

Positive Behavioral Interventions & Support (PBIS) at Home

Norcross Elementary uses Positive Behavioral Interventions and Support (PBIS). Norcross Elementary provides a safe, orderly environment that allows students to learn. Dedicated administrators, teachers, staff, eager students, and involved parents work together to create classrooms with few disruptions where learning can thrive. In order to pursue excellence in academic knowledge, skills, and behavior for each student, the following expectations are in effect every day of the school year:

Norcross Elementary Eagle Expectations						
	Classroom	Cafeteria	Hallway	Recess/Gym	Restrooms	Bus
Safety	walk	walk	walk	hands to yourself	keep floors clean	seat to seat
	keep floors clean	stay seated	single file	use equipment properly	wash hands	keep aisle clear
	keep hands and feet to self	no sharing food	one stair at a time	report problems immediately	report problems immediately	back to back
Organization	be on time	use manners	have hall pass	keep area clean	flush toilet	feet on the floor
	bring all materials	keep food on tray	walk on the right	return equipment	be timely	backpack in front and zipped
	remain in seat	keep area clean	keep halls clean	follow rules	no crowds	walk to bus
Achievement	be an active learner	inside voices	be a role model	be positive	be a role model	be an example
	do your best	face forward	don't waste time	be active	be quiet	quiet voices
	complete all work	keep food in lunchroom	report problems	help others	get in and get out	pay attention
Respect	raise hand	positive comments only	silent	be a good sport	give privacy	kind words
	listen to others	hands to yourself	hands and feet off walls	take turns	hands to yourself	listen to driver
	think before you speak	listen to adults	hands to yourself	include others	respect property	hands to yourself

Rewards and consequences are issued based on behavior. By setting forth clear social and behavioral expectations and directly teaching students about those expectations, it is our goal is to continue to have a positive atmosphere for optimal learning.

Parents can help by familiarizing themselves with the behavior expectations so they can teach, monitor and acknowledge similar expectations at home, increasing home-school consistency.

PBIS helps parents create and maintain a safe, structured, consistent home environment where adult-to-child relationships are strengthened. It benefits all children by teaching positive behaviors and building life skills. The impact of PBIS is increased when it is consistent with the PBIS process at school.

The **steps** for establishing a positive, consistent home environment include:

1. Defining the behavior routines
2. Teaching the behavior
3. Practicing the behavior
4. Reinforcing success
5. Interrupting/redirecting unwanted behavior
6. Responding to behavior

When adults identify, teach, model and reinforce wanted behavior, children are more likely to become respectful, responsible and safe. To make the PBIS process successful at home it is important to have the whole family involved. Hold a family meeting to include the children as you work through each step.

Children's problem behavior may be prevented or reduced when behavior expectations are clearly defined and taught. Being safe, respectful and responsible are three universal expectations often used as a basis for establishing positive behavior. These expectations can be used to define how specific behaviors will look at home. Think of your daily routines. Some examples include:

- Morning routine
- Bathroom use
- Mealtimes
- Evening routine
- Homework
- Chore time
- Inside play
- Outside play
- Toy pick up
- TV time
- Use of electronics
- Pet care

Choose the routines you would like to improve and write the selected routines on the chart.
See an example PBIS Home Expectation Chart below.

	Morning Routine	Mealtimes	Homework	Evening Routine	Inside Play	Outside Play
Be Responsible						
Be Safe						
Be Respectful						

Select one routine. List 3 to 5 expected behaviors for that routine.

Routine:

Expected Behaviors:

1. _____
2. _____
3. _____
4. _____
5. _____

State the expectations positively. For example, use *Be ready on time* instead of *Don't be late*.

Keep tasks age and developmentally appropriate for the child.

Here is an example of PBIS Home Expectations:

	Morning Routine	Mealtimes	Homework	Evening Routine	Inside Play	Outside Play
						
Be Responsible	*Use the bathroom *Brush teeth *Make bed *Get dressed *Get backpack	*Clean up dishes after eating *Help out with setting the table or meal preparation	*Fill out assignment notebook *Bring home necessary materials	*Use the bathroom *Brush teeth *Put on pajamas *Read for fun *Finish homework	*Clean up and take care of your belongings	*Clean, repair and care for your belongings

	ready for school					
Be Respectful	*Use a soft voice until everyone is awake *Say good morning *Be ready on time	*Use utensils *Chew with mouth closed *Join mealtime conversations by taking turns listening and talking *Use manners (please and thank you)	*Use quiet place *Complete homework	*Listen to adults *Clean up toys *Use quiet voices *Say goodnight	*Include others *Share and take turns *Clean up and put things away *Turn off TV or video games when finished	*Include everyone *Share and take turns *Clean up toys
Be Safe	*Stay indoors *Use toys as intended	*Wash hands *Sit in your chair *Keep chair legs on the floor	*Clean up your materials when you are finished *Hang up your backpack	*Clean up before you go to bed *Beds are for sleeping	*Listen to adults about what shows and games are okay *Use toys, games, etc. as intended	*Let an adult know where you are going to be * Stay close to your house *Use toys as intended *Tell an adult where you are *Look both ways before crossing streets *Dress appropriately *Wear a helmet (bike, skateboard, scooter)

Reference: Nebraska Department of Education; Nebraska Positive Behavioral Interventions & Support