

Find free feminine hygiene items at these locations:

- The Big Idea - 4812 Liberty Ave., Bloomfield stocks their restrooms with free period products [during business hours](#)
- SisTers PGH 2014 Monogahela Ave. Swissvale, [10:00 am – 6:30 pm, Mon, Tues, Thurs, Friday](#)
- Neighborhood Resilience Project - 2038 Bedford Ave (Hill District) [M-F, 9 am – 4:30 pm, Saturday, 11:00 am – 1:00 pm](#)
- Planned Parenthood Community Pantry - [933 Liberty Ave \(Downtown\)](#)
- Jubilee Kitchen - showers and other hygiene items [every day, 8:00 am – 11:00 am](#)
- The Free Store - 420 Braddock Ave, [Tues & Thurs, 11 am – 1 pm, Saturday, 10 am – 12 pm](#)
- Food not Bombs - every Wednesday, Saturday and Sunday ([full schedule here](#))