

Fall: Start Dates All Fall Sports - August 12, 2024

Girls Cross Country - Caleb Burjes; <a href="mailto:burjesc@waterlooschools.org">burjesc@waterlooschools.org</a>

Boys Cross Country - Tyler Borneman, bornemant@waterlooschools.org

Boys Golf - Josh Barta; <u>bartaj2@waterlooschools.org</u>

Football - Lonnie Moore; moorel@waterlooschools.org

Volleyball - Chris Hagness; <a href="mailto:hagnessc@waterlooschools.org">hagnessc@waterlooschools.org</a>

Girls Swimming & Diving - Jeff Kamp; <a href="mailto:coachjeffkamp@gmail.com">coachjeffkamp@gmail.com</a>

Football Cheerleading - Taeriah Harper, taeriahoo@gmail.com

Dance-Miranda Koch; kochm@waterlooschools.org

**Winter: Start Dates** 

Girls Wrestling - November 4, 2024 Swimming, Girls Basketball, Boys & Girls Bowling - November 11, 2024 Boys & Girls Wrestling and Boys Basketball - November 18, 2024

Boys Basketball - Derrick Slater, dslate216@gmail.com

Girls Basketball - Dr. Anthony Pappas; pappasa@waterlooschools.org

Boys Swimming - Kyle Graves; gravesk@waterlooschools.org

Boys Wrestling - Brad Maas; maasb@waterlooschools.org

Girls Wrestling - Joe Kadlec; kadlecj@waterlooschools.org

Boys and Girls Bowling - Brandon Steen; <a href="mailto:bowlingcoachsteen@gmail.com">bowlingcoachsteen@gmail.com</a>

Hockey - Brian Cook; bearcook67@yahoo.com

Basketball Cheerleading - Taeriah Harper, taeriahoo@gmail.com

Wrestling Cheerleading -Lauren Beyrle, beyrlel@waterlooschools.org

**Spring: Start Dates** 

Boys & Girls Track and Field - February 24, 2025

Boys & Girls Tennis, Boys & Girls Soccer, Girls Golf - March 17, 2025

Girls Track & Field - TBD

Boys Track & Field - Matt Mostek; mostekm@waterlooschools.org

Girls Golf - Kelly Nelson; nelsonk@waterlooschools.org

Boys Soccer - Trent Duniven, dunivent@waterlooschools.org

Girls Soccer - TBD

Girls Tennis - Brenton Kuchera; kucherab@waterlooschools.org

Boys Tennis - Meghann Long; longm1@waterlooschools.org

**Summer: Start Dates** 

Baseball & Softball: May 5, 2025

Softball - Adam Dehl; <u>Dehla@AHTCORP.com</u>
Baseball - Tom Ulses; <u>ulsest@waterlooschools.org</u>

# **BUSINESS**

### **Business Professionals of America (BPA)**

Contact: Mrs. Levendusky

Meets: Mondays at 2:45 pm OR Tuesdays at 7 am (attend one meeting a week)

Meeting Location: 322

Sign up: Email Mrs. Levendusky

Description: Business Professionals of America (BPA) is a national organization where students compete in business topics like marketing, accounting, web design, video editing, prepared speech, medical terminology, programming, and much more. Students attend leadership conferences and compete on a regional, state, and national level. All grade levels are encouraged to check out BPA.

# **FINE ARTS**

#### Jazz Band

Contact: Mr. Dobbs

Description: The Waterloo West Band Program has two auditioned large jazz ensembles: Jazz I and Jazz II.. Jazz I is made up of the more advanced jazz players; every student will work on improvisation and advanced ensemble skills. In Jazz II, students will focus on the basics of jazz style and improvisation.

Auditions/placements occur in late October near the end of the marching band season and are an assessment of the students' current jazz skills. The specific expectations and requirements for these auditions will be made available prior to the end of the marching band season, but students may expect to be asked to sight-read, play scales, and improvise.

Jazz I and II participate in local performances as well as contests and festivals in Iowa.

Each week, the jazz bands rehearse on average twice a week.

Instruction and assignments for the jazz ensembles will focus on aural skills, listening to jazz, building jazz vocabulary for improvisation, and preparing the ensemble parts.

