

2023 Little Rock Road Meet

Saturday, June 17, 2023

Total Route Length: 37.2 miles

Lunch: 11 AM to 12:30 PM

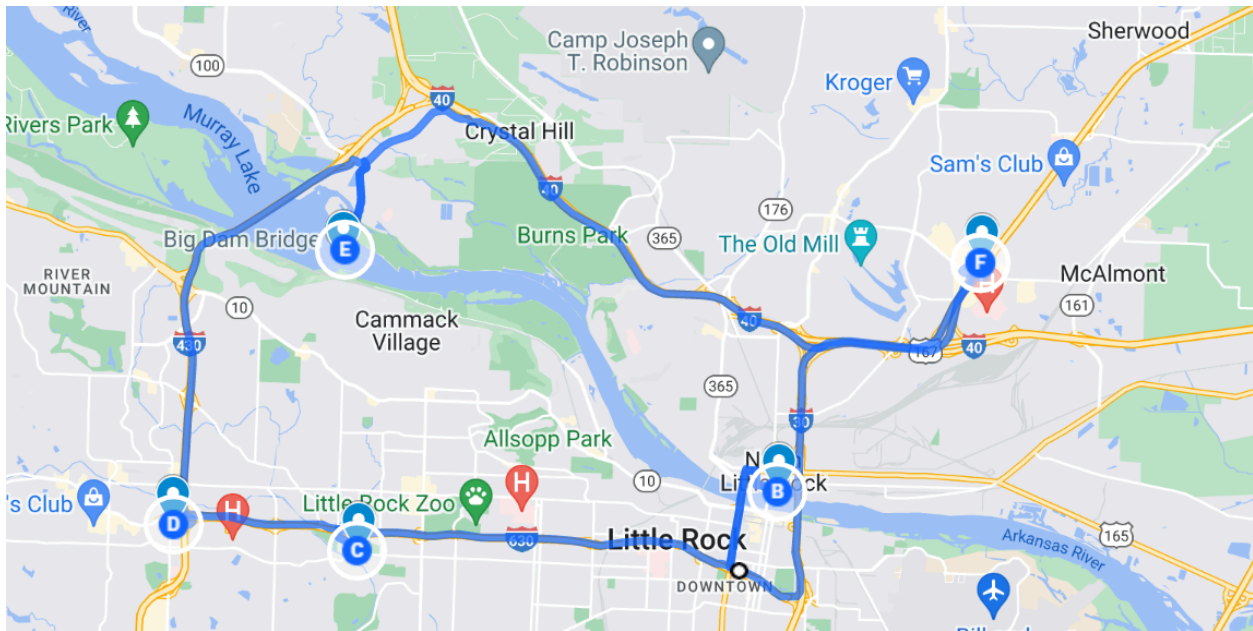
Meet: 12:30 PM to 5:00 PM

Counties Clinched:

Pulaski, AR

Routes Traveled (Travel Mapping Format):

AR US 67 I-30(139B) McCBlvd
AR US 167 I-30(139B) McCBlvd
AR I-40 147 155
AR I-30 139B 143
AR US 70 I-630 AR365_N
AR I-630 1 8
AR I-430 6 13



Itinerary

Restaurant:

The Purple Cow Restaurant (North Little Rock)
4201 Warden Rd
North Little Rock, AR 72116

Segment 1 to Stop 1: Parking Lot at North Shore Maritime Park to see downtown bridges (**note route taken; we are taking this route to clinch US 70 through downtown Little Rock**)

Drive time: 18 minutes

Miles Driven: 8.6 mi

Duration at stop: 12:48 PM to 2:18 PM

Turn right onto Warden Rd 0.3 mi

Use the left lane to merge onto US-167 S/US-67 S via the ramp 361 ft

Merge onto US-167 S/US-67 S 0.8 mi

Merge onto I-40 W/US-167 S/US-67 S 0.9 mi

Keep left at the fork (**exit 153B**) to continue on I-30 W/US-167 S/US-67 S 3.1 mi

Use the right 2 lanes to take **exit 139B** for I-630 0.4 mi

Continue onto I-630 W 0.5 mi

Take **exit 1B** toward Center St/Broadway 0.1 mi

Continue straight 440 ft

Keep right 0.1 mi

Turn right at 3rd traffic signal at Starbucks (on the right) to US-70/Broadway 0.8 mi

