

# **Retreat, Promotional Text Files**

(260918\_or\_olprh)

## **Bulletin Announcement Text**

*Bulletin announcement to accompany CIR logo*

Join our healing Catholic in Recovery retreat at Our Lady of Peace Retreat House from Friday, 9/18 to Sunday, 9/20! Strengthen your recovery or begin your journey to find help in overcoming addictions, compulsions, and unhealthy attachments at this healing weekend retreat! **All are welcome to attend.** CIR retreats offer help for:

- Alcoholism and drug addiction
- Lust and pornography addiction
- Disordered eating
- Family and friends impacted by addiction
- Gambling addiction
- Technology addiction
- Compulsive spending and debting
- Codependency issues
- Adult children of dysfunctional homes
- All other unhealthy attachments

For more information, visit [www.catholicinrecovery.com/events](http://www.catholicinrecovery.com/events) or contact [retreats@catholicinrecovery.com](mailto:retreats@catholicinrecovery.com).

## **Personal Text Message Text**

*Text message copy to accompany text message graphic*

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## **Social Media Text**

*Social media text to accompany social media graphic*

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## Email Text

*Email text to accompany email graphic*

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