

The Practice of Eucharist

The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



Sunday, June 9

Ordinary Time

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Meet and Greet

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



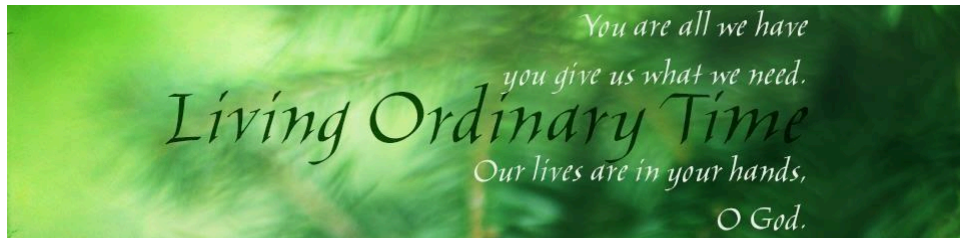
SERMON OUTLINE:

Conversations at the well: Seth and Rachel Dombach
Psalm 46:1-3, 10-11 and Nehemiah 8:1-10



SERMON OUTLINE:

Conversations at the well: Seth and Rachel Dombach
Psalm 46:1-3, 10-11 and Nehemiah 8:1-10



Women and Men's Bible Studies

When: Ladies join us Mondays from 6-7:30pm (June 10 & 24, July 8 & 22)

Where: Rhonda Wootton's home (820 Isy Loop, Helena)

The Study: We will be studying the book of Lamentations using the WordGo app

Sign Up: There is a sign-up sheet in the Headwaters foyer. Or contact Angie Robertson (406-531-7366) or Rhonda Wootton (719-244-4585) with questions.

When: Men join us Thursdays 6:30am

Where: St. Pete's Health Cafeteria (Free Coffee!)

The Study: We are working through 1 Kings

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

So come join us as we pray together:

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can't make it for prayer please text or email Pastor Seth with requests)

Special Offering

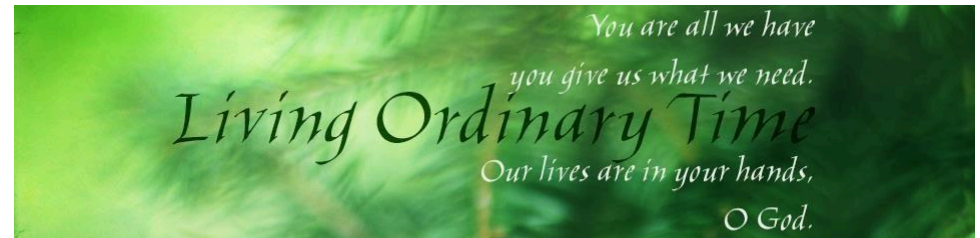
Between Mother's Day and Father's Day we will be collecting a special offering to bless our neighbors at Options Clinic. Please pick up your baby bottles with instructions by May 12 and plan to bring them back by June 16.

Church Cleaning Volunteers

Since we have decided to continue to stop the cleaning services at the church, we need your help to keep our space clean. We have a sign-up sheet in the foyer. There are still spots need to fill-in. Thank you for serving in this way!

Financial Snapshot 2024

	January	February	March	April	May
Budget –	\$11,180	\$11,180	\$11,180	\$11,180	\$13,180
Tithes –	\$10,645	\$9,329	\$10,858	\$9,885	\$11,786
Over/(Under)	(\$535)	(\$1,851)	(322)	(\$1,285)	(\$1,394)



Women and Men's Bible Studies

When: Ladies join us Mondays from 6-7:30pm (June 10 & 24, July 8 & 22)

Where: Rhonda Wootton's home (820 Isy Loop, Helena)

The Study: We will be studying the book of Lamentations using the WordGo app

Sign Up: There is a sign-up sheet in the Headwaters foyer. Or contact Angie Robertson (406-531-7366) or Rhonda Wootton (719-244-4585) with questions.

When: Men join us Thursdays 6:30am

Where: St. Pete's Health Cafeteria (Free Coffee!)

