

Motocrossed - Dirt Bike Break Down

Shawna: [00:00:00] Hello! Welcome to

Jenna: Dirt Bike

Jordan: Breakdown.

All: Ow, ow, ow, ow, ow, ow, ow.

Shawna: Alright, today we are going to watch the Disney movie,

Jenna: motocrossed. Are you guys excited?

Jordan: I am so excited.

Shawna: This is the one movie I always get asked about, but to anyone that doesn't know that much about dirt biking, but says they watch the movie, that they thought was cool

Jenna: this movie came out in 2001. Okay, so the first segment we're going to be doing is called Helmet Roulette. We're each going to draw a piece of paper that has a different, like, it's not even necessarily a cliché, it's just different imagery that's typically associated with motocross. And every time that happens in the movie, we have to put our hands on our head.

The last person to do it has to wear a dirt bike helmet until the next one comes up, so add a little bit of, uh.

Jordan: Why did you point at me when you [00:01:00] said that?

Jenna: Because you're going to be slow!

Shawna: Little did they know that Motocrossed, what happened in the movie, was not possible at the time it was made. But now.

Jordan: Little did they know.

Shawna: It is possible.

Jordan: They actually made that entire film based around Shawna. The entire thing.

Shawna: Me?.

Jordan: Yeah.

Shawna: Here's the thing, if you're not 6 foot 160 to 180 pounds, then, I'm gonna tell you what, you need something.

Jordan: Yeah. If you don't have the proper setup, this is what you're gonna look like on a fucking dirt bike, okay? A T Rex. Which means you have T Rex arms.

Shawna: Let's take a look at this helmet.

Jenna: Oh my god.

Shawna: So when your suspension is not set up correctly. What happens is you smash right here.

Jordan: This is how Shawna crashes.

Jenna: Always on her face. Always right on her face. Okay guys, so I have all these papers in my hand. [00:02:00] Go ahead and every person draw one. Feel free to shake things up if you want to. Okay.

Shawna: Wait, do I read it?

Jenna: Um, I think it's better if you are the only one that knows.

Shawna: Oh yeah, so if we see this, we're supposed to touch our head and everyone gets it.

All: MOCHA MOCHA!!

Jordan: Oh, I love this idea.

Jenna: Alright, I'll go ahead and pick one now. Yeah, go ahead and show, go ahead and show. That's okay.

Jordan: I don't know if anybody can read that.

Shawna: Jenna's turn.

Jenna: I don't know if you can read that.

Shawna: Alright, my turn.

Okay, you can definitely not see that shit.

Jenna: So Shawna, why don't you go ahead and start us off. What were your predictions?

Shawna: Okay, predictions, if it has to do with a girl riding dirt bikes. Here's the thing, if a girl is good on a dirt bike, she is gay.

Jenna: She's saying that's what the cliché cliché is. Shawna is not a lesbian.

Jordan: That was [00:03:00] such a left field, I was not expecting you to say that.

Shawna: The cliché is that if a girl is good on a dirt bike, that she has to be gay. That's the cliché. Alright. Alright, number two. If you ride a dirt bike, you have loaded parents.

Jenna: Okay.

Jordan: That's interesting.

Shawna: And then there's lots of energy drinks. That they drink in the movie.

Jordan: Ooh, that's a really good one.

Jenna: She told me her's earlier.

Jordan: Oh, so I'm the only one reacting authentically right now?

Jenna: Okay, my three cliches that I predicted is someone's gonna blow through a berm, someone's gonna get taken out in a corner, uh, oh, they're gonna be working on their dirt bikes in one of the scenes, I know it.

I know it.

Shawna: Yeah, working on a bike, yep.

Jordan: Okay, yeah, that's pretty fair. My predictions for this movie are, number one, I think there's gonna be a bunch of random freestyle tricks thrown into the motocross, even though that's completely unnecessary and not motocross, I feel like when they make films, they like mix a lot of things, so I feel like there's gonna be some random freestyle stuff in there.

The second thing that I am predicting is, I'm also predicting, [00:04:00] because there's a girl, I think there's gonna be a lot of guys are sexist that do motocross and don't think girls can do anything, and that's not realistic to like the actual

Shawna: I, I mean.

Jordan: Like they're gonna throw in like

Jenna: Yeah.

Jordan: Saying those comments that are

Jenna: Yeah.

Jordan: No one would actually say

Jenna: You're a girl, you can't be fast

Jordan: yeah. Like, shit, no one would say

Shawna: we don't like you here.

Jenna: Why don't you go do your

Shawna: makeup or something

but really, they love when you're there.

Jenna: Yeah, exactly.

Jordan: My third prediction is that they're gonna say a bunch of like dirt bike terms, whether or not they're gonna be accurate, to like the way that you'd use 'em.

They're gonna like have like those little dirt bike terms in there.

Jenna: That's good. Alright guys. Uh, let's go ahead and let's get into. This movie. I'm really excited. We all have our little things.

Jordan: Love the Disney Channel intro.

Shawna: This is definitely the early 2000s.

Jenna: I'm so excited.

Shawna: Roost deflector.

Jenna: It was so hard.

