



**LMWC SESSION SIGN-UPS:**  
***COLLEGE ESSAY COACHING***  
***WRITING COACHING***  
***ENGLISH TUTORING***  
***INTRODUCTORY ZOOM CALLS***

**2025-2026**

**Text Liz: 781.526.6578**

**Email Liz: [liz@lizmastrangelowritingcoach.com](mailto:liz@lizmastrangelowritingcoach.com)**

1. I will add new available dates and times as my daily commitments become more clear, so check the schedule frequently!
2. You are welcome to write only your first name and last initial in the schedule if you are concerned about privacy.
3. Please sign up for only two coaching sessions maximum during a one-week
4. timeframe. [*Applicable from June 25-November 1*]
5. During a complimentary introductory Zoom call, we will discuss your coaching needs and visions and gauge whether we would work well together. An introductory Zoom call lasts no longer than 30 minutes. You may indicate in the *Name/In-Person or Zoom* column which 30-minute slot you prefer (for example, 4:00-4:30pm or 4:30-5:00pm).
6. The availability of dates and times may change. If I must ask you to choose a different date and time, I will reach out to let you know.
7. If you need to cancel or reschedule a session with me, feel free to make changes directly to this document, and text me or email me to convey that you have made those changes. Please give me at least 24-hours' notice of a canceled or rescheduled session to avoid a fee of 50% of the session cost.
8. I max out my sessions at four per day so that I can come to each session fully energized and attentive! If you see a date that contains four booked time slots, please strive to choose a different date for our meeting.
9. **Please keep track of your own signups** – in your own calendar, record the dates and times that you have booked. Assume that we are meeting during the time and on the day you selected, unless I reach out to you to change or cancel our appointment.



9. For in-person sessions at a location other than your home, please make sure that you bring your iPad, Chromebook, or laptop fully charged!

DATE	TIME (EST)	FIRST NAME & LAST INITIAL  IN-PERSON OR ZOOM?  <b><i>**September through May, most in-person meetings outside of Lynnfield, MA, are available only on weekends.**</i></b>  Please indicate your preference for our in-person meeting location.  Suggestions:  <u>Panera Bread</u> -Lynnfield -Danvers -Woburn -Burlington	NOTES TO LIZ



		<p><b>-Waltham</b></p> <p><b><u>Sol Bean</u></b></p> <p><b>-Middleton</b></p> <p><b><u>Caffè Nero</u></b></p> <p><b>-Burlington</b></p> <p><b>-Peabody</b></p> <p><b>-Melrose</b></p> <p><b>-Reading</b></p> <p><b>-Andover</b></p> <p><b>We can also meet at your house. Please send me an email or text with your address.</b></p> <p><b>In the case of Zoom meetings, I will send you a Zoom link within 24 hours before our session.</b></p>	
<b>Wednesday, December 3, 2025</b>	<b>4:00-5:00pm</b> [In person or Zoom]		
<b>Wednesday, December 3, 2025</b>	<b>6:00-7:00pm</b> [Zoom only]		
<b>Thursday,</b>	<b>5:00-6:00pm</b>	Atul A,	



<b>December 4, 2025</b>	[In person or Zoom]	North Andover	
<b>Thursday, December 4, 2025</b>	<b>7:00-8:00pm</b> [Zoom only]		
<b>Friday, December 5, 2025</b>	<b>4:00-5:00pm</b> [In person or Zoom]		
<b>Friday, December 5, 2025</b>	<b>5:30-6:30pm</b> [In person or Zoom]		
<b>Saturday, December 6, 2025</b>	<b>10:30-11:30am</b> [In person or Zoom]	Maia Collins Zoom	
<b>Sunday, December 7, 2025</b>	<b>12:00-1:00pm</b> [In person or Zoom]		
<b>Sunday, December 7, 2025</b>	<b>1:30-2:30pm</b> [In person or Zoom]		
<b>Sunday, December 7, 2025</b>	<b>3:00-4:00pm</b> [In person or Zoom]		
<b>Monday, December 8, 2025</b>	<b>4:00-5:00pm</b> [In person or Zoom]		
<b>Monday, December 8, 2025</b>	<b>5:30-6:30pm</b> [In person or Zoom]		
<b>Tuesday, December 9, 2025</b>	<b>4:00-5:00pm</b> [In person or Zoom]	Aurora C Zoom	



<b>Tuesday, December 9, 2025</b>	<b>5:30-6:30pm</b> [In person or Zoom]		
<b>Thursday, December 11, 2025</b>	<b>5:00-5:45pm</b> [In person or Zoom]	Atul A, North Andover	
<b>Thursday, December 11, 2025</b>	<b>7:00-8:00pm</b> [Zoom only]		
<b>Saturday, December 13, 2025</b>	<b>11:00am-12:00pm</b> [In person or Zoom]		
<b>Saturday, December 13, 2025</b>	<b>12:30-1:30pm</b> [In person or Zoom]		
<b>Sunday, December 14, 2025</b>	<b>12:00-1:00pm</b> [In person or Zoom]		
<b>Sunday, December 14, 2025</b>	<b>1:30-2:30pm</b> [In person or Zoom]		
<b>Sunday, December 14, 2025</b>	<b>3:00-4:00pm</b> [In person or Zoom]		
<b>Monday, December 15, 2025</b>	<b>4:00-5:00pm</b> [In person or Zoom]		
<b>Monday, December 15, 2025</b>	<b>5:30-6:30pm</b> [In person or Zoom]		
<b>Monday, December 15, 2025</b>	<b>7:00-8:00pm</b> [Zoom only]		