://www.tfaforms.com/4660631</a></li> <li>2. Submit the required documents (listed above) to <a href="mailto:intake@acocares.org">intake@acocares.org</a> with the applications name in the subject line.</li> </ol>
ASSISTANCE CENTER OF COLLIN COUNTY	<p>900 East 18th St. Plano TX 75074</p> <p>Main (972) 422- 1125 Assistance Helpline (972) 422- 1850</p> <p><a href="https://assistancecenter.org">https://assistancecenter.org</a></p>	<p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Assistance with rent or utilities</li> </ul> <p><b>Requirements::</b></p> <ul style="list-style-type: none"> <li>-Proof of Collin County Residency</li> <li>-Identification for all household members</li> <li>-Proof of household income</li> <li>-Documentation of current crisis</li> <li>-Must be willing to form a workable plan about how expenses will be met going forward</li> </ul> <p><b>How to access services:</b></p> <ul style="list-style-type: none"> <li>-Contact the Assistance Helpline between Mon-Fri 9 am- 3 pm</li> </ul>
ST. JUDE- PEOPLE HELPING PEOPLE	<p>1515 N. Greenville Ave. Allen TX 75002</p> <p>(469) 931- 6526</p> <p><a href="https://stjudeparish.com/emergency-assistance">https://stjudeparish.com/emergency-assistance</a></p>	<p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-One time assistance with mortgage, utility and other bills</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Proof of Residency of Allen, Lucas, Fairview or McKinney</li> <li>-Picture ID</li> <li>-Copy of overdue or upcoming bill</li> <li>**Funds will be paid directly to entity owed</li> </ul> <p><b>How to access services:</b></p> <ol style="list-style-type: none"> <li>1. Complete online applications at <a href="https://stjudeparish.com/documents/2020/1/EARApplication-1.pdf">https://stjudeparish.com/documents/2020/1/EARApplication-1.pdf</a></li> <li>2. Email completed application to <a href="mailto:assist@stjudeparish.com">assist@stjudeparish.com</a></li> </ol>

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# *Mental Health Crisis*

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

EMERGENCY	9-1-1
SUICIDE & CRISIS CENTER OF NORTH TEXAS	(214) 828-1000 (local) 1-800-SUICIDE (national)
PARKLAND HOSPITAL	(214) 590-8761
ALLEN PRESBYTERIAN HOSPITAL- ER	(972) 747-8761
MEDICAL CENTER OF MCKINNEY- ER	(972) 540-4700
LIFEPATH SYSTEMS CRISIS HOTLINE -will conduct at home services	(877) 422-5939

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# Mental Health Treatment Centers (Inpatient & Outpatient)

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

<p>SAMHSA - Substance Abuse and Mental Health Services Administration</p>	<p>1-800-662-HELP(4357)  <a href="https://findtreatment.gov/">https://findtreatment.gov/</a></p>	<p>Who we Serve: Children, adolescents, adults, families, and couples</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>- Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.</li> </ul> <p>How to access services: Go to the website listed or call the number</p>
<p>***COLLIN SPRINGS BEHAVIORAL HEALTH HOSPITAL</p>	<p>4650 W University Drive McKinney, Tx 75071  469-855-8901  ***accepts Medicaid</p>	<p>Who we serve: Adults and adolescents (ages 12- 17)</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Inpatient</li> <li>-PHP/ IOP</li> </ul> <p>How to access services: Walk in OR call for an appointment Mon-Fri 8 am- 8 pm</p>
<p>CHILDREN'S HEALTH- Dallas</p>	<p>1935 Medical District Dr. Dallas TX 75235  Inpatient/PHP (214) 456- 8899 IOP (214) 456- 3600  <a href="https://www.childrens.com/specialties-services/specialty-centers-and-programs/psychiatry-and-psychology">https://www.childrens.com/specialties-services/specialty-centers-and-programs/psychiatry-and-psychology</a></p>	<p>Who we serve: Children and adolescents (ages 5- 17)</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Inpatient</li> <li>-PHP/ IOP</li> <li>-Outpatient services</li> </ul> <p>*Speciality Programs: Eating disorder treatment; SPARC (Suicide Prevention Program; Depression Clinic</p> <p>How to access services: Call for an appointment</p>
<p>UNIVERSITY BEHAVIORAL HEALTH</p>	<p>2026 W. University Dr. Denton TX 76201  (940) 320- 8100  <a href="https://ubhdenton.com">https://ubhdenton.com</a></p>	<p>Who we serve: Adults and adolescents (ages 13- 17)</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Inpatient</li> <li>-PHP/ IOP</li> </ul> <p>How to access services: Call for an appointment</p>

<p>Texas Health Resources ***SEAY CENTER</p>	<p>6110 W. Parker Rd. Plano TX 75093</p> <p>(682) 236- 6023</p> <p><a href="https://www.texashealth.org/en/Locations/texas-health-plano/THBHP">https://www.texashealth.org/en/Locations/texas-health-plano/THBHP</a></p> <p>***accepts Medicaid</p>	<p><b>Who we Serve:</b> Adults and adolescents (ages 12- 17)</p> <p><b>Services Available:</b> -Inpatient -PHP/ IOP</p> <p><b>How to access services:</b> Walk in OR Call for an appointment Mon-Fri 8 am- 8 pm</p>
<p>TEXAS HEALTH RESOURCES</p>	<p>1105 N Central Expressway</p> <p>Suite #2310 Allen TX 75013 <a href="https://www.texashealth.org/Locations/Texas-Health-Allen/THBHCA">https://www.texashealth.org/Locations/Texas-Health-Allen/THBHCA</a></p> <p>5858 Main St. Suite #101 Frisco TX 75034 <a href="https://www.texashealth.org/Locations/texas-health-frisco/THBHCFR">https://www.texashealth.org/Locations/texas-health-frisco/THBHCFR</a></p> <p>Referral Line (682) 626- 8719</p>	<p><b>Who we Serve:</b> Adults and adolescents (ages 12- 17)</p> <p><b>Services Available:</b> -PHP/ IOP (varies by location)</p> <p><b>How to access services:</b> Call referral line for an appointment</p>
<p>TEXAS HEALTH RESOURCES</p>	<p>3661 North Plano Rd. Suite #2100 Richardson TX 75082</p> <p><a href="https://www.texashealth.org/Locations/texas-health-cityline/THBHCRCR">https://www.texashealth.org/Locations/texas-health-cityline/THBHCRCR</a></p> <p>Referral Line (682) 626- 8719</p>	<p><b>Who we Serve:</b> Adults and adolescents (ages 12- 17)</p> <p><b>Services Available:</b> - IOP **Specialized Adolescent LGBTQ &amp; Chemical Dependency IOP</p> <p><b>How to access services:</b> Call referral line for an appointment</p>
<p>***CARRUS CHILDREN'S BEHAVIORAL HOSPITAL</p>	<p>1724 U.S. Hwy 82 West Sherman TX 75092</p> <p>(903) 870- 1200</p> <p><a href="https://www.carrushealth.com">https://www.carrushealth.com</a></p> <p>***accepts Medicaid</p>	<p><b>Who we Serve:</b> Children and adolescents (ages 5- 17)</p> <p><b>Services Available:</b> -Inpatient</p> <p><b>How to access services:</b> Walk in OR call the referral line for an appointment</p>
<p>***CARRUS CARES</p>	<p>3600 Eldorado Parkway, Building C, Suite 1, Mckinney, TX 75072 469-486-0130</p> <p>2440 Timber Ridge Frisco TX 75034 (469) 200- 5353</p> <p><a href="https://www.carruscarebehavioral.com/">https://www.carruscarebehavioral.com/</a></p>	<p><b>Who we Serve:</b> Children and adolescents (ages 8-12 &amp; 13-17)</p> <p><b>Services Available:</b> -IOP/ PHP</p> <p><b>How to access services:</b> Call for an appointment</p>

