FIRST-YEAR POPULAR COURSE LIST

UNIVERSITY OF DELAWARE
HONORS COLLEGE

COURSE SELECTION

The courses listed here are appropriate for first-year students and reflect University breadth requirements. You will have a virtual advisement appointment this summer where you will discuss courses and requirements for your major. University Studies students will select courses designed for interest exploration. The number of breadth courses you take varies according to your major, credits earned for prior learning, etc. Of course, the timing of classes will also influence your actual schedule. You can find all course descriptions in Courses Search (https://udapps.nss.udel.edu/CoursesSearch/). More specific information on honors courses can be found our website (Fall 2026 Honors Courses and Faculty.xlsx - Google Sheets)

Your fall semester schedule will contain a combination of courses for your major (or courses to explore your interests), University and College requirements, Honors requirements, and general education courses/breadth requirements. Not all majors will have room for University Breadth courses in the first term.

Please use courses from this list to complete the 2026 Course Interest Form (https://forms.gle/UJTwHihJtVjJT7mG8). If your major allows room for breadth requirements in your first semester, list 6-8 courses that fit your interests. Please check your UD email and the Honors NSO website (https://sites.udel.edu/honors/nso/) for additional materials.

Learn more about University Breadth requirements here: (https://catalog.udel.edu/content.php?catoid=94&navoid=34368). All students are required to complete at least 3 credits from each category below (12 credits total). Some courses required for your degree may count towards university breadth requirements, subject to limitations.

CREATIVE ARTS & HUMANITIES

These courses provide students with an understanding and appreciation of the visual and performing arts, of aesthetic forms, designs, or craftsmanship, or of literary, philosophical, and intellectual traditions. Courses may focus on a single aesthetic form or intellectual tradition, or cross-cultural comparisons.

AFRA 206[m]	Survey of African American Culture: Wages of Whiteness
AFRA 240[m]	Black History Live on Stage
ANTH205	What is Human Nature?
ARTH153	Introduction to Art history: Before 1400 **(Honors option)**
CHIN 204[m]	The Art of Chinese Calligraphy **(Honors option)**
COMM 256	Philosophy of Communication
EDUC 240	Legal and Ethical Issues in American Education
ENGL 201	Rewriting Literature
ENGL 217	Introduction to Film **(Honors option)**
FREN 211	French Reading & Composition **(Honors option)**
ITAL 211	Italian Reading and Composition: Short Fiction **(Honors option)**
~~JWST 208[m]~~	~~Introduction to Jewish Philosophy~~
LLCU 321	Topics: Chinese Literature in Translation: Anti-Heroes in Chinese Lit **(Honors option)**

MUSC 101	Appreciation of Music
~~PHIL 102~~	~~Introduction to Philosophy~~
~~PHIL 105~~	~~Critical Thinking~~
PHIL 202	Contemporary Moral Problems
~~PHIL 203~~	~~Ethics~~
~~PHIL 204[m]~~	~~World Religions~~
PHIL 208[m]	Introduction to Jewish Philosophy
~~POSC 285~~	~~Introduction to Political Theory~~
SPAN 201	Spanish Reading and Composition **(Honors option)**
THEA 102	Introduction to Performance
THEA 104	Introduction to Theater and Drama
~~THEA 200~~	~~Introduction to Theater Production~~
THEA 202	Introduction to Theatre Design
~~THEA 205~~	~~Introduction to Stage Movement~~
THEA 215[d]	Healthcare Communications UDSP
THEA 240[m]	Black History Live on Stage
THEA 242	Page to Stage: Making Theatre
~~WOMS 216[m]~~	~~Introduction to Feminist Theory~~ **~~(Honors option)~~**

HISTORY AND CULTURAL CHANGE

These courses provide students with an understanding of the sources and forces of historical changes in ideas, beliefs, institutions, and cultures. Courses may address social, cultural, intellectual, economic, technological, artistic, scientific, and political development, changes in a discipline, or globalization and its effects.