Jordan: I should have put that down.

The old fashioned equipment, that should have been one of my predictions.

I mean, the riding's actually good.

Shawna: Yeah, the riding's actually good. I was gonna say, at least the dirt biking's actually good.

Dad from movie: Let's try it again. This [00:05:00] time.

Jenna: That's literally Shawna training me.

Jordan: Where do you think this takes place?

Jenna: California.

Jordan: You think?

Shawna: I think it's East.

Jordan: The gear is so, the color scheme is like so I feel like how it was back then.

Jenna: So far, we're off to a good start.

Shawna: 2-stroke life.

Jordan: I'm pleasantly surprised so far. This feels like Full House.

Andy from the movie: Hey Andrew!

Jenna: Oh shit!

Jordan: I love that.

Shawna: He leaves his goggles on the helmet when he takes it off.

Jordan: That's gooney.

Jenna: Yeah, I used to do that. You guys made fun of me for it.

Jordan: I should put one of my cliches as like a moto dad, like the

Andy from the movie: Besides, you're giving up too much speed on that last turn.

Jordan: For some reason, the little kids are always the ones that are like in the movies, like the ones that are doing the technical things.

Jenna: Why is he wearing

Shawna: Where's that bolt even going?

Jenna: Also, why is he wearing like [00:06:00] a, an apron?

Shawna: Oh yeah.

Jenna: You're taking bolts out.

Jordan: The engine's so clean and his face is so dirty.

Jenna: Yeah.

Mom from the movie: Well, I'm surprised you can feel anything with all that stuff you got all over you. Now get inside and change. Oh, don't sit on anything.

Jordan: Mom, I got my apron. Oh,

Little brother from movie: dude, you are ripping man.

Dad from movie: When I was racing, I got up at dawn.

Jordan: One of the oldies telling their story should have been on there.

Jenna: That's on my bingo card.

Jordan: Oh, is it?

Jenna: Yeah.

Dad from movie: Inside.

Mom from the movie: Oh, well, let's hope it doesn't come to that. I'm sure the neighbors have already signed a petition to have us thrown out of the homeowners association.

Jenna: They have a track in their backyard

Jordan: That's so accurate.

Andy from the movie: I figured you could use the advantage.

Twin brother from movie: Thanks.

Jordan: She's not even wearing a gear set. She's wearing a sweatshirt.

Jenna: I thought she was wearing gear too.

Jordan: It still looks better than his.

Little brother from movie: Bart Eckman here.

Jordan: He can rebuild motors apparently but he can't operate a hose ladies and gentlemen.

There's the freestyle tricks that don't exist in [00:07:00] motocross.

Jenna: The music and like the zooms are wild.

Shawna: Yeah, it's just a little crazy.

Jordan: I kind of love it.

Jenna: It's so intense. Shit, that was intense.

Shawna: Jenna predicted that one.

Jenna: Yeah.

Jordan: I broke my leg.

Little brother from movie: You think dad will be mad at you?

Shawna: Oh, someone goes to the hospital

Jenna: hey yeah, yeah.

Jordan: Tell me they cut the gear off so he can't wear it again.

Dad from movie: I've told you before, Andrea, I don't want you racing. It's too dangerous. Okay?

Jenna: Only boys are allowed to race. It's like, you're not allowed to race, but I'll get you your own bike.

Shawna: Yeah, I'll buy you a dirt bike and gear.

Jenna: But, just don't do this.

Jordan: Green is not the color I would have picked, though.

Jenna: Yeah, I mean,

Jordan: 2001 was a crazy time, I think

Dad from movie: flying overseas to meet with some European riders.

Jordan: He's just recruiting people now, like what?

Dad from movie: Look, I realize this is partially my fault for letting you ride [00:08:00] as long as I did, and for the life of me, I can't figure out what I was thinking.

But, and I, I don't wanna say this again, okay? I want you to start concentrating on 15 year old girl should be concentrating on. And that does not include

Jenna: the condescension

Dad from movie: no, what I need is a real professional rider.

Jordan: Why don't you hop on the bike then?

Jenna: Yeah.

Dad from movie: and that's what I'm going to go find. Okay?

Mom from the movie: Honey, we gotta get going.

Shawna: Why is this so terribly mean?

Jenna: Why is she, why is the mom with this guy? That's my question.

Jordan: She just stands silently. He's like roasting their daughter and she's just sitting there.

Dad from movie: Andrea, do me a favor. Stay away from anything that has two wheels and a motor.

Jordan: Bruh, I'm not the one that wiped out in the corner, that's what I would say.

Jenna: Yeah. I'm the one who knows how to ride.

Jordan: There was a skill check, he failed.

movie: Hey, check that out.

Jordan: Not check that out, dude, chick that [00:09:00] out.

Jenna: What?

Travis Pastrana: I'd say that's a yes.

Shawna & Jordan: Is that Travis Pastrana?!

Jenna: Oh my god!

Jordan: I was gonna say.

I love that he's in this movie. This movie just got so good.

Jenna: I know.

Jordan: I'm on the edge of my seat.

Is she gonna fall in love with Travis Pastrana.

