

General

- ◆ sludge metal / crust punk
- ◆ 1991 - 2008
- ◆ split up
- ◆ label : life is abuse
- ◆ " what inspires your songs and shit "
 - " marijuana, self hatred "
 - " the traffic and overpopulation and shitty work and fuckin uh poverty. and uhm. [inaudible] negative, child abuse and uh "
 - " priest fucking kids "
 - " nambla "
 - " disgruntled girl scouts "
 - " matt fisher being in jail "

[june 1995 interview]

Band Members

Anthony "Dino" Sommesse

- ☆ 02/12/1971
- ☆ drums, vocals
- ☆ currently active: deadform [last release: 2022]
- ☆ other bands:
 - insideous [unknown]
 - lachrymose [unknown]
 - carcinogen [1992]
 - phobia [1997]
 - asunder [1999 - 2006]
 - ghoull [2006 - 2014]
 - noothgrush [2013 - 2014]

Todd Kiessling

- ☆ bass
- ☆ other bands:
 - confrontation [1989 - ?]
 - kontraklässe [2000 - 2001]
 - mange [1995] [unknown status, last release 2005]

Matt "Mauz" Parrillo

- ☆ guitar, vocals, samples
- ☆ currently active:
 - tension span [last release: 30.09.22]
 - kicker [last release: 08.02.2019]
- ☆ other bands:
 - mindrot [1989 - 1998]
 - cantankerous [1990 - 1991]

- medication time [1997 - 2000]
- nigel pepper cock [2001 - 2002]
- john the baker and the malnourished [2004]
- drain the sky [2005 - 2006]

Past Band Members

Dan Kaufman

- ☆ vocals
- ☆ 1991 - 1993
- ☆ currently active: destroy judas [latest release: 2022]
- ☆ other bands:
 - mindrot [1989 - 1998]
 - eyes of fire [2004 - 2006]

Phil Martinez

- ☆ drums
- ☆ 1991
- ☆ other bands:
 - apocalypse [1989 - 1991]
 - phobia [1991 - 1995]

Videos

- ☆ *watched all the way through*
- ♡ *favorite*

Interviews

- ☆ 2022 interview : dino sommige
- ☆ 25/08/16 interview : todd keissling
- ☆ ♡ june 1995 interview : whole band

Song Performances

- ☆ Illusion of love : unknown date/location
- ☆ leaning with intent to fall : 924 gilman st, berkeley, CA : 06/03/2000
- ☆ Stress builds character : the caboose garner, N.C : 12/05/95
- ☆ Chain Reaction

Whole Performances

- ☆ ♡ 01.01.1993 : oak inn corona, CA : 37:14
 - additional note(s):
 - the audio is only in the left ear, not recommend to listen w headphones
 - as far as I'm aware, this is the only recording that has Dan Kaufman

- the in-betweens of songs are so silly like,,, i was giggling
- the dino in this recording is so 🥺🥺 i heart this man sm sorry

☆ 01.11.1996 : MacAuther Oakland, CA : rehearsal - 11:21

- additional note(s):
 - the audio quality is fucking SHIT so be warned
 - there are no visuals for this one either :(

02.11.1996 : 924 gilman st. berkeley, CA : 51:03

1997 : gilman : 29:58

☆ 04.04.1999 : milwaukee WI : 53:52

- additional note(s):
 - good shot of dino from the back for most of the recording
 - fav performance of sanctity [16:37]

23.10.2000 : prague, CZ : 18:54

☆ 11.02.2002 : 924 gilman st, berkeley, CA : 01:02:48

- additional note(s):
 - most of the performance is just Todd's back. wheoever was filming fuck you.

Releases + Analysis

for lyrics:

[dino's vocals](#)

[mauz's vocals](#)

these are my estimates i might be wrong but i'm trying my best 🥺

Dystopia [2008]

Track List [8]

- Now and Forever
- Control All Delete
- Leaning with Intent to fall
- The growing minority
- Illusion of love
- Number One Hypocrite
- My meds aren't working
- Untitled

Analysis [?]

🎵 Now And Forever

— — —

Samples

This is transcribed by my own hands and ears so I'm sorry if it's inaccurate

[Unknown Source:](#)

- " So anyone who is identified with a mind and therefore disconnected from their true power, their deeper self rooted in being, will have fear as their constant companion.

You will not have any doubt that psychological time is a mental disease, if you look at it correct [inaudible] they occur, for example, in the [globe of archeology] such as communism, national socialism or internationalism.

Rigid religious beliefs which operate under the implicit assumption that the highest good lies in the future. And that therefore the ends justifies the means. The end is an idea, a part of a mind protected future, when salvation in whatever form, happiness, fulfillment, equality, liberation and so on, will be attained.

Not infrequently, the means of getting there are the enslavement, torture and murder of people in present. For example, it is estimated that as many as 15 million people were murdered to further the cause of communism, to bring about a better world in russia, china and other countries.

