

- **Brainspotting Phase 2**

- **AGENDA**

- **MORNING DAY 1**

- 9:00 - 10:30 AM Introductions, Review of BSP Phase 1 extensive Q&A.
- 10:30 - 10:45 AM Break
- 10:45 - 12:30 PM Intro to Phase 2 including PowerPoint lecture
- and Q&A
- 12:30 - 1:45 PM Lunch

- **AFTERNOON**

- 1:45 - 3:30 PM One Eye BSP demonstration, debrief
- 3:30 - 3:45 PM Break
- 3:45 - 5:15 PM One Eye BSP practicum
- 5:15-5:45 PM Large Group Debrief

- **MORNING DAY 2**

- 9:00AM-9:30AM Check in
- 9:30AM-10:45AM Z-Axis and Vergence, demo, debrief.
- 10:45AM-11:00AM Break
- 11:00AM-12:30PM Z-Axis and Vergence practicum
- 12:30PM-12:45PM Large group debrief
- 12:45PM-2:00PM Lunch

- **AFTERNOON**

- 2:00PM-3:30PM Outside-Inside Window demo, debrief.
- 3:30PM-3:45PM Break
- 3:45PM-5:15PM Outside-Inside Window practicum

- 5:15PM-5:45PM Large group debrief

- **MORNING Day 3**

- 9:00AM-9:30AM Check in, debrief
- 9:30AM-10:30AM Rolling Brainspotting brief demo, debrief
- 10:30AM-10:45AM Break
- 10:45AM-11:45AM Rolling Practicum
- 11:45AM-12:00PM Large group debrief

- **AFTERNOON**

- 12:00PM-1:15PM Lunch
- 1:15PM-3:30PM Introduction of Advanced Resource Model demo
- (One-Eye and Z Axis Brainspotting Frame) debrief
- 3:30-3:45 Break
- 3:45PM-5:15PM Resource Frame of One-Eye and Z Axis
- Brainspotting practicum
- 5:15PM-5:45PM Large group debrief and wrap up