

A message from our Embedding Nonviolence Team 🕊️

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." - Martin Luther King

One of the principles in our Rebel Code is to always show respect. This is especially challenging when police act in a threatening way.

Our nonviolence comes from not only a principled place, but a strategic one. If we remain calm and do not use hostile body language around the police, it makes it more psychologically difficult for officers to intimidate us or to keep following illegal orders against us.

We empathise with feelings of anger towards the police as a racist institution, enforcing a corrupt system. However, we make the space safer if we keep our body language neutral and increase the chances that individual officers might break free from this toxic system and refuse to enforce a social contract that is broken.

We have trained police liaison rebels on the ground. There is no need to engage in conversation with police and they can use anything you say in intel gathering. Say RESPECTFULLY, NO COMMENT.

Chatting with the police can be alienating for marginalised communities who experience systematic violence at the hands of the police.

Remember the humanity of all.

We are aware that rebels who aren't necessarily prepared for arrest are being arrested. This is a reminder that no action is 100% risk free and that we cannot guarantee you will not be arrested. Know Your Rights: Please watch [this short 2 minute video](#) for the basics.