	***accepts Medicaid	
<b>***MEDICAL CITY MENTAL HEALTH &amp; WELLNESS CENTER-Frisco</b>  - formally HAVEN BEHAVIORAL HOSPITAL	5680 Frisco Square Blvd. Frisco TX 75034  (469) 535- 8000  <a href="https://www.medicalcityhealthcare.com/locations/medical-city-mental-and-health-and-wellness-center-frisco">https://www.medicalcityhealthcare.com/locations/medical-city-mental-and-health-and-wellness-center-frisco</a>  ***accepts Medicaid	<b>Who we Serve:</b> Adults and adolescents (ages 12- 17)  <b>Services Available:</b> -Inpatient -IOP  <b>How to access services:</b> Walk in OR call the referral line for an appointment
<b>MEDICAL CITY GREEN OAKS HOSPITAL</b>	Inpatient 7808 Clodus Fields Dr. Dallas TX 75251 (972) 991- 9504 Referral Line (972) 770- 0818  IOP 4001 W. 15th Street Suite #465 Plano TX 75093 (972) 985- 1599  <a href="https://medicalcityhealthcare.com/specialties/child-and-teen-mental-health/?location=medical-city-green-oaks-hospital">https://medicalcityhealthcare.com/specialties/child-and-teen-mental-health/?location=medical-city-green-oaks-hospital</a>	<b>Who we Serve:</b> Adults and adolescents (ages 12- 17)  <b>Services Available:</b> -Inpatient -IOP -Telehealth (psychiatry and counseling services)  <b>How to access services:</b> Call for an appointment
<b>***CHANGES-CARROLLTON SPRINGS</b>	5920 K Ave Plano TX 75074 (972) 212- 5487  6870 Lebanon Rd. Suite #300 Frisco TX 75034 (469) 850- 2040  1820 N. Lake Forest Dr. McKinney TX 75071 (469) 634- 1270  2225 Parker Rd. Carrollton TX 75010 (972) 382- 5855  1970 W. University Dr. Suite #201 Prosper TX 75078 (682) 549- 7961  <a href="https://carrolltonsprings.com/">https://carrolltonsprings.com/</a>	<b>Who we serve:</b> Children and adolescents (ages 11- 18)  <b>Services Available:</b> -Inpatient (Carrollton location only) -PHP/IOP  <b>How to access services:</b> Call desired location for an appointment

	***accepts Medicaid	
ACCESS	4280 Main St Suite 300 Frisco TX 75034 (972) 905- 6574 <a href="https://www.accesscounselinggroup.com">https://www.accesscounselinggroup.com</a>	Who we serve: Adolescents (ages 11- 17)  <b>Services Available:</b> -IOP (dual diagnosis- mental health and substance abuse)  <b>How to access services:</b> Call for an appointment
THE EXCEL CENTER	401 N. Valley Parkway Suites #100 & 200 Lewisville TX 75067 (972) 906- 5522 <a href="https://excelcenterlewisville.com">https://excelcenterlewisville.com</a>	Who we serve: Children and adolescents (ages 5- 18)  <b>Services Available:</b> -PHP/ IOP  <b>How to access services:</b> Call for an appointment
EXULT HEALTHCARE	801 Medical Center Dr. McKinney TX 75069 (469) 714- 0006 <a href="https://exulthealthcare.com">https://exulthealthcare.com</a>	Who we serve: Adolescents (ages 13- 17)  <b>Services Available:</b> -IOP  <b>How to access services:</b> Call for an appointment
CONNECTIONS WELLNESS	7290 Virginia Parkway Suite 3100 McKinney TX 75071 (469) 617- 6166  130 South Preston Road Prosper TX 75078 (972) 600-1214  255 Lebanon Road Suite #124 Frisco TX 75036 (469) 430-1930  940-222-2399 <a href="https://connectionswellnessgroup.com/">https://connectionswellnessgroup.com/</a>	Who we serve: Adolescents (ages 12- 18) *18 year olds must still be in high school or a recent graduate  <b>Services Available:</b> -PHP/ IOP - Free assessments, medication management, Dietitian  <b>How to access services:</b> Call desired location for an appointment
ELEVATE	7589 Preston Road Suite #900 Frisco TX 75034  4425 Plano Parkway Suite #302 Carrollton TX 75010	Who we serve: Children & Adolescents (ages 5 -17)  <b>Services Available:</b> -PHP/ IOP  <b>How to access services:</b> Call for an appointment or complete online

	<p>5160 Village Creek Drive Suite #100 Plano TX 75093</p> <p>(214) 396) 0717 Referral Line: 1 (800) 379- 8150</p> <p><a href="https://www.elevatehealthcare.us/">https://www.elevatehealthcare.us/</a></p>	<p>appointment request form at <a href="https://974f6f74-a9a1-43a7-aa3b-a34eac85f362.filesusr.com/ugd/fb6b64_7781ceb0a4fa4c1dacfcbbc65f8f0d32d.pdf">https://974f6f74-a9a1-43a7-aa3b-a34eac85f362.filesusr.com/ugd/fb6b64_7781ceb0a4fa4c1dacfcbbc65f8f0d32d.pdf</a></p>
BASEPOINT ACADEMY	<p>4733 Medical Center Drive McKinney TX 75069</p> <p>(469) 515- 8961</p> <p><a href="https://basepointacademy.com/locations/mckinney/">https://basepointacademy.com/locations/mckinney/</a></p>	<p><b>Who we serve:</b> Adolescents (ages 11 -17 and up to age 18 if still in high school)</p> <p><b>Services Available:</b> -PHP/ IOP</p> <p><b>How to access services:</b> Call for an appointment</p>
REFLECTIONS LIFESTYLE CENTER	<p>6221 Chapel Hill Blvd Suite #300 Plano TX 75093</p> <p>4901 Windhaven Pkwy Suite #200 The Colony TX 75056</p> <p>8333 Douglas Ave. Suite #350 Dallas TX 75225</p> <p>469-777-4688</p> <p><a href="https://reflectionslifestyle.com/adolescent-mental-health-services/">https://reflectionslifestyle.com/adolescent-mental-health-services/</a></p>	<p><b>Who we serve:</b> Adolescents (ages 10-18) Adults (18-65)</p> <p><b>Services Available:</b> PHP and IOP</p> <p><b>How to access services:</b> Call to make an appointment</p>
EATING RECOVERY CENTER	<p>4708 Alliance Blvd Suite 300 Plano TX 75093 (972) 476- 0800</p> <p>5120 Legacy Drive Plano TX 75024 (469) 613- 1722</p> <p>Referral Line 1 (888) 809- 7493</p> <p><a href="https://www.eatingrecoverycenter.com/">https://www.eatingrecoverycenter.com/</a></p>	<p><b>Who we serve:</b> Children, Adolescents &amp; Adults</p> <p><b>Services Available:</b> -Eating Disorder Treatment -Residential -Inpatient -PHP</p> <p><b>How to access services:</b> Call for an appointment</p>
CHILDREN'S HEALTH The Center for Pediatric Eating Disorders	<p>7601 Preston Road Plano TX 75024 Suite P4300 (469) 303- 4095</p> <p>New Patient Line (214) 456- 8899</p> <p><a href="https://www.childrens.com/specialties-services/specialty-centers-and-programs/psychiatry-and-psychology/conditions-and-programs/eating-disorders">https://www.childrens.com/specialties-services/specialty-centers-and-programs/psychiatry-and-psychology/conditions-and-programs/eating-disorders</a></p>	<p><b>Who we serve:</b> Children &amp; Adolescents</p> <p><b>Services Available:</b> -Eating Disorder Treatment -Inpatient -PHP/IOP</p> <p><b>How to access services:</b> Call 'New Patient Line' for an appointment or request an appointment online</p>

CENTER FOR DISCOVERY	5124 Corinthian Bay Drive Plano TX 75093 1 (866) 453- 2101  <a href="https://centerfordiscovery.com/locations/plano/">https://centerfordiscovery.com/locations/plano/</a>	<b>Who we serve:</b> Children & Adolescents (ages 9- 18)  <b>Services Available:</b> -Eating Disorder Treatment -Inpatient -PHP/IOP  <b>How to access services:</b> Call for an appointment
DALLAS BEHAVIORAL HOSPITAL	800 Kirnwood Dr. DeSoto TX 75115  (972) 982- 0897  <a href="https://www.dallasbehavioral.com">https://www.dallasbehavioral.com</a>	<b>Who we serve:</b> Adults and adolescents (ages 13- 17)  <b>Services Available:</b> -Inpatient -PHP/IOP -Virtual Outpatient (adults only)  <b>How to access services:</b> Call for an appointment or walk in 24 hours a day
NEWPORT ACADEMY	9201 N Central Expy Suite #150 Dallas TX 75231  1 (833) 442- 1931  <a href="https://www.newportacademy.com">https://www.newportacademy.com</a>	<b>Who we serve:</b> Adolescents (ages 12- 17)  <b>Services Available:</b> -PHP/IOP  <b>How to access services:</b> Call for an appointment

\*\*PHP= Partial Hospitalization Program/ Day Treatment

\*\*IOP= Intensive Outpatient Program (a lower level of care then PHP which usually meets 2-4 days/ week)

