# Title of the Article, At Most No More Than Twelve Words

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#### **Abstract**

The abstract contains research objectives, research methods/approaches and results, and article contributions. The abstract is written in one paragraph, not more than 200 words.

# Keywords

Keyword 1, Keyword 2, Keyword 3, Keyword 4, Keyword 5

#### Introduction

This template is designed to assist you in preparing your manuscript. The work should not have been published or submitted for publication elsewhere.

The introduction covers the background of the research issue or problem, as well as the urgency and rationalization of the research. This section also describes the aims and contributions of the research.

# Literature Review

This section contains a literature review that is used to support the research concept. The literature review is not limited to theory but also empirical evidence. Research hypotheses (if any) must be built from theoretical concepts and supported by empirical studies (previous research).

### Research Method

The section describes the research design, scope or object, main materials and tools, location, data collection techniques, operational definitions of research variables, and analysis techniques.

# Results and Discussion

The section presents the research results. The results of the research can be supplemented with tables, graphs (pictures), and/or charts. The discussion section describes the results of data processing, interprets the findings logically, and associates them with relevant reference sources.

## Conclusion

Provide a statement that what is expected, as stated in the "Introduction" chapter, can ultimately result in the "Results and Discussion" chapter, so there is compatibility. Moreover, it can also be added the limitations and prospects of the development of research results and application prospects of further studies into the next (based on results and discussion). Also, provide contributions and implications of the research.

# Acknowledgment

Avoid the stilted expression "one of us (R. B. G.) thanks ...". Instead, try "R. B. G. thanks...". Put sponsor acknowledgments in the unnumbered footnote on the first page.

### References

1. Journal article

Grady, J. S., Her, M., Moreno, G., Perez, C., & Yelinek, J. (2019). Emotions in storybooks: A comparison of storybooks that represent ethnic and racial groups in the United States. *Psychology of Popular Media Culture*, 8(3), 207–217. https://doi.org/10.1037/ppm0000185

- Parenthetical citation: (Grady et al., 2019)
- *Narrative citation*: Grady et al. (2019)
- 2. Journal article with an article number

Jerrentrup, A., Mueller, T., Glowalla, U., Herder, M., Henrichs, N., Neubauer, A., & Schaefer, J. R. (2018). Teaching medicine with the help of "Dr. House." *PLoS ONE*, *13*(3), Article e0193972. https://doi.org/10.1371/journal.pone.0193972

- Parenthetical citation: (Jerrentrup et al., 2018)
- *Narrative citation*: Jerrentrup et al. (2018)

The details of APA style for other sources the authors should refer to <a href="https://apastyle.apa.org/style-grammar-guidelines">https://apastyle.apa.org/style-grammar-guidelines</a>

The manuscript is written in single-spaced, left-justified, on single pages, and on A4 paper (210 mm x 297 mm). Between paragraphs, the distance in one space, remove space before and after paraghraps. All margins should be 3 cm. Sizes and styles are shown in below.

# 1. Document Length Restrictions

The length of the submitted paper is at least 3000 words and no more than 7000 words. The editor will consider if the article requires more than 7000 words.

### 2. Document Details

## 2.1. Abbreviations/Terms/Notations/Symbols

The use of the abbreviation is permitted, but the abbreviation must be written in full and complete when it is mentioned for the first time, and it should be written between parentheses. Terms/Foreign words or regional words should be written in italics. Notation should be brief and clear and written according to the standardized writing style. Symbols/signs should be clear and distinguishable, such as the use of number 1 and letter 1 (also number 0 and letter O).

### 2.2. Measurements

For measurements, use S.I Units (System International units). Measurement should be abbreviated (e.g., mm, kcal, etc.) in accordance with the Style Manual for Biological Sciences and using the metric system. Do not begin sentences with a numerical figure. When heading a sentence, numbers should be spelled out.

# 3. Figures and Tables

Positioning Figures and Tables: Place figures and tables at the top and bottom. Figure captions

should be below the figures; table heads should appear above the tables. Insert figures and tables after they are cited in the text. The example of the table and figure are also shown in Table 1.

Table 1. Title of the Table

| Table 1: Title of the Table   |           |                 |                                     |
|-------------------------------|-----------|-----------------|-------------------------------------|
| Table Head                    | Font Size | Font Style      | Font Type (Table column<br>subhead) |
| Article title                 | 16 pt     | Bold            | EB Garamond                         |
| Author names                  | 11 pt     |                 | EB Garamond                         |
| Author affiliations and email | 10 pt     |                 | EB Garamond                         |
| Abstract title                | 11 pt     | Bold            | EB Garamond                         |
| Abstract                      | 10 pt     |                 | EB Garamond                         |
| Keywords title                | 11 pt     | Bold            | EB Garamond                         |
| Keywords                      | 10 pt     | Bold            | EB Garamond                         |
| Section title                 | 11 pt     | Bold            | EB Garamond                         |
| Subsection title              | 11 pt     | Bold and Italic | EB Garamond                         |
| Body text                     | 11 pt     |                 | EB Garamond                         |
| Table title                   | 11 pt     | Bold            | EB Garamond                         |
| Table content                 | 10 pt     |                 | EB Garamond                         |
| Figure title <sup>a</sup>     | 11 pt     | Bold            | EB Garamond                         |

<sup>&</sup>lt;sup>a</sup>Sample of a table footnote



Figure 1. Example of a Figure Title