## LA's MOST FUN BOXING CLASSES!

You'll have the time of your life learning TOP-NOTCH boxing and kickboxing technique.

Learning how to float like a butterfly and sting like a bee in the ring, hit like a bull and dominate any opponent! You will walk the streets as a swift lion among slow untrained sheep!

Slicing off the fat and building Godly stamina, endurance and being molded into an aesthetic V-tape coupled with rock hard abs!

Our trainers will get you through even on the toughest days, no matter your boxing or fitness level, so everyday you will be one step closer to teaching a bitter lesson to any opponent you ever encounter!

Every class is tailored to provide nothing but the best in boxing and kickboxing so you will get **maximum** results for each 60 minute class (50 for children).

Never threw a punch before? We got you, we'll take you through an intro to boxing and teach you a full arsenal of punches and defense moves to get you going!

If you are asking yourself "Will this work for me?" if you are a 300lbs pit-bull named "Princess" or a grumpy evil looking cat named "Oscar" then no, it won't work. Though if you are a human, it will!

(Class or service description)

# **Avatar**

Name Age Face



John, 18

## Background

John lived in a single mom home, his daddy left em'...

His mom raised him to be a good boy, to be docile, harmless, never hurt anyone, never try to argue.

That really went against him when he reached middle school, due to his harmless nature he was always a target for bullies.

Slapping him around the face, taking his things, stuffing him inside the locker and the list goes on.

He always hated getting picked on, hated his weakness, confidence at an all time low, no respect from others of course and his physique wasn't really something to be in awe of.

All that time he was bullied, he never talked back. Why? He would get his ass handed to him.

No luck with girls either, and that's a given really because no chick wants to be with a weak cuck that can't protect them.

He felt like he needed to do something and he tried shadowboxing or whatever he found on YOUTUBE but without an actual opponent it's useless.

## Day in the life

Wakes up in the morning and eats scrambled hyueagsss!!!!!(Scott Stapp voice hueaagghh)

Goes to the bus stop and waits.

Bus comes by to pick him up and the fuckers that bully him are waiting in the back for him.

They grab his bag, mess up his hair, slap him around his face and mess up everything they get their hands on.

Everyone's laughing of course, they are having the good time!

They get to school, he hurries to class to get some safety but the bell rings in 50 minutes and it all starts again...

They grab his phone and play hockey with it, it breaks, he almost cries but does NOT say anything about it cause he would get his ass beat.

After that they left him alone for the rest of the day.

Went home and fantasized about ways to get back to those dudes.

How he would break their faces and teach them a lesson.

To be able to walk the hallways with his head held up high, respected, dominant, feared a lil bit.

He thinks about it and ways to get it but does not really know what so he just goes on YT to watch videos about it, but in the end, he just wastes time because he won't do shit tomorrow either.

#### Values

#### What do they think is important?

They feel that they HAVE to know how to defend themselves
That they need to teach their bullies a lesson
That they have to stop being weak
that they have to learn how to defend themselves
They want to impress their family and friends, and everyone why not

#### What do they despise?

That they get picked on Shamed by his bullies and for not fighting back Cannot talk back cause he will get his ass handed back to him That he does not know how to fight that he is weak they feel inferior, insecure, like they are not enough That girls don't see him as a potential partner cause he is weak and cannot protect

# Outside forces

They don't know how to fight The bullies