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# *Counseling Resources*

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

<p>***LIFEPATH SYSTEMS- Behavioral Health Open Access Clinics</p>	<p>7308 Alma Dr. Plano TX 75025 (972) 422- 5939</p> <p>1515 Heritage Dr. McKinney TX 75069 (972) 422- 5939</p> <p><a href="https://www.lifepathsystems.org/">https://www.lifepathsystems.org/</a></p> <p>***Medicaid accepted</p>	<p>Who we Serve: Children, adolescents and adults</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Sliding scale &amp; no cost services (insurance also accepted)</li> <li>-Psychiatric evaluations &amp; medication management</li> <li>-Individual and family counseling</li> <li>-Telehealth</li> <li>-Services can be provided in-home or in community settings (or at CFGC offices)</li> <li>-Drug prevention &amp; intervention program</li> <li>-Youth empowerment services for ages 3- 18 (YES Waiver)</li> </ul> <p>How to access services: Walk in to an open access clinic Mon- Thur 8 am- 3 pm &amp; Fri 8 am- 12 pm</p>
<p>LIFEPATH SYSTEMS- Intellectual &amp; Developmental Disability Services</p>	<p>7300 Alma Dr. Plano TX 75025</p> <p>(972) 727- 9133</p> <p><a href="https://www.lifepathsystems.org/get-help/intellectual-developmental-disabilities/">https://www.lifepathsystems.org/get-help/intellectual-developmental-disabilities/</a></p>	<p>Who we Serve: Children, adolescents and adults</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-Sliding scale &amp; no cost services</li> <li>-Individual and family counseling</li> <li>-Case management</li> <li>-Skills training</li> <li>-Supported employment</li> <li>-Behavioral supports</li> <li>-Residential and Home and Community-Based Services (HCS) Program</li> </ul> <p>How to access services: Call to speak with an Eligibility Specialist</p>
<p>CHILD &amp; FAMILY GUIDANCE CENTER</p>	<p>4031 W. Plano Pkwy. Suite 211 Plano TX 75093</p> <p>(214) 351- 3490</p> <p><a href="https://www.childrenandfamilies.org">https://www.childrenandfamilies.org</a></p>	<p>Who we Serve: Children, adolescents and adults</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>-No cost services</li> <li>-Psychiatric evaluations &amp; medication management</li> <li>-Individual and family counseling</li> <li>-Telehealth</li> <li>-In-home/ In-school services available</li> <li>-Drug prevention &amp; intervention program</li> <li>-Youth empowerment services for ages 3- 18 (YES Waiver)</li> </ul> <p>How to access services: Call for an appointment</p>

CITY HOUSE	830 Central Parkway E. Suite 350 Plano TX 75074 (972) 424- 4626 <a href="https://www.cityhouse.org/programs/counseling-services/">https://www.cityhouse.org/programs/counseling-services/</a>	<b>Who we Serve:</b> At- risk adolescents (ages 12- 17) <b>Services Available:</b> -No cost services -8 individual/family counseling sessions -Summer 2022 'Minds Matter Group (7th - 9th graders) <b>How to access services:</b> Call for an appointment
STARRY COUNSELING	2150 S Central Expressway Suite 160 McKinney TX 75070 (469) 617- 7476 <a href="https://www.starry.org">https://www.starry.org</a>	<b>Who we Serve:</b> Children & adolescents (under the age of 18) <b>Services Available:</b> -No cost services -Individual, family and group counseling -In person, phone and online sessions available -Parenting classes <b>How to access services:</b> Call for an appointment
STRENGTHENING FAMILIES OF NORTH TEXAS	P.O. Box 261903 Plano TX 75026 (972) 867- 9470 <a href="http://www.sfntx.org/home.html">http://www.sfntx.org/home.html</a>	<b>Who we Serve:</b> Children (ages 0- 6) and their caregivers <b>Services Available:</b> -No cost services -Mental health evaluations -Individual, family and group counseling -In- home services available -Outreach Connection Program (provides case mang, parent education, respite child care, child developmental assessments and basic needs assistance) -Spanish services available <b>How to access services:</b> Call for an appointment
COLLIN COUNTY CHILDREN'S ADVOCACY CENTER	2205 Los Rios Blvd. Plano TX 75074 (972) 633- 6600 <a href="https://www.caccollincounty.org">https://www.caccollincounty.org</a>	<b>Who we Serve:</b> Children and adolescent victims of abuse/neglect and their non-offending family members <b>Services Available:</b> -No cost services -Trauma focused individual therapy <b>How to access services:</b> Call for an appointment
FAMILY HEALTH CENTER ON VIRGINIA	1620 W. Virginia St. McKinney TX 75069 (214) 618- 5600 <a href="https://fhcntx.org/services/counseling">https://fhcntx.org/services/counseling</a>	<b>Who we Serve:</b> Children, adolescents and adults <b>Services Available:</b> -Insurance and sliding scale services -Individual counseling (brief 20- 30 minute sessions) <b>How to access services:</b> Call for an appointment

TRAUMA SUPPORT SERVICES OF NORTH TEXAS	<p>210 S Cedar Ridge Dr. Suite C-100 Duncanville TX 75116</p> <p>(972) 709- 4904</p> <p><a href="https://www.traumasupportservices.org">https://www.traumasupportservices.org</a></p>	<p><b>Who we Serve:</b> Children, adolescents and adults who have experienced or witnessed a trauma (such as homicide, abuse, robbery, sexual assault etc.)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost and sliding scale services</li> <li>-Individual and family therapy</li> <li>-Play therapy (for children)</li> <li>-Psychoeducation and trauma groups</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
THE TURNING POINT	<p>3325 Silverstone Dr. Plano TX 75023</p> <p>(972) 985- 0951</p> <p>24-Hour Crisis Line 1 (800) 886- 7273</p> <p><a href="https://www.theturningpoint.org">https://www.theturningpoint.org</a></p>	<p><b>Who we Serve:</b> Survivors of sexual assault and their family and friends (ages 13+)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost services</li> <li>-Individual counseling</li> <li>-Support groups</li> <li>-Hospital accompaniment</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
HAROLD MURPHY COUNSELING CENTER	<p>510 Heard St. McKinney TX 75069</p> <p>(469) 302- 6318</p> <p><a href="https://www.tamuc.edu/harold-murphy/#tamuc-section-146248">https://www.tamuc.edu/harold-murphy/#tamuc-section-146248</a></p>	<p><b>Who we Serve:</b> Children (ages 3+), adolescents and adults</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Sliding scale services</li> <li>-Individual counseling</li> <li>-Family counseling</li> <li>-Teen coping skills group</li> <li>-Parent education classes</li> <li>-Psycho-educational assessments (for children ages 6-16)</li> <li>-Child-Parent Relationship Training (CPRT)</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
CHILDREN'S HEALTH School- Based TeleBehavioral Health	<p>1 (844) 856- 6926.</p> <p><a href="https://www.childrens.com/specialties-services/virtual-care/school-based-programs/school-telebehavioral-health">https://www.childrens.com/specialties-services/virtual-care/school-based-programs/school-telebehavioral-health</a></p>	<p><b>Who we Serve:</b> Students K-12 (at participating campuses)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Virtual individual counseling</li> <li>-Completed in a private location on campus during school hours</li> <li>-Up to 4 free sessions (insurance will be billed for all additional sessions)</li> <li>-All records are kept confidential through Children's Health and are not provided to AISD without a release from student's guardian</li> </ul> <p><b>Participating Campuses:</b></p> <ul style="list-style-type: none"> <li>-All Allen ISD Campuses</li> </ul> <p><b>How to access services:</b> Contact your campus counselor</p>

<p>NORTH TEXAS BEHAVIORAL HEALTH YOUTH ADVOCATE PROGRAM (YAP)</p>	<p>8700 N Stemmons Fwy. Suite 460 Dallas TX 75247</p> <p>(214) 821- 9554</p> <p><a href="https://www.yapinc.org">https://www.yapinc.org</a></p>	<p><b>Who we Serve:</b> At-risk children and adolescents (ages 4-17) and their families</p> <p><b>**Specialize in</b> autism spectrum disorders, trauma and individuals involved in the justice or child welfare system</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost services</li> <li>-Psychiatric evaluations and medication management</li> <li>-Outpatient treatment programs</li> <li>-In home services</li> <li>-YES Waiver (Youth Empowerment Services)- intensive community based services for children with severe emotional disturbance</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
<p>NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)</p>	<p>2812 Swiss Ave. Dallas TX 75204</p> <p>(214) 908- 6264 Crisis Line: 1 (800) 950- 6264</p> <p><a href="https://www.naminorthtexas.org/">https://www.naminorthtexas.org/</a></p>	<p><b>Who we Serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Crisis support</li> <li>-Support groups for adults living with a mental illness</li> <li>-Family education programs and support groups</li> </ul> <p><b>How to access services:</b> Find a full list of support groups and programs online</p>
<p>SMU CENTER FOR FAMILY COUNSELING</p>	<p>6116 Central Expy. Suite 410 Dallas TX 75206</p> <p>(214) 768- 6789</p> <p><a href="https://www.smu.edu/familycounseling">https://www.smu.edu/familycounseling</a></p>	<p><b>Who we Serve:</b> Children, adolescents, adults, families and couples 18+ seen virtually</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Low cost services</li> <li>-Individual counseling</li> <li>-Family counseling</li> <li>-Couples counseling</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
<p>COTTONWOOD CREEK CHURCH- THE LANDING SUPPORT GROUP</p>	<p>1015 Sam Rayburn Tollway Allen TX 75013</p> <p><a href="https://cottonwoodcreek.org/ministries/core-ministries/care-groups/the-landing/">https://cottonwoodcreek.org/ministries/core-ministries/care-groups/the-landing/</a></p>	<p><b>Mon 7 - 9 PM</b></p> <p><b>Who we Serve:</b> Adolescents (grades 7 - 12)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Support group for adolescents (struggling with a wide range of challenges including addiction, self harm, unhealthy relationships, mental health issues etc.)</li> </ul> <p><b>How to access services:</b> Email Ron Schrock for more information <a href="mailto:ron.schrock@cottonwoodcreek.org">ron.schrock@cottonwoodcreek.org</a></p>

