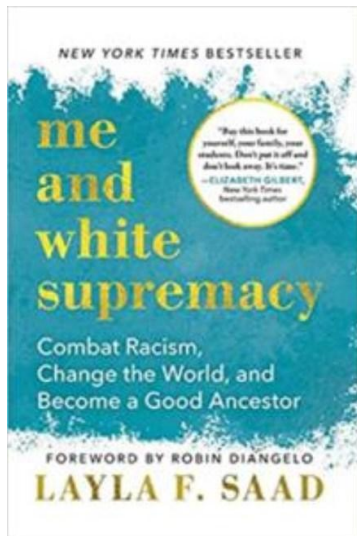


Me and White Supremacy Work Group

First Universalist Church of Denver

This 28-day challenge leads participants “through a journey of understanding their white privilege and participation in white supremacy, so that they can stop (often unconsciously) inflicting damage on black, indigenous and people of color, and in turn, help other white people do better, too.”—Layla F. Saad



September 13th through
October 18th from 6:30 - 8:30
pm

Six virtual sessions on
consecutive Tuesdays

Limited to 8 participants

Pre-registration required

You are invited to take a deep dive with a group of curious, compassionate and committed neighbors as we get in touch with our role and responsibility to “combat racism, change the world and become a good ancestor” as author Layla F. Saad offers through her book, *Me and White Supremacy*.

Gathering as a Learning Circle, we will work through Saad’s book, in which she sets up an intensive 28-day challenge by posing questions to be addressed through journaling and community dialogue. A Learning Circle is a structure for deep conversation and wise outcomes. <http://www.thecircleway.net/the-circle-way>
Our circle conveners are **Holly Fulton** and **Rick Granquist**.

COMMITMENT: This is deep personal and interpersonal work...

Participation:

- Show up, be vulnerable and be committed to change.
- Do the work. Come fully prepared, which includes daily reading and journaling.

What you will need:

A copy of Layla Saad book, *Me and White Supremacy* and notebook for journaling.

Time commitment:

- Up to 1 hour a day to reflect and journal based on reading Layla Saad’s *Me and White Supremacy*
- 2-hour weekly meeting with the whole group for six consecutive weeks.

- Weekly meeting: 30 minutes meeting with a partner from our learning circle

What participants say about taking this workshop:

“...opened many doors for me to become more aware of the impact of my thoughts and actions/non-action... The veil of unspoken, subtle, nuanced and hidden truths of systemic racism has been raised to the point that I feel them in my heart and body.”

“I am more conscious of the power advantage I have simply by being white. I pay more attention to my interactions with Black, indigenous and people of color.”

“So grateful! I gained life-changing insights into attitudes and beliefs about race and racism that I simply wasn't aware of.”

For further information on this work listen to this NPR Life Kit podcast with Eric Deggans interviewing Layla F. Saad: *Me And White Supremacy* [Helps You Do The Work Of Dismantling Racism](#) (16-minute Listen)

To Register:

- 1) Send an email to either or both of the **circle** conveners Holly or Rick, with “Me and White Supremacy” in the subject line. Holly Fulton at holly.fulton@comcast.net or Rick Granquist at rick.granquist10@outlook.com.
- 2) You will receive a registration link and a Participant Profile to complete. 3) Questions? Email Holly or Rick.
- 3) Registration deadline is September 11th.

***If you are coming to help me, you are wasting your time.
But if you are coming because your liberation is bound
up with mine, then let us work together. –Indigenous Elder***
