

# 2018-2019 Indoor Track Schedule

<b>Meet</b>	<b>Date</b>	<b>Location</b>	<b>Time</b>
607 Invite	12/1	Cortland State	9am
Ithaca Bombers	12/8	Ithaca College	9am
Finger Lakes	12/15	Ithaca College	5pm
Winter Classic	12/29	Cortland State	5pm
Class Meet	2/15	Ithaca College	5pm
State Qualifier	2/23	Cornell	9am
NY State Meet	3/2	Staten Island, NY	TBA

## CV-S Indoor Track

### **Practice Schedule (REVISED!!!)**

#### December 2018

Wednesday 12/5: Practice 3-5

Friday 12/7: *weight room* 3-4:30

Saturday 12/8: Ithaca Bombers Invy: 9am

Monday 12/10: 3-5

Tuesday 12/11: 5-7

Wednesday 12/12: *weight room* 3-5

Thursday 12/13: 3-5

Saturday 12/15: Finger Lakes Invy 5PM (Cortland)

Monday 12/17: *No Practice*

Tuesday 12/18: *weight room*: 3-5

**\*\*\*Wednesday 12/19: 5-7(change)**

**\*\*\*Thursday 12/20: 3-5 (new)**

**\*\*\*Thursday 12/27: 1-3 (new)**

**\*\*\*Friday 12/28: 1-3 (new)**

**Saturday 12/29: Winter fest 5pm (Cortland)**

Updated 10/17/19