WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

☑ /×	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. V / X	Q1 ·	Write 5 personalized emails
2. V / X	Q1 ·	Find 5 prospects
3. 🔽/🗙	Q1 ·	1 FV
4. 🔽/🗙	Q1 ·	Breakdown 1 swipe file copy
5. V / X	Q1 ·	Review 1 students copy
6. ☑ / ×	Q2 ·	Learn advanced influence course/How to conquer the world with AI
7. 🗸 / 💢	Q2 ·	Meditate
8. 7 / X	Q2 ·	Gratitude Journal
9. V / X	Q2 ·	Learn and implement one principle from HTWFAIP
10. 🔽/🗙	Q2 ·	Workout
11. 🔽/🗙	Q3 ·	100 pushups
12. 1/ ×	Q3 ·	Sundown Rule
13. 7 / ×	Q3 ·	Journal
14. 🔽/🗙	Q3 ·	Powerup Call
15. \(\)	Q3 ·	Post your outreach into the Outreach lab for feedback
16. 🔽/🗙	Q4 ·	Identify new ideas to test in your outreach the next day
17. 🔽/🗙	Q4 ·	4 liters of water
18. 🔽/🗙	Q4 ·	Take supplements
19. 🔽/🗙	Q4 ·	Develop Close Network from TRW (message guy from TRW)
20. 🔽/🗙	Q4 ·	Cold Shower

	DAY NUMBER + DATE + TIME
Day Number:	12
Date:	02.24
Start Time:	6:30 am

	🙏 3 Things That I Am Grateful To Have In My Life 🙏
1.	I'm grateful for my hair
2.	I'm grateful for my focus
3.	I'm grateful for my emotional control

1.	5 emails
2.	1 FV
3.	5 prospects



[Plan+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
A Intention:	(a) Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/Reflection:	/ Reflection = Did I Complete This Task For This Hour? If Not. Then Why?



What Do I Plan To Accomplish This Morning?	
Write 5emails, 1 FV meditate, gratitude journal, pushups, powerup call	
⊚What Is The Main Goal For This Morning?⊚	
Read HTWFAIP	
Phow Will I Start My Morning With Power?	
Shower	

(Delete Any Boxes Below
That Are Before The Time
That You Start Your Day +
After The End Of Your
Day In Your Own Copy)

6:30 am: Task \$	Get ready for school
Intention 🔔	Shower, eat, read HTWFAIP
Reflection /	Done
7 am: Task \$	Get ready for school go to school
Intention 🔔	Make bed, dress up
Reflection /	Done
8am-1 pm Task \$	School
Intention 🔔	Journal, Learn and implement one principle from HTWFAIP,, Learn advanced influence course, post outreach to outreach lab for review
Reflection /	Replanned day, Journaled

©END-OF-THE-MORNING REPORT

(≪What Did I Learn This Morning? ≪	

	XWhat Problem's Did I Face This Morning?X	
Cant be focus	ed in class, because my brain is in social mode	
	PHow Will I Solve These Problems For This Afternoon?	
I will listen to	some music, or White noise. Distance myself from fake friends	
	MY AFTERNOON WAR PLAN	
	What Do I Plan To Accomplish This Afternoon?	
Train martial arts, find 5 prospects,breakdown students and swipe file copy, sundown rule, message a guy from TRW, do pushups,, 21 of water, identify new ideas for next days outreach		
	⊚What Is The Main Goal For This Afternoon?⊚	
Find 5 prospe	cts, write 5 emails, 1FV	
	→ How Will I Start My Afternoon With Power? →	
Pushups, pow	erup	
_		
2 pm-5 pm: Task \$	Traveling on bus	

ntention 🔔	Watching advanced influence course, messaging guy from TRW
Reflection /	Breakdown copy post outreach to TRW, reviewed copy, listened to podcast.
pm: Task \$	Martial arts, travel home
ntention 🔔	While travelling home, replan next day, or listen to podcast.
Reflection /	Done
pm: Task \$	Refresh, attack the last hours of the day
ntention 🔔	Have dinner with family, shower,
Reflection /	Done
	G
pm: Task \$	G work
pm: Task \$	G work Find 5 prospects, send the 5 emails I wrote in the morning

10-12 pm: Task \$	Sundown Rule, if done go to sleep
Intention 🔔	5 prospect, 5 emails, 1 FV
Reflection /	
11 pm: Task \$	
Intention 🔔	
Reflection /	
12 pm: Task \$	
Intention 🔔	
Reflection /	
	End-Of-The-Day Report:
	₩hat Did I Learn Today?Ҳ
	XWhat Problems Did I Face In The Day?X

Phow Will I Solve These Problems Tomorrow?
www.What Do I Plan To Do Differently Tomorrow?
🗘 What Do I Plan To Do The Same Tomorrow? 🗘
■ Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With? 📧

Brain Dump: