

Alexander John Shaia - Walk The Mystical "Christos" Path 2024

In this 7-week live video course, you'll:

- Learn how the **Yeshua/Jesus story as told in the Gospel of John is a doorway to the Christos**, a cosmic reality that exists everywhere and across all times
- Explore how every transformational inner journey, including Jesus' path as depicted in the gospels, **follows a 4-stage heroine's/hero's journey process**
- Discover the Gospels as a **powerful map** for your personal transformation, with **each gospel** representing one of the 4 cyclical stages of personal growth
- Cultivate a renewed sense of hope and **receive practical tools — including weekly guided meditations** — to help you integrate the Gospel of John's wisdom into your daily life
- Feel more connected to the hero's journey we're all making as you discover **how Earth embodies the Christos**
- **Feel your anxiety** diminish as you come to understand life in a larger context
- Harmonize your **opposite perspectives and emotions** within through the symbolism of the wedding story
- Explore the spiritual inner temple that must be deconstructed to **cleanse yourself from negativity**
- Apply the **Gospel of John's lessons to your life**, including the importance of learning from those around you
- **Return to your true self** as you walk through the Garden of Resurrection

— **Bestselling Author Mirabai Starr:** *"Alexander John Is Grounded in the Heart Space That Is Unfailing Kind, Compassionate, and Open to Mystery"*

What You'll Discover in These 7 Weeks

In this 7-week transformational intensive, Alexander John will guide you through the fundamental skills and competencies you'll need to successfully draw on the mystical wisdom of John to refresh your spirit and awaken your courage to live in oneness.

Join the Livestream — or Stream Later to Watch at Your Convenience



You'll connect with Alexander John and experience his teachings through livestreaming video via any connected device. This connection is easy to use and will enhance the impact of Alexander John's transmissions. Can't make it live? After each class, you can stream the video and audio recordings to enjoy anytime and anywhere at your convenience.

Course Sessions Tuesdays

This course will feature LIVE teachings, interactive sessions, experiential practices, and Q&A with Alexander John. Each session will build harmoniously upon the previous ones, so you'll develop a complete holistic understanding of the practices, tools, and principles you'll need to deepen your spiritual practice and cultivate more peace in your life as you explore the insights within the Gospel of John.

Module 1: Experience How Earth Embodies the Christos & Feel More Connected to the Common Journey We're All Making (November 12)



Seekers and Christians alike have suffered from severely flawed translations of the mystic John, and the gospel that bears his name.

The repercussions of these errors have been severe, contributing to emotional strife, genocide, and the ravages of war.

As this course begins, Alexander John will correct these critical misinterpretations, enabling the text to again serve as a source of profound healing, sensual beauty, and a resounding message of oneness.

You'll also explore why Spirit and matter are one, and why every cell of the cosmos, as well as each of *our* cells, makes up the Christos.

As Alexander John will share, no matter which tradition you're part of (or not part of), we're all making the same journey.

In this opening module, you'll:

- Establish a **foundation of freedom and safety** to guide your learning
- Explore the distinct meanings and implications of the two names: **Yeshua (Jesus) and the Christos (Christ)**
- Discover the **mystical narratives of the Christos** — a core and eternal truth that permeates time and every cell of the cosmos
- Explore a more **accurate translation of the mystical gospel of John**
- Understand why **nothing comes into being** except through the Holy One's breath, which is not a moment of time but every moment of ALL time

- Connect to the larger embodiment of the universal Christos during a meditation, “Breathing the Christos”

Module 2: Touch the Eternal Through the 4 Paths to Ease Your Anxiety as You Understand Life in a Larger Context (November 19)



World spirituality, psychology, and great mythic stories reveal that all transformative processes hold to a core pattern. This pattern can be viewed as having four stages or paths.

The great mythologist Joseph Campbell describes this journey as the mono-myth or “one great story” with billions of scripts, happening across the cosmos.

Through his studies, Alexander John discerned how **Christianity’s four gospels came to be chosen as the story of the Christos** — and exemplars of the four stages of transformation.

In this module, you’ll explore:

- The **map of the 4-path journey of transformation** to create greater ease and connection during your personal journey of transformation
- How each of the 4 paths **connects to one gospel — and how these are universal themes**
- How John is a mystical text about how to navigate a Third Path experience
- The **tremendous gifts and urgent challenges** of the Third Path
- A guided meditation, “Walk the Eighth”

Module 3: Experience Your Own Journey of Transformation in Each Moment When You Understand the Crux (or Cross) of the Christos Across Human Time (November 26)



The cross is a symbol that's been known across the world for at least 8,000 years. Its original shape is four-armed and equidistant like that of a plus sign (+).

Alexander John will guide you in **exploring the original shape of the cross** and its meaning, along with how and why the shape changed. You'll understand how **the Cross of the Christos is a different reality than the instrument of death on which Yeshua hung**.

Finally, you'll experience the mystical Third Path truth of Yeshua's death as given to us by John. **In truth, there is no equivocation or suffering.**

As the text shows, Yeshua is totally in command and quite serene if not ecstatic. Through this Passion we are also given the grace to experience our own great labors with deep equanimity.

In this module, you'll explore:

- The **meaning of the equidistant cross** across human history — it was a well-known image in the Middle East some 2,000 years before Yeshua/Jesus
- The **Cross of the Christos** as a brilliant image of healing and wholeness
- John's account of Yeshua's "death" as a Third Path experience of new creation and union with the Christos

- A **guided meditation** focused on how Yeshua dies and rises in this text of the Third Path — revealing how we may experience equanimity and even joy amid our own Third Path deaths and transformation
- How the passion in John actually **depicts a woman's labor** while giving birth — there is agony, yet what remains is the gift of what happens through this process

Module 4: Harmonize Opposite Perspectives & Emotions Within Yourself Through the Symbolism of the Wedding (December 3)



Many of us have been taught that light must defeat dark, but, as Alexander John will explain, this idea splits the cosmos, and as a result, it splits each one of us. Aramaic (Yeshua/Jesus' original language) talks about how light and dark play together and that there's no such thing as an absolute opposite.

In the mystical writings of John, the wedding serves as an image of **spirit and matter, and all of us, as inherently one** — an incorruptible union across all time and beyond. John's mysticism shouts the great truth: We, plus spirit and matter, are inexorably joined.

Alexander John will guide you to explore the images of stone and weddings in various cultures, as well as the archetypal wedding in John.

As he'll explain, this mystical story reveals a universal truth: **each of us is a unique tapestry composed of opposites that gradually manifest in a harmony over time.** And all of us are made for each other.

In this module, you'll discover:

- The **meaning of stone** in Judaic and Mediterranean cultures
- **The importance of the Star of David** as a joining of opposites — symbolized by the joining of the downward pointing triangle with the upward
- How **each of us is a Petros/Petra** (Greek words that relate to the word “rock” or “stone”) and why this matters
- How to **play and drink the elixir of all life** to understand how you can hold 2 seemingly conflicting ideas at once so that they create harmony, helping you feel lighter
- A **guided meditation**, “The Wedding Within, The Wedding Amongst” to imagine bringing opposites together inside yourself

Module 5: Cleanse Yourself From Yesterday’s Negativity as You Explore the Temple That Must be Deconstructed (December 10)



It’s long been assumed that the Gospel of John and the Book of Revelation were by the same author. Now scholars see the two writings as coming from different writers, even though the two authors wrote in the same time period and addressed a similar Third Path dilemma.

Alexander John will provide an overview of the Book of Revelation as a **telling of the inner work to cleanse yesterday’s temple**, and to protect your fresh vision from sliding back into regressive energies that ultimately harm you and others.

You’ll explore imagery from the Book of Revelation along with John’s account of the cleansing of the temple and Nicodemus’ meeting with Yeshua. Each of these illuminates a requisite watchfulness so as not to slide back.

In this module, you'll discover:

- The necessary steps to **receive and hold the new vision**
- A meditation to **transform your judgmental inner voice of Nicodemus** that can cause you to fear growth
- How the **Book of Revelation** complements the Gospel of John — because when a new vision arrives, there is something within us that fights it unless we're prepared
- Why the **ego is frightened** by the new mystical vision and how it can now learn a new role to support, and not destroy, the vision

Module 6: Explore the History of the Well and Apply Its Lessons to Your Life So You Can Experience the Radiance of Those Around You (December 17)



You'll explore **the meaning of wells** in various cultures, including the text's account of a mystical well in Samaria.

You'll understand the story of this well in **its original intent** and impact on the powerful women's community of Ephesus. Alexander John will explain how the archetypal woman in this story has been greatly defamed by toxic patriarchy.

Yes, she is considered to be married 5 times but you will learn that this is not a physical, but a spiritual marriage — and why she is being invited to go deeper into oneness.

This is a powerful story that speaks to a pressing inner and outer need today — **to approach each other as wisdom figures.**

In this module, you'll explore:

- The **original face** of the woman at the well
- How **the well is the sacred site of the Samaritans** that's equal to the temple in Jerusalem — and is serviced by a group of women priestesses
- A **guided meditation**, “Greet Wisdom in Its Otherness,” that emphasizes reciprocity and learning from others
- Why, even when we can't always agree on the particulars, we can **experience the radiance of others** (and ourselves)

Module 7: Walk Through The Garden of Resurrection & Return to Your True Self (January 7)



As this journey comes to an end, **you'll explore the themes of weddings and new creation.**

Here, the Garden of Resurrection — where Mir-y-am (Mary) of Magdala meets the Gardener — holds all the elements of John's mystical vision and telling of a Third Path experience.

The Garden of Eden is restored and open to all, serving as the perfect end to your exploration of Aramaic and Middle Eastern mysticism.

Just as the Christian story is the universal story, so are the noble truths of Buddhism and all other religions and traditions — because when you go beneath the particular characters of the story, **we're all walking the same path.**

In this closing module, you'll:

- Learn the **entire summary teaching** of the gospel of John
- Explore the **biology and metaphor** of gardens
- See the **mystical garden** as an image of paradise in the Middle East
- Discover the **lessons of the Third Path** viewed in Mir-y-am's grief, vision, and meeting the Gardener (Christos)
- **Return to yourself** during a final guided meditation, "Be an Ever New Garden," in which you'll discover that the way to this new garden is through becoming even more embodied and ordinary

The Walk The Mystical "Christos" Path Bonus Offering

In addition to Alexander John's transformative 7-week online course, you'll receive this special bonus offering to complement the course and take your understanding and practice to an even deeper level.

When you register TONIGHT, Wednesday, October 30, by Midnight Pacific, you'll receive the bonus below as an extra gift:

A Radical, New Understanding of the Christian Gospels

Video Teaching With Alexander John Shaia



Could there be a vital, inclusive, and universal understanding of the four Christian Gospels? For centuries, it has been believed that the Gospels primarily serve as historical accounts of Jesus' life. Now comes an entirely new understanding. In this 15-minute video teaching, Alexander John reveals that when selected, the texts were organized to function as four chapters of a single narrative — a mystical account of the Christos that leads us through the four paths of radical (root) transformation.

Register by October 30 to claim this bonus before it expires.

Plus... you'll receive these bonuses too!

In Freedom & Safety: The Rich Soil of Transformation

Video Teaching With Alexander John Shaia



Have you ever experienced another person who offered you the space (or energy) to truly be yourself “in freedom and safety”? Regardless of spiritual tradition or practice, this free and safe environment is the very soil of transformation. In this 15-minute video teaching, Alexander John will explore the key elements of this energy, and how to cultivate it for yourself and extend it to others.

Two Royal Methods

Video Meditation with Alexander John Shaia



Throughout every spiritual and psychological tradition, there exist two royal methods of meditation. The first method is the way of *no-image* or *nothingness*, typically known as apophatic meditation. The second method embraces the way of *image and thingness*, commonly referred to as kataphatic meditation. In this 15-minute video teaching, Alexander John will speak to the strengths and weaknesses of each method, placing more emphasis on the lesser-known kataphatic method.