Jenna: Can you imagine? I knew it! Someone's gonna get taken out of the corner. I knew it.

Jordan: Yeah, you did. You called it.

Mom from the movie: Andrea Rose, what in the world?

Shawna: Oh, I've had that one many times.

Jordan: Yeah. That kid's got the same size feet as Shawna.

Jenna: Tiny little baby feet.

Jordan: Oh, wait, that's, that's the girl.

movie: Gnarly crash, yeah, not enough to keep you out of the Cup Series, though.

Andy from the movie: Nah, dude, um I wanted to check out some boots.

movie: Boots? Right over there.

Jenna: Yeah, I'm buying a women's six.

Little brother from movie: Mom, why won't you let Andy race?

Mom from the movie: Because girls don't race [00:10:00] motorcycles. Well, they do, but not with boys. It's just not done.

Little brother from movie: But in school, they were teaching us about women's rights. And Mrs. Cabbison was saying that today, there aren't any jobs that women can't do.

You know, and how great it is that we've come so far and everything.

Jenna: When your son teaches you not to be sexist.

Little brother from movie: I guess I don't understand.

Jordan: It's a pretty bad look.

Little brother from movie: She's as good as those guys, right?

Mom from the movie: I don't want to talk about this. Go upstairs, make your bed.

Jenna: She won't talk about it because she's wrong.

Jordan: Yeah, that's how you know you're right when you're arguing with your parent.

When they're like, anyway, go to your room.

Mom from the movie: Just go back and fold your laundry.

And think about something else.

Jenna: I'm just gonna do the laundry and make some dinner. I need to get out of this weird progressive mindset.

Shawna: I knew mom was gonna get on board

Andy from the movie: I really want to ride and I can win

Jordan: That's a little cocky,

Mom from the movie: Well if we're gonna do this, might as well do it right.

Jenna: I love it dude.

Jordan: We love a comeback! [00:11:00]

Jenna: Hey, it's Jenna I'm gonna go ahead and do a quick little physics breakdown of cornering in motocross So here is a good video And we'll kind of take a closer look at this in a second. So let me just go ahead and play you this. Oh, wrong video, wrong video. Oh, uh, Not that one, not that one. Uh, okay, here we go.

Look at that corner. Look at that corner. That is Shawna. That is Shawna Mandel, ladies and gentlemen, doing a beautiful cornering job. Uh, we're gonna go ahead and break down what, what that is, what that takes, okay? Here's some screenshots taken from that video. Let's go ahead and just, let's dive really deep into them.

As you can see, where this green arrow is, that's her weight. Okay, that's where she's lining herself up so that her weight is being carried that direction. So the weight force, that's mass times gravity. Then we have centripetal acceleration. And, um, what I've done here is all of the arrows that are opposing forces, they are going to be the same [00:12:00] color.

So, we can kind of see Newton's opposite pairs, um, I believe it's his third law. Every action has an equal and opposite reaction. Okay, that's what we're looking at here. Here we can see centripetal acceleration and then inertia, which is actually what people mostly refer to as the centrifugal force. Okay, let me let you guys in on a little secret here.

There's no such thing as centrifugal, centrifugal force, that it's not a real force. It's a way to describe the feeling of, it's like when you're on a merry go round and you get, you feel like you're getting pulled outwards. Okay, it's a way of describing that feeling, but what that feeling actually is, is inertia.

Your weight wants to move in a straight line. So that's really what that feeling is. So it's actually not a force. Now with centripetal, what does that word mean? We're talking about in a circle. That's all that means. Your force is going to be heading in the same direction as your acceleration [00:13:00] always.

Force is mass times acceleration. Mass is always going to be positive. That means acceleration is going to determine what direction our force is actually carrying in. And with centripetal acceleration, that force is always going to be to the center of the circle. It doesn't matter where you are in the circle.

That force is always going to be going towards the center. We'll kind of break down our weight force a little bit. So you notice here we don't have an equal and opposite reaction pair for our weight force. We actually do, I just didn't want to show it here yet because I wanted to show how her chest and her head is lining up with the bike here.

Here we have our normal force and our weight force. As you can see, this normal force is going to be opposing the weight force. Now, with normal force, it just depends on your Normal force is always opposite to the ground, is how you can think of it. It's always opposite to the surface you're on. If you have a book on the table, for example, the book's weight is a force acting on the table, okay?

But the table also is pushing back. So the normal force [00:14:00] is that table pushing back. And I know that makes No sense, but I promise it's real. It's a real physics concept go look it up if you want to but anyway Yeah, so now we have the proper Newton pair we have the normal force and the weight force as you can see now we have some new Forces added now friction is a real force velocity is Not technically a force, but it is still a big factor in these kinds of things.

Uh, when we're talking about centripetal acceleration, our velocity is going to be moving, they call it tangent to the circle, okay? It wants to just carry, it's, it's kind of like your inertia, it wants to just carry in a straight line. You got a ball attached to a rope and you're flinging it like this, like a little cowboy, and you just let go.

Whichever direction, that ball's gonna fly in a straight direction from where you're spinning it. That's your velocity carrying it. Let's go back here. Acceleration is the change in velocity over time. So that's why it actually does, centripetal velocity, er, [00:15:00] centripetal acceleration does make sense with velocity in this case because The change in velocity is always inward.