AFRA 110[m]	Introduction to African American Studies
AFRA 220[m]	The Civil Rights Movement
~~ANTH 101[m]~~	~~Introduction to Cultural Anthropology~~
ANTH 209[m]	Contemporary South Asia
ANTH 265[m]	Aztec, Inca, and Maya Archaeology
ANTH 275	Archaeology of Delaware Native Americans
~~ARTH 227~~	~~Modern Art: The 19th Century~~ **~~(Honors Option)~~**
EDUC 247[m]	The History of Education in America
~~FASH 213[m]~~	~~Development of Contemporary Fashion: Cultural Expression~~ **~~(Honors Option)~~**
FASH 224	Development of Fashion: 1600 to World War I
GEOG 103	Topics in Human-Environment
~~GEOG 204~~	~~Introduction to Peace and Justice: Theories and Practices~~
HIST 101	European History to 1648
HIST 102	European History since 1648
HIST 103[m]	World History to 1400
HIST 104[m]	World History since 1400
HIST 105	United States History to 1865 **(Honors option)**
HIST 106	United States History since 1865

HIST 156	American Sexualities
HIST 170	Plagues and Peoples in Human History
~~HIST 220[m]~~	~~The Civil Rights Movement~~
HIST 221	Film and American Society
HIST 223	Cultural History of Natural Science
HIST 318	Colonial America **(Honors option)**
HIST 325[m]	African American History to the Civil War
HIST 333[m]	Black Women's History to 1865
~~HIST 340~~	~~Ancient Greece~~
JOUR 201	Journalism in a Free Society
LEAD 101	Global Contexts for Leadership
LLCU 330	Topics: World Literatures and Cultures: Vampires and Werewolves **(Honors option)**
MUSC 107	History of Rock
~~PHIL 210[m]~~	~~Women and Religion~~
THEA 241[m]	Western Theatre: Live on Stage
WOMS 156	American Sexualities
WOMS 200[m]	Introduction to Sexualities and Gender Studies
WOMS 210[m]	Women and Religion

SOCIAL AND BEHAVIORAL SCIENCES

These courses provide students with an understanding of the behavior of individuals and social groups in the context of their human and natural environments. Courses emphasize the empirical findings, applications, and methods of the social and behavioral sciences.

AFRA 205[m]	Contemporary African American Issues: Environmental Justice (section 011)
AFRA 205[m]	Contemporary African American Issues: Black Masculinities (section 010)
ANTH 218[d]	Solving Archaeological Mysteries
APEC 100[m]	Sustainable Development
APEC 150	Economics of Agriculture & Natural Resources
CGSC 170	Intro to Cognitive Science (**Honors option**)
COMM 200	Topics in Communication: Happiness and Well-being **(Honors option)**
CRJU 110	Intro to Criminal Justice
~~CRJU 201~~	~~Problems of Law Enforcement~~
CRJU 202	Problems of Criminal Judiciary
~~CRJU 203~~	~~Problems of Corrections~~
ECON 100	Economic Issues & Policies
ECON 101	Intro to Microeconomics **(Honors option)**
ECON 103	Intro to Macroeconomics
ENEP 250	U.S. Environmental Policy **(Honors option)**
ENTR 350	Introduction to Entrepreneurship **(Honors option)**
GEOG 120[m]	World Regional Geography
GEOG 235	Conservation of Natural Resources
HBNS 155	Personal Health Management: An Approach for a Lifetime

HDFS 201	Life Span Development **(Honors option)**
HDFS 202[m]	Diversity and Families **(Honors option)**
LEAD 100	Leadership, Integrity & Change
LEAD 200	Leadership: Theory & Practice **(Honors option)**
LING 101[m]	Intro to Linguistics I **(Honors option)**
LING 203[m]	Languages of the World **(Honors option)**
PLSC 145	Introduction to Sustainable Food Systems
POSC 150	Introduction to American Politics
~~POSC 220~~	~~Introduction to Public Policy~~
POSC 240	Introduction to Global Politics **(Honors option)**
POSC 270	Introduction to Comparative Politics
PSYC 100	General Psychology **(Honors option)**
SOCI 201	Intro to Sociology **(Honors option)**
UAPP 110	How to Change the World **(Honors option)**
UAPP 220	Citizens, Civility, Change **(Honors option)**
UAPP 225	Crafting Public Policy **(Honors option)**
UAPP 233[m]	Introduction to Global Health
WOMS 201[m]	Intro to Women and Gender Studies
WOMS 240[m]	Gender and Violence **(Honors option)**
WOMS 369	The Social Construction of Sex Trafficking **(Honors option)**

MATHEMATICS, NATURAL SCIENCES & TECHNOLOGY

These courses provide students with an understanding of fundamental and/or applied concepts and phenomena from mathematics, logic, natural or physical sciences, and technology including quantitative reasoning and methods used to approach and solve problems.