The Study: We are working through 1 Kings

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

So come join us as we pray together:

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can't make it for prayer please text or email Pastor Seth with requests)

Special Offering

Between Mother's Day and Father's Day we will be collecting a special offering to bless our neighbors at Options Clinic. Please pick up your baby bottles with instructions by May 12 and plan to bring them back by June 16.

Church Cleaning Volunteers

Since we have decided to continue to stop the cleaning services at the church, we need your help to keep our space clean. We have a sign-up sheet in the foyer. There are still spots need to fill-in. Thank you for serving in this way!

Financial Snapshot 2024

	January	February	March	April	May
Budget –	\$11,180	\$11,180	\$11,180	\$11,180	\$13,180
Tithes –	\$10,645	\$9,329	\$10,858	\$9,885	\$11,786
Over/(Under)	(\$535)	(\$1,851)	(322)	(\$1,285)	(\$1,394)

The logo for Headwaters Covenant Church Summer Events. It features a stylized blue and green wave icon above the text "headwaters covenant church" in a sans-serif font. Below this, the words "Summer Events" are written in a large, flowing, purple script font.

Summer BBQ and Hangout

Join us Tonight, Sunday, June 9th @ 4:00pm for a family hangout and meal together at Trevor and Kristina's – 1921 Lodgepole rd

If you would like to bring a side dish or dessert, call or text 406.459.1776.

Service Project

Come join us as we put our faith in action and serve our neighbors. Our upcoming project will be serving at the Margret Stewart Home **200 Miller St.** We will be cleaning the outside and planting some flowers as well as any other projects they have for us. (If you are interested in helping purchase flowers, please contact Linda Leffler – 406.461.5716).

Saturday, June 15; 9:00 am-12:00pm

Headwaters Summer Life Together

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. You can bring something to cook or share (we will have food - just let us know you are coming). Or just come to hang out and play or relax, whatever works best for you and your family – we will also have s'mores stuff for everyone! Come and go as you please.

Every other Wednesday from 5-9pm (Next One: June 19th)

@ the Dombach's – 1075 Forestvale rd

Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks.

Please bring a side dish or dessert to share.

Saturday, July 20th – 10:00am – 4:00pm

4010 Bouy Blvd. (2 miles North of Costco)

All Church Camp Trip

Save the date for our annual church camp trip - **August 23-25** at the Hellgate Campground on the other side of Canyon Ferry Lake. More info coming soon!

The logo for Headwaters Covenant Church Summer Events. It features a stylized blue and green wave icon above the text "headwaters covenant church" in a sans-serif font. Below this, the words "Summer Events" are written in a large, flowing, purple script font.

Summer BBQ and Hangout

Join us Tonight, Sunday, June 9th @ 4:00pm for a family hangout and meal together at Trevor and Kristina's – 1921 Lodgepole rd

If you would like to bring a side dish or dessert, call or text 406.459.1776.

Service Project

Come join us as we put our faith in action and serve our neighbors. Our upcoming project will be serving at the Margret Stewart Home **200 Miller St.** We will be cleaning the outside and planting some flowers as well as any other projects they have for us. (If you are interested in helping purchase flowers, please contact Linda Leffler – 406.461.5716).

Saturday, June 15; 9:00 am-12:00pm

Headwaters Summer Life Together

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. You can bring something to cook or share (we will have food - just let us know you are coming). Or just come to hang out and play or relax, whatever works best for you and your family – we will also have s'mores stuff for everyone! Come and go as you please.

Every other Wednesday from 5-9pm (Next One: June 19th)

@ the Dombach's – 1075 Forestvale rd

Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks.

Please bring a side dish or dessert to share.

Saturday, July 20th – 10:00am – 4:00pm

4010 Bouy Blvd. (2 miles North of Costco)

All Church Camp Trip

Save the date for our annual church camp trip - **August 23-25** at the Hellgate Campground on the other side of Canyon Ferry Lake. More info coming soon!