It's always coming back. Otherwise, it would be a lot jankier, okay? We have a line going this way and it's being pulled down, constantly pulled down, and that's it being pulled towards the center. Kind of a weird concept, but yes, so velocity plays a huge part in this. Friction is always opposing motion. Our friction force is Going the opposite, in this case, of the dirt bike.

Now, again, we see her leaning over the bars. Look at this, her head is over the number plate. Why is she doing this? Why do you want all of your weight over that front tire? Well, I'll tell you why. So your front tire is what's carrying you

through. You want that to have as much weight over it as possible because that weight is going to give you the friction you need. to pull you through. It's also gonna make sure you have plenty of control. The more friction you have, the [00:16:00] more control you have. Now, you think about it as your car. Your car's stuck in the snow. What are you gonna do? You're gonna ease on the gas, because if you ease on the gas, you have a higher likelihood of it picking up traction. And driving you forward so you want as much traction on that front tire as possible And if you're leaning over it like that Then your weight force is pushing that tire further into the dirt dirt bike tires have little knobbies on them And that's so it can dig into the dirt and really just pull itself through and that's also why You see dirt bike riders leaning so far over.

That's because, again, they're trying to make sure that as much of that force is being pushed into the berm as possible when they're turning. We can see that kind of here again. So we have our centripetal acceleration, we have our centrifugal force, inertia, whatever. And then here we have velocity and friction again, we can see.

This is just another example of where our velocity [00:17:00] is going, where our friction is going, where our acceleration is going, and where our inertia is going. And, to make this a three dimensional problem, which it totally is a three dimensional problem, I've broken it down into the 3D axes. So, if you haven't seen this before, this picture might not make a whole lot of sense.

You can think of the green axis as the z axis, which is basically moving you up and down. You can think of the y axis, the purple axis, as moving you forward and backward. And then you can think of the x axis, the blue axis, as moving you left and right. Your acceleration is gonna be, in this case, the left and right.

Your friction velocity is gonna be forward and backward, and then your weight and normal force is gonna be that green axis up and down. Now, um, again, when we're talking about friction, traction, whatever, when we are going through corners, you can see, um, her hand is, her little baby hand is actually on the front brake.

Why, why is her hand on the [00:18:00] front brake? What that front brake is doing is it's slowing down that front tire and the slower that tire's moving. The more traction she's gonna be able to get as she goes in. Also, she doesn't want to blow through the berm and traction, of course, is gonna help with that. So that's all I got for you from for our physics segment today.

I'll let you get back to your regular scheduled programming.

Jordan: Now what if she sees a baddie and she can't even get him because she's her brother?

Andy from the movie: What made you change your mind?

Mom from the movie: You think I was gonna let you save this family single handedly and take all the glory? Honey, you know me better than that.

Now she's a cool mom all of a sudden.

Jenna: I love it

Jordan: it's cause that prick isn't around, I mean her dad.

Jenna: Yeah.

Shawna: I could tell when she was in the shop, like, trying on, like, the jerseys.

Jenna: She had a cool side to her. Really ugly van, but it's cool that it's

Jordan: But back in the day, like

Jenna: Yeah.

Shawna: I mean, it's better than what I have in current day. So, yeah.

Jordan: The rust on the side is a good sign.

Jenna: Adds a little color to it.[00:19:00]

Andy from the movie: Cut sound vibration in the bars and helps reduce arm pump.

movie: Whatever.

Jordan: That's probably pretty accurate.

Jenna: She's single handedly ruining her brother's reputation.

Jordan: Day one. Day one he's never going to have a girlfriend in his entire life.

Jenna: Accurate to how registration is kind of

Get in the middle of the line.

Shawna: Except you're in line for 3 hours straight

Jordan: That line's way too short. Yeah, that line's way too short.

Twin brother from movie: Oh, and Jason says set the forks two clicks left for the braking bumps.

Jenna: What do you think, Shawna? Is that accurate?

Jordan: We're gonna have our, uh, suspension tech give her expert testimony.

Shawna: There's a little bit more to it but, y'know.

Mom from the movie: Hi, sweetie. Did your dad call yet?

Jordan: Click it and fix it.

Shawna: She just grabbed an allen wrench.

Jenna: Yeah!

Shawna: Or a T-handle.

Mom from the movie: Okay.

Jenna: Oh. [00:20:00]

movie: I can't help notice you were doing your nails, and well, I broke one when I was getting in my car, and I was

Mom from the movie: Oh, say no more. Have a seat.

Jenna: This is what women are like at races, yep.

Jordan: Oh yeah. And the dirt is exactly where you want to be painting your nails. Do you think she's gonna win the first race?

Jenna: I don't know. Honestly, that's a good question. I kind of feel like she is gonna win the race. Or almost.

Jordan: Do you think she's gonna hole shot Shawna what do you think? Do you think she's gonna hole shot?

Shawna: Pile up at the start.

Jordan: What do you think? Jenna, what do you think? You have five seconds.

