

MENTOR FOOTBALL 7TH & 8TH GRADE 2025 SUMMER DATES

Equipment Pass Out

- Equipment may be passed out at July Camp #1
- Report to your middle school, each will set up an individual date and time.

Summer weight room at JTO Stadium Weight Room (Mentor HS)

- Monday June 2nd Wednesday June 25th
 - 7th Grade and 8th Grade Monday/Tuesday/Wednesday 9:30 10:30 AM
- Monday July 15th Wednesday July 24th
 - No lifting the week of July 1st (Holiday) or July 8th (July Camp Week)
 - MUST BRING A WATER BOTTLE

July Team Camp #1

- Monday, July 14th Friday July 18th
- Each middle school will have their own camp at their school for both 7th and 8th graders
 - o @ Memorial TBD
 - @ Shore 4:00 7:00 PM
 - MUST BRING A WATER BOTTLE

July Team Camp #2

- Monday, July 28th August
- Each middle school will have their own camp at their school for both 7th and 8th graders
 - o @ Memorial TBD
 - a Shore 4:00 7:00 PM
 - MUST BRING A WATER BOTTLE

Summer Practice

- August 1st August 9th
- Each middle school will have their summer practice at their school for both 7th and 8th graders
 - o @ Memorial TBD
 - \circ $\,$ @ Shore 3:00 6:00 PM $\,$
- Bring a light lunch/snack for the 15-20 minute break provided between practices.
- All forms need to be turned in prior to being allowed to practice
- Final forms need to be completed at this time and you must have a valid OHSAA physical on file in final forms or turned in by this date please visit http://mentor-oh.finalforms.com
- MUST BRING A WATER BOTTLE

Fall Practice

- Begins August 12th @ each respective Middle School
- Mon Friday for the remainder of the season
- 4:00 6:00 PM
- MUST BRING A WATER BOTTLE

OHSAA Fall Sports Meeting - TBD

Middle School Night

- Date 9/6/24 vs. TBD
- Each middle school team will be introduced before the Mentor HS game.
- Arrive in the weight room by 6:15 in your game jersey