

CIML CONFERENCE MEET

May 4, 2023 | Waukee Northwest High School - 655 NW 10th St, Waukee, IA 50263

Out of Class: 1:50 pm

Bus: 2:15 pm

Field Events: 3:30 pm

Running Events: 4:00 pm

[Info](#) | [Tickets](#) | [Results](#)

FIELD EVENTS				
SHOT PUT 3:30 (JV first)	V: Yalitza Lovan V: Kenzie Dean	JV: Yalayzah Lovan JV: Shea Berger	JV: Ella Elliott JV: Alma Drazi	
DISCUS 3:30 (V first)	V: Audrey Ott V: Yalayzah Lovan	JV: Amaiya Thomp JV: Kenzie Dean	JV: Ella Elliott JV: Nellie Johnson	
HIGH JUMP 3:30	V: Alex Gaskell V: Ellie Muller	JV: Berit Kallemeier JV: Ava Groeteke	JV: Ava Van Ee	
LONG JUMP 3:30 (V first)	V: Ruby Leman V: Marren Dirks	JV: Dana Diaz	JV: Nicole Pedersen	
TRACK EVENTS				
SPRINT MEDLEY 4:00	V: Shea Johnson A: Abby Eischeid B: Chloe Abrahamson	Emily Heitzman Anita Tombe Betty Mateo	Ashley hall Allison Stacy Ainslie Scanlon	Lauren McCoy Katherine Banker Nevaeh Russian
3000 METER RUN 4:15	V: Liv Hall V: Elizabeth Marsh	JV: Sofiya Pollard JV: Leah Rhode		
4x800 RELAY 4:45	V: Elise Huegerich A: Willow Jepson B: Ella Chuapoco	Avery Muller Anna Schoessler Veronica Melo	Molly O'Halloran Abby Ziegert Clare Leto	Sally Gaskell Grace Kottmeyer Brooklyn Anderson
SHUTTLE HURDLE 5:20	V: Olivia Kramer JV: Franny Brooks	Alex Gaskell Katherine Banker	Reese Ervin Nicole Pedersen	Ruby Leman Josie Scigliano
100 METER DASH 5:40	V: Emily Heitzman V: Ashley Hall	JV: Franny Brooks JV: Amaya CC	JV: Molli Young JV: Izzy Polito	
DISTANCE MEDLEY 6:05	V: Marion Boot JV: Allison Stacy	Alex Gaskell Kylie Matejski	Sally Gaskell Willow Jepson	Molly O'Halloran Ava Van Ee
400 METER DASH 6:25	V: Lauren McCoy V: Maddie Nagel	JV: Nellie Johnson	JV: Anna Schoessler	
4x200 RELAY 6:45	V: Reese Ervin A: Nevaeh Russian B: Berit Kallemeier	Shea Johnson Grace Nagel Ainslie Scanlon	Emily Heitzman Amaya CC Regan Joyce	Ashley Hall Amaiya Thompson Dana Diaz
100M HURDLES 7:10	V: Ruby Leman V: Alex Gaskell	JV: Franny Brooks JV: Josie Scigliano	JV: Nicole Pedersen	
800 METER RUN 7:35	V: Sally Gaskell V: Elise Huegerich	JV: Clare Leto JV: Sadie Reinhardt	JV: Elizabeth Marsh JV: Sofiya Pollard	

200 METER DASH 7:55	V: Olivia Kramer V: Marion Boot	JV: Abby Eischeid JV: Anita Tombe	JV: Emma Bishop JV: Josie Scigliano	
400M HURDLES 8:20	V: Reese Ervin V: Katherine Banker	JV: Abby Ziegert		
1500 METER RUN 8:40	V: Liv Hall V: Avery Muller	JV: Veronica Melo JV: Ella Chuapoco	JV: Molly O'Halloran	JV: Grace Kottmeyer
4x100 RELAY 9:05	V; Ashley Hall A: Abby Eischeid B: Molli Young C: Emma Bishop	Emily Heitzman Allison Stacy Amaya CC Dana Diaz	Shea Johnson Marion Boot Kylie Matejski Betty Mateo	Olivia Kramer Franny Brooks Ainslie Scanlon Josie Scigliano
4x400 RELAY 9:25	V: Reese Ervin A: Nevaeh Russian B: Willow Jepson	Katherine Banker Elise Huegerich Nellie Johnson	Maddie Nagel Amaiya Thompson Grace Nagel	Sally Gaskell Sadie Reinhardt Berit Kallemeier