Jenna: I think she's gonna hole shot and then she's gonna eat shit or she'll win.

Shawna: Aw,

Jordan: None of the above she hit the gate.

Jenna: Whaaat?

Jordan: What a noob.

Jenna: She's never raced before, so.

Shawna: Work with me one time and you'll hole shot

Jordan: I feel like Carson is going to rizz up all the girls.

Jenna: Can you imagine? Then Shawna one of Shawna's predictions would come true.

movie: Andy Carson has the hole shot.

Jordan: Oh man.

Jenna: Get em Andy!

Jordan: Look at that.

Jenna: Get em Andy!

Jordan: Good old two stroke race.

Jenna: I know.

Jordan: Yo, can you just not [00:21:00] fall off your bike? Like, just hold on to it.

Jenna: It's not that hard, just hold onto it!

Shawna: The lesson I learned early is you never win a battle with colliding.

Jordan: Have you guys noticed how pretty Andy's been looking lately? I'm not trying to be weird, I'm just so like He's got like a vibe about him. Sometimes when he looks at me, I feel like he's looking into my soul.

Jenna: Accurate

Shawna: how it really looks.

Jordan: The look!

Jenna: This is definitely something that's happened to me before.

Jordan: Maybe not from that low, like that low of a van, but like Truck bed? Absolutely.

movie: These guys are like the top riders at all their home tracks. One of them might even be the next Emmett, or McGrath, or Wyndham.

Jordan: Someone did some field research before they wrote the script.

Jenna: I know! Travis Pastrana is probably the consultant.

movie: I don't get it. They're like women. In their twenties. They don't ever give a 125 guy a look.

Mom from the movie: What? [00:22:00] Go if you want. I'm in the best part of my book, and I'd just as soon find out what happens.

Jenna: She's like, should I be worried about my Daughter pretending to be my son running off with another guy.

Jordan: This interaction is so confusing for the dude that's helping.

Andy from the movie: Hey. Tommy girl, right?

movie: What?

Andy from the movie: Your perfume.

movie: How'd you know?

Andy from the movie: Ugh. My sister wears it. It smells a lot better on you, though.

Jordan: Smells better on you?

Jenna: What was that flirting?

Jordan: I had a feeling he was gonna rizz 'em up.

Jenna: You knew.

Jordan: I'm not disappointed.

Andy from the movie: You know, uh, I better get going, we got a gnarly drive home.

movie: Yeah, yeah.

Jordan: There's some sparks flying

movie: and every time I see her, I just tank it. You know, it's like coming up on a triple and then just letting off, you know, casing it.

Jordan: There's a term we were all talking about.

Mom from the movie: Well, I think that's about the cutest boy ever.

Andy from the movie: If, I wasn't the second cutest [00:23:00] boy.

Shawna: How is his bike standing up? Does he have a kickstand?

Jenna: Yeah, that's a good point.

movie: Woah, woah, woah, woah, woah, woah. Is there something weird about that new kid or is it just my imagination? And that nail polish helping his arm pump. What a crock that is.

Jenna: That might have been a real crash. I feel like that actually happened.

What do you think of the movie so far, Jordan?

Jordan: I think it is so good. I would watch this on my own time.

Jenna: I know.

Jordan: 10 out of 10. The chemistry.

Jenna: The love story. Let's go peek at what Shawna's was.

Jordan: That's mine.

Jenna: I know. Oh, I mean, like, I didn't know that, bro. Sorry about that.

Jordan: It's all good, bro.

Jenna: Do you like to hug about it or something?

Jordan: No, man. That's not my style. I'm gonna go paint my nails green, though.

Jenna: [00:24:00] I mean

Shawna: it helps with forearm pump.

I feel like real, , motorcycle people actually wrote this.

Jenna: Yeah, I know!

Mom from the movie: Oh, Edward, this was as much my idea as it was hers.

Dad from movie: If we hurry, we can miss the traffic.

Jenna: I hate this guy with everything in me.

Jordan: He is such a villain.

movie: I hope you don't mind. I need to sleep in a west facing room so the sun does not wake me.

Jenna: What?

movie: I'm gonna need just the right amount of rest if I'm gonna compete at optimum level.

Shawna: How Americans actually think of european riders.

Jenna: Letting some random ass man in your daughter's room is wild.

Jordan: That is completely wild.

Mom from the movie: Hey.

What was that for?

Andy from the movie: For everything. For this week. For believing that I could do it.

Mom from the movie: We did make a pretty good team, didn't we?

Andy from the movie: The best.

Jenna: It's crazy what happens when you're a loving parent.

Jordan: Imagine the things your kid could do if you actually just loved [00:25:00] them.

Jordan & Jenna: He's watering the track!

Jordan: Oh no!

Jenna: Is that what it actually sounds like Shawna?

Shawna: Not for me.

Jenna: Shawna's like, I don't remember most of what happens.

Shawna: Mine's also before I left the ground.

movie: So you finally figured out where you are most useful to the family.

Andy from the movie: What is that supposed to mean?

movie: Merci.

Jordan: Why is he such a prick? There's so many villains in this movie.

Jenna: I know, I don't know who I hate more.

