

WEEK 2 - 28 Days To A Client

THE MASTER WAR MODE DAY PLAN + REPORT

✓/✗	U+I Of Task	Task List For The Day - Fill In ALL 20!
1. ✓/	Q1 ▾	Meditate
2. ✓/✗	Q1 ▾	Outreach
3. ✓	Q1 ▾	Review a copy
4. ✓/✗	Q1 ▾	Create a FV
5. ✓✗	Q1 ▾	200 Push ups
6. ✓/✗	Q2 ▾	100 squats
7. ✓/✗	Q2 ▾	Read for 10 minutes
8. ✓/✗	Q2 ▾	Draw
9. ✓/✗	Q2 ▾	Journaling
10. ✓/✗	Q2 ▾	“Big Picture”
11. ✓/✗	Q3 ▾	Practice hebrew
12. ✓/	Q3 ▾	Look for ways to improve outreach
13. ✓/	Q3 ▾	Prospect new leads
14. ✓/	Q3 ▾	Meeting
15. ✓/	Q3 ▾	Plan out the next day
16. ✓/	Q4 ▾	Review the day
17. ✓/	Q4 ▾	OODA loop on current strategies
18. ✓/✗	Q4 ▾	Watch morning power up call
19. ✓/✗	Q4 ▾	Break down 1 good copy
20. ✓/✗	Q4 ▾	Go to bed on time

	 DAY NUMBER + DATE + TIME 
Day Number:	24
Date:	5/4/2023
Start Time:	09:00 AM

	 3 Things That I Am Grateful To Have In My Life 
1.	For my family
2.	For my fortunate position in life
3.	For my friends

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	Outreach
2.	Review a copy
3.	prospect

Hour-By-Hour Tracking: **[Plan+Measure=Improve]**

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Intention:	 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

 **What Do I Plan To Accomplish This Morning?** 

 **What Is The Main Goal For This Morning?** 

 **How Will I Start My Morning With Power?** 

9 am: Task 💰	Meditate, 70 push-ups, 50 squats,
Intention 🔔	Wake up and get energized for the day
Reflection ✍️	

10 am: Task 💰	Go to the office, get a coffee
Intention 🔔	Getting ready to start working
Reflection ✍️	Ready to tackle the day

11 am: Task 💰	Practice copywriting
Intention 🔔	Level up my copywriting skill
Reflection ✍️	Side mission appeared

12 am: Task 💰	Practice copywriting
Intention 🔔	Level up my copywriting skill
Reflection ✍️	Side mission appeared

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 What Did I Learn This Morning? 🧠

❌ What Problem's Did I Face This Morning? ❌

🔑 How Will I Solve These Problems For This Afternoon? 🔑

🏹 **MY AFTERNOON WAR PLAN** 🏹

 What Do I Plan To Accomplish This Afternoon? 

 What Is The Main Goal For This Afternoon? 

 How Will I Start My Afternoon With Power? 

1 pm: Task 	Work on the clients project
Intention 	Deliver results
Reflection 	Research in progress

2 pm: Task 	Work on the clients project
Intention 	Deliver results
Reflection 	Research in progress

3 pm: Task 	Lunch Break
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Intention 🛎	Replenish energy
Reflection ✍	Research in progress

4 pm: Task 💰	Work on the clients project
Intention 🛎	Deliver results
Reflection ✍	Research in progress

5 pm: Task 💰	Work on the clients project
Intention 🛎	Deliver results
Reflection ✍	Research in progress

6 pm: Task 💰	Work on the clients project
Intention 🛎	Deliver results
Reflection ✍	Design part of the project is complete

7 pm: Task 💰	Work on the clients project
Intention 🛎	Deliver results

Reflection 	See free lancing course for growing instagram account
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8 pm: Task \$	Meeting
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Intention 	Personal story
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Reflection 	Personal story
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9 pm: Task \$	Meeting
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Intention 	Personal story
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Reflection 	Personal story
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10 pm: Task \$	Meeting
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Intention 	Personal story
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Reflection 	Personal story
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11 pm: Task \$	Meeting
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Intention 	Personal story
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Reflection 	Personal story
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12 pm: Task 💰	Plan the next day
Intention 🔔	Tactical planning
Reflection ✍️	Day complete



End-Of-The-Day Report:



🧠 **What Did I Learn Today?** 🧠

New approach to the work

❌ **What Problems Did I Face In The Day?** ❌

Time management

🔑 **How Will I Solve These Problems Tomorrow?** 🔑

Follow the schedule

NEW **What Do I Plan To Do Differently Tomorrow?** NEW

Work time

 **What Do I Plan To Do The Same Tomorrow?** 

Grow

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

TRW

 **What Tasks Were Left Undone?** 

Brain Dump: I can't do physical training because of injury so I need to take time out for healing