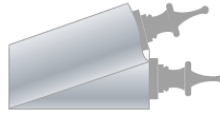




CHURCH EDUCATION

The Holy Bible  
The Book of Mormon



*'...and they shall become one in thine hand.'* Ezekiel 37.17

## LESSON TITLE

### Fruit of the Spirit: Joy

## UNIT 2 – Love, Kinship, Worship

## GRADES 4-6

### THE HOLY BIBLE

Galatians 5: 22, “But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith.”

### THE BOOK OF MORMON

2 Nephi 2:25, “Adam fell that men might be; and men are, that they might have joy.”

### OBJECTIVES

Students will be able to:

- Discover the source of joy, Psalm 16:11, 43:4, Romans 14:17, Matthew 13:44, Luke 2:10.11,15:10 Philippians 4:1.
- Examine the relationship between joy and love, John 15:10,11,
- Discuss ways to give joy to others

### ESSENTIAL QUESTIONS

- How do we know that God wants us to have joy?
- How does joy relate to love? How do we feel when we are loved?
- Why does it feel good to love others?

### MATERIALS

*Holy Bibles* and *Books of Mormon*, 1 - each per student

White board and markers

**Task:** 1- copy per student, Assignment - Fruit of the Spirit JOY, pages 4,5.

**Task:** [Fruit of the Spirit Crossword Puzzle](#) 1 - per student

## TEACHER NOTES

45-minute lesson

To prepare for this lesson, study the scriptural references listed in **OBJECTIVES**.

Q = Teacher asks question

## PROCEDURE

### Motivation/Introduction (3-5 minutes)

1. Engage students in a discussion about joy. Speak in an animated or excited tone during the discussion.

**Q.** Have you ever been so happy that you just wanted to shout or clap your hands, or jump up and down?

**Tell me about a time when you were very happy.**

(Allow students to share some accomplishments or achievements.)

**Q.** Can you remember being so excited that you couldn't keep it to yourself, and you had to let it out or share it with someone?"

**Q.** Have you ever watched athletes give each other a "high five", jump all over each other, or pat each other on the back or head? Why do they do that? (Explain that joy is meant to be shared; however, for a brief dose of reality and to increase their sensitivity for others, you might also want to point out that the "other team" is not sharing the joy of this moment. What does that create?)

What we are describing is great joy! Joy is the topic of our lesson today.

**Goals:** Discover the source of joy.

Examine the relationship between joy and love.

Discuss ways to give joy to others.

### Lesson Development (35-40 minutes)

(See Teacher's Supplement for guidance steps 3-8)

1. Discuss the scene in Lehi's dream when he partook of the tree of life.
  - a. Ask one or more volunteers to assist by writing key concepts or responses on the board during the lesson.
  - b. Read aloud 1 Nephi 8.12, "And as I partook of the fruit thereof it filled my soul with exceeding great joy; wherefore, I began to be desirous that my family should partake of it also; for I knew that it was desirable above all other fruit."

- c. Students describe Lehi's reaction to being filled with great joy. (He could not keep it to himself. He wanted to share it with his family so they could experience what he felt.)

**Q.** Who remembers what the tree of life represents? (God's love, Jesus) Have you experienced God's love? How does it make you feel? How can you relate to Lehi?

2. Students define joy in their own words. Write responses on the board.
3. Engage students in a discussion on the source of joy.
4. Engage students in a discussion on the relationship between love and joy.
5. Engage students in a discussion on how to give joy to others.
6. Task: Songs of Joy Activity.
7. Discuss Essential Questions, page 1.
8. Task: Fruit of the Spirit JOY, pages 5 & 6.
9. Task: Crossword puzzle, link page 1. Can be given as homework or complete in class.

Key words: Love, Kinship, Joy, love to others

## TEACHER'S SUPPLEMENT

### Source of Joy

1. Write on the board, "Source of Joy".
2. Read aloud Psalm 16:11 and 43:4, and Romans 14:17. **Q:** From where does joy come? Where does it exist? (Ask a volunteer to write the responses on the board.)
3. Read aloud John 15:10, 11. **Q:** How can we have joy? (Allow one student to write responses on the board.)
4. Read aloud Luke 2:10, 11. **Q:** How was joy brought to people living on the earth?

### Giving Joy to Others

**Q:** Do you think it is possible to give others joy? How can we give joy to others?

- Read aloud Luke 15:10 (When someone repents it brings angels joy.)
- Read aloud Philippians 4:1 (Faithful saints bring joy to other faithful saints.)