<p>The Here For Texas Mental Health Navigation Line</p>	<p>972-525-8181</p> <p><a href="https://www.herefortexas.com/">https://www.herefortexas.com/</a></p>	<p><b>Mon-Fri 10AM-6PM</b></p> <p><b>Who we Serve:</b> Children, adolescents, adults, families, and couples</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>- Free helpline offering guidance, information, resources, and support for mental health and substance issues.</li> </ul> <p><b>How to access services:</b> Go to the website listed or call the number</p>
<p>SAMHSA - Substance Abuse and Mental Health Services Administration</p>	<p>1-800-662-HELP(4357)</p> <p><a href="https://www.samhsa.gov/find-help/helplines/national-helpline">https://www.samhsa.gov/find-help/helplines/national-helpline</a></p>	<p><b>Who we Serve:</b> Children, adolescents, adults, families, and couples</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>- Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. This service provides referrals to local treatment facilities, support groups, and community-based organizations.</li> </ul> <p><b>How to access services:</b> Go to the website listed or call the number</p>

**\*\*Does your company provide EAP (Employee Assistance Program) benefits?** These are free counseling sessions that some employers offer their employees. Contact your company's Human Resources Department for more information.

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# Drug & Alcohol Resources

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

ALCOHOLICS ANONYMOUS (AA)- Allen	First United Methodist Church of Allen- Ministry Center 601 S Greenville Ave. Allen TX 75002  <a href="https://www.aadallas.org">https://www.aadallas.org</a>	Various Days/Times  Who we serve: Adults  Services Available: - Support group based on 12-step program for individuals battling alcohol addiction  How to access services: Show up in person.  Get a list of all local AA meetings at <a href="https://www.aadallas.org/wordpress/meetings/">https://www.aadallas.org/wordpress/meetings/</a>
AL- ANON- Allen Serenity AFG	First United Methodist Church of Allen- Ministry Center 601 S Greenville Ave. Allen TX 75002  <a href="https://www.dallasal-anon.org">https://www.dallasal-anon.org</a>	Tue 7:00 pm (virtual & in person) Thurs 7:00 pm (virtual & in person)  Who we serve: Adults  Services Available: -Anonymous support for family and friends of addicts  How to access services: Email <a href="mailto:allen.serenity.afg@gmail.com">allen.serenity.afg@gmail.com</a> to schedule a newcomer meeting  Get a list of all local AL- Anon meetings at <a href="https://www.dallasal-anon.org/meeting_list.php">https://www.dallasal-anon.org/meeting_list.php</a>
ALATEEN- Plano	Legacy Expect a Miracle 909 W Spring Creek Pkwy. Suite 150 Plano TX 75023  <a href="https://www.dallasal-anon.org">https://www.dallasal-anon.org</a>	Sun 7:00 pm  Who we serve: Adolescents (ages 12- 19)  Services Available: -Anonymous support for adolescents affected by someone else's alcohol use  How to access services: Show up in person  Get a list of all local Alateen meetings at <a href="https://www.dallasal-anon.org/meeting_list.php?type=L">https://www.dallasal-anon.org/meeting_list.php?type=L</a>



ALATEEN (PRE TEEN)- Plano	<p>Legacy Expect a Miracle 909 W Spring Creek Pkwy. Suite 150 Plano TX 75023</p> <p><a href="https://www.dallasal-anon.org">https://www.dallasal-anon.org</a></p>	<p>Sun 7:00 pm</p> <p><b>Who we serve:</b> Pre-teens (ages 9- 12)</p> <p><b>Services Available:</b> -Anonymous support for pre-teens affected by someone else's alcohol use</p> <p><b>How to access services:</b> Show up in person</p> <p>Get a list of all local Alateen (preteen) meetings at <a href="https://www.dallasal-anon.org/meeting_list.php?type=R">https://www.dallasal-anon.org/meeting_list.php?type=R</a></p>
NARCOTICS ANONYMOUS (NA)- Keep it Simple	<p>First United Methodist Church of Allen 601 S Greenville Ave. Allen TX 75002</p> <p><a href="https://lsrna.org/">https://lsrna.org/</a></p>	<p>Mon- Sun 7:30 pm</p> <p><b>Who we serve:</b> Adults</p> <p><b>Services Available:</b> -Anonymous support and 12- step program for individuals battling drug addiction</p> <p><b>How to access services:</b> Show up in person</p> <p>Get a list of all local NA meetings at <a href="https://lsrna.org/meetings">https://lsrna.org/meetings</a></p>
FAMILIES ANONYMOUS	<p><a href="https://www.familiesanonymous.org/">https://www.familiesanonymous.org/</a></p>	<p>*All meetings are virtual at this time</p> <p><b>Who we serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b> -Anonymous support for families and friends of addicts</p> <p><b>How to access services:</b> Sign up for a virtual meetings at <a href="https://www.familiesanonymous.org/meetings/virtual-meetings/">https://www.familiesanonymous.org/meetings/virtual-meetings/</a></p>
CELEBRATE RECOVERY- Allen	<p>Cottonwood Creek Church 1015 Sam Rayburn Tollway Allen TX US 75013</p> <p>Contact Ron Schrock <a href="mailto:ron.schrock@cottonwoodcreek.org">ron.schrock@cottonwoodcreek.org</a> (972) 359- 7777 x3010</p> <p><a href="https://www.celebraterecovery.com/">https://www.celebraterecovery.com/</a></p>	<p>Mon 7:00 pm</p> <p><b>Who we serve:</b> Adults</p> <p><b>Services Available:</b> -Christian based support group and 12-step program for addicts -Childcare available during meeting for ages Infant- 12</p> <p><b>How to access services:</b> Show up in person</p>
TEST MY TEEN	940 W FM 544	<b>Services Available:</b>

	<p>Suite 755 Wylie TX 75098</p> <p>(214) 797- 8378 (call or text)</p> <p><a href="https://www.testmyteen.com">https://www.testmyteen.com</a></p>	<p>-Low cost, at-home drug and alcohol tests -Available Tests: multi-panel, ETG alcohol test, tobacco detector and Fentanyl screen -Free, online substance use information and resources for parents</p> <p><b>How to access services:</b> Order online</p>
IMAGINE PROGRAM	<p>1947 K Ave. Suite 125 Plano TX 75074</p> <p>(214) 385- 4264</p> <p><a href="https://www.imagineprograms.net">https://www.imagineprograms.net</a></p>	<p><b>Who we serve:</b> Adolescents (ages 13-17) and adults</p> <p><b>Services Available:</b> -Substance abuse IOP -Individual and group counseling -Medication Management and Opiate detox -All services are virtual</p> <p><b>How to access services:</b> Call for an appointment</p>
NEXUS RECOVERY	<p>8733 La Prada Dr. Dallas TX 75228</p> <p>(214) 321- 0156</p> <p>After Hours (972) 595- 4428</p> <p><a href="https://nexusrecovery.org/">https://nexusrecovery.org/</a></p>	<p><b>Who we serve:</b> Adolescents (ages 13-17) and adult women; pregnant and parenting women with children</p> <p><b>Services Available:</b> -Medical detoxification -Residential services for substance abuse and co-occurring psychiatric disorders -Parenting education -Up to three children are able to stay with their mother during her treatment -Outpatient services (recovery support groups, counseling and medication assisted treatments)</p> <p><b>How to access services:</b> Call for an appointment</p>
RECOVERY RESOURCE COUNCIL	<p>(817) 332- 6329</p> <p>Referral Helpline (214) 522- 8600 Toll Free (800) 246- HOPE (4673)</p> <p><a href="http://dallascouncil.org/">http://dallascouncil.org/</a></p>	<p><b>Services Available:</b> -Information and referrals helpline to connect individual with treatment options, education classes and support groups -Opportunities to earn community service hours (court ordered) -HIV Outreach and prevention -Underage drinking and tobacco prevention initiatives</p> <p><b>How to access services:</b> Go online or call the helpline for referrals</p>
SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION SAMHSA NATIONAL HELPLINE	<p>1 (800) 662- HELP (4357) Toll Free 1 (800) 487- 4889</p> <p><a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a></p>	<p><b>Services Available:</b> -24-Hour information and referrals helpline to connect individual with mental health &amp; substance use treatment options, education classes and support groups -English and spanish available</p> <p><b>How to access services:</b> Call helpline for referrals</p>