Continue onto US-70/Broadway Bridge 0.4 mi

Turn right onto W Broadway St 0.1 mi

Turn right onto Willow St 0.2 mi

Turn left onto Riverfront Dr 0.4 mi

Turn right toward Arkansas River Trail 469 ft

Segment 2 to Stop 2: Restroom and Snacks at Valero/McDonalds 7200 W
12th St, Little Rock, AR 72205

Drive time: 14 minutes

Miles Driven: 7.2 mi

Duration at stop: 2:32 PM to 2:52 PM

Turn left onto E Arkansas Ave/Brother Paul Dr/Riverfront Dr/Riverfront Park Dr 0.4 mi

Turn right onto Willow St 0.2 mi

Turn left onto W Broadway St 0.1 mi

Turn left onto US-70/Broadway Bridge 1.2 mi

Turn right 157 ft

Use the left lane to take the ramp onto I-630 W

Merge onto I-630 W 4.4 mi

Take **exit 6A** for Rodney Parham Rd toward Mississippi Ave 0.2 mi

Turn left onto S Rodney Parham Rd 0.3 mi

Turn left onto Freeway Dr 207 ft

Turn right 171 ft

Destination will be on the left

Segment 3 to Stop 3: Park and Ride at 753 S Shackleford Rd, Little Rock, AR 72211 to see I-430/630 interchange

Drive time: 6 minutes

Miles Driven: 2.6 mi

Duration at stop: 2:58 PM to 3:28 PM

Head southeast toward W 12th St 187 ft

Turn right onto W 12th St 121 ft

Slight right onto S Rodney Parham Rd 0.4 mi

Use the left lane to turn left to stay on S Rodney Parham Rd 0.2 mi

Turn left to merge onto I-630 W 0.2 mi

Merge onto I-630 W 1.3 mi

Continue straight ahead onto Chenal Pkwy/Shackleford Road (do not exit onto I-430)

Exit right onto the Shackleford Road ramp (signs for I-430 South)

Turn left onto S Shackleford Rd 0.1 mi

Turn left at Commuter Parking Lot 108 ft

Segment 4 to Stop 4: Cook's Landing Park at the end of Cook's Landing Road to see Big Dam Bridge

Drive time: 10 minutes

Miles Driven: 7.2 mi

Duration at stop: 3:38 PM to 4:43 PM

Turn right onto Shackleford Road 0.1 mi

Turn right onto I-630

Continue onto I-630 E 0.1 mi

Take **exit 8A** for I-430 N 0.3 mi

Keep left at the fork and merge onto I-430 N 5.0 mi

Take **exit 12** toward Crystal Hill Rd 0.3 mi

Keep right at the fork, follow signs for AR-100 E/Crystal Hill Rd 210 ft

Continue onto Crystal Hill Rd 0.1 mi

Turn right onto Northshore Dr 371 ft

Turn right onto Cook's Landing Rd 0.9 mi

Turn left

Segment 5 to Stop 5: Return to Restaurant at 4201 Warden Rd North Little Rock, AR 72116

Drive time: 17 minutes

Miles Driven: 11.4 mi

Arrive at: 5:00 PM

Head northwest toward Cook's Landing Rd 0.2 mi

Continue onto Cook's Landing Rd 0.9 mi

Turn left onto Northshore Dr 443 ft

Turn left onto Crystal Hill Rd 0.1 mi

Slight right to merge onto I-430 N toward I-40/US-67/Memphis 0.3 mi

Merge onto I-430 N 0.7 mi

Take **exit 13A** to merge onto I-40 E toward Memphis 5.6 mi

Keep left to stay on I-40 E, follow signs for Memphis 1.6 mi

Keep left at the fork to continue on US-167 N/US-67 N, follow signs for Jacksonville/L.R.A.F.B 1.2 mi

Take **exit 1B** for McCain Blvd W 0.2 mi

Merge onto McCain Blvd 0.3 mi

Turn right at 2nd traffic signal 236 ft

Turn right to go around perimeter of mall 0.2 mi

Turn right **Destination will be on the right**