

RTTC

Impact Digestion 1st Meeting

Immediately after 2/24/2023 RTTC Call – we'll meet in a breakout room from 2-2:45 PM PT

Draft Agenda

| # | Duration/ Ends At | Topic |
|---|-----------------------------|---|
| 1 | 2 mins/ 2:05 | Introductions. What is your name? Where are you located? |
| 2 | 5 mins/ 2:10 | Intention of this group & differences between Care System and Impact Digestion From Miki (via Khang 😊): <i>Impact digestion is supporting people to receive the intensity of the impact on them with a commitment to challenging narratives so that they are able to take responsibility for the impact to understand what is what actually happened.</i> |
| 3 | 5 mins/ 2:15 | Suggestions for the name of this group/system. I'm a little uncomfortable with "Digestion" ...it sounds like I'm taking something in? What about "Impact Holding?" "Impact Support" Other ideas? |
| 4 | 15 mins/ 2:30 | Walk thru the steps when someone has an impact and wants support. For our first iteration...what is the minimum needed to get this started? -during the call ID (Check with Lore) -Google form -Distribution group - LOre/ on the call -receive google form / group email - Reply all to group - Receive the impactAsk the person impacted if they want a follow-up if holding is willing/able |

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| 1 | 2 mins/ 2:05 | Introductions. What is your name? Where are you located? |
| | | NGL: Training <ul style="list-style-type: none">- If they want a follow-up- Follow up - I'm gonna reach out in a couple of days- Or ask a 2nd person to follow-up |
| 5 | 15 mins/ 2:45 | Nini discusses her Impact Tracking Tool . |