



## Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

Resources: [Health, Safety and Liability Guidelines](#) & [TD Manual](#)

### Nearest Hospital

**Name:** Hillcrest Hospital

**Address:** 1120 S Utica Ave, Tulsa, OK 74104

**Phone Number:** (918) 579-1000

**Map Link:**

<https://www.google.com/maps/place/Hillcrest+Medical+Center/@36.1462842,-95.9698272,17z/data=!3m1!4m5!3m4!1s0x87b6ec8dfedade0f:0x59e25789db398833!8m2!3d36.1462842!4d-95.9676385v>

### **Medical Services provided at tournament**

Athletic trainer onsite to administer basic first aid care, taping, ice for injuries, etc. Air Conditioned space for cool down at TC.

### **Where will the medical staff be at the event**

Tournament Central - Air conditioned space beside restrooms.

### **How can teams contact the medical staff** (phone, radio)

Contact via phone 918-202-6161 or event groupme for captains.



## **How will event staff communicate weather, emergency & schedule changes to teams**

Field location has lightning alarm for any weather issues while onsite. Any other changes communicated via email and team groupme.

## **Any other relevant information specific to your tournament, if applicable** (Facility specific weather policies)

## **USA Ultimate Weather Policy** (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

### For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

### For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 100 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.