# *Grief and Bereavement Resources*

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

JOURNEY NEY OF HOPE	3160 East Spring Creek Pkwy Plano TX 75074  903-751-5255  <a href="https://www.wccplano.org/joh">https://www.wccplano.org/joh</a>	<p>Who we serve: Children, adolescents and adults</p> <p><b>Services Available:</b>            -Grief support groups for individuals who have experienced the death of a loved one            -Anticipatory grief support groups for individuals who have a loved one with an advanced serious illness            -English and spanish groups available            -In-person and virtual groups</p> <p><b>How to access services:</b> Call for information about dates/times of groups</p>
GRIEF SHARE	<a href="https://www.griefshare.org/">https://www.griefshare.org/</a>	<p>Who we serve: Adults who have experienced the death of a loved one</p> <p><b>Services Available:</b>            -Grief support groups</p> <p><b>How to access services:</b> Get a list of all local grief shares at  <a href="https://www.griefshare.org/findagroup">https://www.griefshare.org/findagroup</a></p>
HEALING MATTERS- Pregnancy & Infant Loss Support Group	Medical City Plano 3901 W 15th St. Plano TX 75075  (972) 519-1588  <a href="https://medicalcityhealthcare.com/specialties/womens-care/?location=medical-city-plano">https://medicalcityhealthcare.com/specialties/womens-care/?location=medical-city-plano</a>	<p>Every 4th Mon of each month 7:30 pm in the Administrative Conference Room 2</p> <p>Who we serve: Adult women who have experienced the loss of a pregnancy or infant child</p> <p><b>Services Available:</b>            -Grief support groups</p> <p><b>How to access services:</b> Call to join the group</p>
SUICIDE & CRISIS CENTER OF NORTH TEXAS- Survivors of Suicide	(214) 824-7020  <a href="https://www.sccenter.org/programs-and-services/survivors-of-suicide/">https://www.sccenter.org/programs-and-services/survivors-of-suicide/</a>	<p>Who we serve: Adults who have experienced the death of a loved one by suicide (within the last 2 years)</p> <p><b>Services Available:</b>            -8 week grief support groups</p> <p><b>How to access services:</b> Call or email <a href="mailto:SOS@sccenter.org">SOS@sccenter.org</a> or complete online form at <a href="http://www.sccenter.org/about-us/contact/">http://www.sccenter.org/about-us/contact/</a></p>

American Foundation for Suicide Prevention	Call or text 988 Text TALK to 741741	
Faith and Grief	<a href="https://www.faithandgrief.org/">https://www.faithandgrief.org/</a>	<p><b>Who we serve:</b> Adults who have experienced the death of a loved ones</p> <p><b>Services Available:</b>            -Virtual grief support groups            -Virtual grief workshops            -Weekend retreats (in-person)</p> <p><b>How to access services:</b> Get a list of all grief support groups/workshops at <a href="https://www.faithandgrief.org/gatherings/">https://www.faithandgrief.org/gatherings/</a></p>
CAMP SOL	Children's Health-Child Life 1935 Medical District Dr. Dallas TX 75235 (214) 456- 8119 <a href="https://campsol.org/">https://campsol.org/</a>	<p><b>Who we serve:</b> Families (with children under the age of 18 remaining in the home) who have experienced the death of a child</p> <p><b>Services Available:</b>            -Weekend family retreats that provide a variety of programing including grief support, family bonding and traditional camp activities</p> <p><b>How to access services:</b> Call or complete online form at <a href="https://campsol.org/forms/">https://campsol.org/forms/</a></p>
The Grief & Loss Center of North Texas	4316 Abrams Rd. Dallas TX 75214 214-452-3105 <a href="https://mygriefandloss.org/">https://mygriefandloss.org/</a>	<p><b>Who we serve:</b> Families and children. Kindergartners-senior adults</p> <p><b>Services Available:</b>            - Free grief support.            - Monthly virtual adult grief support groups            - Monthly in person SAM's program designed to help kindergartners through high school seniors cope</p> <p><b>How to access:</b> call number</p>
The Warm Place	809 Lipscomb Street Fort Worth TX 76104 817-870-2272 <a href="https://www.thewarmplace.org/">https://www.thewarmplace.org/</a>	<p><b>Who we serve:</b> Families, children 3-18, young adults 19-25</p> <p><b>Services Available:</b>            - Free Grief support group            - Group nights            - Camp Remember me</p> <p><b>How to access:</b> Call number</p>
LightHouse for New Hope	2717 Motley Dr. Mesquite TX 75150 972-226-3110 <a href="https://www.lighthousefornewhope.org/">https://www.lighthousefornewhope.org/</a>	<p><b>Who we serve:</b> Children and adults</p> <p><b>Services Available:</b>            - Support groups            - Spanish groups            - Individual counseling</p> <p><b>How to access:</b> Call number or enroll online</p>
GriefWorks	5440 Harvest Hill Rd #140 Dallas TX 75230 2214 Hemphill St.	<p><b>Who we serve:</b> Children ages 5-18 and their adult family members</p> <p><b>Services Available:</b></p>

	<p>Ft. Worth TX 76110</p> <p>800-375-2229</p> <p><a href="https://www.christian-works.org/grief/griefworks/">https://www.christian-works.org/grief/griefworks/</a></p>	<ul style="list-style-type: none"> <li>- Support groups (twice a month on Tuesday)</li> <li>- Individual counseling</li> </ul>
Broken Halos Haven	<p><a href="https://brokenhaloshaven.org/">https://brokenhaloshaven.org/</a></p>	<p><b>Who we serve:</b> Young widows and their school aged children</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>- Grief retreat</li> <li>- SHIFT</li> <li>- Honey Dudes</li> <li>- Man Camp</li> </ul>

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# Child Care & Summer Programs

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

TEXAS WORKFORCE COMMISSION- Child Care Services of North Texas (CCMS)	<p>P.O. Box 5888 Arlington TX 76005-5888</p> <p>(817) 695-9184</p> <p><a href="https://dfwjobs.com">https://dfwjobs.com</a></p>	<p><b>Who we serve:</b> Low income families of children (ages 0- 13)</p> <p><b>Eligibility:</b> -Parent(s) are employed, or attend an education or vocation training program at least 25 hours per week for a single-parent home and 50 hours per week for a two-parent home -Meet guidelines for low income</p> <p><b>How to access services:</b> 1. Complete online application at <a href="https://ecm.nctcog.org/Forms/waitlist">https://ecm.nctcog.org/Forms/waitlist</a> **If you qualify for services, you may initially be placed on a waitlist.</p>
BOYS AND GIRLS CLUB- Summer Program	<p>1111 H Ave. Plano Texas 75074 (972) 424-6301</p> <p>701 S Church St. McKinney Texas 75069 (214) 544-8924</p> <p>8750 McKinney St. Frisco Texas 75034 (214) 387-8405</p> <p><a href="https://www.bgccc.org/programs-services/summer-programs/">https://www.bgccc.org/programs-services/summer-programs/</a></p>	<p><b>Who we serve:</b> Children (ages 5- 18)</p> <p><b>Services Available:</b> -Summer Program Mon- Fri from 7:30 am- 6 pm pm (program runs May 31, 2022 - July 29, 2022)</p> <p><b>How to access services:</b> Complete online application at <a href="https://www.bgccc.org/programs-services/member-application/">https://www.bgccc.org/programs-services/member-application/</a></p>
BIG BROTHER/ BIG SISTERS OF COLLIN COUNTY	<p>450 E John Carpenter Freeway Suite #300 Irving TX 75062</p> <p>1 (888) 888-BIGS (2447)</p> <p><a href="https://bbbstx.org">https://bbbstx.org</a></p>	<p><b>Who we serve:</b> Children and adolescents</p> <p><b>Services Available:</b> -One-on-one mentoring</p> <p><b>How to access services:</b> Complete the online application at <a href="https://bbbstx.org/sign-up-a-child/">https://bbbstx.org/sign-up-a-child/</a></p>