#### **Band**

Contact: Mr. Dobbs or Ms. Lange

Meeting Location: Auditorium & Band Room

#### Choir

Contact: Ms. Roseland

Meeting Location: Choir Room

#### **Color Guard**

Contact: Mr. Dobbs

Rehearsals: Two evenings a week November to February

## **Marching Band**

Contact: Mr. Dobbs (Lead) or Ms. Lange (Assistant)

Meeting Location: Practice field

Rehearsals: 7:10 a.m.-8:29 a.m. daily during 1st quarter plus one evening practice a

week from 6:30 p.m.-8:30 p.m.

### **Tri-M Music Honor Society (Modern Music Masters)**

Contact: Ms. Roseland

Meeting Location: Choir Room 225

Description: Honor Society for music students involved in choir, band and/or orchestra.

3.0 GPA or above. Sophomores-Seniors Eligible. Meetings are once a month on

Wednesdays at 3:00 pm. Additional outreach activities and performances occur as well.

#### **Orchestra**

Contact: Ms. Gaherty

Meeting Location: Room 121

#### **Chamber Orchestra**

Contact: Ms. Gaherty

Meeting Location: 7 am Tuesdays, Room 121

Description: Chamber orchestra is open to any orchestra student in good standing. It is an opportunity for students to learn a lot of music at a much faster pace. Students in the chamber orchestra will have the opportunity for additional performances in the school and community.

## **LEADERSHIP**

### **Student Senate**

Contacts: Mrs. McLean, Ms. Mast, & Ms. Goodman

Meeting Location: 321

First meeting: August 30 @ 7:00 a.m.

Description: Student Senate is involved in coordinating Homecoming activities, Prom, and volunteer opportunities to support the community and build leadership skills.

## **Waterloo Youth City Council**

Contact: Mr. Grieder

Meets: 3rd Wednesday of each month at 4:00 Meeting Location: Waterloo Center for the Arts

Description: Waterloo Youth City Council is composed of students from West, East, Expo and Columbus. They work together with the Waterloo City Council for mentoring. The Youth City Council works on projects to improve life for the youth of Waterloo. They also participate in local events throughout the year. Currently West has the maximum number of positions filled for the 23-24 school year. Applications can be submitted for the next school year usually starting around March. Students must be entering 10-12 grades to apply.

### **National Honor Society**

Contact: Mrs. Shay or Mrs. Milligan

Meets: Vary, based on need

Description: Unveiled over a century ago, the National Honor Society enshrines four pillars at its heart: Scholarship, Service, Leadership, and Character. More than mere badges of honor for NHS members, these principles are transformative keys that unlock potential, enhancing every student's educational journey, and ultimately empowering them to make profound, enduring contributions to our world.

Students are invited to join at the end of their sophomore year if they have a cumulative unweighted GPA of 3.5 or higher. Students must maintain a cumulative unweighted GPA of 3.5, complete service hours, show leadership, and demonstrate good character as students and citizens in order to remain members in the organization.

#### **Black Student Union**

Contact: Ms. Smith or Ms. Bruecken

Meets: TBD

Meeting Location: Library/IMC

Please email us for more information about this club as it is in the process of restarting and creating its mission!

## **Refugee Immigrant Youth Organization (RIYO)**

Contact: Ms. Houston

**Air Force JROTC**Contact: Chief Wallace

#### **Dance Marathon**

Contact: <u>Heather Wagner</u> Meets: Mondays 7:10 am

Description: Students help fundraise, plan, and organize the dance marathon. There are various activities held throughout the year, along with the dance. The money raised goes directly to UNI, which then donates the money to the U of I Children's Hospital.

# **SPEECH AND THEATRE**

## **Speech & Theatre Program**

Contact: Mr. Hirdler

Meeting Location: Little Theatre Website: wahawktheatre.com

On behalf of the West High Speech and Theatre Program, welcome back to the 2023-2024 school year! We hope everyone had a wonderful summer break. We, too, are excited to be back and prepared for another successful year in speech and theatre. Our program offers an abundant choice of performance opportunities for students at all levels of experience and ability. Students can participate in performance opportunities with our Fall and Spring productions, Large Group Speech and Drama, and Individual Events Speech during the school year.

Contact Mr. Hirdler for information at <a href="mailto:Hirdlerb@waterlooschools.org">Hirdlerb@waterlooschools.org</a>!

**Large Group Speech & Drama**: Showcase your creative talents and hone your communication skills by participating in West High's Large Group Speech and Theatre Program! We have established a tradition of excellence through our participation with the Iowa High School Speech Association (IHSSA) and are known across the state for our performance work in competition.

