

Curriculum B - Wellness/PE - Unit 3: Flag Football

Massachusetts Learning Standards Taught in this Unit:

- **Standard 8.1.PF.3** Implement effective offensive and defensive strategies (i.e., creating open space, reducing space, shot selection, reduce offensive options for opponents using tactics and shots, select and apply appropriate shot and technique, defensive ready position) during game play for a variety of games (including net/wall games, target games, invasion games, fielding and striking games, etc.). [PE]
- **Standard 8.2.PF.3** Recognize and implement safe and appropriate behaviors during physical activity and with exercise equipment [PE]
- **Standard 8.2.PF.4** Demonstrates the ability to follow game rules in a variety of physical activity situations and applies and respects the importance of etiquette. [PE]
- **Standard 8.3.PF.4** Exhibit responsible social behaviors by respectfully interacting with others, including and cooperating with classmates, asking for help when needed for self and others, maintaining positive relationships, and collaborating productively on problem-solving initiatives during adventure activities, large-group initiatives, and/or game play. [HPE; SE]
- **Standard 8.4.PF.3** Demonstrate developmentally appropriate manipulative skills (i.e., throwing and catching, striking [with and without implements], volleying, serving [with hands and implements], dribbling with hands and feet, and shooting) in a variety of practice tasks, small sided games and other physical activities (including net/wall games, cooperative games, target games, invasion games, fielding and striking games).
- **Standard 8.4.PF.4** Effectively combine and apply locomotor, stability/non-locomotor (e.g., weight transfer), and manipulative skills in a variety of athletic and physical activities, and game play (including net/wall games, target games, invasion games, fielding and striking games).