

Plastic-Free Sound

Activity List 1

This *activity list* is divided into three columns: the type of activity (required, choice, or optional), the title and description for each activity, and the approximate time it will take to complete the activity. You will work from this *activity list* throughout the week and attend groups with your teacher.



Required — These are must-do activities.






















Choice — These activities will give you a choice in how to complete the activity.





Optional — These activities are provided as additional support if you need them.

Work through this *activity list* in any order you choose! Tip: Work through an entire section before moving into a new section.

Type	Title and Description	Time
Getting Started		
Choice 	Digital <i>Research Journal</i> Setup <ol style="list-style-type: none"> 1. Open your <i>Digital Research Journal</i>. 2. Copy and paste the task statement to your next open page. 3. Create an entry in the Table of Contents for the task statement. 4. Repeat these steps for the analytic rubric. 	10 min
	Physical <i>Research Journal</i> Setup <ol style="list-style-type: none"> 1. On your next free page, add the heading “Task Statement” and write it into the Table of Contents. 2. Tape or glue a copy of the task statement (from the <i>resource area</i>) to the assigned page. 3. Add “Rubric” as the heading for the next page and write it into the Table of Contents. 4. Tape or glue a copy of the rubric to the assigned page. 5. Add “Online Learning” as the heading for the next free page and write it into the Table of Contents. 6. Tape/glue a copy of the Lexia/iReady tracking sheet on the assigned page. 	10 min
Task Statement		
Choice 	 Read the task statement for the project.  Write down any difficult words and questions you have.	15 min

	 Listen to the task statement being read aloud and  write down any difficult words or questions you have.	15 min
Required 	With your group: <ol style="list-style-type: none">  Discuss the task statement. Review the meaning of the following words: <i>debris</i>, <i>stormwater</i>, <i>advocating</i>. Each person shares their difficult words and questions. Work together to figure them out. Add any words or questions your group still has to the <i>help board</i> for review. 	10 min
Unit Launch — Rubric Review		
Choice 	 Read the first two rows of the rubric. Write down any difficult words and questions in your <i>Research Journal</i> .	10 min
	 Listen to the first two rows of the rubric and jot down any difficult words or questions in your <i>Research Journal</i> .	10 min
Required 	In your group: <ol style="list-style-type: none">  Discuss the rubric together. Share difficult words and questions from your notes. Together, work through understanding them. Add any words and questions your group has to the <i>help board</i>. 	10 min
Microplastic — What's That?		
Required 	What are microplastics? Click the link to watch the  video and/or  read the article. In your <i>Research Journal</i> ,  write what you understand microplastics to be.	10 min
Required 	Watch this  video on plastic in the Long Island Sound with your group and discuss the following: <ol style="list-style-type: none"> Explain how microplastics are affecting human health according to the researchers. Describe two ways that microplastics enter our water systems. 	10 min

	3. What are some actions people can take to reduce microplastic pollution?	
<i>Daily Reflection</i>		
Choice 	<p>Choose one of the following prompts for reflection. Write or draw  your thoughts in your <i>Research Journal</i>.</p> <ol style="list-style-type: none"> 1. Describe a challenge you faced today. How did you overcome it? What did you learn? 2. What was something exciting or interesting you learned today? Why was it important to you? 3. Describe something someone else did for you today. How did it help you? How could you help someone tomorrow? 	5 min