We're looking for students who enjoy acting, singing, dancing, speaking, pantomime, writing, directing, filming, editing, and more!

Contact Mr. Hirdler for information at <u>Hirdlerb@waterlooschools.org</u>!

### **Individual Events Speech**

Contact: Ms. <u>Eisenman</u>
Meeting location: 222A

Season: Mid-January to Mid-March Website: <a href="https://www.WahawkTheatre.com">www.WahawkTheatre.com</a>

Description: With 14 different events, there is something for everyone on the Individual Events speech team! Performance events such as Musical Theatre and Storytelling, interpretive events such as Prose and Poetry (no memorization required!), the opportunity to write and deliver your own informative, persuasive, or humorous speech, or make it all up as you go in Improvisation or Spontaneous Speaking. West High has a strong tradition within the IHSSA, and we would love for YOU to be part of it!

#### **Debate**

Contact: Mr. <u>Conyers</u> Meeting location: 222A Season: September - March

Description:

# **PUBLICATIONS**

#### **Yearbook & Online Publications**

Contact: Ms. Goodman

Description: Yearbook and Online Publications are both classes at West, so there isn't a specific meeting time outside of our scheduled class. For students to get involved, they should email or talk with Ms. Goodman to see if the class would be a great fit. Yearbook has moved to applications and Online Publications requires students to take Journalism or apply. So, getting involved takes a little bit of planning and preparation, but it is so worth it!

# **TECHNOLOGY**

# **STEM Project**

Contact: Mr. Nebbe
Meeting Location: 302

**Cyber Club** 

Contact: Mr. Kuhlers

Meets: Tuesday evenings with the first meeting on Tuesday, August 29, at 8:00 p.m.

Meeting Location: Waterloo Career Center

Description: Want to learn how to defend against hackers, set up virtual defenses, use

Linux, and meet new people? Cyber Club is the place for you!

# WORLD LANGUAGES

### **Spanish Club**

Contact: Mrs. Bryant

Meets: Every other Tuesday at 3:00 beginning August 28

Meeting Location: 325

Description: Spanish Club goes beyond what is studied in Spanish classes. They learn about cultural celebrations of the Spanish-speaking world, host guest speakers who use Spanish in their careers and daily lives, go on field trips, participate in service learning, and enjoy learning the language and culture they love.

#### German Club

Contact: Mr. Balong

Meets: Once a month. Day rotates.

Description: German Club uses games, food, and activities to help you learn about the

German-speaking cultures. German Club is for everyone: you don't have to be in

German classes or have prior knowledge of German to participate.

Meeting Location: 330

#### French Club

Contact: Mme Breddin

Meets: Last Monday of every month at 3:00

Meeting Location: 326

First meeting: August 28 @ 3:00 p.m.

Description: French club is not just for French students. It is for anyone who wishes to learn about the Francophone (French speaking) world. We will be making crafts, preparing and eating authentic foods, playing games, and learning about Francophone cultural activities. We hope to attend a play (Les Mis) this year.

# **MISCELLANEOUS**

## **Gay Straight Alliance**

Contact: Mrs. Brooks, and Teacher Kossley

Meets: Every Tuesday at 3:00 Meeting Location: A2 Art

First meeting: August 29 @ 3:00 p.m.

Description: GSA is for all students who are LGBTQ+ or allies of the LGBTQ+ community. Our meetings are often used as a forum for discussing issues that affect students both at school and in their private lives. It is a safe space where students are able to be themselves and find others with whom they can relate. We have a booth at the Cedar Valley Pride event each August. We plan social events. We may have guest speakers and learn more about the struggles and achievements of the queer community.

#### **Bible Club**

Contact: Mr. Grimm
Meeting Location: 233

### **Nerd Club**

Contact: Mr. Martin

Meets: Every Monday after school until 5:00 pm

Meeting Location: 226

Description: This club is for students who enjoy playing board games and card games.

### Mental Health / Psychology Club

Contact: Ms. Knight
Meets: Once a month
Meeting Location: 213

Description: This club is for students who are interested in improving their mental health. We focus on mindfulness, resiliency and coping with stress in today's world.

## **Trapshooting**

Contact: Mr. Erhardt

### **Wahawk Buddies**

Contact: Mrs. Thompson

Location: 130

We are looking for students willing to spend a couple of seminar periods a month with our students in the Extended Core Program; playing games, hanging out, or doing projects. We would like students to be outgoing, and willing to converse and be friends with our students in and out of the classroom.