

The Practice of Eucharist

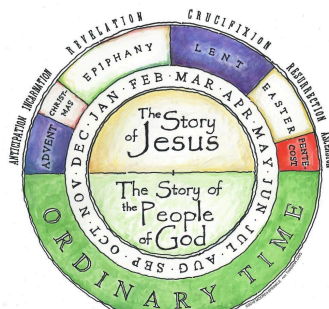
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Chateau St. - Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, June 29
Trinity Sunday

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Listening to the Father's instruction: lecture 3 – Prov. 3:1-20

Skill in the art of Godly living is just a fancy way of _____

What are the father and lady wisdom giving to the son?

Does Proverbs promise too much?

How does our understanding of who God is affect our faith and trust in him?

#1:

#2:

#3:

#4:

How does the story of Joseph in Genesis illustrate this chapter of Proverbs?

Why is verse 3:5,6 so popular?

How does the wise life by faith?

#1: _____

#2: _____

#3: _____

What else does this fatherly lecture teach us?

How does the father describe wisdom, skill, and instruction?

What are some of the positive consequences of 'writing these on our hearts'?

How does the father conclude in verse 11&12?

Why is the Lord's discipline a good thing?



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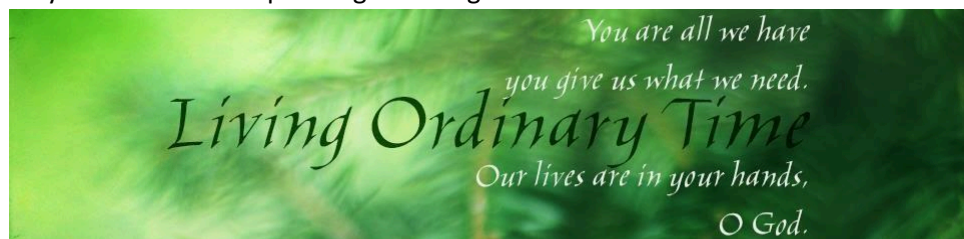
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Men's Bible Study

When: Join us every Monday @ 6:30am

Where: 1889 Coffee House

The Study: We are working through Ecclesiastes
Contact Pastor Iain for more info. 843.855.0795

Women's Bible Study

When we want wisdom for life, where do we begin? Join us for a study this summer using the WordGo app, following King David and his son, Solomon, as they write words of wisdom that pray and sing of the ultimate Source of wisdom. We will meet every other Monday evening to discuss parts of 1 Kings, Psalms, and Proverbs. We will spend our first meet-up in fellowship and spend time helping everyone get set up to use the app. If you do not have access to the app but still want to participate or if you have any questions, please contact Angie Robertson at 406-531-7366 or abr.dpt@gmail.com.

When: June 16th - from 6:00-7:30 pm

Where: 820 Isy loop

Proverbs Devotional

As we spend the summer in the wisdom book of Proverbs, we encourage all of you to grab a devotional, titled "God's Wisdom for Navigating Life" by Tim and Kathy Keller. You can find them out in the foyer. If you would like to donate \$10 for the book that is great, but please don't let that keep you from taking one as a gift. We would love for everyone to meet with one or two people as you go through this devotional together and grow in Godly wisdom.

Elizabeth's Baby Shower

Saddle up and join us for Elizabeth Feight's baby shower! (Luke and Faye's Daughter) Instead of a card, wrangle up some diapers or wipes for little cowboy Feight. Gifts are registered at Amazon and Target.

Monday, July 28th, 6:00pm @ Headwaters



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Monday, July 28th, 6:00pm @ Headwaters

The logo for Headwaters Covenant Church Summer Events. It features the church's name in a sans-serif font above the words "Summer Events" in a large, flowing script font. A stylized wave graphic is positioned above the word "headwaters".

headwaters covenant church Summer Events

Summer Life Together Hangouts

Join us this summer as we connect and share life together! We will have a BBQ, yard games, and a campfire rolling. Please bring a side dish, dessert, or something to grill. We would love to have you and your sphere of influence come to hang out and play or relax, as we enjoy this season as a family.

Every other Wednesday – 5-9pm

- June 25 @ Dombach's (1075 Forestvale rd)
- July 9 @ Boyd's (2107 Lockey ave)
- July 23 @ Eikenbury's (1921 Lodgepole rd)
- August 6 @ Dombach's (1075 Forestvale rd)
- August 27 @ (TBD)

Annual Lake Day

Save the date for an afternoon of sharing life together out at the parallel lakes at the Syvrud's! We will have the bounce houses, yard games, boat for water skiing and tubing! So, bring a sun shade and water toys, paddle boards, life jackets and prepare for fun! Headwaters will provide hotdogs and hamburgers and drinks.

Please bring a side dish or dessert to share.

Saturday, July 19th – 10:00am – 4:00pm

4010 Bouy Blvd. (2 miles North of Costco)

All Church Camp Trip

Save the date for our annual church camp trip - **August 15-17**. With so much success, we will again have a Saturday night smoke meat cookoff, plus more of our usual fun at the lake! This year we will be back at the Hellgate Campground on the other side of Canyon Ferry Lake. Please RSVP your site to racheldombach@gmail.com

Muti Church Neighborhood BBQ

Mark your calendars and stay tuned for mor info as we join Helena Alliance and Calvary Baptist for this opportunity to bless our neighbors and fellowship with other westside believers with a BBQ and fun filled afternoon.

Sunday, Sept. 21 12:00pm-3:00pm

Field behind CRA Middle School

The logo for Headwaters Covenant Church Summer Events. It features the church's name in a sans-serif font above the words "Summer Events" in a large, flowing script font. A stylized wave graphic is positioned above the word "headwaters".

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Baptism

Join us as we celebrate the baptisms of Will, Shelby, and Sierra Heller. Following the worship service, we will have snacks and fellowship downstairs and would love for you to share this time with us.

Sunday, July 20th

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052

Next Children's Church Sunday, June 29th.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

Women's prayer Tuesdays 12:30pm-1:30pm

(If you can't make it for prayer please text or email Pastor Seth with requests)

Online Tithes

Thank you so much for your outrageous generosity!

We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



Financial Snapshot 2025

	<u>January</u>	<u>February</u>	<u>March</u>	<u>April</u>	<u>May</u>
Budget –	\$13,534	\$13,534	\$13,534	\$13,534	\$13,534
Tithes –	\$18,927	\$12,937	\$15,844	\$14,803	\$10,917
Over/(Under)	\$5,393	(\$597)	\$2,310	\$1,269	(\$2,617)



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