



Republic of the Philippines
Province of Cebu
Municipality of Carmen
BARANGAY LOWER NATIMAO-AN



OFFICE OF THE SANGGUNIANG KABATAAN

GENERAL GUIDELINES

1. The Essay Writing and Poster Making competitions of the SK Loweranon Sports Fest 2026 aim to promote arts and literature. They seek to develop positive traits such as discipline, determination, efficiency, patience, and literacy.
2. Participants must be bona fide Loweranon Youth.
3. Participants must present a valid identification card or document during verification, which will be conducted by the committee before the competitions start.
4. Every competitor must register. To validate the entry, participants must fill out the form provided by the facilitators on August 16, 2026.
5. All contests are strictly limited to a maximum of four (4) hours.
6. Participants will be identified via official numbers issued by the respective committees during registration.
7. Participants must stay in their designated areas at all times. If a participant needs to take a break, safety protocols must be observed, and they must stay within the premises. The organizers and the organization itself will not be liable for any incidents occurring if a participant goes outside the premises.
8. The committee will provide the structural base materials for both contests. Participants must bring their own coloring materials for the poster making.
9. Participants must be at the contest venue at least fifteen (15) minutes before the start of the event. Latecomers will be allowed to join, but no time extensions will be granted.
10. All essay and poster outputs must strictly align with the official theme: "Kilos Loweranon: United in Grit, Talent, and Teamwork."
11. The contests will be held at the Lower Natimao-an Covered Court on August 16, 2026, subject to venue availability.
12. The decision of the independent board of judges is final and non-appealable.
13. A unified briefing will be convened minutes before the contest starts for information purposes only. Following the briefing, the committees will no longer provide information or entertain inquiries from the participants.

ESSAY WRITING MECHANICS

Eligibility: Open to registered and validated bona fide Loweranon Youth.

Theme Integration: Essays must strictly address the theme: "*Kilos Loweranon: United in Grit, Talent, and Teamwork.*"

Format: Outputs must be entirely handwritten on the official paper provided by the committee.

Language: Entries may be written in English, Filipino, or Cebuano. Participants must stick to only one language throughout the entire essay.

Length: The essay must be a minimum of 300 words and a maximum of 800 words.

Anonymity: No names, school logos, or identifying marks are allowed on the essay paper. Only the issued participant number must be written.

Time Limit: A maximum of four (4) hours is allocated, including drafting and final writing.

Tools: Only the blue or black ballpens provided by the committee may be used. The use of correction tape or liquid is highly discouraged.

Criteria for Judging (Essay)

- Content and Relevance to the Theme: 40%
- Organization and Clarity of Thought: 30%
- Grammar, Style, and Mechanics: 20%
- Originality: 10%

By participating in this contest, the contestant agrees to abide by all the rules, regulations, and mechanics stated above. The organizer reserves the right to disqualify any participant found violating these guidelines at any stage of the contest.

NAME AND SIGNATURE: _____

DATE: _____

ENTRY NUMBER: _____



Republic of the Philippines
Province of Cebu
Municipality of Carmen
BARANGAY LOWER NATIMAO-AN



OFFICE OF THE SANGGUNIANG KABATAAN

- Total: 100%

By participating in this contest, the contestant agrees to abide by all the rules, regulations, and mechanics stated above. The organizer reserves the right to disqualify any participant found violating these guidelines at any stage of the contest.

NAME AND SIGNATURE: _____

DATE: _____

ENTRY NUMBER: _____