

ODYSSEY OF ONSLAUGHT

	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. 	 MISSION: Wake up 10:40 AM  Strategic Steps:
2. 	 MISSION: Sleep 22:40 AM  Strategic Steps:
3. 	 MISSION: Eat daily 3180 cals  Strategic Steps: Do 2 big meals, one lunch and one dinner
4. 	 MISSION: Drink 3L of water  Strategic Steps:
5. 	 MISSION: Copy work  Strategic Steps: 1. 10 min helping student's 2. 15 min copy review 3. Research for prospect 4. Search prospects 5. Write outreach 6. Write FV  7. Watch daily power-up call 8. Check announcements channel
6. 	 MISSION: Watch lessons on social media fame

✓ ✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
	 Strategic Steps:
7. ✓	 MISSION: Do 150 push ups  Strategic Steps: Do 2 sets of 40 and 1 of 20
8. ✗	 MISSION: Play 3 blitz chess game  Strategic Steps:
9. ✓	 MISSION: Practice German for 15 min  Strategic Steps:
10. ✓	 MISSION: Review the work did in a day and come up with new ideas  Strategic Steps:
11. ✓	 MISSION: Plan the next day  Strategic Steps:
12. ✓	 MISSION: Read 10 pages  Strategic Steps:
13. ✓	 MISSION: Watch daily power up call  Strategic Steps:

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
14. ✓	 MISSION: 15 min stretching  Strategic Steps:
15. ✓	 MISSION: Boxing  Strategic Steps:
16. ✓	 MISSION: Send three outreaches  Strategic Steps:
17. ✓	 MISSION: Review outreach and FV and find ways to improve it  Strategic Steps:
18. ✓/✗	 MISSION:  Strategic Steps:
19. ✓/✗	 MISSION:  Strategic Steps:
20. ✓/✗	 MISSION:  Strategic Steps:

	July 17 Date of Determination July 17
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Date:	29/11
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🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥

Yesterday's Overall Benchmark Score to Surpass Today = **14/16**

🙏	🌅 3 Blessings I Cherish This Morning 🙌
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

🎩	🎩 Magic Trio: 3 Priority Missions 🎩 (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training

🕒 Hourly Commitments & Reflections 🕒

(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good

6 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

7 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

8 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

9 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

10 AM: Mission 🏆	Wake up and shower
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	8/10

11 AM: Mission 🏆	Help students, review copy and read
Strategy 🔍	
Reflection ✍️	no, I only read and helped students
Score 🏆	9/10

12 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	no, I had to first find the prospect and do the top player comparison after finishing reviewing the last part of a sales page which took a bit
Score 🏆	9/10

1 PM: Mission 🏆	Write outreach and stretch
Strategy 🔍	Write outreach till 1:45 PM and stretch till 2PM
Reflection ✍️	accomplished
Score 🏆	9/10

2 PM: Mission 🏆	Eat and practice German
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	8/10

3 PM: Mission 🏆	Do homework and write outreach
Strategy 🔍	
Reflection ✍️	no, I didn't do homework and write outreach because I started eating later because I wanted to first finish my outreach so I postponed everything by 10 minutes
Score 🏆	6/10

4 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

5 PM: Mission 🏆	Write outreach
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

6 PM: Mission 🏆	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

7 PM: Mission 🏆	Boxing
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10

8 PM: Mission 🏆	Get home, shower and eat
Strategy 🔍	
Reflection ✍️	no, I didn't eat because I could have moved with more speed
Score 🏆	6/10

9 PM: Mission 🏆	Review the work of the day, plan the next day and get ready to go to sleep
Strategy 🔍	
Reflection ✍️	accomplished
Score 🏆	9/10



Twilight's Review



Today's Learnings: Wisdom or lessons learned from the day

In a sales page connect the solution with your product



Victories Celebrated: Accomplishments and successes of the day

Sent 3 outreaches



Stumbles Along the Way: Points of difficulty or mistakes made.



Tomorrow's Illuminations: Plan how to improve and progress the next day.

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 Consistencies to Keep: Recognize what worked well and should be repeated.
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Copy work and training

 Communications: Identifying individuals to connect with.

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 Pending Missions: Tasks that remain uncompleted

Going to sleep on time, writing FV and playing chess games
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 Day's Overall Score: A final assessment of the day's productivity
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14/16

Freestyle Thoughts Chamber:
(Let your thoughts flow here. No judgment, no boundaries.)