



PRE-PARTICIPATION REQUIREMENTS CHECK LIST

SCHOOL: _____

STUDENT _____ GRADE LEVEL _____

Required Physical Examination cannot be completed electronically. Copies of these forms are attached or are available online to print at: <https://planoisd.rankonesport.com>

_____ Physical Examination: Must be dated after May 1, 2022
(Required annually for all 7-12 grades)

Required forms below are available online.

Please register at: <https://planoisd.rankonesport.com>

- _____ Medical History
- _____ Emergency Card
- _____ Travel and Participate as a Group for the Season
- _____ UIL Acknowledgement of Rules/General Information and Eligibility Rules
- _____ UIL Parent and Student Notification/Agreement Form-Anabolic
Steroid Use and Random Steroid Testing (9-12 only)
- _____ UIL Sudden Cardiac Arrest Awareness Form
- _____ UIL Concussion Acknowledgement Form
- _____ Guidelines for District Extracurricular Activities
- _____ Accident Insurance Coverage

NEW: All Prospective Varsity Athletes for the 2022-2023 will be required to provide a copy of a utility bill dated no earlier than July 1st, 2022. This documentation provided will be used to verify residency within the PISD boundary lines of the district and feeder pattern. Please understand that we will not share your personal information with anyone, and feel free to redact any information that you do not want to share, other than the name and address. The address provided on the utility bill will be cross-referenced with the address in the school gradebook. The UIL requires all schools to follow all student and team eligibility rules prior to all seasons. Therefore, this is one of the many ways that we can verify that we are fully compliant in each sport.