

Troy Scoops

NCAAB Kenpom Cheat Sheet

1/7/2021

"THE SCOOPS"

-A Troy Hermo Publication

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Venmo - Troy-Hermo

(All donations go towards bills, i'm currently fighting stage 4 cancer and can not work, anything is appreciated, THANK YOU)

Leans/Plays Yesterday 21-20-2

Leans/Plays Total 76-67-2

Hermo Locks 13-9 Lifetime

Actual Plays 11-7

Actual Plays Yesterday 4-1

Plays Today

2.5U Southern Utah -13 HERMO LOCK OF THE DAY

2U ECU -3

2U Morehead St -4

1U Belmont -14

1U Idaho ST +1.5

1U SF -17.5

1U UCLA -1.5

1U Indiana/Wisconsin Under 130

1U Cincy/SMU Over 143.5

1U Ten Tech/Morehead St Under 133.5

1U Idaho st/North Arizona Under 132.5

1U illinois/Northwestern Over149

1U Portland/San Francisco 0147

#332 Cen Conn St 2-5 (2-5 ATS, 4-3 O/U) Offense #294 Defense #340 Tempo #73 Luck #250

#197 Bryant 7-2 (7-1 ATS, 6-2 O/U) Offense #142 Defense #290 Tempo #5 Luck #302

Line: BRY -13.0

O/U: 164.5

Start Time: 1 PM Pacific

Trends

Bulldogs are 4-0 ATS in their last 4 games overall.

Bulldogs are 5-1 ATS in their last 6 home games vs. a team with a losing road record.

Blue Devils are 1-4 ATS in their last 5 road games.

Picks:

Lean Bryant -13

Lean Over 164.5

#14 Oregon 8-1 (5-4 ATS, 5-4 O/U) Offense #19 Defense #20 Tempo #134 Luck #126

#20 Colorado 7-3 (6-4 ATS, 3-7 O/U) Offense #21 Defense #32 Tempo #267 Luck #267

Line: COLO -2.0

O/U: 140.5

Start Time: 2 PM Pacific FS1

Trends

-Favorite is 10-1 ATS in the last 11 meetings.

-Home team is 14-3 ATS in the last 17 meetings.

-Over is 5-0 in Ducks last 5 road games.

-Under is 12-4 in Ducks last 16 road games following three or more consecutive home games.

Picks:

Lean Oregon +2

Lean Under 140.5

#161 Northeastern 3-5 (5-3 ATS, 2-6 O/U) Offense #203 Defense #126 Tempo #252 Luck #218

#148 Hofstra 6-3 (4-4-1 ATS, 4-5 O/U) Offense #127 Defense #170 Tempo #142 Luck #61

Line: HOF -4.0

O/U: 138

Start Time: 2 PM Pacific

Trends:

-Pride are 0-4 ATS in their last 4 home games.

-Under is 6-0 in Huskies last 6 overall.

-Under is 4-0 in Huskies last 4 games following a straight up win.

-Road team is 17-7-1 ATS in the last 25 meetings.

Picks:

Lean Northeastern +4

Lean- Under 138

#5 Iowa 9-2 (7-4 ATS, 8-3 O/U) **Offense #1** Defense #97 Tempo #84 Luck #215

#46 Maryland 6-5 (5-6 ATS, 7-3-1 O/U) Offense #13 Defense #87 Tempo #297 Luck #299

Line: IOWA -5.5

O/U: 154.5

Start Time: 4 PM Pacific ESPN2

Trends

Over is 4-0-1 in Terrapins last 5 home games.

Over is 7-1-1 in Terrapins last 9 games following a ATS loss.

Over is 5-1-1 in Terrapins last 7 games following a straight up loss.
Hawkeyes are 14-2 ATS in their last 16 games following a ATS loss.
Over is 14-3 in Hawkeyes last 17 games following a straight up win.
Over is 10-3 in Hawkeyes last 13 overall.

Pick:

Lean Iowa -5.5

Lean Over 154.5

#21 Indiana 7-4 (7-4 ATS, 4-7 O/U) Offense #58 Defense #9 Tempo #298 Luck #211
#4 Wisconsin 9-2 (5-5-1 ATS, 7-4 O/U) Offense #9 Defense #7 Tempo #333 Luck #227

Line: WISC -8.0

O/U: 130

Start Time: 4 PM Pacific FS1

Injuries:

IND- A. Franklin G Ques Thurs - Foot 12.7 PPG

Trends:

-Under is 5-0-1 in Hoosiers last 6 road games vs. a team with a winning home record.
-Under is 11-1-1 in Hoosiers last 13 road games vs. a team with a home winning % of greater than .600.
-Under is 5-1-1 in Hoosiers last 7 road games.
-Badgers are 9-2-1 ATS in their last 12 games vs. a team with a winning % above .600.
-Under is 4-1 in Badgers last 5 vs. a team with a winning straight up record.