**Q:** Can you think of other ways to give joy to others? (Write responses on the board)

### **Task: Songs of Joy**

1. Tell students to think of a song that has the word "JOY" or "happiness/happy" in it. (I.e. The joy of the Lord is my strength, I have the joy, joy, joy, joy down in my heart, Joy to the world the Lord is come; If you're happy and you know it clap your hands.)
2. Tell them to raise their hand when they have thought of a song.
3. Call on a student with their hand raised and give them the option to sing the part of the song that has the word "joy, happiness or happy" in it, or have the whole class sing with them.
4. Take turns doing this.
5. The teacher can opt to teach the students songs of joy.

### **Task: Assignment – Fruit of the Spirit JOY**

1. Hand each student the Assignment (2 pages located below). Ask them to think of an answer to the following questions and write their responses on page 1.

**Q:** What one thing will you do to have joy this week?

**Q:** What is one way you can bring joy to others this week?

2. Introduce "Family Fun Activity" and complete at home.
3. Provide guidance on "Fruit of the Spirit Character Trait Activity" and encourage students to do their best.
4. Tell students to have a parent sign the Rewards Chart at the end of the week and bring it to the next class.
5. Consider a reward for students who participate.

## Fruit of the Spirit – JOY

One thing I will do to have joy this week: \_\_\_\_\_

One way I will give joy to others this week: \_\_\_\_\_










**Family Fun:** With your family, try eating a variety of fruit this week and discuss a different fruit of the Spirit each time.

**Fruit of the Spirit Character Traits Activity:** Which of the character traits can you demonstrate this week? Keep track of your results on the Rewards Chart “Fruit of the Spirit”.

<p style="text-align: center;"><b>Love</b></p> <ul style="list-style-type: none"> <li>❖ Showing affection for parents and siblings</li> <li>❖ Remembering to greet family members such as grandparents with affection</li> <li>❖ Showing affection for family pets and caring for them appropriately</li> </ul>	<p style="text-align: center;"><b>Joy</b></p> <ul style="list-style-type: none"> <li>❖ Enjoying everyday activities</li> <li>❖ Showing enthusiasm and gratitude for positive experiences or opportunities</li> </ul>
<p style="text-align: center;"><b>Peace</b></p> <ul style="list-style-type: none"> <li>❖ Being calm at times such as bedtime, during prayers or church</li> <li>❖ Not being jealous when others get attention</li> </ul>	<p style="text-align: center;"><b>Patience</b></p> <ul style="list-style-type: none"> <li>❖ Taking turns at games</li> <li>❖ Waiting quietly for parents to finish speaking before asking questions</li> </ul>
<p style="text-align: center;"><b>Kindness</b></p> <ul style="list-style-type: none"> <li>❖ Sharing with siblings and friends without complaining</li> <li>❖ Showing generosity to friends and family</li> </ul>	<p style="text-align: center;"><b>Goodness</b></p> <ul style="list-style-type: none"> <li>❖ Thinking of others and being aware of their needs</li> <li>❖ Taking time to talk or play with a lonely child at school</li> <li>❖ Offering to help parents or teachers with tasks</li> </ul>
<p style="text-align: center;"><b>Faithfulness</b></p> <ul style="list-style-type: none"> <li>❖ Saying prayers respectfully</li> <li>❖ Praying for the needs of family and friends</li> </ul>	<p style="text-align: center;"><b>Gentleness</b></p> <ul style="list-style-type: none"> <li>❖ Playing gently with younger siblings or family friends</li> <li>❖ Handling family pets appropriately</li> </ul>
<p style="text-align: center;"><b>Self-control</b></p> <ul style="list-style-type: none"> <li>❖ Completing homework without complaints</li> <li>❖ Following parent's tasks and requests</li> </ul>	

# Rewards Chart "Fruit of the Spirit"

NAME: \_\_\_\_\_

<i>Fruit of Spirit</i>		<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>
<i>LOVE</i>							
<i>JOY</i>							
<i>PEACE</i>							
<i>PATIENCE</i>							
<i>KINDNESS</i>							
<i>GOODNESS</i>							
<i>FAITHFULNESS</i>							
<i>GENTLENESS</i>							
<i>SELF CONTROL</i>							

**TOTAL**      \_\_\_\_\_

When you demonstrate a Fruit of the Spirit character trait, place an "X" in the corresponding box. See how many boxes you can mark by the end of the week.

Write two or three examples of how you demonstrated the Fruits of the Spirit this week: \_\_\_\_\_

\_\_\_\_\_

PARENT'S SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_