



# Intermediate Unit 1

Serving Fayette, Greene, and Washington Counties

One Intermediate Unit Drive | Coal Center, PA | 15423

Phone: 724.938.3241 | Fax: 724.938.6665

[www.iu1.org](http://www.iu1.org)

Dr. Donald W. Martin

Executive Director

## Social and Emotional Learning (SEL) and Mental Health Services

### **Professional Development and Technical Assistance Packages**

#### ● **SEL Package**

- IU1 will assist your district in establishing a social emotional learning (SEL) culture utilizing multi-tiered systems of supports (MTSS) focused on students' developmental and mental health needs. IU1 will provide technical assistance in the following areas:
  - Selecting a Universal SEL Screening Assessment
  - Collecting and Analyzing Data
  - Determining Tiers of Support within the SEL Framework
  - Identifying and Implementing SEL Interventions
  - Developing an SEL Action Plan

● 10-Day Package \$3,600.00

● 20-Day Package \$6,800.00

#### ● **Trauma-Informed Schools**

- This training will provide educators the opportunity to learn what trauma is and how trauma impacts the students we work with and will explore ways in which educators can create trauma-sensitive environments for both students and staff.

\*\*Face-to-Face: Full Day- \$400, ½ Day-\$250; Online: \$100/hour\*\*

#### ● **Mindfulness for Staff and Students**

- As we emerge from the COVID pandemic, we recognize the need for both staff and students to engage in mindfulness exercises to recenter their emotions, to heal from the trauma of the pandemic, and to practice self-care and regulation. IU1 will provide a mental health clinician certified in mindfulness for provide a hands-on, experiential training to explore what mindfulness means, the healing and healthy effects of mindfulness on the brain, and practical mindfulness activities participants can incorporate into their daily lives.

\*\*Face-to-Face: Full Day- \$400, ½ Day-\$250; Online: \$100/hour\*\*

#### ● **E-Colors in Education**

- E-Colors-in-Education (EciE) is an internationally renowned personality diversity program. The program believes that each of us have 4 E-Colors within us and participants will be given a personality diversity assessment to discover their prominent E-Colors. Once participants discover their dominant personality type, they then begin a journey of self-discovery to improve communication and teamwork skills, while learning to appreciate diversity of thought in others. E-Colors offers 8 specific and unique training modules to assist teams in realizing their full potential. Module 1-Self and Team Awareness will provide the groundwork needed for the rest of



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the modules, which can be taken in any sequence. The remaining modules are: Vision and Values, Roles and Processes, Trust, Accountability, Diversity and Inclusion, Commitment, and Learning and Continuous Improvement. Student modules are also available. For further information, please visit:

<https://www.ecolorsineducation.org>.

\*\*Cost: \$1,500/module- \$2.25/participant wristband. Request 3 trainings and receive a special bundle price of \$3,000 total. All trainings include 2 certified E-Colors Champions.

- **Other Topics as Requested**

- IU1 will design professional development opportunities centered on SEL and mental health to meet the needs of your school district.

\*\*Face-to-Face: Full Day- \$400, ½ Day-\$250; Online: \$100/hour\*\*

- **Mental Health PD Package**

- Request any three SEL/mental health trainings from the above list for the cost of \$1,000.

## **Social Emotional Learning Curriculum**

- **Move this World**

Move This World is a [social emotional learning \(SEL\) program](https://www.movethisworld.com) that uses interactive videos, movement, and creative expression to help students and educators develop emotional intelligence skills for long-term wellbeing. The curriculum is available for students in Pre-K through 12<sup>th</sup> grade. Schools implement Move This World's curriculum seamlessly into their day with short evidence-based videos that introduce a common language and methods for expressing emotion. Move This World's programs lead to deeper self-awareness, stronger relationships, effective communication and a culture of safety and support. For further information, please visit: <https://www.movethisworld.com>.

\*\*Cost of Platform: Less than 250 students- \$3,765 total\*\*

## **RENEW**

- RENEW (Rehabilitation for Empowerment, Natural Supports, Education, and Work) is a structured school-to-career transition planning and individualized wraparound process for youth with emotional and behavioral challenges both with and without IEPs. The model focuses on supporting each youth to design and pursue a plan for the transition from school to adult life. RENEW has been the focus of many qualitative and correlative studies. For nearly two decades, RENEW has shown strong evidence that it is a promising practice for improving outcomes with transition age youth experiencing emotional and/or behavioral challenges. RENEW has substantially increased high school completion, employment, and post-secondary education participation rates among our most vulnerable youth.

## **Unrestricted Social Work Services**

- These services can be requested at a per diem rate to assist with regular education mental/behavioral health needs and programming. This service can be requested per day to help districts meet the challenges of post-pandemic transition.



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