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# Legal Assistance

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CHILD SUPPORT OFFICE- Division of the Attorney General's Office	2020 G Ave. Suite 1004 Plano TX 75074  (469) 241-6500  <a href="https://www.texasattorneygeneral.gov/child-support">https://www.texasattorneygeneral.gov/child-support</a>	Mon- Fri 8 am- 5 pm  <b>Services Available:</b> -Apply for or pay child support -Enforces child support or medical support orders -Assists with establishing paternity -Withholds wages for non-payment of child support -Reports delinquent parent to Credit Bureau
CATHOLIC CHARITIES- IMMIGRATION LEGAL SERVICES	1421 W Mockingbird Ln. Dallas TX 75247  (214) 634-7182  <a href="https://www.ccdallas.org/services/immigration-legal-services">https://www.ccdallas.org/services/immigration-legal-services</a>	Mon- Fri 8 am- 5 pm  <b>Services Available:</b> -Free and low cost immigration legal services  <b>How to access services:</b> Schedule a consultation online at <a href="https://catholic-charities-dallas.square.site/">https://catholic-charities-dallas.square.site/</a>
LEGAL AID OF NORTHWEST TEXAS	901 N McDonald St. Suite 702 McKinney TX 75069  Allen Clinic First United Methodist Church 601 S Greenville Ave. Allen TX 75002  1 (800) 906-3045 (toll free) (972) 542-9405 (local)  Legal Aid Line 1 (888) 529-5277	Mon- Fri 8 am -5 pm Allen Clinic: 2nd Thursday of each month at 6 pm  <b>Services Available:</b> -Free legal assistance for civil cases (cannot assist with criminal, business, or immigration cases. Exceptions may be made for immigration matters relating to domestic violence, human trafficking, or other U-Visa or VAWA issues.)  <b>Eligibility:</b> -Household income at 125% or below of the Federal Poverty Guidelines -Resident of Collin County -US Citizen  <b>How to access services:</b> Apply by phone at 1 (888) 529-5277 or complete online application at <a href="https://lanwtoi.legalserver.org/modules/matter/extern_intake.php?pid=132&amp;h=f0baaf&amp;">https://lanwtoi.legalserver.org/modules/matter/extern_intake.php?pid=132&amp;h=f0baaf&amp;</a>
TEXAS LAW HELP	<a href="https://texaslawhelp.org/">https://texaslawhelp.org/</a>	<b>Services Available:</b> -Free and low cost legal information and forms -Legal assistance locator

SMU LEGAL AID	<p>3315 Daniel Ave. Dallas TX 75205</p> <p><a href="https://www.smu.edu/Law/Clinics">https://www.smu.edu/Law/Clinics</a></p>	<p><b>Services Available:</b> -11 clinics providing free legal advice and representation (child advocacy, civil/consumer matters, criminal cases, immigration detention, federal taxes, crimes against women, patents, small business/trademark and family law)</p> <p><b>How to access services:</b> Complete online application for each clinic at <a href="https://www.smu.edu/Law/Clinics/Resources-for-the-Public">https://www.smu.edu/Law/Clinics/Resources-for-the-Public</a></p>
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# Education Resources

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<p>COLLIN COLLEGE</p>	<p>Plano Campus 2800 E Spring Creek Pkwy. Plano TX 75074 (972) 881- 5790</p> <p>Frisco Campus 9700 Wade Blvd. Frisco TX 75035 (972) 377- 1790</p> <p>McKinney Campus 2200 W. University Dr. McKinney TX 75071 (972) 548- 6790</p> <p>Wylie Campus 391 Country Club Rd. Wylie TX 75098 (972) 378- 8790</p> <p>Technical Campus 2550 Bending Branch Way Allen TX 75013 (972) 553- 1290</p> <p>Public Safety Training Center 3600 Redbud Blvd. McKinney TX 75071</p> <p><a href="https://www.collin.edu">https://www.collin.edu</a></p>	<p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Undergraduate (associate/bachelors) and certification programs</li> <li>-Financial aid</li> <li>-Workforce readiness programs</li> <li>-Career assessment/ planning/placement</li> <li>-Job search assistance</li> <li>-Resource library/ computerized career information</li> <li>-Veteran services</li> </ul> <p><b>How to access services:</b> Apply online at <a href="https://www.collin.edu/gettingstarted/admissions/index.html">https://www.collin.edu/gettingstarted/admissions/index.html</a></p>
<p>EVOLUTION ACADEMY CHARTER SCHOOL</p>	<p>1101 S. Sherman St. Richardson TX 75081</p> <p>(972) 907- 3755</p> <p><a href="http://www.evolutionacademy.org">http://www.evolutionacademy.org</a></p>	<p><b>Who we serve:</b> Youth (ages 14- 21) at risk of dropping out</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost for tuition</li> <li>-TEA approved high school diploma</li> <li>-Transportation</li> <li>-Serves breakfast and lunch daily</li> <li>-Morning and afternoon sessions available</li> </ul> <p><b>How to access services:</b> Complete online application at <a href="http://www.evolutionacademy.org/docs/parent_portal_application_form.pdf">http://www.evolutionacademy.org/docs/parent_portal_application_form.pdf</a></p>

<p>RICHLAND COLLEGIATE HIGH SCHOOL</p>	<p>12800 Abrams Rd. Dallas TX 75243  (972) 761-6888  <a href="https://www.dallascollege.edu/high-school-students/rchs/pages/default.aspx">https://www.dallascollege.edu/high-school-students/rchs/pages/default.aspx</a></p>	<p><b>Who we serve:</b> High school students in 11th and 12th grade</p> <p><b>Services Available:</b> -No cost for tuition and books -2 year program (11th and 12th grade) which allows students to take dual credit courses and potentially graduate with both their high school diploma and associate's degrees and ready to transfer to a 4 year university</p> <p><b>How to access services:</b> Download application or complete online at <a href="https://www.dallascollege.edu/high-school-students/rchs/pages/apply.aspx">https://www.dallascollege.edu/high-school-students/rchs/pages/apply.aspx</a></p>
<p>ALLEN COMMUNITY OUTREACH- GED Classes</p>	<p>801 E Main St. Allen TX 75002  (972) 727-9131  <a href="https://www.acocares.org">https://www.acocares.org</a></p>	<p><b>Who we serve:</b> Adults (ages 18+. If 17 or younger- must have approval from TEA)</p> <p><b>Services Available:</b> -GED prep classes</p> <p><b>How to access services:</b> Start application process online at <a href="https://www.acocares.org/need-help/g-e-d-classes">https://www.acocares.org/need-help/g-e-d-classes</a></p>
<p>TEXAS HOMESCHOOL COALITION</p>	<p>1701 N. Church St. Lubbock TX 79413  (806) 744-4441  <a href="https://thsc.org">https://thsc.org</a></p>	<p><b>Services Available:</b> -T.E.A. rules provided to those choosing to homeschool their children</p> <p><b>**Note:</b> Texas does NOT award a diploma to 'home schoolers.' A GED is awarded to those passing the GED exam.</p>
<p>NORTH TEXAS JOB CORPS CENTER</p>	<p>1701 N Church St. McKinney TX 75069  (972) 542-2623  <a href="https://northtexas.jobcorps.gov">https://northtexas.jobcorps.gov</a></p>	<p><b>Services Available:</b> -No cost -Residential training program which includes vocational and academic instruction -Self- paced high school program to receive GED or high school diploma</p> <p><b>How to access services:</b> Complete online form at <a href="https://www.jobcorps.gov/recruiting/enrollment-interest">https://www.jobcorps.gov/recruiting/enrollment-interest</a></p>

