

Zainab Idrees

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Profile

I am a motivated, friendly undergraduate student seeking research and experience opportunities in child psychology and/or pediatrics. I aim to use my knowledge and skills to make the world better.

Education

BACHELOR OF SCIENCE IN ELEMENTARY EDUCATION | 2022-PRESENT | INDIANA UNIVERSITY PURDUE UNIVERSITY – INDIANAPOLIS

- Intended concentration: Language Arts, Math/Science
- Cumulative GPA: 3.9/4.0
- Expected Graduation Date: May 2026

BACHELOR OF ARTS IN PSYCHOLOGY | 2022-PRESENT | INDIANA UNIVERSITY PURDUE UNIVERSITY INDIANAPOLIS

- Interests: Learning Disabilities in Schools, Behavioral Disorders, Public Health •
- Cumulative GPA: 3.9/4.0
- Expected Graduation Date: May 2026

HONORS COLLEGE | 2022-PRESENT | INDIANA UNIVERSITY PURDUE UNIVERSITY-INDIANAPOLIS

- Chancellor's Scholar

Skills & Abilities

MANAGEMENT

- **GREEN TEAM GROUP FACILITATOR | CARMEL HIGH SCHOOL | 2020-2021 |** • Leader in facilitation of discussions regarding eco-friendly change in the high school • **HILITE**

NEWMAGAZINE NEWS EDITOR | CARMEL HIGH SCHOOL | 2021-2022 |

- Managed a team of writers, photographers, and graphic designers in order to create pages of a newspaper
- Executive decisions on what content would be put on spreads
- Created spread designs, formatted spreads, uploaded spreads to website
- Attended monthly content idea meetings, attended monthly management meetings with other sections, attended debriefing/improvement meetings

COMMUNICATION

- **HILITE NEWMAGAZINE NEWS WRITER | CARMEL HIGH SCHOOL | 2020-2021 |** • Reached out to potential news sources to interview
 - Interviewed sources, verified quotes, wrote news stories
- **COMMUNICATION LIASION FOR A TALE OF TWO COUNTIES | CARMEL HIGH SCHOOL | 2021-2022 |**
 - A Tale of Two Counties was a documentary examining different opioid drug use interventions in

Marion and Scott counties

- Reached out to potential sources, helped set up meeting dates/times with sources

LEADERSHIP

• TEEN LIBRARY COUNCIL | CARMEL CLAY PUBLIC LIBRARY | 2020-2021 |

- Helped make decisions regarding the teen section and teen programs at the library •

Attended monthly meetings with other council members

OTHER SKILLS

- Proficient in Adobe InDesign, Adobe Illustrator, Adobe Photoshop, SNO Sites
- Proficient in Microsoft Word, Microsoft Excel, Microsoft PowerPoint
- Proficient in Google Docs, Google Sheets, Google Slides
- Proficient in Prezi, Wix, Weebly
- Tutoring/Mentoring
- Creating interview questions
- Conducting interviews
- Journalistic Writing
- Creative Writing
- Copyediting
- Micropipetting
- Gel Electrophoresis
- Willingness to learn new skills
- Adaptable

Experience

CADET TEACHING | FOREST DALE ELEMENTARY | 2021-2022 |

- Student taught 2nd grade
- Created lesson plans, taught in small group instruction
- Facilitated partner reading with low literacy students
- Taught lesson plans to whole class

SHADOWING AT RILEY LEADERSHIP EDUCATION IN NEURODEVELOPMENTAL DISABILITIES (LEND) | 2022 |

- Shadowed a LEND team as they went through diagnostic protocol in diagnosing children with behavioral disorders

SHADOWED DR. NERISSA BAUER, PEDIATRICIAN, CREATOR OF LET'S TALK KIDS HEALTH | FEBRUARY 2022-MAY 2022 |

- Joined in on several virtual sessions of her working with children with behavioral disorders

SERVICE LEARNING | BROOKSIDE #54- Indianapolis Public Schools | 2023-PRESENT |

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- Supervise students in the sensory room as they take 5-10 minute sensory breaks

Volunteering

CARMEL CLAY PUBLIC LIBRARY VOLUNTEER TEEN CORPS | 2018-2020 |

- Raiders of the ARC's- read and reviewed advance reader copies of books, and reviewed them • Book Stamping- stamped books that were going to be removed from the library • Shelf Straightening- reshelfed books according to library system
- Book Sale Set Up- set up tables, books for library biannual book sales

HAMILTON COUNTY PARKS & RECREATION | 2021-PRESENT |

- Parking Assistance- helped people park in designated parking spots during large festivals

ALHUDA FOUNDATION | 2022 |

- Food Pantry Stocking- received food donations from the community, stocked them in appropriate places in the food pantry

GLEANERS FOOD BANK OF INDIANA | 2022-PRESENT |

- Food Pantry Drive Thru- packaged bags and loaded cars with packaged and fresh goods

HUMANE SOCIETY OF HAMILTON COUNTY | 2022-PRESENT |

- Dog Kennel Assistance- cleaning dogs kennels, providing clean bedding and toys • Dog Walking-making sure dogs are able to exercise daily

Certifications

CPR CERTIFICATION | AMERICAN HEART ASSOCIATION | 2019-2021 |

FERPA TRAINING | INDIANA UNIVERSITY | 2022-PRESENT |

SEXUAL MISCONDUCT POLICIES, PROCESSES AND RESOURCES EMPLOYEE TRAINING| INDIANA UNIVERSITY | 2022-PRESENT |

LANGUAGES SPOKEN:

- Fluent in English
- Fluent in Urdu
- Fluent in Hindi
- Basic conversation in Spanish
- Reading Fluency in Arabic

