

Tina Woods (Technotic)

HYPERSCALE: #E66 Joy, Dancing, and the Science of Living Longer With Tina Woods

<https://podcasts.apple.com/gb/podcast/e66-joy-dancing-and-the-science-of-living/id1633195422?i=1000751740330>

Signal Shift The Science of Joy: How DJing and "Longevity Raves" are Redefining Aging

<https://podcasts.apple.com/gb/podcast/the-science-of-joy-how-djing-and-longevity/id1752320040?i=1000757476447>

Creative Moves; From Medical Films to the Science of Joy • Tina Woods

<https://podcasts.apple.com/gb/podcast/ep-11-from-medical-films-to-the-science-of-joy-tina-woods/id1831360295?i=1000773111019>

WHOLE: Raving at 60 — and Rethinking Midlife: Tina Woods (aka Tina Technotic)

<https://podcasts.apple.com/gb/podcast/raving-at-60-and-rethinking-midlife-tina-woods-aka/id1857051518?i=1000761236135>

Grand People: Stafford University: At age 61, Tina Woods took to the dancefloor—and headed straight to the DJ booth.

<https://www.youtube.com/watch?v=3WJr-eDkQDE&list=PLdkQbCXWuTtHW14MCR-nt8Ha101wGXC9-&index=8>

<https://www.instagram.com/reel/DWjYVxJkY60/>

Tina Woods

69 Inspiring People

<https://69inspiringpeople.ch/en/people/tina-woods/>
<https://open.spotify.com/episode/1MWmliqOOrYgBXbvYNWreO>

The Beyond Tomorrow Podcast with Julian Issa: Why Longevity Isn't Just About What you Do: The Human Exposome and the Future of Healthspan

<https://podcasts.apple.com/gb/podcast/why-longevity-isnt-just-about-what-you-do-the-human/id1795041554?i=1000703913005>

Healthy Longevity Secrets: Tina Woods: Artificial Intelligence for Health and Longevity

<https://podcasts.apple.com/gb/podcast/tina-woods-artificial-intelligence-for-health-and/id1585563694?i=1000541089007>

The HumanWare Project: Your Environment Shapes Your Lifespan More Than Your DNA

<https://podcasts.apple.com/gb/podcast/your-environment-shapes-your-lifespan-more-than-your-dna/id1782924071?i=1000721662861>

Decoding Longevity: Cities, Communities and Clinics: The New Testbeds for Longevity Research — A Conversation with Tina Woods

<https://podcasts.apple.com/gb/podcast/cities-communities-and-clinics-the-new-testbeds/id1876653190?i=1000749319165>

The Sustainable Human: Episode 24: How to get older, healthier - inside the science of healthy aging with Tina Woods

<https://podcasts.apple.com/gb/podcast/episode-24-how-to-get-older-healthier-inside-the/id1723851737?i=1000714792466>

H-Hour: #271 “If there is a pill that you could take to mimic the effects of exercise, that would be the miracle.”

<https://podcasts.apple.com/gb/podcast/271-if-there-is-a-pill-that-you-could-take-to-mimic/id1388879117?i=1000730209283>