Picks:

Lean Wisconsin -8

1U Indiana/Wisconsin Under 130

#128 Washington ST 8-1 (4-4-1 ATS, 3-9 O/U) Offense #243 Defense #49 Tempo #222 Luck #58

#141 California 5-6 (4-6 ATS, 6-4 O/U) Offense #151 Defense #133 Tempo #329 Luck #239

Line: EVEN

O/U: 129.5

Start Time: 4 PM Pacific PAC12N

Trends:

Over is 4-0 in Cougars last 4 road games.
Over is 6-2 in Cougars last 8 road games following three or more consecutive home games.
Over is 5-0 in Golden Bears last 5 overall.
Golden Bears are 11-3 ATS in their last 14 home games.
Over is 6-2 in Golden Bears last 8 home games.

Pick:

Lean Cal EVEN

Lean Over 129.5

#83 Cincinnati 2-6 (1-7 ATS, 6-2 O/U) Offense #101 Defense #64 Tempo #126 Luck #301

#51 SMU 6-1 (4-2-1 ATS, 4-3 O/U) Offense #37 Defense #60 Tempo #119 Luck #78

Line: SMU -5.5

O/U: 143.5

Start Time: 4 PM Pacific ESPNU

Trends:

Over is 4-0 in Bearcats last 4 overall.

Over is 7-0 in Bearcats last 7 games following a ATS loss.

Over is 6-0 in Mustangs last 6 home games vs. a team with a losing road record.

Over is 4-1 in Mustangs last 5 games following a double-digit loss at home.

Pick:

Lean SMU 5-0

1U Cincy/SMU Over 143.5

#326 Tennessee Tech 1-10 (4-7 ATS, 7-4 O/U) Offense #337 Defense #271 Tempo #107 Luck #275

#273 Morehead St 5-6 (6-3 ATS, 1-8 O/U) Offense #301 Defense #227 Tempo #328 Luck #112

Line: MORE -4.0

O/U: 133.5

Start Time: 4 PM Pacific ESPN+

Trends

Home team is 3-1-1 ATS in the last 5 meetings.

Under is 4-0 in Eagles last 4 home games vs. a team with a losing road record.

Under is 6-1 in Eagles last 7 home games.

Under is 7-1 in Golden Eagles last 8 vs. a team with a losing straight up record.

Pick:

2U Morehead St -4

1U Ten Tech/Morehead St Under 133.5

#325 SE Missouri ST 3-6 (6-3 ATS, 4-4-1 O/U) Offense #302 Defense #327 Tempo #238 Luck #205

#98 Belmont 10-1 (7-2-1 ATS, 5-5 O/U) Offense #92 Defense #110 Tempo #70 Luck #159

Line: BEL -14.0

O/U: 145

Start Time: 4 PM Pacific ESPN+

Trends:

-Favorite is 4-0 ATS in the last 4 meetings.

-Bruins are 3-0-1 ATS in their last 4 games overall.

-Over is 8-1 in Redhawks last 9 vs. a team with a winning straight up record.

Pick:

1U Belmont -14

Lean Over 145

#140 UNLV 1-4 (2-2-1 ATS, 3-2 O/U) Offense #108 Defense #179 Tempo #192 Luck #254

#85 Colorado St 6-2 (4-2 ATS, 3-3 O/U) Offense #99 Defense #73 Tempo #56 Luck #90

Line: CSU -10.0

O/U: 146.5

Start Time: 5 PM Pacific CBSSN

Injuries

CSU- K. Moore G Ques Thurs - Personal 10.1 PPG

Trends:

-Rebels are 3-0-1 ATS in their last 4 games as a road underdog.
-Rebels are 4-0-1 ATS in their last 5 road games.

Pick:

Lean UNLV +10

Lean Over 146.5

#230 Jacksonville ST 7-2 (4-2-1 ATS, 3-4 O/U) Offense #257 Defense #197 Tempo #293 Luck #50
#176 Eastern Kentucky 9-2 (7-2 ATS, 3-6 O/U) Offense #246 Defense #117 Tempo #2 Luck #120
Richmond, KY

Line: ECU -3.0

O/U: 147

Start Time: 5 PM Pacific ESPN+

Trends:

-Gamecocks are 1-7-1 ATS in their last 9 games vs. a team with a winning straight up record.
-Colonels are 4-0 ATS in their last 4 games vs. a team with a winning straight up record.
-Under is 5-1 in Gamecocks last 6 games as an underdog.
-Under is 5-0 in Colonels last 5 games as a home favorite.

