



Get Involved with Child Care for CT This Legislative Session

The Connecticut child care system is at a tipping point. It's unaffordable for parents, unsustainable for providers, and contributes to a statewide workforce shortage. But with your help, we can create meaningful change. There are many ways to get involved in advocating for a better child care system, and all levels of participation are valued. This form ([fill it out here](#)) lets you express your interest in activities that fit your time, skills, and passion. Once submitted, our team organizer, Terra Volpe, will contact you to discuss the best opportunities for you. Filling out the form is not a commitment to a specific date—just a way to explore options. Here's how you can help:

1. Testify in Person or on Zoom

Share your story directly with decision-makers during legislative hearings. Your voice can highlight the real impact of the child care crisis on families, providers, and communities. If speaking isn't your style, you can submit written testimony instead.

2. Be Present at the Capitol

A strong and visible presence at the Capitol sends a clear message to legislators that child care is a priority. Join us to help create a powerful atmosphere for change. Lobby Days will be May 7, 14, 21, 28 and June 4 and 11.

3. Talk to Legislators

One-on-one conversations with legislators can be incredibly impactful. We'll provide the tools, talking points, and guidance to make your message resonate.

4. Speak to the Press

Share your perspective with the media to amplify the movement's message. Whether it's through interviews or op-eds, your story can inspire others and drive public awareness. We'll help you get prepared!

5. Share on Social Media

Spread the word! Use your social media platforms to share updates, calls to action, and personal stories. We'll provide ready-to-use graphics and posts to make it easy. Start by following us on @childcareforct on Instagram, X, and Facebook

6. Write Letters or Testimony from Home

If attending events isn't possible, you can still make a difference by writing letters or testimony from home. Your thoughtful words can move policymakers to act.

7. Submit a Story to Our Child Care Story Bank

Your experiences matter. [Share your story](#) with us to highlight why child care reform is essential. You can also help recruit others to share their stories, building a stronger collective voice.

8. Host an Informational House Party

Bring your friends, family, and community together to learn about the child care crisis and how they can help. House parties are easy to organize and can be held virtually or in person. During the event, Child Care for CT staff will provide a presentation and answer questions—your role is simply to invite guests and spark conversations. We'll support you every step of the way, including providing materials, RSVP links, and even help with costs if needed. These events are about building awareness and engagement, not fundraising, and they make a big impact. Start by filling out the [house party interest form](#), or reach out to Terra Volpe directly to learn more!

Take the First Step

Fill out the legislative session [interest form](#) today to explore how you can contribute. Together, we can transform the child care system in Connecticut!

If you have questions, feel free to reach out to Terra Volpe at terra@childcareforct.org or text **845-656-6610** (start your text with "Child Care Inquiry").