



LMWC SESSION SIGN-UPS:
COLLEGE ESSAY COACHING
WRITING COACHING
ENGLISH TUTORING
INTRODUCTORY ZOOM CALLS

2025-2026

Text Liz: 781.526.6578

Email Liz: liz@lizmastrangelowritingcoach.com

1. I will add new available dates and times as my daily commitments become more clear, so check the schedule frequently!
2. You are welcome to write only your first name and last initial in the schedule if you are concerned about privacy.
3. Please sign up for only two coaching sessions maximum during a one-week timeframe. [*Applicable from June 25-November 1*]
4. During a complimentary introductory Zoom call, we will discuss your coaching needs and visions and gauge whether we would work well together. An introductory Zoom call lasts no longer than 30 minutes. You may indicate in the *Name/In-Person or Zoom* column which 30-minute slot you prefer (for example, 4:00-4:30pm or 4:30-5:00pm).
5. The availability of dates and times may change. If I must ask you to choose a different date and time, I will reach out to let you know.
6. If you need to cancel or reschedule a session with me, feel free to make changes directly to this document, and text me or email me to convey that you have made those changes. Please give me at least 24-hours' notice of a canceled or rescheduled session to avoid a fee of 50% of the session cost.
7. I max out my sessions at four per day so that I can come to each session fully energized and attentive! If you see a date that contains four booked time slots, please strive to choose a different date for our meeting.
8. **Please keep track of your own signups** – in your own calendar, record the dates and times that you have booked. Assume that we are meeting during the time and on the day you selected, unless I reach out to you to change or cancel our appointment.



9. For in-person sessions at a location other than your home, please make sure that you bring your iPad, Chromebook, or laptop fully charged!

****I will be traveling and unavailable to meet or provide written feedback on drafts from Friday, September 26 - Sunday, September 28, 2025 AND Wednesday, October 15 - Monday, October 20, 2025.****

DATE	TIME (EST)	FIRST NAME & LAST INITIAL IN-PERSON OR ZOOM? <i>**September through May, most in-person meetings outside of Lynnfield, MA, are available only on weekends.**</i> Please indicate your preference for our in-person meeting location. Suggestions: <u>Panera Bread</u> -Lynnfield -Danvers	NOTES TO LIZ



		<p>-Woburn -Burlington -Waltham</p> <p><u>Sol Bean</u> -Middleton</p> <p><u>Caffè Nero</u> -Burlington -Peabody -Melrose -Reading -Andover</p> <p>We can also meet at your house. Please send me an email or text with your address.</p> <p>In the case of Zoom meetings, I will send you a Zoom link within 24 hours before our session.</p>	
Friday, October 3	4:00-5:00pm [In person or Zoom]	Mike M in person	
Friday, October 3	5:30-6:30pm [In person or Zoom]	Hannah S (zoom)	
Friday, October 3	8:15-9:15pm [Zoom only]	Tova S, Zoom	



Saturday, October 4	3:00-4:00pm [In person or Zoom]	Matt Zarella (Zoom)	
Saturday, October 4	4:30-5:30pm [In person or Zoom]	Jay Remley	
Saturday, October 4	6:00-7:00pm [In person or Zoom]	Hayden S Zoom	
Sunday, October 5	11:00am-12:00pm [In person or Zoom]	Hansika T Zoom	
Sunday, October 5	12:30-1:30pm [In person or Zoom]	Michaela P., in-person	
Sunday, October 5	2:00-3:00pm [In person or Zoom]	Dylan N, Zoom	
Tuesday, October 7	4:00-5:00pm [In person or Zoom]	Mike M in person	
Tuesday, October 7	6:00-7:00pm [Zoom only]	Dom F, Zoom	
Tuesday, October 7	7:30-8:30pm [Zoom only]	Annabelle E. (zoom)	
Wednesday, October 8	3:45-4:30pm [In person or Zoom]	Atul A, North Andover, in person	
Wednesday, October 8	5:30-6:30pm [In person or Zoom]	Michaela P., in person	



Thursday, October 9	4:00-5:00pm [In person or Zoom]		
Thursday, October 9	5:30-6:30pm [In person or Zoom]		
Thursday, October 9	7:00-8:00pm [Zoom only]	Aurora C	
Saturday, October 11	10:30-11:30am [In person or Zoom]	Mike M In person	
Saturday, October 11	12:30-1:30pm [In person or Zoom]	Jay Remley	
Saturday, October 11	2:00-3:00pm [In person or Zoom]		
Saturday, October 11	3:30-4:30pm [In person or Zoom]		
Monday, October 13 (Columbus Day)	10:30-11:30am [In person or Zoom]	Annabelle E (zoom)	
Monday, October 13 (Columbus Day)	12:30-1:30pm [In person or Zoom]	Michaela P., in-person	
Monday, October 13 (Columbus Day)	2:00-3:00pm [In person or Zoom]	Lorelei E zoom	
Wednesday, October 22	4:00-5:00pm [In person or Zoom]	Michaela P., in-person	
Wednesday, October 22	6:00-7:00pm [Zoom only]		



Thursday, October 23	4:00-5:00pm [In person or Zoom]		
Thursday, October 23	5:30-6:30pm	Annabelle E (zoom)	
Friday, October 24	4:00-5:00pm [In person or Zoom]		
Friday, October 24	5:30-6:30pm [In person or Zoom]		
Saturday, October 25	10:30-11:30am [In person or Zoom]		
Saturday, October 25	3:00-4:00pm [In person or Zoom]		