Note*: Students declared in math and science related majors do not typically need courses in this area. Courses for your major may count towards this breadth requirement.*

ANFS 230	Foodborne Diseases: Investigating Outbreaks
ANTH 104	Introduction to Archaeology and Biology Anthropology **(Honors option)**
BISC 103*	Principles of Biology (with Lab, add BISC113)
~~BISC 171~~	~~Microbiology in Modern Society~~
BISC 207*	Introductory Biology I (with Lab, add BISC217) **(Honors option)**
CHEM 100	Chemistry and Human Environment
CHEM 101*	General Chemistry (with Lab, add CHEM 131)
CHEM 103*	General Chemistry (with Lab, add CHEM 133) **(Honors option)**
CISC 101	Principles of Computing
CISC 106	General Computer Science for Engineers **(Honors option)**
ENWC 201	Wildlife Conservation & Ecology **(Honors option)**
ENWC 205*	Insects and Society (with Lab, add ENWC215) **(Honors option)**
GEOG 101	Physical Geography (with Lab, add GEOG111)
GEOL 105	Geological Hazards & Their Human Impact (with Lab, add GEOL 115) **(Honors option)**
GEOL 107*	Geology of Dynamic Earth with Lab **(Honors option)**

GEOL 112	Dinosaur World
~~GEOL 215~~	~~Understanding Climate Change~~
HBNS 200	Nutrition Concepts **(Honors option)**
KAAP 180	Introduction to Exercise Science
MAST 200	The Oceans **(Honors option)**
MAST 215	Understanding Climate Change
MATH	An advisor will help you select a math course based on the results of your UD Math Placement Exam. (Honors section available for MATH 242 -must take Honors Calculus Exam to be considered)
NSCI 100	Psychological and Brain Sciences **(Honors option)**
PHIL 205	Logic
PHYS 133*	Introduction to Astronomy with Lab
PHYS 146	Particles and Cosmology: Big Bang, Black Holes, and the Higgs Boson
PHYS 201*	Intro to Physics I (with Lab, add PHYS 221)
PHYS 207*	Fundamentals of Physics I (with Lab, add PHYS 227) **(Honors option)**
PLSC 101	Botany I **(Honors option)**
SCEN 101*	Physical Science with Lab
STAT 200	Basic Statistical Practice **(Honors option)**

* denotes a course with a lab

m indicates that the course will count toward the University multicultural requirement

d indicates that the courses will count toward the University Discovery Learning requirement

WORLD LANGUAGE

The Department of Languages, Literatures and Cultures offers courses in French, German, Italian, Japanese, Spanish, Chinese, Greek, Latin, Russian, Arabic, and Hebrew. You can indicate your past experience and interests on the Honors Pre-Advisement Worksheet. Many Honors students continue to pursue their interests in foreign languages at UD. The following are a few of the Honors language courses available this fall for those who have met the language prerequisites:

CHIN 200	Chinese Grammar and Composition **(Honors option)**
CHIN 204[m]	The Art of Chinese Calligraphy (taught in English) **(Honors option)**
FREN 200	Grammar & Composition **(Honors option)**
FREN 211	French Reading & Composition **(Honors option)**
GREK 201	Ancient Prose: Intermediate Greek **(Honors option)**
GRMN 211	German Reading and Writing **(Honors option)**
GRMN 235	German Popular Culture **(Honors option)**
ITAL 200	Italy Today **(Honors option)**
ITAL 211	Italian Reading and Composition: Short Fiction **(Honors option)**
LATN 201	Intermediate Latin Prose **(Honors option)**
SPAN 200	Spanish Composition & Grammar **(Honors option)**
SPAN 201	Spanish Reading & Composition **(Honors option)**
SPAN 205	Spanish Conversation **(Honors option)**

Other courses of interest (all 1 credit)

~~HBNS 130-010~~	~~Death and Dying~~

HBNS 130-011	Personal Management
HBNS 130-012	Healthy Relationships
~~HBNS 130-013~~	~~Spice Kitchen: Taste the Flavor~~
UNIV 113	Study Skills
UNIV 114	Critical Thinking
UNIV115	Problem Solving