Jordan: Just when we thought the dad was the worst.

Jenna: I know.

movie: I took the top end out of the practice bike and I haven't put it back in the race bike yet.

I mean, we won't have time now.

Mom from the movie: Oh, how quickly you all give up.

Jenna: Your brother's been timing himself.

Jordan: I got a flathead!

Shawna: The clicking when it's supposed to be tightening.

Jenna: Shawna!

Shawna: What was it?

Jenna: It was going down a big hill, and that was close enough.

Shawna: [00:26:00] That's dumb.

Jenna: I know.

Oh, I feel bad making Shawna wear it.

Jordan: I know, I kind of felt bad. I felt like a moral dilemma if I was going to put my hand up.

movie: You think we'd let her sign with anyone but us. And I'll do you one better. We're going to give the whole Carson team a contract.

Jordan: Oh my gosh, yay!

Jenna: Victory!

You made me question my sexuality.

Jordan: What the hell? You know how many weird nights I had this week? You know how many dreams you showed up in, man? That is not cool.

Jenna: Wow guys.

Oh my god. A round of applause. That was much better than expected.

Okay, so now we're gonna get into our next segment, which is roasts and toasts!

Jordan: Roasts [00:27:00] and toasts!

Shawna: Okay, roast. The scene where

Jordan: Wait, can you explain how this segment works first?

Jenna: Roasts and toasts was basically we say things we liked and didn't like. So a roast is something we didn't like, a toast is something we did like. We're toasting to them.

Shawna: Can I, can I, can I start?

Jenna: Go ahead, Shawna.

Shawna: When the kid was doing the top end and tightening a bolt, but the clicking noise of a ratchet going back was only happening on the tightening.

Jenna: Yeah!

Jordan: Yeah, that was a pretty good roast.

Jenna: That was a good roast.

Jordan: What's your toast to counter it?

Shawna: Hmm, toast was mom being on board with girl power.

Jordan: Loved that.

Jenna: Yeah, that was cool.

Jordan: Loved that.

Jenna: I would say definitely a toast would be the freaking comedy in this movie. There were so many scenes that were genuinely hilarious.

Shawna: I loved the nail polish.

Jenna: Yeah, that was pretty good. Um, roast. I do think it was I feel like it's unrealistic that the guys were literally taking her out on the track, like, and no one wanted to help her.

Shawna: Well, I feel like that [00:28:00] generation, okay, cause, I'm just saying, when I race and I have to practice with the senior class They suck to pass, and they always try to like, get in your way, take you out, not let you pass.

I don't think they try to take you out, but they

Jenna: They won't let you pass, yeah.

Shawna: But they

Jordan: I've had guys that will not move even though you're on them the entire time, so you're clearly like, faster.

Shawna: And if you're there first, they will just keep going at you.

Jordan: Yeah, they don't

Jenna: But I feel like

Shawna: I literally have been, uh

Jenna: When you also like, when you show up at the track, at least, again, it might have been different back then.

I feel like nowadays like everyone's like really excited. They're like, oh, that's so cool. You're a girl you ride But

Jordan: yeah, like people pull on and ride with you.

Jenna: Yeah,

Shawna: I feel like it's more like yeah They don't want you to pass them if they know you're a girl.

Jordan: Yeah

Shawna: So I can see wanting to pretend you're a dude

Jenna: off the track, they're nice on the track, maybe.

Shawna: Yeah, but off the track Yeah, they all would be like,

Jenna: I guess I've never raced with boys before.

Shawna: I've raced and the senior class always just will run into [00:29:00] you

Jordan: Yeah, I've done women's with the Senior Class.

Jenna: And you've done the C Class, too, yeah. Um, I also, um, another toast, I liked that she, like, when she was loading her bike into the van, like, yeah, it was a van, but at the same time, like, trying to push your bike up that ramp, like, it totally, I don't know, for me at least, I suck at that, and that's accurate. Real struggles. Roast is the green nail polish. Ew.

Jordan: Honestly, that's a pretty good roast. A roast? Wait, that's, mm, that's hard. I feel like it's a little weird that the dad flew out of country to go bring some foreigner back.

Shawna: There's not that much money in the industry.

Jordan: Yeah, I would say that was a little unrealistic.

Toast was The whips in this movie? And scrubs out of control. They were so great.

Jenna: Yeah.

Shawna: Pretty decent.

Jordan: And the riding overall, the riding in this movie, it was pretty good.

Jenna: And the crashes were actually, like, legit looking.

Jordan: Yeah, that's another toast. I think the freaking crashes were I'm honestly questioning if some of those were legit crashes.

Shawna: [00:30:00] Yeah!

Jordan: Like, there ain't no way that, like, the one where they hit each other Like, there's no way Yeah! I think that was 100 percent real.

Jenna: I feel like the injuries are pretty legit.

Shawna: I felt like you could tell it was in the southwest, because all the tracks were all dry.

Jordan: Yeah, very dry. That's a roast, because I feel like the, like, dirt wasn't really great

Shawna: Yeah, but it's probably accurate to that area.

Jordan: To that area, yeah.

