

Technology & Artificial Intelligence

Your Tech Life

1. What was your first phone like? When did you get it? How old were you?
2. Would you ever replace your smartphone with a simple flip phone? Why or why not?
3. How much screen time do you think you get each day? Does it surprise you?
4. Have you ever tried to reduce your screen time? Were you successful?
5. What do you think about wearable technology, like smart watches and smart glasses?
6. What is one app you could not live without, and one you could easily delete?
7. What do you think smartphones will be like in 5 years? What about 15 years?
8. Is there a technology you wish someone would invent?
9. Does technology make life simpler or more complicated? Give an example.

Trusting AI

10. Do you trust AI? How accurate do you think AI is?
11. Have you ever gotten wrong information from AI or the internet? What happened?
12. How do you determine if something you read or see online is real or created by AI?
13. Have you ever seen a photo, video, or voice recording that turned out to be fake? How did it make you feel?
14. Imagine you go to see a movie with your favorite actor. The next day, you find out the actor was completely AI-generated. How would you feel?
15. If your favorite musician released an AI album, would you still listen to it?
16. Can people become friends with AI bots? What are the pros and cons of human-AI relationships?

AI in Daily Life

17. How has your use of AI changed over the past year? What are some examples of how and when you use AI (for example, ChatGPT, Google Translate, Google AI search)?
18. Have you seen or ridden in a Waymo? Would you feel comfortable in one?
19. If you were a hospital patient, would you prefer an AI nurse or a human nurse? Why?
20. Would you talk to an AI therapist about your problems? Why or why not?
21. As an English language learner, would you rather have an AI teacher or a human teacher? What are the pros and cons?
22. Will AI take jobs away from people? Which jobs are you most worried about?
23. Do you feel optimistic, pessimistic, or pragmatic about the future of AI? Why?

Vocabulary

1. **feature** (n) — special function or part of a device
2. **flip phone** (n) — basic phone that folds open
3. **screen time** (n) — time spent looking at a screen
4. **wearable technology** (n) — tech devices worn on the body, such watches or glasses
5. **app** (n) — software program on a phone or device
6. **upgrade** (n, v) — move to a newer, better version
7. **scroll** (v), **swipe** (v) — move up or down on a screen; slide a finger across a screen
8. **addicted** (adj), **addiction** (n) — unable to stop a behavior
9. **habit** (n), **habitual** (adj) — regular, repeated behavior
10. **cut back on** (phrasal verb) — reduce the amount of something
11. **artificial intelligence / AI** (n) — computers that simulate human thinking
12. **accurate** (adj), **accuracy** (n) — correct, without errors
13. **trust** (n, v), **trustworthy** (adj) — believe something is reliable
14. **misinformation** (n) — false or incorrect information
15. **deepfake** (n) — AI-created fake image, video, or audio
16. **AI-generated** (adj) — created by artificial intelligence
17. **algorithm** (n) — set of rules a computer follows
18. **verify** (v) — check if something is true
19. **reliable** (adj), **reliability** (n) — consistently works as expected
20. **detect** (v) — notice or discover something
21. **bot** (n), **chatbot** (n) — automated computer program; AI program that chats with users
22. **rely on** (phrasal verb) — depend on something or someone
23. **automated** (adj), **automate** (v), **automation** (n) — done by machine, not a human
24. **self-driving** (adj) — able to drive without a human
25. **autonomous** (adj) — able to work independently
26. **patient** (n) — person receiving medical care
27. **therapist** (n) — trained professional who helps with mental health
28. **replace** (v), **replacement** (n) — take the place of something or someone
29. **job displacement** (n) — losing a job because of technology
30. **efficient** (adj), **efficiency** (n) — doing something without waste or extra effort
31. **data** (n) — information collected and stored
32. **privacy** (n) — right to keep personal information private
33. **optimistic** (adj), **optimism** (n) — expecting good outcomes
34. **pessimistic** (adj), **pessimism** (n) — expecting bad outcomes
35. **pragmatic** (adj) — focused on practical results

Idioms & Expressions

1. **plugged in** (idiom) — connected to technology; very engaged
2. **unplug** (idiom) — take a break from technology
3. **a double-edged sword** (idiom) — something with both good and bad effects
4. **the jury is still out** (idiom) — no decision or conclusion yet
5. **back to basics** (expression) — return to simple, traditional ways
6. **information overload** (expression) — too much information to process
7. **garbage in, garbage out** (expression) — bad input produces bad results
8. **mind of its own** (expression) — behaves unpredictably
9. **keep up with the times** (expression) — stay current with changes