TEXAS CHALLENGE ACADEMY	<p>600 Hwy 3013 W. Eagle Lake TX 77434</p> <p>1 (877) 822-0050</p> <p><a href="https://tmd.texas.gov/texas-challenge-academy">https://tmd.texas.gov/texas-challenge-academy</a></p>	<p><b>Who we serve:</b> Adolescents (ages 16- 18) who dropped out of high school or are at risk of dropping out</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost for tuition</li> <li>-5 ½ months residential program</li> <li>-12 months post residential</li> <li>-Quasi Military Structure</li> <li>-No military obligation</li> <li>-Earn/Recover Credits</li> <li>-HS diploma or GED (eligible students)</li> </ul> <p><b>How to access services:</b> Get information about the application process at <a href="https://tmd.texas.gov/texas-challenge-academy#apply">https://tmd.texas.gov/texas-challenge-academy#apply</a></p>
TEXAS CONNECTIONS ACADEMY @ HOUSTON	<p>10550 Richmond Ave. Suite 140 Houston TX 77042</p> <p>1 (800) 382-6010</p> <p><a href="https://www.connectionsacademy.com/texas-virtual-school">https://www.connectionsacademy.com/texas-virtual-school</a></p>	<p><b>Who we serve:</b> Students grades 3rd-12th</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost for tuition</li> <li>-Texas online school</li> </ul> <p><b>How to access services:</b> Enroll online at <a href="https://www.connectionsacademy.com/texas-virtual-school/enrollment">https://www.connectionsacademy.com/texas-virtual-school/enrollment</a></p>
TEXAS VIRTUAL ACADEMY @ HALLSVILLE	<p>1825 Lakeway Dr. Suite 400 Lewisville TX 75057</p> <p>1 (844) 401-0680</p> <p><a href="https://tvah.k12.com">https://tvah.k12.com</a></p>	<p><b>Who we serve:</b> Students grades 3rd- 12th</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost for tuition</li> <li>-Online public school</li> </ul> <p><b>How to access services:</b> Enroll online at <a href="https://tvah.k12.com/how-enroll.html">https://tvah.k12.com/how-enroll.html</a></p>
WINFREE ACADEMY-COURAGE PROGRAM	<p>1661 Gateway Blvd. Richardson TX 75080 (972) 234-9855</p> <p>2985 S State Highway 360 Suite 160 Grand Prairie TX 75052 (214) 204-2030</p> <p>6311 Blvd 26 North Richland Hills TX 76118 (817) 590-2240</p> <p><a href="https://www.winfreeacademy.com/apps/pages/index.jsp?uREC_ID=422922&amp;type=d&amp;pREC_ID=922966">https://www.winfreeacademy.com/apps/pages/index.jsp?uREC_ID=422922&amp;type=d&amp;pREC_ID=922966</a></p>	<p><b>Who we serve:</b> High school students (grades 9th- 12th) coming out of a substance abuse or mental health treatment center</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost for tuition</li> <li>-Part of Winfree Academy Charter School</li> <li>-Safe and sober campus</li> <li>-On-campus AA and NA meetings and substance abuse education</li> <li>-Individual, group and family counseling</li> <li>-Random drug testing</li> <li>-Sessions: Mon- Thur 7:50 am- 1 pm &amp; Fri 7:50 am- 12 pm</li> </ul> <p><b>How to access services:</b> Complete online registration form at <a href="https://www.winfreeacademy.com/apps/pages/RegisterToday">https://www.winfreeacademy.com/apps/pages/RegisterToday</a></p>

SERENITY HIGH SCHOOL	<p>2100 W White St. McKinney TX 75069</p> <p>(469) 302-7830</p> <p><a href="http://serenity.mckinneyisd.net">http://serenity.mckinneyisd.net</a></p>	<p><b>Who we serve:</b> High school students (grades 9th- 12th) coming out of a drug treatment center and committed to staying clean and sober</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-No cost tuition</li> <li>-Part of McKinney ISD</li> <li>-Safe and sober campus</li> <li>-On-campus AA and NA meetings</li> <li>-Individual counseling</li> <li>-Low student-teacher ratio</li> </ul> <p><b>How to access services:</b> Call to schedule an admission interview</p>
TEXAS PRIVATE SCHOOL ACCREDITATION COMMISSION	<p><a href="http://tepsac.org">http://tepsac.org</a></p>	<p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Information on accredited non-public schools in Texas</li> </ul> <p><b>How to access services:</b> Find a list of non-public schools online at <a href="http://www.tepsac.org/app/index.html#/search/schools">http://www.tepsac.org/app/index.html#/search/schools</a></p>

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# Healthcare Resources

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HEALTH SERVICES OF NORTH TEXAS- Adult Clinic	<p>2540 K Ave Suite 500 Plano TX 75074 (972) 424- 1480</p> <p><a href="https://healthservicesntx.org/hsnt-plano">https://healthservicesntx.org/hsnt-plano</a></p>	<p><b>Who we serve:</b> Adults</p> <p><b>Services Available:</b> -Full range of medical services including preventive medical care, sick visits, immunizations, prenatal care behavioral health services and prescription assistance -Accepts Medicaid, CHIP and Medicare -Sliding scale/low cost services available</p> <p><b>How to access services:</b> Call desired location to schedule an appointment</p>
HEALTH SERVICES OF NORTH TEXAS- Children's Clinic	<p>303 S Hwy 78 Suite 106 Wylie TX 75098  (972) 801- 9689</p> <p><a href="https://healthservicesntx.org/wylie-childrens-medical-clinic">https://healthservicesntx.org/wylie-childrens-medical-clinic</a></p>	<p><b>Who we serve:</b> Infants, children and adolescents</p> <p><b>Services Available:</b> -Preventive medical care and immunizations -Sick visits -Prenatal care -Behavioral health services -Prescription assistance -Accepts Medicaid, CHIP and Medicare -Sliding scale/low cost services available</p> <p><b>How to access services:</b> Call desired location for an appointment</p>
COLLIN COUNTY PRIMACARE PROGRAM	<p>825 N McDonald St. Suite 110 McKinney TX 75069  (972) 548- 4702</p> <p><a href="https://www.collincountytx.gov/healthcare_services/pages/primacare.aspx">https://www.collincountytx.gov/healthcare_services/pages/primacare.aspx</a></p>	<p><b>Who we serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b> -Primary care and urgent care services with a \$20 co-pay for low income families</p> <p><b>Requirements:</b> -Resident of Collin County -Family earn less than 100% of the federal poverty guidelines -Valid government issued ID</p> <p><b>How to access services:</b> Walk in to any location (no appointment needed) or check in on-line before you arrive. Get a full list of local PrimaCare clinics and check-in online at <a href="https://nextcare.com/brand/prima-care/">https://nextcare.com/brand/prima-care/</a></p>

<p>HEALTH CARE SERVICES OF COLLIN COUNTY</p>	<p>825 N McDonald St Suite 130 McKinney, TX 75069</p> <p>972-548-5500</p> <p><a href="https://www.collincountytx.gov/healthcare_services/Pages/default.aspx">https://www.collincountytx.gov/healthcare_services/Pages/default.aspx</a></p>	<p><b>Who we serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Free and low cost services for low income families</li> <li>-Immunizations</li> <li>-Tuberculosis Clinic</li> <li>-Sexually Transmitted Disease Clinic</li> <li>-Indigent Care</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Resident of Collin County</li> <li>-Proof of income</li> <li>-Valid government issued ID</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
<p>JULIA'S CENTER FOR HEALTHCARE</p>	<p>1947 Ave K Suite A 400 Plano TX 75074</p> <p>(972) 535- 5099</p> <p><a href="https://www.juliascenter.com/">https://www.juliascenter.com/</a></p>	<p><b>Who we serve:</b> Children and adolescents</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Major lab services</li> <li>-Women's health clinic (occurs monthly)</li> <li>-Eye clinic (occurs monthly)</li> <li>-Chronic medical treatment</li> <li>-Diabetes services</li> </ul> <p><b>Requirements:</b></p> <ul style="list-style-type: none"> <li>-Proof of Collin County residency,</li> <li>-Photo ID</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
<p>PRIMARY CARE CLINIC OF NORTH TEXAS</p>	<p>3900 American Dr. Suite 201 Plano TX 75075</p> <p>560 W Main St. Suite 201 Lewisville TX 75057</p> <p>(972) 596- 6005</p> <p><a href="https://www.primarycareclinic.org/">https://www.primarycareclinic.org/</a></p>	<p><b>Who we serve:</b> Adolescents and adults (ages 13- 65) who are uninsured</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-General medical services</li> <li>-Routine blood tests</li> <li>-Women's health pap smears</li> <li>-EKG</li> <li>-Arthritis and Lupus Clinic</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>
<p>REAL OPTIONS FOR WOMEN</p>	<p>1776 W McDermott Dr. Suite 100 Allen TX 75013</p> <p>(972) 424- 5144</p> <p><a href="https://realoptionstx.com/">https://realoptionstx.com/</a></p>	<p><b>Who we serve:</b> Adolescents and adult women</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Free and low cost services</li> <li>-Pregnancy tests, sonograms, options assessment</li> <li>-STI screening</li> </ul> <p><b>How to access services:</b> Call for an appointment</p>

