HƯỚNG DẪN IELTS TUTOR

Should the government regulate the fast food industry in the same way that regulates the drug, alcohol, and tobacco industries?

Introduction: While fast food can cause health issues like obesity, the government should not regulate it in the same way as drugs, alcohol and tobacco. Fast food has a different impact on health and society, making regulations unnecessary.

- Main idea: Not as harmful
- Supporting idea: Fast food when consumed in moderate amount doesn't lead to immediate, life-threatening risks while tobacco and
  alcohol are highly addictive, and drugs can cause serious harm even in a small doses. Fast food, on the other hand, is not addictive or
  dangerous.
- Example: Cigarettes > lung cancer, alcohol -> liver failure.
- Main idea: Fast food is made for people with busy lifestyles.
- Supporting idea: Restricting fast food could affect busy or low-income individuals who rely on fast food for its conveniency or affordability.
- Example: Myself

Conclusion: In conclusion, while fast food may contribute to health problems, it does not require the same level of regulation as drugs, alcohol and tobacco. Its impact on health and society are different; thus, should not be solve with the same solution.



While fast food can cause health issues like obesity, the government should not regulate it in the same way as drugs, alcohol and tobacco. Fast food has a different impact on health and society, making regulations unnecessary. ⇒ Nên dùng template của ielts tutor nha, lí do là vì intro với conclusion chỉ nên viết trong vòng 5 phút thôi, chứ mỗi bài viết intro mỗi kiểu vào phòng thi chắc chắc là sẽ mất nhiều thời gian để nghĩ ra viết intro nên ielts tutor mới muốn hs dùng hết 1 template có thể điều chỉnh cho mọi dạng đề essay vào thi là chỉ có viết thôi ......

Unlike drugs, alcohol and tobacco, [1] fast food when consumed in moderate amount doesn't lead to immediate, life-threatening risks while tobacco and alcohol are highly addictive, and drugs can cause serious harm even in a small doses. For example, smoking cigarettes has been directly linked to lung cancer and excessive use of alcohol is directly linked to liver failure. [2] In contrast, fast food is not naturally addictive or dangerous.

[1]: Ở đây mình nên làm rõ được giải thích của mình hơn nữa, đặc biệt là [fast food không gây hại, và không có hại như là drug, alcohol and tobacco]

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fast food is likely to cause some diseases such as obesity and heart related diseases, but those can be prevented by doing exercise regularly; however, ...

Mình đang ủng hộ FAST FOOD -> nên viết "nó có thể được đề phòng và phòng tránh bằng cách"

[2]: Tương tự cho phần example <a href="https://www.ieltstutor.me/blog/example-writing-task-2">https://www.ieltstutor.me/blog/example-writing-task-2</a>, thì khi mà so sánh mình cũng sẽ phải cụ thể được nhé, chứ chỉ giới thiệu [not naturally addictive or dangerous] là chưa có cơ sở nhé

VD:

Fast food không có ghi nhận nào về việc người sử dụng fast food sẽ gây hại, trong khi các trường hợp người sử dụng các chất kia gây hại cho người xung quanh ngày càng tăng --> chứng minh độ nguy hiểm của fast food không thể so sánh được với 3 loại kia

Additionally, fast food accommodates the busy lifestyles that many of us lead. [3] Restricting fast food could affect busy or low-income individuals who rely on fast food for its conveniency and affordability. For example, I currently work a 9-5 job with only a 30-minute break for lunch. For me, my job is very mentally and physically demanding which means I do not always have time to prepare food for lunch which is why sometimes I order fast food. Without fast food, I would starve which could lead to much more serious health problems compared to obesity.

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[3] : Mình cần phải cho thấy [convenience & affordability] xuất hiện từ đâu ? như thế nào ? v.v → Tập trung giải thích cho fast food, vì nó là trọng tâm của mình nhé

VD:

fast food is made within a few minutes, could be taken away, ordered online, and fast food restaurants could be found everywhere

In conclusion, while fast food may contribute to health problems, it does not require the same level of regulation as drugs, alcohol and tobacco. Its impact on health and society are different; thus, should not be solved with the same solution.

241 words

### Bài mẫu