

HTS INTERNSHIP PROGRAM

The **Holy Trinity School Internship Program** provides HTS students with the opportunity to gain professional, real-world, and hands-on experiences that empowers them to make an impact on their community and beyond. The program is born out of a student's passion from one of their academic and career interests. The Holy Trinity School Internship Program will be a learning journey that aspires to provide authentic tasks that will inspire our students to take risks and grow as agile problem solvers, while acting and living with a moral and ethical consciousness for a greater good for all humanity.

[Click here to express your interest in being a mentor!](#)

Mentor Roles

Informational Interviews (30 - 60 minutes)

- In the interview, a student will ask the mentor about their profession, training, background and workplace.
- Students will have ownership and are responsible for initiating.

Career Nights (2 hours)

- We host a Career Night twice a year for Grade 9-12 students.
- These are wonderful opportunities for students to meet with HTS Alumni and Mentors who will be sharing their postsecondary and career insights.
- Students are able to gather valuable information to assist them in discovering which programs, post-secondary schools and careers may be of interest to them.
- A mentor could attend in person or virtually
- The school will arrange Mentors for Career Nights.

Workshops: Workplace Scenarios and Skills (4 to 6 hours)

- All grade 9's will participate in workshops (one day a year) that connect the HTS Competencies for Life (Creativity, Character, Citizenship, Collaboration, Communication, and Critical Thinking) alongside executive functioning, leadership and information strategies with workplace scenarios and skills.
- These workshops will be led by HTS experts as well as workforce and business experts.
- The school will arrange Mentors for the workshops.

Job Shadow Day (6 to 8 hours)

- The best way to really learn about a workplace is to spend a day learning on the job.
- HTS students may request a shadow day opportunity at a Mentor's workplace.

- Students will go to the Mentors' workplace and spend the day job shadowing to see what a typical day is like.
- Students will have ownership and are responsible for initiating.

Inspirational Mentor (3 visits)

- Each student will be matched up with an Inspirational Mentor based on a common career interest, passion and desirable transferable skills.
- Each Inspirational Mentor will meet with their Mentor 3 times: one meeting before their work placement (Mentor Luncheon), one during the work placement and one at the end.
- These meetings will be a combination of virtual and face to face.
- During each visit Mentors will be active listeners and provide feedback.
- Students will have ownership and are responsible for initiating.

Work Placement (15 Hours)

- All Students in Grade 10 will have a professional based work placement (15 hours) with a company/organization to explore a career and get exposure to what it is like to work for that company/organization.
- Mentors will oversee the work placement to ensure that the student has an authentic and safe experience.
- Mentors will also provide feedback to the student and communicate the student's performance with the school.
- Students will have ownership and are responsible for initiating.

Internship (40 Hours)

- Students in their Grade 11 and Grade 12 year have an opportunity to enroll in a Profession Based Learning course or an Experiential Learning opportunity that has an extended work placement (i.e. 40 hours experience)
- Mentors will oversee the work placement to ensure that the student has an authentic and safe experience.
- Mentors will also provide feedback to the student and communicate the student's performance with the school.
- Students will have ownership and are responsible for initiating.

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