Jenna: Yeah, the fact that the kid was even watering it at some point shows that they like, understand. Also, another toast, Travis Pastrana.

Jordan: Oh, I was gonna say that too.

Jenna: Okay, so what is the best slash most realistic scene in this movie, would you say? Take a minute to think about it, I know there's a lot of scenes.

Jordan: One of the most realistic scenes was like, the first race hitting the gate kind of thing. I think a really realistic thing was when they were talking about trail riding, like, that's the secret to good track riding, I thought that was cool.

Jenna: What do you think, Shawna? What was your favorite scene?

Shawna: I feel like the look of the pits was pretty realistic.

Jenna: Yeah.

Shawna: Lots of different camps everywhere.

Jenna: I would say, I don't know, I think

Jordan: Maybe it was her pushing it up the ramp.

Jenna: It was her pushing it up the ramp. It might've been into a [00:31:00] van, but honestly I'm not that strong. It probably would have happened to me too. Though I know better, I'd get more momentum, but still.

Jordan: Can't roll it, you gotta ride it.

Shawna: Can I say the most unrealistic scene?

Jordan: Yeah, I want to hear that. Tightening with the ratchets.

Shawna: You know how I have a head injury? I totally forgot what I was going to say.

Jenna: No!

Shawna: Completely lost.

Jordan: And I think really like that is the most realistic part.

Jenna: The next segment is the cringiest scene in the movie.

Shawna: Oh! I remember, okay. This probably matches. I need new boots. Because I missed a shift.

Jenna: Yeah!

Jordan: Oh, that was cringe.

Jenna: That didn't even make any sense because newer boots are harder to shift in.

Shawna: Or nicer boots. . Yeah, you're gonna miss a shift because it's kind of more not why

Jordan: That's like, I suck at riding, what can I blame it on?

Jenna: Yeah.

Shawna: Yeah.

Jenna: What do you think the cringiest scene was Jordan?

Jordan: Honestly? For me, it's, it was when they hugged.

And then the dude [00:32:00] like, be like, whoa man. And he like, jumped back. I think for me, that was just like pretty cringe.

Jenna: I agree, that was a cringey scene. I would say, the beginning when she was pretending to be the brother at first was pretty cringey.

Like in the parts store.

Jordan: Yeah.

Jenna: She's, yeah that was pretty bad. Well, that's great. It was actually a really good movie, though, overall. Let's go ahead and do our ratings, and then we'll review who had the most accurate guesses.

Jordan: Out of gears, right?

Jenna: Out of gears, yep. So fifth gear is gonna be like a five star rating, basically. Fifth gear is really awesome movie, there's nothing wrong with it. First gear is literally there's nothing accurate.

Shawna: So wait, are we rating it on how good the movie is?

Jenna: Yes.

Shawna: Oh, how good the movie is?

Jenna: Well, how accurate it is.

Jordan: Oh, how accurate it is?

Shawna: How accurate it is?

Jenna: We all know this was a 5 out of 5 movie.

Jordan: We don't gotta discuss that.

Jenna: It's just the accuracy.

Shawna: Um, I felt like it was actually surprisingly pretty accurate with as far as like, when they talked about things like the terms and stuff, I'd give it like a 4 or a 3.

Jenna: [00:33:00] Yeah. I'd give it a 4.

Jordan: I'd give it like a fourth gear mid rpms.

Jenna: Yeah.

Jordan: I think it's pretty damn realistic especially for like a disney movie or like any sort of Big budget big scaled movie.

I feel like it was I was actually really pleasantly surprised

Jenna: Yeah, I I thought it was gonna be a lot worse than it was to be honest

Shawna: See where I where I like i'm like, I don't know if I could get it Like a very was when she grabbed an allen wrench To adjust the clickers?

Jenna: Yeah, that was,

Jordan: I would say the mechanic part of it wasn't very accurate, but like I feel like the actual riding, what they were talking about, like I feel like, you know what I mean?

I feel like a lot of it pretty good. You can't overlook all of the like good things that happened in that.

Jenna: Yeah,

Jordan: and the crashing, the crashes were even the, even the like the wounds after crashing were pretty realistic,

Jenna: I would say so. Okay. So who had the most accurate guesses?

Shawna: Okay, then one of mine was, if it's a girl and she's good at dirt biking, she's gay.

Jordan: Hey, it was kind of manifesting though.

Jenna: [00:34:00] Just not the way we thought.

Shawna: Yeah, it was a guy into a guy so.

Jordan: I mean, that one, that one's right in the middle. That's right on the line. That was right on the line.

Shawna: Oh, energy drinks.

Jenna: Oh, that's what it was.

Shawna: Which wasn't there. It wasn't energy drinks every scene so.

Jenna: What would you say?

Jordan: I'd say one out of three.

Jenna: Yeah.

Jordan: What about you, Jen?

Jenna: Someone will blow through a broom, that did happen.

Jordan: Yep, that's one.

Jenna: Someone gets taken out of a corner, that also happened. And working on their bikes, actually all three of mine happened.

Jordan: Mine was the freestyle tricks, that happened.

Jenna: Yeah.

Jordan: My other one was the terminology, like they'd use the terminology or whatever.