Pick:

2U ECU -3

Lean Under 147

#293 Idaho St 3-5 (3-2-1 ATS, 1-5 O/U) Offense #275 Defense #289 Tempo #296 Luck #280
#324 Northern Arizona 3-6 (5-4 ATS, 5-4 O/U) Offense #259 Defense #343 Tempo #340 Luck #43
Line: NAU -1.5

O/U: 132.5

Start Time: 5 PM Pacific

Trends:

Road team is 7-1 ATS in the last 8 meetings.
Underdog is 16-5 ATS in the last 21 meetings.
-Lumberjacks are 0-4 ATS in their last 4 games as a home favorite.
-Under is 4-1 in Lumberjacks last 5 games as a home favorite.
-Bengals are 3-0-1 ATS in their last 4 games overall.
-Under is 7-1 in Bengals last 8 road games vs. a team with a losing home record.

Pick:

1U Idaho ST +1.5

1U Idaho st/North Arizona Under 132.5

#132 Murray St 4-5 (1-6 ATS, 0-5-2 O/U) Offense #157 Defense #115 Tempo #259 Luck #350
#187 Eastern Illinois 4-5 (2-7 ATS, 4-5 O/U) Offense #155 Defense #243 Tempo #158 Luck #188
Line: MUR -4.0

O/U: 140.5

Start Time: 5:30 Pacific ESPN+

Trends

Road team is 4-1 ATS in the last 5 meetings.

Panthers are 0-6 ATS in their last 6 games overall.
Under is 9-2 in Panthers last 11 games as an underdog.
Under is 4-0-2 in Racers last 6 games as a road favorite.

Pick:

Lean Murray St -4

Lean Under 140.5

#210 Montana St 3-3 (2-2 ATS, 3-1 O/U) Offense#230 Defense #196 Tempo #155 Luck#313

#209 Northern Colorado 5-4 (3-3 ATS, 1-5 O/U) Offense#252 Defense#177 Tempo #201 Luck#37

Line: UNCO -4.0

O/U: 137

Start Time: 5:30 PM Pacific

Trends:

-Road team is 4-0 ATS in the last 4 meetings.

Pick:

Lean Montana St +4

Lean Over 137

#68 BYU 9-2 (6-4 ATS, 5-5 O/U) Offense#63 Defense#71 Tempo#103 Luck#46

#1 Gonzaga 10-0 (6-4 ATS, 6-4 O/U) Offense#2 Defense#15 Tempo#7 Luck#116

Line: GONZ -17.0

O/U: 163

Start Time: 5:30 PM Pacific ESPN

Trends:

-Favorite is 5-1 ATS in the last 6 meetings.

-Home team is 4-1 ATS in the last 5 meetings.

-Over is 6-1 in Bulldogs last 7 home games vs. a team with a winning road record.

-Over is 5-0 in Cougars last 5 overall.

-Over is 7-1 in Cougars last 8 games as a road underdog.

Pick:

Lean BYU +17

Lean Over 163

#8 Illinois 8-3 (6-4-1 ATS, 8-3 O/U) Offense#7 Defense#27 Tempo#52 Luck#212

#55 Northwestern 6-3 (5-3 ATS, 5-3 O/U) Offense#55 Defense#58 Tempo #125 Luck#214

Line: ILL -7.5

O/U: 149

Start Time: 6 PM Pacific BTN

Trends

Road team is 12-5 ATS in the last 17 meetings.

-Over is 6-0 in Wildcats last 6 games following a straight up loss.

-Over is 7-0 in Fighting Illini last 7 road games.

Pick:

Lean Illinois -7.5

1U illinois/Northwestern Over149

#125 Washington 1-7 (2-6 ATS, 3-5 O/U) Offense#199 Defense#74 Tempo #167 Luck#338

#41 Stanford 6-3 (4-4-1 ATS, 4-5 O/U) Offense#83 Defense#8 Tempo#89 Luck#124

Line: STAN -10.5

O/U: 137

Start Time: 6 PM Pacific FS1

Injuries

STAN- D. Davis G Ques Thurs - Ankle 13.8 PPG

STAN-B. Wills G Ques Thurs - Leg 9.3 PPG

Trends:

-Home team is 4-1 ATS in the last 5 meetings.

-Under is 9-3 in Cardinal last 12 home games vs. a team with a losing road record.

-Under is 3-0-1 in Cardinal last 4 games vs. a team with a winning % below .400.

-Huskies are 2-8 ATS in their last 10 games as a road underdog.

-Huskies are 5-17 ATS in their last 22 games as an underdog.