This is a chilling example of how belief in the future has created present hell, and that the [end and doubt of] psychological times as serious and dangerous [inaudible].

How does this [inaudible] operate in your life? Are you always trying to get somewhere other than where you are? Is most of what you're doing a means to an end? Is fulfillment always just around the corner or confined to short lived presence, such as sex, food, drink, drugs .. or thrills of excitement?

Are you always focused on becoming, achieving, entering ... or, alternatively, chasing some new thrill or pleasure. Do you believe that if you acquire more, you will become more fulfilled, good enough or psychologically complete? Are you waiting for a man or woman to bring meaning to your life?

Unease, anxiety, tension, stress, worry, all thoughts up here are caused by too much future, and not enough presence.

Guilt, regret, resentment, grievances, sadness, bitterness and all thoughts of not forgiveness are caused by too much past, and not enough presence.

You may win 10 million dollars, but that kind of change is no more than skin deep, you will exactly continue to act out the same condition patterns in more luxurious surroundings.

Humans have learnt to split the atom. Instead of killing 10 or 20 people with a wooden club, one person can now kill a million by pushing a button.

Is that real change?"

— — —

Lyrics [without samples]

[sample]

Take a long look at the past
To unlock a greater future
Sift through the wreckage of failures
In the hope to make things better
Like more efficient ways to kill
In the name of human progress
How to control and crush the will
So that no one dares to question

So what of the past
And this "so called" better future?
If past and future don't exist
Then where does that leave us?
Lost in a quagmire of lies

Built upon the lies of before
Echoing endless through time
These legends of false perceptions

Identities lie
Built on ego and habit
Beliefs kill.
Why are these institutions sacred?

So what of the past
And this "so called" better future?
If past and future don't exist
Where the fuck does that leave us?
To bathe in the excrement of old
And bask in the "glory" of what is to be

I hang my head in sorrow
Because the now is too disgusting to see.

♪

The past does not exist
Only the now remains
The future is a myth
Only the now remains

The past does not exist
Only the now remains
The future is a myth
Only the now remains

♪

Genocide was someone's now
A tool to make things better
Once a madman's torture.
A vision that has ended
Atrocities are mimicked,
Carried forth to this day
Only names and faces have been changed
But the now remains the same

♪

The past does not exist
Only the now remains
The future is a myth
Only the now remains

The past does not exist

Only the now remains
The future is a myth
Only the now remains

— — —
Additional Notes

One of my favorites songs, especially because it has dino focus vocals, mauz literally has one line. And I love mauz but I love dino more
Really wish I could memorize the given sample but unless I find the source the transcription will be inaccurate :(if it rings a bell to anyone please let me know !!!
Anyways it's pretty obvious what the song is about, the lines 'the past does not exist' and 'the future is a myth' will haunt me in my sleep, thank you <3

🎵 **Control All Delete**

Save me from my humanity
Save me from my human self
I will submit to computer god
And give myself away to you

Double click for friendship
Double click for love
Salvation is under my palm
Click here for serenity
Double click for security
Bliss was here all along

Blessed with this new gift
Bestowed onto me
Everything I want
Within my grasp
Nothing but self
Is sacred to me

Click here for power
Click here for sex
Email to make sure I keep all my friends
Double click for comfort
Double click for all
Cyberlord you heard my call

Giving a window for them to look through
Sacrifice privacy, all that you do
How you live and what you think
Delete your freedom

[Click by fucking \(?\)](#)

[Click here](#)

[Click here for all life to fall](#)

[Click here](#)

[Click here for the enslavement and death of us all](#)

[Delete environment](#)

[Delete the mind](#)

[Humans will kill themselves given the time](#)

[Cries of "what happened?"](#)

[Or did you forget?](#)

[Your fingerprints are human](#)

[And you are a piece of shit](#)

— — —

Additional Notes

It's also extremely obvious what this one is about. What's interesting is that there's no samples in this one. As someone who is tired of the "technology bad" argument I can actually kind of resonate with this one, despite my distaste. They're not entirely wrong.

🎵 **Leaning With Intent To Fall**

— — —

Samples

How much heroin are you gonna buy?

10 bags. I really shouldn't, I should buy 5, 'cause that can get me through the day and if I buy 10 I'm gonna wind up doin' 10. The last time I had 300 bucks i shot it up in 5 hours, I don't wanna do that this time so I'm back out on the street, know what I mean?

You gotta be on 24/7, 'cause I'm gonna rob 'n steal ya, rob 'n steal ya and do things for it that I would never otherwise do, y'know? I've never been a thief, I've never been a liar, I've never stolen from any people that I love. And, well, now I...do. That's why I don't have anyone in my life anymore.