PLANNED PARENTHOOD	600 North Central Expy Plano TX 75074  (972) 424- 6311  <a href="https://www.plannedparenthood.org/">https://www.plannedparenthood.org/</a>	<b>Who we serve:</b> Adolescents and adults  <b>Services Available:</b> -Free and low cost services -Sexual and reproductive health care  <b>How to access services:</b> Call for an appointment or schedule online at <a href="https://www.plannedparenthood.org/health-center/texas/plano/75074/plano-health-center-4193-91620">https://www.plannedparenthood.org/health-center/texas/plano/75074/plano-health-center-4193-91620</a>
EYE EXAMS/EYE GLASSES		<b>Who we serve:</b> Free eye exams and glasses for students with no insurance, CHIP or Medicaid  <b>Services Available:</b> -Free eyeglasses  <b>How to access services:</b> Contact school nurse for a referral
FAMILY HEALTH CENTER ON VIRGINIA	Medical/ Dental Center 1620 W. Virginia Street McKinney TX 75069  Women's Health Center 4510 Medical Center Dr. Suite 201 McKinney TX 75069  (214) 618- 5600  <a href="https://fhcntx.org/">https://fhcntx.org/</a>	<b>Who we serve:</b> Children, adolescents and adults  <b>Services Available:</b> -Medicaid/Medicare and low cost/sliding scale services -Wellness exams and immunizations -Sick visits -School and sports physicals -Treatment of chronic health conditions -Women's health services -Dental services  <b>How to access services:</b> Call for an appointment
CARE VAN	1 (866) 806- SHOTS (7468)  <a href="https://carevan.org/">https://carevan.org/</a>	<b>Who we serve:</b> Children and adolescents (ages 4-18) who are uninsured  <b>Services Available:</b> -No cost immunizations  <b>Requirements:</b> -Must bring most complete immunization record  <b>How to access services:</b> No appointments necessary. Find a list of upcoming events at <a href="https://carevan.org/dallas-ft-worth-events/">https://carevan.org/dallas-ft-worth-events/</a>

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# Government Assistance & Community Programs

The intent of this resource list is to provide information regarding services and agencies within the Allen community and metroplex. Allen Independent School District's Counseling Program does not endorse any specific resource indicated on this list. The individual/family is responsible for researching and making choices based upon the information they receive.

Hope Restored Missions	<p>1947 K Ave. #B100 Plano TX 75074</p> <p>(214) 501-2181</p> <p><a href="http://www.hoperestoredadmissions.org">www.hoperestoredadmissions.org</a></p> <p><a href="mailto:Admin@hoperestoredmissions.org">Admin@hoperestoredmissions.org</a></p>	<p>Who we serve: Families or individuals in need</p> <p>Services Available:</p> <ul style="list-style-type: none"> <li>- Groceries</li> <li>- Food Packs</li> <li>- Hygiene Packs</li> <li>- Clothing</li> <li>- Basic needs</li> <li>- Government issued ID's</li> <li>- Housing</li> <li>- Job Readiness and Placement</li> <li>- Mental Health Benefits</li> <li>- Benefits Application</li> <li>- Government-Issued phones and tablets</li> </ul>
SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP)	<p>901 N McDonald St. Suite 800 McKinney TX 75069 (972) 562- 5832</p> <p>Toll Free 1 (877) 541- 7905 (after you select a language, press 2)</p> <p><a href="https://hhs.texas.gov/services/food/snap-food-benefits">https://hhs.texas.gov/services/food/snap-food-benefits</a></p>	<p>Who we serve: Low income individuals and families</p> <p>Services Available:</p> <p>-Monthly assistance for food. Payments are placed on a Lone Star Card that can be used to purchase qualifying food products at local grocery stores</p> <p>How to access services: Complete online application at <a href="https://www.yourtexasbenefits.com/Learn/Home">https://www.yourtexasbenefits.com/Learn/Home</a></p>
TEMPORARY ASSISTANCE FOR NEEDY FAMILIES (TANF)	<p>901 N McDonald St. Suite 800 McKinney TX 75069</p> <p>(972) 562- 5832</p> <p>Toll Free 1 (877) 541- 7905 (after you select a language, press 2)</p> <p><a href="https://hhs.texas.gov/services/financial/cash/tanf-cash-help">https://hhs.texas.gov/services/financial/cash/tanf-cash-help</a></p>	<p>Who we serve: Low income caregivers with children (under the age of 18 in their care and custody)</p> <p>Services Available:</p> <p>-One time or on-going cash payments to help pay for food, clothing, housing and other essentials</p> <p>How to access services: Complete online application at <a href="https://www.yourtexasbenefits.com/Learn/Home">https://www.yourtexasbenefits.com/Learn/Home</a></p>



<p>WOMEN INFANT AND CHILDREN (WIC)</p>	<p>825 N McDonald Suite 120 McKinney TX 75069 (972) 424- 1460 ext. 5554</p> <p>900 E Park Suite 165 Plano TX 75074 (972) 633- 3350</p> <p><a href="https://texaswic.org/">https://texaswic.org/</a></p>	<p><b>Who we serve:</b> Low income pregnant women, breastfeeding women, infants and caregivers with children (under the age of 5 in their care and custody)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Supplemental food and formula</li> <li>-Nutrition education</li> <li>-Breastfeeding support</li> </ul> <p><b>How to access services:</b> Call for an appointment AND complete online application at <a href="https://texaswic.az1.qualtrics.com/jfe/form/SV_6G3nsSAEyVNzixn?Q_Language=EN">https://texaswic.az1.qualtrics.com/jfe/form/SV_6G3nsSAEyVNzixn?Q_Language=EN</a></p>
<p>MEDICAID &amp; CHIP</p>	<p>901 N Mcdonald St. Suite 800 McKinney TX 75069</p> <p>(972) 562- 5832</p> <p><a href="https://hhs.texas.gov/services/health/medicaid-chip">https://hhs.texas.gov/services/health/medicaid-chip</a></p>	<p><b>Who we serve:</b> Low income children who are uninsured (ages 0- 17 and up to age 20 for children with disabilities)</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Free and low cost health insurance</li> </ul> <p><b>How to access services:</b> Complete online application at <a href="https://www.yourtexasbenefits.com/Learn/How">https://www.yourtexasbenefits.com/Learn/How</a></p>
<p>EARLY CHILDHOOD INTERVENTION (ECI)- Lifepath Systems</p>	<p>1515 Heritage Dr. McKinney TX 75069</p> <p>(972) 562- 0331</p> <p><a href="https://www.lifepathsystems.org/early-childhood-intervention-welcome">https://www.lifepathsystems.org/early-childhood-intervention-welcome</a></p>	<p><b>Who we serve:</b> Families with children (ages newborn- 3) with developmental delays or disabilities</p> <p><b>Services Available:</b></p> <ul style="list-style-type: none"> <li>-Evaluations and assessments</li> <li>-Case management</li> <li>-Physical, occupational, speech and language therapy</li> <li>-Nutritional services</li> <li>-Supportive services for social/emotional development</li> <li>-Assistive technology</li> <li>-Parent education, counseling and support groups</li> </ul> <p><b>How to access services:</b> Complete online referral form at <a href="https://pcasecure.com/wplifepatheci/">https://pcasecure.com/wplifepatheci/</a></p>

<p>Texas Workforce Solutions of North Texas <b>WORKFORCE SOLUTIONS OF NORTH TEXAS</b></p>	<p>1101 Resource Dr. Plano TX 75074  (469) 229- 0099  <a href="https://ntxworksolutions.org/">https://ntxworksolutions.org/</a></p>	<p><b>Who we serve:</b> Adults seeking employment</p> <p><b>Services Available:</b> -Workforce development services including workforce training and education programs, literacy services, disability services, career development, job search assistance and employment placement. -Unemployment benefits -Childcare assistance (for individuals participating in job training programs)</p> <p>-Find a full list of available programs and services at</p> <p><b>How to access services:</b> Call or visit website for information on how to access specific services and programs</p>
<p><b>US SOCIAL SECURITY ADMINISTRATION</b></p>	<p>3250 Craig Dr. McKinney TX 75070  1 (866) 931- 2731  <a href="https://www.ssa.gov/">https://www.ssa.gov/</a></p>	<p><b>Who we serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b> -Social security cards and replacements -Insurance for retirees, survivors and the disabled -Prescription drug benefits -Supplemental security income -Special veterans benefits</p> <p><b>How to access services:</b> Access services online at <a href="https://www.ssa.gov/online services/">https://www.ssa.gov/online services/</a></p>
<p><b>COLLIN COUNTY VETERANS SERVICES</b></p>	<p>900 E. Park Blvd. Suite 150 Plano TX 75074  (972) 881- 3060  <a href="https://www.collincountytx.gov/veterans/Pages/default.aspx">https://www.collincountytx.gov/veterans/Pages/default.aspx</a></p>	<p><b>Who we serve:</b> US Veterans and their dependants</p> <p><b>Services Available:</b> -Assistance with obtaining for VA and state benefits</p> <p><b>How to access services:</b> Call for an appointment</p>
<p><b>AMERICAN RED CROSS-North Texas Region</b></p>	<p>2055 Kendall Dr. Dallas TX 75235  (214) 678- 4800  <a href="https://www.redcross.org/">https://www.redcross.org/</a></p>	<p><b>Who we serve:</b> Children, adolescents and adults</p> <p><b>Services Available:</b> -Open shelter locator -Disaster relief and post-emergency recovery - Financial assistance and support services</p>

		for military personnel and their families  <b>How to access services:</b> Call or visit website for information on how to access services at <a href="https://www.redcross.org/get-help.html">https://www.redcross.org/get-help.html</a>
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