Pick:

Lean Stanford -10.5

Lean Under 137

#25 USC 6-2 (5-3 ATS, 4-4 O/U) Offense#52 Defense#17 Tempo #231 Luck#266

#27 Arizona 9-1 (4-6 ATS, 6-4 O/U) Offense#23 Defense#43 Tempo#174 Luck#89

Line: ARIZ -4.0

O/U: 138

Start Time: 6 PM Pacific ESPN

Injuries

USC- E. Anderson G Out indefinitely - Back 6.7 PPG

Trends:

Home team is 6-1 ATS in the last 7 meetings.

Over is 4-0 in Wildcats last 4 games following a ATS loss.

Under is 6-1 in Trojans last 7 games after allowing less than 50 points in their previous game.

Trojans are 7-1 ATS in their last 8 games as a road underdog.

Pick:

Lean USC +4

Lean Under 138

#341 Tenn Martin 3-4 (3-3 ATS, 3-3 O/U) Offense#268 Defense#355 Tempo#156 Luck#38

#305 Tennessee St 1-6 (1-5 ATS, 2-4 O/U) Offense#338 Defense#213 Tempo#97 Luck#318

Line: TNST -6.0

O/U: 142

Start Time: 6 PM Pacific ESPN+

Trends:

-Home team is 5-1 ATS in the last 6 meetings.

-Favorite is 8-3 ATS in the last 11 meetings.

-Tigers are 4-0 ATS in their last 4 games as a favorite.

-Over is 5-0 in Skyhawks last 5 games following a straight up loss of more than 20 points.

Pick:

Lean Tenn ST -6

Lean Over 142

#285 Portland 6-3 (3-3 ATS, 4-2 O/U) Offense#314 Defense#217 Tempo#26 Luck#13

#78 San Francisco 7-5 (5-7 ATS, 6-6 O/U) Offense#77 Defense#82 Tempo#159 Luck#224

Line: SF -17.5

O/U: 147

Start Time: 6PM Pacific ESPNU

Trends:

-Over is 16-5 in Dons last 21 home games vs. a team with a losing road record.

-Over is 9-4-1 in Pilots last 14 road games vs. a team with a winning home record.

Pick:

1U SF -17.5

1U Portland/San Francisco O147

#346 Idaho 0-7 (2-5 ATS, 3-4 O/U) Offense#342 Defense#341 Tempo#145 Luck#291

#178 Southern Utah 7-1 (4-1 ATS, 4-1 O/U) Offense#145 Defense#236 Tempo#133 Luck#106

Line: SUU -13.0

O/U: 142

Start Time: 6 PM Pacific

Pick:

2.5U Southern Utah -13 HERMO LOCK OF THE DAY

Lean Over 142

#128 Washington St 8-1 (4-4-1 ATS, 3-6 O/U) Offense#243 Defense#49 Tempo#221 Luck#58

#141 California 5-6 (4-6 ATS, 6-4 O/U) Offense#151 Defense#133 Tempo#329 Luck#239

Line: WSU -2.0

O/U: 128.5

Start Time: 7 PM Pacific PAC12N

Pick:

Lean Cal +2

Lean Under 128.5

#121 Nevada 8-3 (7-3 ATS, 6-4 O/U) Offense#131 Defense#125 Tempo#105 Luck#68

#28 San Diego St 7-2 (5-3 ATS, 5-3 O/U) Offense#44 Defense #22 Tempo#331 Luck#243

Line: SDSU -13.5

O/U: 136.5

Start Time: 7 PM Pacific CBSSN

Trends

-Home team is 11-4 ATS in the last 15 meetings.

-Aztecs are 1-5 ATS in their last 6 games following a ATS win.

-Over is 4-1 in Aztecs last 5 overall.

-Over is 6-1 in Wolf Pack last 7 overall.

-Over is 13-3 in Wolf Pack last 16 games following a straight up win.

Pick:

Lean Nevada +13.5

Lean Over 136.5

#35 UCLA 7-2 (6-3 ATS, 5-4 O/U) Offense#11 Defense#67 Tempo#342 Luck#65

#57 Arizona St 4-3 (1-6 ATS, 3-4 O/U) Offense#49 Defense#76 Tempo#14 Luck#77

Line: UCLA -1.5

O/U: 147.5

Start Time: 7:30 PM Pacific ESPN

Trends

-Home team is 15-4-2 ATS in the last 21 meetings.

-Favorite is 3-1-1 ATS in the last 5 meetings.

-Sun Devils are 0-7 ATS in their last 7 home games.

-Bruins are 8-2-1 ATS in their last 11 games vs. a team with a winning straight up record.

-Bruins are 11-3-1 ATS in their last 15 games overall.

Pick:

1U UCLA -1.5

Lean Under 147.5