I really do care for people a lot, I actually have a lot of feelings for 'em, they're really good to me, um. They're startin' to catch on, they know somethin's wrong because 2,000 dollars, it's just a lot of money. So they know somethin's wrong, they told me last night that all their money's gone, they can't give me no more because they just have enough to pay rent and stuff, man. So, I took some things from 'em, I coulda took a hell of a lot more, but that's just justifying to make myself feel better. What I did was wrong and I know it was wrong. One day at a time, y'know, I keep telling myself I gotta get a detox, I gotta get into a program or whatever. If I don't it's gonna be too late, I'll be dead, or I'm gonna be in prison, it's gonna be one or the other. Don't know when, don't know where apart from

The Aftermath [1999]

Track List [13]

- Population birth control
- Father's gun
- Self defeating prophecy
- Sleep
- Socialized death sentence
- Backstabber
- They live
- Anger brought by disease
- Jarhead fertilizer
- Taste your own medicine
- Instrumental
- Diary of a battered child
- Cosmetic Plague

Human = Garbage [1994]

Track List [12]

- Stress Builds Character
- Hands that mold
- Sanctity
- Ignorance of pride
- Love // Hate
- The Middle
- Slaved Chain
- Ruptured Silence
- Green Destroyed
- Broken Shell
- Weed of wisdom
- Sleep

Analysis [?]

🎵 **Sanctity**

— — —

Samples

massive tw for suicide. like do not listen to this if you're actively suicidal, *please* 🙏

no because the deep seated paranoia that this documentary caused.

[HBO America Undercover - Suicide Notes : 1992 : part 1](#)

- "When Eda woke on match 1st, he was filled with a self loathing he could not endure" - 14:02
- "I had no desire to continue living with all the problems that were inside my head" - 18:44
- "Unable to make a living, at age 49, Alex walked into the woods near his house and shot himself" - 24:48
- "I have taken my life in order to provide capital for you" - 24:58
- "It's purely a business decision, I hope you can understand that" - 25:54
- "I have to undergo the constant pressure from auditors and it's more than I can stand. I just don't have the energy to start over" - 23:11

- "I didn't want to mess up the house so I'm backed by the canoe" - 24:05

[HBO America Undercover - Suicide notes : 1992 : part 2](#)

- "Dr Frank Davidson had a distinguished and productive career" - 4:17
- "He had a wife and kids and to all the world he appeared to have a rich and happy life. But at age 56 Frank walked out to his favorite beach in Pensacola Florida and shot himself in the head" - 4:25
- "Dearest Samantha" - 1:21
- "I can no longer endure the pain" - 1:54 [looped x3]
- "We have often talked about when a person's time is up. Mine is now" - 1:23

[Triumph of the swill : 1986](#)

- "We came home and found our son lying dead on his bed from a gunshot wound. He had his headphones on and there was an Ozzy record on the turntable. So, we called our lawyer" - start of song. elaborate later

[I'm still looking for origins of the following samples:](#)

- "I'm angry, I hate you. I also, of course, am not too satisfied with myself. I hold things off very well, and I'm gonna blow up the whole thing. Individual takes a bunch of pills, and a message maybe even stated explicitly, verbally the individual says: I hate you, you're an evil person. I, uh, want you to, uh, jump out the window, or kill yourself, or shoot yourself, or make yourself a sacrifice to the deity. And uh, goes ahead and does it. "
- "I just went back and got the razor blades and closed my eyes, and... sliced"

— — —

Lyrics [without samples]

[sample]

Fear of life
 Fear of life
 Fear of life
 Fear of, of my life
 My fucked up life
 Fear of life, my life

[sample]

Fear of life
 Fear of life
 Fear of life
 Fear of life

Falling, falling from my oppression
 God, where are you now?
 Falling, falling from my oppression
 God, where are you now?
 Where are you now?
 God, where are you now?

Sanctity, the devil brought to me

And he told my fate
Sanctity, Sanctity, Sanctity, Sanctity
Sanctity, the devil brought to me
And he told my fate
Sanctity, Sanctity, Sanctity, Sanctity

— — —

Additional Notes

The sample [We came home and found our son ...] is in reference to John McCollum, who took his own life in 1984 and was found listening to Ozzy Osbourne.

The parents of John attempted to sue Ozzy Osbourne and their label, CBS Records, for their son's death, stating that the lyric "Get the gun and try it, shoot, shoot, shoot." was what influenced their son's decision. Eventually the case was dismissed.

[Kim Murphy : 20.12.1986](#)

The specific audio used for Sanctity is taken from the song "Triumph of the swill" by Dead Kennedys on the album Bedtime For Democracy. It's a good song.

It's not too hard to understand what the song is about. It makes me feel immense dread and it's just hard to listen to sometimes but we love that for us.

🎵 **Ignorance of pride**

— — —

Samples

[La Primera Lives!](#)

- source: the 1992 movie American Me