And then, oh, the sexist.

Jenna: So did all three of yours happen?

Jordan: Yeah, I think we're at a tie.

Jenna: Wow, okay, well that means that we're just gonna make Shawna defend one character instead of two people going at it. Like, so like, instead of each person getting a bad character and saying why they're the best character.

Jordan: Oh, I'll do that. I'll do that with Shawna.

Jenna: Perfect, okay.

Jordan: I'll take one for the team, we'll do it together.

Jenna: Alright, so, the rule is that the losers have to basically,

Jordan: Pick [00:35:00] a really bad character and defend it?

Jenna: Yes.

Jordan: Okay.

Jenna: Say why, say why they're the best character in the movie. Or you could pick a scene and like battle between scenes.

There are so many villains that I feel like you have to do .

Jordan: I am gonna, I'm gonna

Jenna: You're gonna take the French guy.

Jordan: I'm gonna take the French guy or the girl, I don't know. The girlfriend?

Jenna: Oh! Whatever her name was, Farron or something weird like that.

Jordan: I'm gonna defend the girl.

Jenna: Okay. Alright.

Jordan: Why do I think, I don't, what's her name?

Jenna: Farron?

Jordan: Why do I think Farron is the best character in this movie?

Well, it's simple. She knows what she wants. She was the most honest character. Most honest character out of the entire movie. Okay, she never lied about what she was looking for. She never lied about who she was. She never pretended to be anything that she was not. She liked NSYNC. I think that she was the realest.

Baddest bitch out of all of them characters. Because of that.

Jenna: I don't, I do think she definitely lied. Because she said that she would never date a moto guy. [00:36:00] And then the second he had something that she was interested in.

Jordan: That wasn't a lie. That's what she thought. That's what she thought, okay? But she was nothing but 100%.

She tried to get out of it when he invited her to NSYNC. Home, home boy, home girl. Home Carson was all like, No, like, you should go. Like, that. Carson lied the entire movie, alright? Andrea lied the entire movie. You can't This girl, if you put her on paper, she was more honest and a better person than the other one was.

Jenna: Okay.

Jordan: That's my case.

Jenna: Uh, uh, alright. What about you, Shawna? The dad, you gotta go ahead and, uh, sell it to us. Why is he the best character in the movie?

Shawna: Um, well I think he's the best character because little do people know when you tear people down and make them try harder. So him telling his daughter she can't race probably made her want to race more .

And, um, he did eventually come around, but he didn't want her to race because he didn't want her to get hurt. But he did want his son to get hurt, so I mean, .

Jordan: He's a little morally gray.

Jenna: We love morally gray [00:37:00] characters.

Shawna: Well, he made for a good story. She had to actually put a lot of effort into it, which probably made her appreciate it more of the main character, because he was against her doing it.

Jenna: That was pretty good. I think that both of those were really good.

Jordan: Who do you think won? Shawna had a pretty good argument I'm not gonna lie.

Jenna: I know!

Jordan: I thought we were supposed to argue that they're a good person, not that they're like a good character, and I didn't think about that.

Jenna: Well, I mean, honestly, yours was pretty good too, though.

Shawna: Yeah, yours was pretty good.

Jenna: I don't know. I don't know. That, that was it. That's, that's all we got. So, um,

Jordan: thank you for, uh, you know, putting this on. Thank you guys for watching. Thank you Shawna for, for wearing the helmet, you look great.

Shawna: Mips, Moto9Flex for the win.

Jenna: Alright, well thank you guys, uh, we'll see you in the next one.

Shawna: Bye.

Jordan: Bye.

Jenna: Bye.

We are recording, let's go ahead [00:38:00] and do the clap.

Jordan: I don't think all three of us needed to do it, I think one of us could have just done it.

Shawna: Okay, do the clap now. Hello! Welcome to the Hello! Welcome to Dirt Bike

Jenna: Breakdown!

Shawna: Wait, you're supposed to say

Jenna: Jordan doesn't get a word.

Jordan: Mocha's about to fall off the bed.

Shawna: Jenna just stares at me

Jordan: Mocha! Mocha!

Shawna: Hello!

Jordan: Oh,

Shawna: oh,

Jenna: oh, okay.

Shawna: Hello! Welcome to

Jenna: Dirt bike

Jordan: no, no we're doing that again. Jenna.

Jenna: If I hear one more hello! I'm gonna lose my mind.

Jordan: Mocha, Mocha, Mocha, Mocha, Mocha, stop, Mocha stop.

Jenna: She's a diva, she's ruining the set.

Shawna: Mocha, come here. Yes, good girl.

Jordan: Control your dog. Jenna, you scoot over there. Mocha is gonna get kicked out.

Mocha is gonna, Mocha is gonna get kicked out. Alright, guys

Shawna: No, come here.

Jordan: Mocha, no.

Shawna: We're gonna hug. [00:39:00]

Jordan: No, Mocha. Mocha, no.

Jenna: It's a little lopsided now. No offense.

Jordan: I think our entire film process is a little lopsided right now. Mocha, stop.

Jenna: This is take two.

Jordan: Shawna. Stop. She's gonna have to go.