

How To Remove Fake Tan | Feelunique

Bid Dorito-hued skin a forever farewell with our guide to removing fake tan in less time than the Love Island ad break.

Say adios to tiger-bread skin: How to get fake tan off

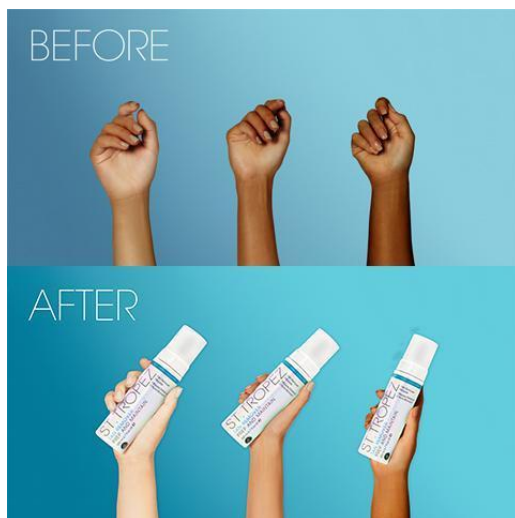
There's nothing better than convincing people your glowing pins are the result of a secret holiday, but what happens when it comes to removing a fading (fake) tan, taking off that 'dipped in Doritos' dye on your hands or addressing that tiger bread territory on your arms? That's why we're giving you the best tips, techniques and [products](#) to use in our guide on how to remove fake tan – and fast.

How long does fake tan last?

Depending on your skin type and your skincare routine, you can make your beloved glow last up to two weeks before it starts to go patchy. Prep is key to helping your fake tan last. Exfoliating and priming before application are a must and it doesn't stop once you've applied. Moisturise twice a day, especially after you have showered, using the [Sol de Janeiro Tiny Traveler's Set](#) which includes a moisturising shower gel and SDJ's cult Bum Bum Cream, which will keep you bronzed for longer.

How to get fake tan off...FAST

Figuring out how to remove fake tan is one of life's hard lessons. Especially when you have to do it quickly. Whether it's blending out those tiger stripes or toning down for a more natural look, the art of how to get fake tan off is something everyone should know.



Tip 1: Use a tan remover

One of the quickest and easiest methods to get rid of fake tan is to use a tan remover. The [St. Tropez Tan Remover Prep & Maintain Mousse](#) is suitable for sensitive skin and contains cotton extract which is soft on application and detoxifies so that your skin is primed and prepped for your next fake tan application. It's as effective a week after applying tan as well as it is on day one.

How to apply:

- Apply generously to clean, dry skin and massage in. Leave on for 5 minutes.

- Rinse off in the shower with warm water, scrubbing with the [St. Tropez Tan Build Up Remover Mitt](#).

"It's the perfect 'eraser' to wipe away any mistakes and my tan applies so much better after I've used it! I no longer get the weird patches of build-up, so my tan looks so natural! Will definitely purchase once I've run out!" - Elloise, customer review

Tip 2: Exfoliation is your friend

Exfoliating, either with a scrub or a tool may take more patience but is really effective in making your tan fade evenly without any patches. [The OUAL Scalp & Body Scrub](#) is a deep cleansing, foaming scrub that Jen Atkins says herself "is like a trip to rehab for your skin and scalp."

How to apply:

- Apply to damp skin and massage in circular motions.
- Gently exfoliate and rinse.
- Use weekly on tanned skin to help it fade evenly.

"The real magic happened when I slathered it on my skin. It gently buffed away lurking fake tan remnants and gave my skin a much-needed healthy glow." - Glamour

Tip 3: Avoid tanning mistakes and tan build-up

Moisturiser is your best mate and keeping your tan hydrated is key for an even, natural fade. Using the [CRABTREE & EVELYN Evelyn Rose Velvet Body Melt](#) twice a day will help get rid of fake tan evenly.

Secondly, take time to enjoy a fake tan detox. Stubborn tan build-up is usually from too much layering up so make sure you give your skin a break.

Don't forget the prep. Sienna X recommends the [Sienna X Secret Tan Primer](#). Enriched with Vitamin E and Aloe Vera - ingredients known for their moisturising properties - this silky lotion absorbs quickly into the skin, making it ready for self-tan application and helping you reduce any tell-tell signs of a self-tan.

How to get fake tan off hands and nails

We've all been there - you've fully prepped your skin and meticulously applied your fake tan, you wait for it to develop and - oh no - your hands look like they've been Tango'ed. Avoid the latter and try the [Sienna X Eraser Remover & Mitt](#). This will correct

your streaky fake tan mistakes and remove tan from the more stubborn parts of your body such as your hands, elbows, knees and around your nails.

How to use:

- Apply your tan product directly to dry skin, using the Mitt.
- Gently press down on your skin as you massage in circular motions over the areas that need correcting and blend carefully into your existing tan.
- Repeat if needed, until you're streak-free and glowing.

"The Sienna X Eraser Remover & Mitt is your secret weapon for full tan removal, it can also be used to troubleshoot against simple tanning mishaps even the most experienced self-tanner may experience, such as dripping, patching or over-layering." - Sienna X