

# Curiosities: Voyages Beyond the Stacks

## Fall II | Food and Gratitude

Exploring the myriad ways that gratitude - or lack thereof - affects our experience of food, we'll delve into the people, plants and systems that contribute to what we eat. What do we appreciate, and what is overlooked? We'll ingest a range of sources, from economics to culture, and pair each week's material with a suitable recipe.

### I. Week One:

- **Read:** "Cheap Food" chapter in [A History of the World in Seven Cheap Things](#) by Raj Patel and Jason W. Moore
- **Listen:** ["The Free Food Market"](#) planet money podcast
- **Recipes:** [Cheap Eats for Those of Us On a Budget](#) (NYT Cooking)

### II. Week Two:

- **Watch:** ["Wasted,"](#) film available on Kanopy
- **Recipes:** ['Freestyle Cooking' by the Zero Waste Chef](#)

### III. Week Three:

- **Read or Listen:** Robin Wall Kimmerer's [Corn Tastes Better on the Honor System](#)
- **Read:** "Thank You Clams" zine by Kristian Brevik (print copies will be distributed)
- **Recipes:** [Decolonizing Diet Project Cookbook](#); read more about this project [here](#)

### IV. Week Four:

- **Listen:** [Honoring Your Heritage — And Improving Your Health — Through Food](#)
- **Read or Listen:** [The Life Story of a Recipe](#) by Gina Rae La Cerva
- **Recipes:** Participants' own family recipes

### V. Further Exploration

- *Reinventing Food Banks and Pantries* [book](#) or [ebook](#)
- [The Gift of Good Land](#) by Wendell Berry
- [Gary Paul Nabhan](#) - author and ethnobotanist writing about cultural diversity and food in the American Southwest
- [Robin Wall Kimmerer in conversation with Robert MacFarlane](#)
- [Papás Nativos](#) (via Emergence Magazine) - photo essay exploring the history and culture of potatoes in Peru
- [Gather](#) (film) in NMC Library's Kanopy subscription
- [Like Water in the Desert](#) (Gastropod podcast)
- Vibration Cooking, or, The Travel Notes of a Geechee Girl by Vertamae Smart-Grosvenor, [library ebook link](#)
- [Feasting Wild](#) (book) by Gina Rae La Cerva